

County Resource Guides

THE
WILLIAM
GEORGE
AGENCY

Care  First

RESIDENTIAL CARE FOR
YOUTH & YOUNG ADULTS



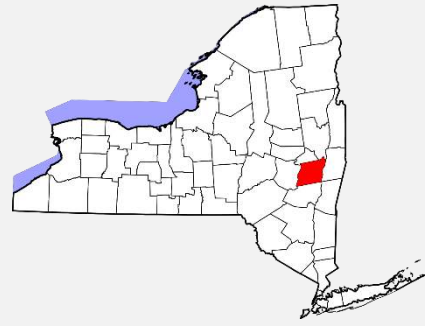
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This guide is for parents, guardians and youth and provides a comprehensive list of resources in your community. If you need help finding additional resources, you are welcome to contact The William George Agency at (607) 844-6460 or visit www.wgaforchildren.org.

Albany County Community Resources



Mental Health- Emergency Services

Mental health refers to a person's condition with regard to their psychological and emotional well-being. Taking care of one's mental health is of critical importance and should be prioritized. Mental Health problems can come in a multitude of forms, and help should be sought if you are experiencing an unusual amount of distress or having difficulty functioning.

Emergency Services

Albany County Department for Children, Youth and Families

518-447-4550, 260 South Pearl Street, Albany, NY 12202

Crisis assessment, triage, ongoing counseling, and emergency on call access to Child and Adolescent Mobil Crisis Team.

Albany County Mobile Crisis Team

518-549-6500

Emergency mental health assessment in the community access to Child and Adolescent Mobile Crisis Team.

Capital District Psychiatric Center

518-549-6500

75 New Scotland Avenue, Albany, NY 12208

24 hour emergency mental health assessment and access to Child and Adolescent Mobile Crisis Team.

Parsons Child and Family Center

518-429-2390

650 Warren Street, Albany, NY 12208

Adult Mobile Crisis Response Team, Child and Adolescent Mobile Team, Home-Based Crisis Intervention (HBCI).

Ellis Hospital Emergency Room

518-243-3300

1101 Nott Street, Schenectady, NY 12308

24 hour emergency mental health assessment with access to Child and Adolescent Mobile Crisis Team.

National Suicide Prevention Hotline

1-800-273-TALK(8255)

National Domestic Violence Hotline

1-800-799-7233

New York State Coalition against Domestic Violence

1-800-942-6906

Aid to Victims of Violence

1-800-336-9622

Mental Health- Counseling

Also referred to as outpatient services or therapy and this service combined with psychiatric care have been found to be effective in treating mental illness. Services are provided by professionals who may be social workers, psychologists or certified mental health counselors, either one-on-one or with a family and are paid for either by health insurance or via sliding scale based on income.

Albany County Department for Children, Youth and Families, Children's Mental Health, 518-447-4550

260 South Pearl Street, Albany, NY 12202

Albany County Department of Mental Health

518-447-4668

260 South Pearl Street, Albany, NY 12202

SUNY Psychology Services Center

518-442-4900

299 Washington Avenue, Albany, NY 12206

Capital District Psychiatric Center, Child and Adolescent Outpatient Services

518-549-6929

75 New Scotland Avenue, Albany, NY 12208

Parsons Child and Family Guidance Clinic

518-431-1650

401 New Karner Road, Albany, NY 12205

Ellis Outpatient Child and Adolescent Psychiatry Department

518-382-2290

624 McClellan Street- Suite 202 2nd Floor, Schenectady, NY 12304

LaSalle School (Adolescents)

518-242-4731

391 Western Avenue, Albany, NY 12203

Alcohol and Drug Abuse/Addiction

Addictions Care Center of Albany

518-465-5470

Receive a thorough, confidential assessment to determine the level of care required. ACCA does not offer detoxification services, but works collaboratively with other service providers and referral sources to ensure you received the required care.

Albany County Department of Mental Health

518-447-2046

260 South Pearl Street, Albany, NY 12202

Provides comprehensive medically supervised outpatient services to individuals of all ages.

St. Peters Addiction Recovery

518-482-2455

845 Central Avenue-South 3, Albany, NY 12206

Provides treatment services for individuals experiencing problems with alcohol and drug use/abuse.

Belvedere Addictions Center

518-694-9400

1 Van Tromp Street, Albany, NY 12207

Hope House, Inc.

518-482-4673

573 Livingston Avenue, Albany, NY 12206

Conifer Park Outpatient Center

518-274-5143

2435 6th Avenue, Troy, NY 12180

OASAS (Office of Alcoholism and Substance Abuse Services)

<http://www.oasas.ny.gov/providerdirectory>

Alcoholics Anonymous

518-463-0906

http://www.aa.org/pages/en_US/find-local-aa

Narcotics Anonymous

888-319-2606

<https://www.na.org/meetingsearch/>

Al-Anon/Alateen

518-292-0577

<https://al-anon.org/>

Housing

Albany Community Development Agency 200 Henry Johnson Boulevard, Albany, NY 12210 Home-ownership assistance, budget counseling, property rehabilitation	518-434-5240
Albany Housing Authority 200 South Pearl Street, Albany, NY 12202 Permanent housing and rent subsidies	518-641-7500
Capital City Rescue Mission 259 South Pearl Street, Albany, NY 12202 Transitional housing with Christian addiction recovery for women	518-462-0459
Catholic Charities Housing Office 41 North Main Avenue, Albany, NY 12203 Permanent housing for families and singles	518-459-0183
Homeless and Travelers Aide Society (HATAS) 138 Central Avenue, Albany, NY 12206 Permanent housing with various supportive services	518-463-2124
Rebuilding the City 334 Second Avenue, Albany, NY 12209 Transitional housing for women, children and single men	518-449-2335
Support Ministries, Inc. 28 Delaware Terrace, Albany, NY 12209 Housing and support services for people living with HIV/AIDS	518-427-2463
United Tenants of Albany 33 Clinton Avenue, Albany, NY 12207 Landlord/tenant mediation, eviction emergencies and homeless prevention	518-436-0320
Veterans Housing with Albany Housing Coalition 278 Clinton Avenue, Albany, NY 12210 Transitional and permanent housing for veterans	518-465-5251

Food and Nutrition Programs- Community Meals

Interfaith Partnership for the Homeless

176 Sheridan Avenue, Albany
Monday & Friday 8-8:30 am

FOCUS Churches Breakfast

Westminister Presbyterian
85 Chestnut Street, Albany
Tuesday, Wednesday & Thursday 7-9am
(November through April 15th)

Sr. Maureen Joyce Center

369 Livingston Avenue, Albany
Sunday 1-2pm
Monday & Thursday 11:30-1pm

Sacred Heart Church

35 Walter Street, Albany
Wednesday 11:30-12:30pm

Grace & Holy Innocents

498 Clinton Avenue, Albany
Saturday 11-1pm

Salvation Army- Mobile Canteen

20 S. Ferry Street, Monday-Friday 4-5:30pm
500 Clinton Avenue, Monday-Friday 5-6pm

JC Club Children's Feeding Center

63 Quail Street, Albany
Saturday & Sunday, 3-5pm
Monday-Thursday, 4-6pm
(Children under 19)

FOCUS Churches Breakfast

Westminister Presbyterian
85 Chestnut St, Albany
Tuesday & Wednesday 7-9am
(April through October)

Capital City Rescue Mission

259 S. Pearl Street, Albany
Daily 6:30am. 12-4:30pm,
6:30pm

St. John's/St. Ann's

88 4th Avenue, Albany
Tuesday & Saturday 11:30-1pm

Israel AME Church

381 Hamilton Street, Albany
Wednesday 12-1pm
(September-June only)

Salvation Army- Cohoes

Canal Square on Remsen Street
Monday-Friday, 12-1pm
(last week of the month)

United Church of Cohoes

123 Mohawk Street, Albany
Saturday, 4:30-7pm

Food Assistance

To find the pantry that serves your neighborhood:

Food Pantries for the Capital District

d/b/a The Food Pantries 518-458-1167

Food Stamp eligibility prescreening and application information:

N.O.E.P 518-689-6327

Summer Food Program 518-380-5583

Capital Roots 518-274-8685

Information about the Women, Infants, and Children's Program (WIC):

Whitney M. Young, Jr. Health Services 518-465-2771

920 Lark Drive, Albany, NY 12207

Albany Women's Health Center of Albany Medical College 518-432-4033

220 Green Street, Albany, NY 12202

Cohoes Family Care- Moms Program 518-235-7282

55 Mohawk Street, Cohoes, NY 12047

Drop-In Center

Sheridan Hollow Drop-In Center 518-694-8899

26 S. Swan Street, Albany 12210

The Drop-In Center provides support and connects to service providers. A Safe Haven.

9:30am-4:00pm

Albany County Health Department

518-447-4580

175 Green Street, Albany, NY 12202

8:30am to 4pm

Poverello Center

518-462-7040

315 Sheridan Avenue, Albany, NY 12206

Free medical services for adults without insurance. Wednesdays 6:30 to 8:30pm

Capital City Rescue Mission

518-462-0459

Free medical clinic. Tuesdays and Fridays 10am to 3pm

St. Peter's Family Health Center

518-449-0100

326 S. Pearl Street, Albany, NY 12202

8:30am to 4pm

Whitney M. Young Jr.

518-465-4771

920 Lark Drive, Albany, NY 12207

Health Services. They have a Troy Satellite office, as well.

Albany County Cancer Services Program

518-525-8680

Free cancer screening for the uninsured

Alliance for Positive Health

518-434-4686

Testing for HIV and Sexually Transmitted Diseases

Albany Women's Health Center

518-432-4033

220 Green Street, Albany, NY 12202

Koinonia Primary Care

518-689-0282

553 Clinton Avenue, Albany, NY 12206

Sheridan Hollow Drop-In Center and Wellness Clinic

518-694-8899

26 South Swan Street, Albany, NY 12210

Monday-Friday 9:30am to 4pm

Child Health Plus

800-698-4543

Child Health Plus offers health insurance to children ages birth through 18 years within New York State who family income falls within certain limits. The purpose of Child Health Plus is to ensure that all eligible children receive the basic, routine, preventive health care that keeps children healthy and protects them from common childhood diseases and illnesses. Child Health Plus is made available by New York State law that provides funding for children's health insurance.

Family Health Plus

877-934-7587

Family Health Plus offers health insurance to individuals ages 19-64 years within New York State who family income falls within certain limits. The purpose of Family Health Plus is to ensure that all eligible individuals receive basic, routine, prevention health care that keeps people healthy and protects them from common diseases and illnesses. Family Health Plus is made available by New York State law that provides funding for individuals health insurance.

Medicaid and Children's Health Insurance Plan (CHIP)

Medicaid and the Children's Health Insurance Plan (CHIP) provide free or low-cost health coverage to millions of Americans, including some low-income people, families and children, pregnant women, the elderly, and people with disabilities. Visit their website to enroll or see if you qualify:

<https://www.healthcare.gov/Medicaid-chip/getting-Medicaid-chip>

Supplemental Security Income (SSI)

1-800-772-1213

A program based on financial need and disability. SSI provides supplemental income and medical insurance.

Employment

Capital South Campus Center 15 Trinity Place, Albany, NY 12202 After school camp, training in technology, life and work skills.	518-449-5155
Career Services Coaching 333 Sheridan Avenue, Albany, NY 12206 Open Monday through Friday 8:30am to 5pm	518-463-3175 x100
Dress for Success 333 Sheridan Avenue, Albany, NY 12206 For women only, ask FOCUS for a FREE referral. Clothing and Coaching. Open Monday through Friday 8:30am to 5pm	518-463-3175 x100
NYS Department of Labor for the One Stop Career Center 175 Central Avenue, Albany 12206 Open Monday through Friday 8:30am to 5pm	518-462-7600 x8

Re-Entry Support

TASC Treatment Alternatives for Safer Communities 87 Columbia Street, Albany, NY 12210	518-465-1455
The Center for Law and Justice 220 Green Street, Albany, NY 12202	518-427-8361
Trinity Alliance- Jail Transition Services 47 North Lark Street, Albany, NY 12210	518-449-5155 x 105

Capital District Legal Project

518-435-1770

24 Aviation Road, Albany, NY 12205

Provides assistance to low income individuals with the preparation and filing of necessary documents.

Crime Victims and Sexual Violence Center

518-447-7100

112 State Street, Albany, NY 12207

Provides free and confidential services for Albany County residents of all genders and ages who have been affected by a crime.

Legal Aid Society of NENY

518-462-6765

Legal services, education, foreclosure and homelessness prevention.

NYS Division of Human Rights

518-474-2705

<https://dhr.ny.gov/>

United States Committee for Refugees and Immigrants

518-459-1790

991 Broadway Suite 223, Albany, NY 12204

Helps refugees and immigrants to gain personal independence and economic self-sufficiency.

Refugee and Immigrant Support Services of Emmaus

518-621-1041

715 Morris Street, Albany, NY 12208

Empire Justice Center

518-462-6831

119 Washington Avenue, Albany, NY 12210

Works to protect and strengthen the legal rights of people in New York State who are poor, disabled or disenfranchised through: systems change advocacy, training and support to other advocates and organizations, and high quality direct civil legal representation.

Hotlines and Crisis Centers

Alliance for + Health Monday through Friday 9am to 5pm or (800)201-AIDS	518-434-4686
Albany County Crime & Victims Sexual Violence Center Or 24-hour Sexual Assault Hotline	518-447-7100 518-447-7716
Albany County Mobile Crisis	518-549-6500
Catholic Charities Basic needs and utilities assistance	518-486-8020
Child Abuse Hotline	1-800-342-3720
Drug Abuse Information Hotline	1-800-522-5353
Equinox Domestic Violence Services Or 24-hour Hotline	518-434-6135 518-432-7865
National Suicide Prevention Lifeline	1-800-273-8255
NYS Domestic and Sexual Violence Hotline Spanish Language	1-800-942-6906 1-800-942-6908
211 Human Services Information Line	Dial 2-1-1
9-1-1 Albany Police, Fire, Paramedics	Dial 9-1-1
Albany Police (non-emergency)	518-438-4000
American Red Cross	518-458-8111 x5160
Adult Protective Services	518-447-7177
Poison Control For poisoning and drug overdoses	1-800-222-1222

Other Resources

Salvation Army 452 Clinton Avenue, Albany, NY 12206	518-465-2416
Grassroot Givers Community Store and Book Project 274 Washington Avenue, Albany, NY 12203 Tuesday through Thursday, 10am to 2pm	518-542-1276
Capital City Rescue Mission- “Blessing-dale’s” 88 Trinity Place, Albany, NY 12202 Women: Wednesday and Friday, 9:30-11am and 1:30-3:30pm Men: Tuesday and Thursday, 9:30-11am and 1:30-3:30pm	518-462-0459 x258
Wave Riders Support groups, camps and activities for children and teens—for all types of grief and loss.	518-724-0200
Home Heating Assistance Program (HEAP) ACAP Cornell Cooperative Extension NY Connects	518-447-7323 518-765-3500 518-447-7177
Senior Services of Albany	518-465-3322
The Pride Center of the Capital Region 332 Hudson Avenue, Albany, NY 12210	518-462-6531
Homeless and Travelers Aid 138 Central Avenue, Albany, NY 12206 24 hours	518-463-2124
Medicaid	518-447-7300
National Grid Consumer Advocate	800-642-4272

Allegany County Community Resources



Mental Health

Also referred to as outpatient services or therapy and this service combined with psychiatric care have been found to be effective in treating mental illness. Services are provided by professionals who may be social workers, psychologists or certified mental health counselors, either one-on-one or with a family and are paid for either by health insurance or via sliding scale based on income.

ARA- The Counseling Center 4220 NY-417, Wellsville, NY 14895	585-593-6300
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Hillside Children's Center 36 Water Street, Cuba, NY 14727	585-968-8600
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Allegany County Community Services 45 North Broad Street, Wellsville, NY 14895	585-593-1991
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Alfred Counseling Associates 591 NY-244, Alfred Station, NY 14803	607-587-8390
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New Horizons Continuing Day 4222 Bolivar Road, Wellsville, NY 14895	585-593-1655
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Milestone PPS 3460 Riverside Drive, Wellsville, NY 14895	585-593-1859
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Alcohol and Drug Abuse/Addiction

Alcohol/drug abuse and addiction cause problems at work, school, home, and in relationships. Abuse and addiction can be treated with proper support and care. There are a multitude of resources available.

Allegany Council on Alcoholism

3084 County Road 30, Wellsville, NY 14895

585-593-1920

76 Park Avenue, Wellsville, NY 14895

585-593-6738

OASAS (Office of Alcoholism and Substance Abuse Services)

<http://www.oasas.ny.gov/providerdirectory>

Alcoholics Anonymous

607-276-8588

http://www.aa.org/pages/en_US/find-local-aa

Alcoholics Anonymous meetings are a good choice for many. Most AA programs also hold Al-anon meetings which are for family members of alcoholics.

Narcotics Anonymous

877-266-3660

<https://www.na.org/meetingsearch/>

Narcotics Anonymous meetings are for substance abusers whose drug of choice is not necessarily alcohol.

Al-Anon/Alateen

<https://al-anon.org/>

Housing

Allegany County Community Services 45 North Broad Street, Wellsville, NY 14895	585-593-1991
HEAP Home Energy Assistance Program 7 Court Street, Room 127, Belmont, NY 14813	585-268-8479
Section 8- Allegany County Office 4884 NY-19, Belmont, NY 14813	585-268-9200
ACCORD 84 Schuyler Street, Belmont, NY 14813	585-268-7605

Food and Nutrition Programs

SNAP Supplemental Nutrition Assistance Program 7 Court Street, Belmont, NY 14813	585-268-9622
ACCORD Corporation 84 Schuyler Street, Belmont, NY 14813	585-268-7605
Catholic Charities 67 East Pearl Street, Wellsville, NY 14895	585-593-2015
The Salvation Army of Wellsville 25 East Pearl Street, Wellsville, NY 14895	585-593-2640
Cuba Cultural Club 38 East Main Street, Cuba, NY 14727	585-209-0052
First Baptist Church 17 South Street, Cuba, NY 14727	585-968-1531

Family Resources

Healthy Families

716-372-5987

234 N. Union Street, Olean, NY 14760

Voluntary home visiting program in Allegany and Cattaraugus counties for expectant and new parents to promote parent/child interaction, self-sufficiency and encourage families to access community resources.

ACCORD

1-800-593-5322

84 Schuyler Street, Belmont, NY 14813

Free and confidential supportive services for domestic violence victims and their children.

Allegany ARC

585-593-5700

50 Farnum Street, Wellsville, NY 14895

Assists individuals and families with services coordination, advocacy, family reimbursement, respites, self-directed services, community and day habilitation and Special Olympics.

Bright Alternatives

585-593-0300

68 1/8 North Main Street, Wellsville, NY 14895

Provides free services and support for individuals who may be pregnant or have an unplanned pregnancy.

Cornell Cooperative Extension

585-268-7644

5435 Co Road 48, Belmont, NY 14813

Allegany County Area Foundation

585-365-2319

6807 New York 19 Crossroads Center #180, Belmont, NY 14813

Wellsville YMCA

585-593-3246

133 Bolivar Road, Wellsville, NY 14895

Allegany County Youth Bureau

585-268-5394

5435 County Road 48, Belmont, NY 14813

Health and Medical

UR Jones Memorial Hospital 191 North Main Street, Wellsville, NY 14895	585-593-1100
Jones Memorial Hospital 20 Main Street, Andover, NY 14806	607-478-8421
Jones Memorial Medical Practice 5877 Old State Road, Angelica, NY 14709	585-268-5700
St. James Mercy Hospital, Alfred Family Practice 35 Glen Street, Alfred, NY 14802	607-587-8192
Allegany Eye Associates 12 Martin Street, Wellsville, NY 14895	585-593-6041
Allegany County Health Department 7 North Court Street, Belmont, NY 14813	585-268-9250

Health Insurance

Child Health Plus Child Health Plus offers health insurance to children ages birth through 18 years within New York State who family income falls within limits. The purpose of Child Health Plus is to ensure that all eligible children receive the basic, routine, preventive health care that keeps children healthy and protects them from common childhood diseases and illnesses. Child Health Plus is made available by New York State law that provides funding for children’s health insurance.	800-698-4543
Family Health Plus Family Health Plus offers health insurance to individuals ages 19-64 years within New York State who family income falls within certain limits. The purpose of Family Health Plus is to ensure that all eligible individuals receive basic, routine, prevention health care that keeps people healthy and protects them from common diseases and illnesses. Family Health Plus is made available by New York State law that provides funding for individuals health insurance.	877-934-7587
Medicaid and Children’s Health Insurance Plan (CHIP) Medicaid and the Children’s Health Insurance Plan (CHIP) provide free or low-cost health coverage to millions of Americans, including some low-income people, families and children, pregnant women, the elderly, and people with disabilities. Visit their website to enroll or see if you qualify: https://www.healthcare.gov/Medicaid-chip/getting-Medicaid-chip	
Supplemental Security Income (SSI) A program based on financial need and disability. SSI provides supplemental income and medical insurance.	1-800-772-1213

Employment

Walker Business and Staffing Services, Inc. 23 West State Street, Wellsville, NY 14895	585-593-6129
Workforce New York 7 Wells Lane, Belmont, NY 14813	585-268-9237
Employee Services 111 West Pearl Street, Wellsville, NY 14895	585-593-9870

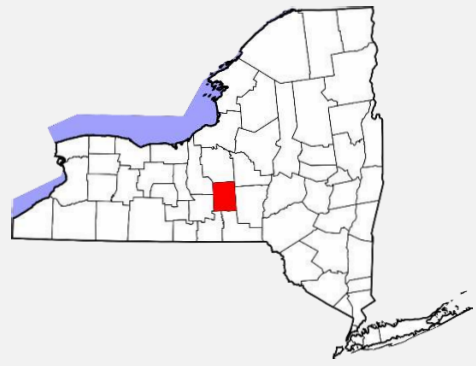
Other Resources

Allegany County United Way 99 North Main Street, Suite 3, Wellsville, NY 14895	585-593-0020
Literacy West NY 5455 NY-19, Belmont, NY 14813	585-268-5213
Allegany County Veterans Service Agency 6085 NY-19, Belmont, NY 14813	585-268-9387
Access Allegany 85 North Main Street, Wellsville, NY 14895	585-593-1738

Hotlines and Crisis Centers

National Suicide Prevention Hotline	1-800-273-8255
County Suicide Prevention Crisis Number	1-888-448-3367
National Domestic Violence Hotline	1-800-799-7233
New York State Coalition against Domestic Violence	1-800-942-6906
ACCORD Corporation Domestic Violence Services	1-800-593-5322
Allegany County Rape Crisis Program	1-888-945-3970

Broome County Community Resources



Mental health refers to a person's condition with regard to their psychological and emotional well-being. Taking care of one's mental health is of critical importance and should be prioritized. Mental Health problems can come in a multitude of forms, and help should be sought if you are experiencing an unusual amount of distress or having difficulty functioning.

A New Hope Center 607-687-6866

20 Church Street, Owego, NY 12827

To assist victims of domestic violence, sexual assault and other crimes.

Binghamton University Psychological Clinic 607-777-2103

4400 Vestal Parkway East, Binghamton, NY 13902

Offers psychotherapy and behavior therapy for adults, children, couples, families and groups, for a broad range of behavioral and psychological problems.

Binghamton Veterans Center 607-722-2393

53 Chenango Street #2, Binghamton, NY 13901

Broome County Mental Health Clinic 607-778-1152

45 Hawley Street, Binghamton, NY 13901

Catholic Charities 607-729-9166

232 Main Street, Binghamton, NY 13905

Christian Counseling Center 607-729-7777

780 Harry L. Drive, Johnson City, NY 13790

Community Treatment and Recovery Center 607-797-0680

114 Clinton Street, Binghamton, NY 13905

Crime Victim Assistance Center 607-722-4256

377 Robinson Street, Binghamton, NY 13904

Family & Children's Society 607-729-6206

257 Main Street, Binghamton, NY 13905

Gateway Center for Youth 607-584-7800

232 Main Street, Binghamton, NY 13905

Mental Health (continued)

Life Choices Center 93 Oak Street, Binghamton, NY 13905	607-723-3342
Lourdes Center for Mental Health 184 Court Street, Binghamton, NY 13901	607-584-4465
Mental Health Association 153 Court Street, Binghamton, NY 13901	607-771-8888
Mental Health Crisis Unit (CPEP-UHS)	607-762-2302 1-800-451-0560
Mental Health Department Broome 305 Clinton Street, Binghamton, NY 13905	607-778-1152
Samaritan Counseling Center 3001 East Main Street, Endwell, NY 13760	607-754-2660
Sunrise Wellness Center 153 Court Street, Binghamton, NY 13901	607-773-3204
Sunrise Wellness Center Peer Support Line	607-240-7291
The Beacon Drop-In Center 153 Court Street, Binghamton, NY 13901	607-343-4401
UHS Mental Health Clinic 33 Mitchell Avenue, Binghamton, NY 13903	607-762-2340
UHS Emergency Mental Health 10-42 Mitchell Avenue, Binghamton, NY 13903	607-762-2302
Youth Crisis Hotline	1-800-448-4663

Alcohol and Drug Abuse/Addiction

Alcohol/drug abuse and addiction cause problems at work, school, home, and in relationships. Abuse and addiction can be treated with proper support and care. There are a multitude of resources available.

Addictions Center of Broome County (ACBC) 607-723-7308
30 W. State Street, Binghamton, NY 13901

Addictions Crisis Center (ACC) 607-722-4080
247 Court Street, Binghamton, NY 13901

Candlehouse Teen Challenge 607-687-3669
401 Mirador Road, Vestal, NY 13850

Chemical Dependency Unit (BCMHS) 607-778-1251
10 Mitchell Avenue, Binghamton, NY 13903

Drug Abuse Treatment Southern Tier 607-762-2800
10 Mitchell Avenue, Binghamton, NY 13903

Mental Health Association Chemical Dependency 607-771-8888
153 Court Street, Binghamton, NY 13901

Salvation Army Adult Rehab Center 607-762-2800
10 Mitchell Avenue, Binghamton, NY 13903

OASAS (Office of Alcoholism and Substance Abuse Services)
<http://www.oasas.ny.gov/providerdirectory>

Alcoholics Anonymous 607-722-5983
http://www.aa.org/pages/en_US/find-local-aa

Narcotics Anonymous 607-774-4907
<https://www.na.org/meetingsearch/>

Al-Anon/Alateen 607-722-0889
<https://al-anon.org/>

Family Support

Broome County YMCA 61 Susquehanna Street, Binghamton, NY 13901	607-772-8984
Family Enrichment Network- Broome 24 Cherry Street, Johnson City, NY 13790	607-723-8313
Opportunities for Broome 5 West State Street, Binghamton, NY 13901	607-772-6810
Cornell Cooperative Extension 840 Upper Front Street #2, Binghamton, NY 13905	607-772-8956
Community Connection Center- Endicott 1100 East Main Street, Endicott, NY 13760	607-757-2637
Early Childhood Direction Center 135 E. Frederick Street, Binghamton, NY 13904	607-724-2111
Handicapped Children's Association 147 Front Street, Binghamton, NY 13905	607-798-7117
Healthy Families Broome	607-778-2861
Mom's House 801 Main Street, Vestal, NY 13850	607-757-9972
PACT Lourdes PACT Program 169 Riverside Drive, Binghamton, NY 13905	607-584-4550
PAL Family Resource Center 457 State Street, Binghamton, NY 13901	607-771-6334
Parent Resource Place- Endicott 200 Jefferson Avenue, Endicott, NY 13760	607-785-4331
NYS Parent Helpline (9am to 10pm)	1-800-244-5373

Food and Nutrition Programs

Angel Food Ministries

607-724-6383

Offers discounted foods

Broome County Health Department

607-778-2881

This center offers nutrition assessments, education and counseling, as well as food or meal vouchers, referrals and healthy foods. The recipients of the programs and aid includes pregnant women, infants and children up to age five, breastfeeding and postpartum women.

Catholic Social Services- Broome

607-723-4563

Food pantry offers free food and groceries that a person in need may access at most once per month.

CHOW

607-724-9130 x317

Requires referral. Provides emergency food 12 times per year (not sooner than four weeks) to persons in need of food. Referral needed from human service agency. Formula available with WIC worker referral.

Food Pantry

607-723-4563

Local residents can contact it at most once per month. Detergent, diapers and personal care items, as well as food is offered at most once per month.

SNAP/Food Stamps

607-687-8300

Provides benefit card to head of household (income guidelines). Card scanned at grocery store to receive food stamps to be used to purchase food.

Independent Pantry/Community Meal Information

Dial 2-1-1

Loaves & Fishes Food Pantry

607-724-5304

Meals-On-Wheels- Binghamton

607-778-6206

Meals-On-Wheels- Western Broome

607-754-7856

WIC- Broome

607-778-2881

Housing

Binghamton City Code Enforcement 607-772-7010

Binghamton Community Development (HUD) 607-772-7028

Binghamton Housing Authority 607-723-9491

First Ward Action Council 607-772-2850

Metro Interfaith Housing 607-772-6766

Opportunities for Broome 607-723-6493

SEPP Housing 607-723-8989

Town of Union Code Enforcement 607-786-2920

Town of Union (HUD) 607-786-2985

HEAP Home Energy Assistance Program

Department of Social Services- Broome 607-778-2638

Office for Aging- Broome 607-778-2063

Opportunities for Broome 607-723-6493

BHA 607-723-9491

Local Broome County organization that may be able to provide emergency rental assistance for families to reside in clean, decent and affordable housing units.

Housing Assistance and Support Program 607-771-8888

Provides financial and/or case management services to low to moderate income families and individuals who reside within the City of Binghamton. Case managers help people obtain and maintain stable permanent housing during economic hard times.

Family Development Assistance Program 607-723-6493

Binghamton General Hospital

607-762-2200

10-42 Mitchell Avenue, Binghamton, NY 13903

Broome County Health Department

607-778-3930

225 Front Street, Binghamton, NY 13905

Lead screening, Early Intervention & Child Find, HIV/AIDS testing, Immunization clinic, STD testing, WIC

DePaul Children's Clinic

607-729-8687

303 Main Street, Binghamton, NY 13905

Guthrie Medical Group

607-798-1452

2517 Vestal Parkway E., Vestal, NY 13850

Health Care Clinic (Free)

607-772-3519

225 Front Street, Binghamton, NY 13905

Lourdes Hospital

607-798-5111

169 Riverside Drive, Binghamton, NY 13905

Medical Society, Central NY

607-772-8493

65 Pennsylvania Avenue, Binghamton, NY 13903

Planned Parenthood

607-723-9692

117 Hawley Street, Binghamton, NY 13901

Prenatal Care Assistance Program (PCAP)

607-778-3778

26 Conkey Avenue #208, Norwich, NY 13815

Southern Tier AIDS Helpline

1-800-333-0892

Tobacco Free Broome

607-778-3068

UHS Nurse Direct

607-763-5555

1-800-295-8088

Child Health Plus

1-800-231-0744

Child Health Plus offers health insurance to children ages birth through 18 years within New York State who family income falls within certain limits. The purpose of Child Health Plus is to ensure that all eligible children receive the basic, routine, preventive health care that keeps children healthy and protects them from common childhood diseases and illnesses. Child Health Plus is made available by New York State law that provides funding for children's health insurance.

Family Health Plus

1-877-934-7587

Family Health Plus offers health insurance to individuals ages 19-64 years within New York State who family income falls within certain limits. The purpose of Family Health Plus is to ensure that all eligible individuals receive basic, routine, prevention health care that keeps people healthy and protects them from common diseases and illnesses. Family Health Plus is made available by New York State law that provides funding for individuals health insurance.

Medicaid and Children's Health Insurance Plan (CHIP)

Medicaid and the Children's Health Insurance Plan (CHIP) provide free or low-cost health coverage to millions of Americans, including some low-income people, families and children, pregnant women, the elderly, and people with disabilities. Visit their website to enroll or see if you qualify:

<https://www.healthcare.gov/Medicaid-chip/getting-Medicaid-chip>

Supplemental Security Income (SSI)

1-800-772-1213

A program based on financial need and disability. SSI provides supplemental income and medical insurance.

Employment

Broome Tioga BOCES 435 Glenwood Road, Binghamton, NY 13905	607-763-3300
Broome Tioga Workforce 171 Front Street, Binghamton, NY 13905	607-778-2136
Cornell Cooperative Extension WORKplus 840 Upper Front Street #2, Binghamton, NY 13905	607-584-5008
Workforce NY- Broome 171 Front Street, Binghamton, NY 13905	607-778-2136

Transportation

Broome Tioga Mobility Management Monday through Friday, 9am-4:30pm	855-373-4040
Public Transit	607-763-4464

General

Broome County Council of Churches	607-724-9130
Broome County Department of Social Services	607-778-2500
Dual Recovery Coordinator	607-778-1162
Broome County Re-Entry Coordinator	607-778-1364

Legal Services

Bar Association (Lawyer Referral) Broome 53 Chenango Street #1, Binghamton, NY 13901	607-723-6331
Broome County Public Defender's Office 45 Hawley Street, Binghamton, NY 13902	607-778-2403
Legal Aid-Mid State NY	1-877-777-6152
NYS Attorney General Office Tenant & Landlord Rights Info Helpline	1-800-771-7755
Renter's Rights- Binghamton	607-721-8771

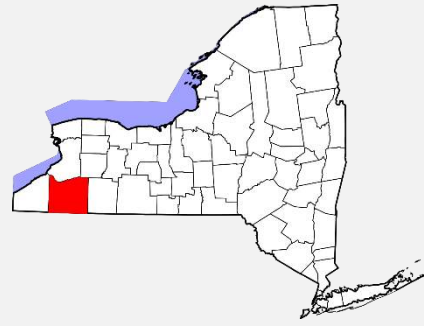
Civil Rights/Human Rights

NYS Advocate for Disabled	1-800-522-4389
NYS Attorney General	607-721-8771
NYS Human Rights Division	607-721-8467
NYS Parole- Binghamton Office	607-721-8523
Re-Entry Coordinator	607-778-1364
Social Security Administration	1-866-964-3971
Youth Bureau	607-778-2415
Better Business Bureau	www.upstateny.bbb.org
Consumer Product Safety	1-800-638-2772

Hotlines and Crisis Centers

A New Hope Center	607-687-6866
Boys Town (Youth/Families)	1-800-448-3000
Crime Victims Assistance Center	607-722-4256
MHAST-Lifeline Suicide Prevention	1-800-273-8255
National Runaways Switchboard	1-800-RUNAWAY
Nineline	1-800-999-9999
SOS Shelter	607-754-4340
Suicide Prevention Hotline (UHS)	607-762-2302
UHS Child/Youth Mobile Crisis Team	607-762-3387
Youth Crisis Hotline	1-800-448-4663
Broome County Sheriff's Tip Line	607-778-1196
Broom County Sheriff Department	607-778-1911
Broome County Government Medical Transportation	607-723-5321
City of Binghamton Police Bureau	607-723-5321
Abused/Neglected Children (NYS)	1-800-342-3720
Adult Protective Services- Broome	607-778-2635
Child Protective Services- Broome	607-722-4256

Cattaraugus County Community Resources



Mental Health

Also referred to as outpatient services or therapy and this service combined with psychiatric care have been found to be effective in treating mental illness. Services are provided by professionals who may be social workers, psychologists or certified mental health counselors, either one-on-one or with a family and are paid for either by health insurance or via sliding scale based on income.

Mental Health Association 502 North Union Street, Olean, NY 14760	716-372-0208
Cattaraugus County Community Services Department 97 Main Street, Salamanca, NY 14779	716-945-5211
Foundations for Change 203 Laurens Street, Olean, NY 14760	716-373-0980
Zoar Valley Clinic 14308 Taylor Hollow Road, Gowanda, NY 14070	716-532-2231
Spectrum Human Services 27 Franklin Street #3, Springville, NY 14141	716-592-9301
North County Counseling Center 9824 NY-16, Machias, NY 14101	716-353-8241
Cattaraugus Rehabilitation Center, Inc. 1439 Buffalo Street, Olean, NY 14760	716-375-4747
Catholic Charities of Buffalo 2636 West State Street Holiday Park Centre Suite 301, Olean, NY 14760	716-372-0101
Directions in Independent Living, Inc. 512 West State Street, Olean, NY 14760	716-366-7792

Alcohol and Drug Abuse/Addiction

Alcohol/drug abuse and addiction cause problems at work, school, home, and in relationships. Abuse and addiction can be treated with proper support and care. There are a multitude of resources available.

Council on Addiction Recovery 716-373-4303
201 S. Union Street, Olean, NY 14760

Council on Addiction Recovery 716-945-1928
Salamanca Mall, Salamanca, NY 14779

Council on Addiction Recovery 716-353-8018
9824 Rt. 16, Machias, NY 14101

Cattaraugus County Department of Community Services 716-373-8040
1 Leo Moss Drive, Olean, NY 14760

Springville Counseling Center 716-592-9301
27 Franklin Street, Springville, NY 14141
Comprehensive, evidence-based treatment programs for all levels of substance abuse.

OASAS (Office of Alcoholism and Substance Abuse Services)
<http://www.oasas.ny.gov/providerdirectory>

Alcoholics Anonymous 716-484-1544
http://www.aa.org/pages/en_US/find-local-aa

Alcoholics Anonymous meetings are a good choice for many. Most AA programs also hold Al-anon meetings which are for family members of alcoholics.

Narcotics Anonymous 716-240-5983
<https://www.na.org/meetingsearch/>

Narcotics Anonymous meetings are for substance abusers whose drug of choice is not necessarily alcohol.

Al-Anon/Alateen 716-856-2520
<https://al-anon.org/>

Housing

Genesis House

716-373-3354

107 South Barry Street, Olean, NY 14760

Faith based organization that welcomes and serves those in need of a home; offers temporary shelter and nutritious meals and snacks free of charge to families and individuals.

Olean Housing Authority

716-372-8262

132 N. Union Street #118, Olean, NY 14760

Accepts applications for families and senior/disabled individuals offering four apartment communities located in Olean.

Cattaraugus Community Action

25 Jefferson Street #1, Salamanca, NY 14779

716-945-1041

124 N. Union Street #201, Olean, NY 14760

716-372-2097

Provides education, technology and programs that assist members of the community to live in safe, affordable and energy efficient homes.

Salamanca Rental Assistance

716-945-3171

225 Wildwood Avenue #5, Salamanca, NY 14779

Assists people with low income in paying their rent in the City of Salamanca.

Transportation

LOVE, Inc.

716-532-3541

PO BOX 243, Gowanda, NY 14070

Transports individuals who cannot access service through existing programs. Individuals may request transportation to keep physician appointments or even to get groceries. However, all requests will be screened to make sure the appropriate service is used; requests should be made 7 days in advance.

Medicaid Transportation

1-866-371-4751

Cattaraugus County Department of Social Services

Interfaith Caregivers

716-372-6283

34 North Fourth Street, Allegany, NY 14706

Food and Nutrition Programs

Allegany Tribal Advocate

716-945-2655

Salamanca, NY 14779

Gowanda Ministerial

Association Food Pantry

716-532-6130

Creekside Chapel Food Pantry

716-372-0388

2523 Five Mile Road, Allegany, NY 14706

Loaves & Fishes

716-373-6800

Trading Post Community Care Center

716-592-4455

38 Franklin Street, Springville, NY 14141

SNAP Supplemental Nutrition Assistance Program

716-938-2599

Cattaraugus Community Action, Inc.

716-945-1041

25 Jefferson Street, Salamanca, NY 14779

Nutrition Outreach and Education Program; Emergency Food Pantry Network;
Lighthouse Community Kitchen; Summer Food Service Program; Community
Garden/Greenhouse

Family Resources

ACCORD Corporation/Cattaraugus County TASA Program 716-945-0467

25 Jefferson Street, Salamanca, NY 14779

A confidential case management program for youth ages 10 to 21. Goal planning, pregnancy and parenting information, life skill instruction.

Catholic Charities 716-372-0101

520 West State Street, Olean, NY 14760

Provides emergency services, counseling programs and family services; specialized programs include Multi-Systemic Therapy, a Domestic Violence Offenders Program, a social/vocational program for adults with mental illness diagnoses, intensive Case Management, a Kinship Caregivers Program, and Parent Education Programs.

Cattaraugus County Youth Bureau 716-938-9111

200 Erie Street, Little Valley, NY 14755

Youth Development and Delinquency Programs, Runaway/Homeless Program, Detention Services, Youth Court, Independent Living Skill and Children with Special Needs.

Center for Family Unity 716-945-6401

4039 Route 219 Suite 205, Salamanca, NY 14779

Dedicated to strengthening families by offering no cost programs including Parenting classes, In-home and Supervised Visits, Family Group Conferencing, Strengthening Families Initiative, Parent Mentoring and Public Education.

City of Olean Youth Bureau Division of Youth and Recreation

Municipal Building, Olean, NY 14760

716-376-5646

Offers numerous recreational and special interest activities to youth and adults.

City of Salamanca Youth Bureau 716-945-1311

25 Jefferson Street, Salamanca, NY 14779

Recreational, seasonal and special interest activities offered to youth.

Cornell Cooperative Extension 716-699-2377

28 Parkside Drive, Ellicottville, NY 14731

4H. Agriculture, Home Grounds and Gardens, Nannen Arboretum, Family and Consumer Science, Souther Tier Wellness Partnership

Family Resources (continued)

Everywoman Opportunity Center

716-373-4013

132 North Union Street, Suite 107, Olean, NY 14760

Helps woman achieve personal and economic self-sufficiency.

John Ash Community Center

716-376-5670

112 North Barry Street, Olean, NY 14760

Education and recreational programs, health fairs and public health clinics, primarily for seniors.

Olean Family YMCA

716-373-2400

1101 Wayne Street, Olean, NY 14760

Adult, youth and family programs may be seen in Program and Membership Guide.

Parent Education Program

716-372-8624

234 North Union Street, Olean, NY 14760

Family Resources/Support Center, Parents as Teachers (PAT), Healthy Families, Families First Counseling, WIC Breastfeeding Peer Counselor Program, Supervised Visit and Exchange Program, Families Together, Family Alternative Resolution Program

Project Headstart of Cattaraugus and Wyoming Counties

716-373-2447

101 South 19th Street, Olean, NY 14760

Federal program for preschool children from low-income families.

United Way of Cattaraugus County

716-372-3620

807 West State Street, Olean, NY 14760

Mission is to improve quality of life by mobilizing resources to meet the needs of the community.

WIC Women, Infants, Children

716-373-8057

1 Leo Moss Drive, Olean, NY 14760

Supplemental program providing nutritious foods, referrals and education for all eligible women, infants and children (up to 5 years old). Main office is Olean with site visits to Salamanca, Delevan, Cattaraugus, Randolph, Gowanda, Little Valley and Franklinville.

Health and Medical

Olean General Hospital 515 Main Street, Olean, NY 14760	716-373-2600
Tri-County Memorial Hospital 100 Memorial Drive, Gowanda, NY 14070	716-532-8900
Lake Shore Health Care Center 845 Routes 5 & 20, Irving, NY 14081	716-951-7000
Bertrand Chafee Hospital 222-224 East Main Street, Springville, NY 14141	716-592-2871
Olean Medical Group 535 Main Street, Olean, NY 14760	716-372-0141
Gowanda Medical Center & TriCounty Family Medicine 104 Memorial Drive, Gowanda, NY 14070	716-532-3368
Women's Health of WNY 130 South Union, Olean, NY 14760	716-372-2229
Pediatric Health Care 2636 West State Street, Olean, NY 14760	716-373-8181
Southern Tier Cancer Center 328 Delaware Avenue, Olean, NY 14760	716-372-1046
Asthma Coalition of WNY 28 Parkside Drive, Ellicottville, NY 14731	716-699-2377 x133
Diabetes Coalition of WNY/Southern Tier Hub 26 Jamestown Street, Gowanda, NY 14070	716-532-1010
Healthy Community Alliance 26 Jamestown Street, Gowanda, NY 14070	716-532-1010

Child Health Plus

800-698-4543

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Family Health Plus

877-934-7587

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Medicaid and Children's Health Insurance Plan (CHIP)

Medicaid and the Children's Health Insurance Plan (CHIP) provide free or low-cost health coverage to millions of Americans, including some low-income people, families and children, pregnant women, the elderly, and people with disabilities. Visit their website to enroll or see if you qualify:

<https://www.healthcare.gov/Medicaid-chip/getting-Medicaid-chip>

Supplemental Security Income (SSI)

1-800-772-1213

A program based on financial need and disability. SSI provides supplemental income and medical insurance.

Employment

Cattaraugus-Allegany Workforce Investment Board 716-806-0060
One Blue Bird Square, Lower Level, Olean, NY 14760
Provides employment and training services to individual and business customers.

Cattaraugus County Employment Unit 716-701-3599
1 Leo Moss Drive, Olean, NY 14760
Develops an individual employment plan for those who are capable of working and assigns each person to the work-related activities appropriate to his/her capabilities.

Cattaraugus County Veterans' Service Agency 716-701-3298
1 Leo Moss Drive, Suite 6510, Olean, NY 14760
Education and vocational rehabilitation, employment and reemployment.

Other Resources

BOCES of Cattaraugus-Allegany Counties 716-372-8293
1825 Windfall Road, Olean, NY 14760
Cable channel 6 access utilized for education, marketing and outreach; also houses Even Start, Lifeskills, and Vocational programming for Juniors and Seniors; Adult Education.

Cattaraugus County Agricultural Society 716-938-9146
501 Erie Street, Little Valley, NY 14755
Oversight of the annual County Fair.

Directions in Independent Living 716-373-4602
512 West State Street, Olean, NY 14760
Multiple services for individuals with disabilities.

Literacy Volunteers of Cattaraugus County 716-372-8627
2nd and Laurens Streets, Olean, NY 14760
Services are free, and are aimed to primarily assist adults reading at the lowest literacy levels.

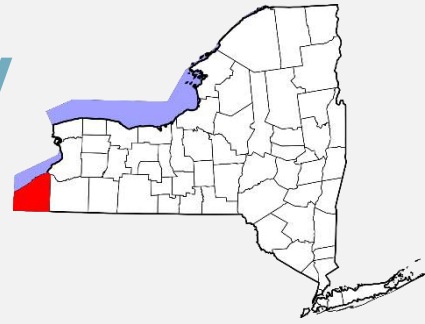
Reality Check

www.realitycheckny.org

Hotlines and Crisis Centers

National Suicide Prevention Hotline	1-800-273-8255
County Suicide Prevention Crisis Number	1-800-339-5209
National Domestic Violence Hotline	1-800-799-7233
New York State Coalition against Domestic Violence	1-800-942-6906
Victim Services & Rape Crisis Program	1-888-945-3970
Cattaraugus County Sheriff's Department 301 Court Street, Little Valley, NY 14755	1-716-938-9111

Chautauqua County Community Resources



Mental Health

Also referred to as outpatient services or therapy and this service combined with psychiatric care have been found to be effective in treating mental illness. Services are provided by professionals who may be social workers, psychologists or certified mental health counselors, either one-on-one or with a family and are paid for either by health insurance or via sliding scale based on income.

Mental Health Association in Chautauqua County 31 Water Street #7, Jamestown, NY 14701	716-661-9044
Catholic Charities 425 Main Street, Dunkirk, NY 14048	716-484-9188
Chautauqua County Mental Health 200 East 3 rd Street, Jamestown, NY 14701	716-661-8330
Compeer Chautauqua 97 Forest Avenue, Jamestown, NY 14701	716-487-2956
Crisis Services	1-800-724-0461
Family Services of the Chautauqua Region 332 East 4 th Street, Jamestown, NY 14701	716-488-1971
Social/Emotional Health Screenings	716-753-4519
SPOA (Single Point of Access) 3 North Erie Street, Mayville, NY 14757	716-753-4150
The Resource Center 880 E 2 nd Street, Jamestown, NY 14701	716-661-1590
WCA Crisis Line	716-487-0141
Gateways/PRO's 200 Dunham Avenue, Jamestown, NY 14701	716-366-7660

Alcohol and Drug Abuse/Addiction

Alcohol/drug abuse and addiction cause problems at work, school, home, and in relationships. Abuse and addiction can be treated with proper support and care. There are a multitude of resources available.

Chautauqua Alcohol & Substance Abuse Council 716-661-8330
501 W. 3rd Street, Sprinchorn Building, Suites 3&4, Jamestown, NY 14701

Chemical Dependency 716-664-8641
51 Glasgow Avenue, Jamestown, NY 14701

Tri-County Chemical Dependency 716-595-3355
33 N. Main Street, Cassadaga, NY 14718

WCA Alcohol Rehabilitation Services- Inpatient 716-664-8620
207 Foote Avenue, 4th Floor, 4B Unit, Jamestown, NY 14701

OASAS (Office of Alcoholism and Substance Abuse Services)
<http://www.oasas.ny.gov/providerdirectory>

Alcoholics Anonymous 716-484-1544
http://www.aa.org/pages/en_US/find-local-aa

Alcoholics Anonymous meetings are a good choice for many. Most AA programs also hold Al-anon meetings which are for family members of alcoholics.

Narcotics Anonymous 716-488-2281
<https://www.na.org/meetingsearch/>

Narcotics Anonymous meetings are for substance abusers whose drug of choice is not necessarily alcohol.

Al-Anon/Alateen 716-664-3608
<https://al-anon.org/>

Housing

Chautauqua Opportunities, Inc.

402 Chandler Street, Jamestown, NY 14701	716-661-9430
17 West Courtney Street, Dunkirk, NY 14048	716-366-3333

Chautauqua Home Rehabilitation & Improvement Corp 716-753-4650

2 Academy Street, Mayville, NY 14757

Promotes neighborhood stabilization, community revitalization and economic development.

Dunkirk Public Housing Authority 716-366-8740

15 N. Main Street, Dunkirk, NY 14048

Housing Options Made Easy 716-532-5508

HUD Housing 716-665-8197

SAFE House Independent Living Program 716-661-9446

YWCA Transitional Housing 716-488-2237

Legal Services

Dispute Settlement 716-483-7774

200 East Third Street, 4th Floor, Jamestown, NY 14701

Legal Assistance of Western New York 716-664-4535

115 E. 3rd Street, Jamestown, NY 14701

Probation (Family Court Petitions) 716-661-8011

110 East 4th Street #1, Jamestown, NY 14701

Public Defenders Office 716-753-4376

7 North Erie Street, Mayville, NY 14757

Food and Nutrition Programs

Catholic Charities

716-366-3533

725 Main Street, Dunkirk, NY 14048

SNAP Supplemental Nutritional

Assistance Program, 716-661-8200

335 Central Avenue, Dunkirk, NY 14048

Meals on Wheels

716-488-9119

3045 Fluvanna Avenue, Jamestown, NY 14701

Neighbor to Neighbor Food Pantry

716-257-6081

9495 Prospect Road, Forestville, NY 14062

Ripley Community Pantry

716-736-4386

12 North State Street, Ripley, NY 14775

St. Paul's Episcopal Pantry

716-753-2172

99 S. Erie Street, Mayville, NY 14757

Union Gospel Mission Meal Site

716-484-1092

West Portland Baptist Church

716-326-3417

7081 US-20, Westfield, NY 14787

WIC

716-484-6001

716-366-3450 (Dunkirk)

Ashville Food Pantry

716-763-9747

2180 North Maple St

Ashville, NY 14710

Christ First UM Church

716-664-5803

663 Lakeview Ave, Jamestown

Park UM Church

716-962-2265

Silver Creek First Baptist

716-934-7320

32 Main Street, Silver Creek

Frewsburg Food Cupboard

716-569-4333

Panama UM Church

716-782-4031

12 Main Street, Panama

Sinclairville Food Pantry

716-962-2265

Wstfld Community Kitchen

716-326-2055

12 Elm Street, Westfield

Salvation Army

716-664-6208

716-366-3701

Family Resources

Family and Children's Services 332 East 4 th Street, Jamestown, NY 14701	716-488-1971
Child Advocacy Program 405 West Third Street, Jamestown, NY 14701	716-338-9844
YWCA of Jamestown 401 N. Main Street, Jamestown, NY 14701	716-488-2237
YWCA of Westfield 58 S. Portage Street, Westfield, NY 14787	716-326-4012
Jamestown Area YMCA 101 East 4 th Street, Jamestown, NY 14701	716-664-2802
The Safe House for Chautauqua County 10-16 East 6 th Street, Jamestown, NY 14701	866-877-9647
Early Intervention/Preschool Mayville, NY 14757	716-753-4788
Gustavus Adolphus Family Services Learning Center 200 Gustavus Avenue, Jamestown, NY 14701	716-665-2772
Erie 2 Chautauqua Cattaraugus BOCES 8685 Erie Road, Angola, NY 14006	716-549-4454
Cornell Cooperative Extension 3542 Turner Road, Jamestown, NY 14701	716-664-9502
Boys and Girls Club of Jamestown 62 Allen Street, Jamestown, NY 14701	716-664-2902
Family and Youth Center- Community Helping Hands 31 Water Street, Jamestown, NY 14701	716-487-1488

Health and Medical

Brooks Memorial Hospital 529 Central Avenue, Dunkirk, NY 14048	716-366-1111
Dental Van	716-560-5127
Five Star Urgent Care 15 S. Main Street, Jamestown, NY 14701	716-489-3144
Chautauqua County Health Department	866-604-6789
Jamestown Area Medical Association 15 South Main Street, Jamestown, NY 14701	716-488-1877
Jamestown Primary Care 17 Sherman Street #2100, Jamestown, NY 14701	716-483-6700
Jones Memorial Health Center 51 Glasgow Avenue, Jamestown, NY 14701	716-487-0141
Lane Women's Health Group 400 Foote Avenue, Jamestown, NY 14701	716-484-9194
Lead Poison Prevention Program	716-661-7491
The Chautauqua Center 319 Central Avenue, Suite B, Dunkirk, NY 14048	716-363-6050
The Resource Center Primary Care 890 East 2 nd Street, Jamestown, NY 14701	716-661-1447
WCA Hospital 207 Foote Avenue, Jamestown, NY 14701	716-487-0141
Westfield Memorial Hospital 189 East Main Street, Westfield, NY 14787	716-326-4321

Child Health Plus

800-698-4543

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<https://www.healthcare.gov/Medicaid-chip/getting-Medicaid-chip>

Supplemental Security Income (SSI)

1-800-772-1213

A program based on financial need and disability. SSI provides supplemental income and medical insurance.

Employment

Addeco Staffing

21 East 2nd Street, Dunkirk, NY 14048

716-366-1608

306 West 3rd Street, Jamestown, NY 14701

716-488-8000

Chautauqua Opportunities

402 Chandler Street, Jamestown, NY 14701

716-661-9430

17 West Courtney Street, Dunkirk, NY 14048

716-366-3333

Chautauqua Works

716-661-9553

4 East 3rd Street, Jamestown, NY 14701

Express Employment Professionals

716-483-4844

17 East 4th Street, Jamestown, NY 14701

Kelly Temporary Services

716-483-3396

111 West 2nd Street, Jamestown, NY 14701

Labor Ready

716-484-1799

405 West 3rd Street, Jamestown, NY 14701

Cassadaga Job Corps

716-595-8760

8115 Glasgow Road, Cassadaga, NY 14718

Other Resources

Southwestern Independent Living

716-661-3010

843 North Main Street, Jamestown, NY 14701

Jamestown Community Learning Council

716-483-5624

301 Front Street, Jamestown, NY 14701

Jamestown Renaissance Corporation

716-664-2477

301 East 2nd Street, Suite 301, Jamestown, NY 14701

Hotlines and Crisis Centers

Police-Fire-Ambulance	Dial 9-1-1
Chautauqua County Crisis Help Line	1-800-724-0461
Child Abuse/Neglect Hotline	1-800-342-3720
Domestic Violence Hotline	1-800-942-6902
Poison Control	1-800-222-1222
Missing Children Hotline	1-800-843-5678
National Suicide Prevention Hotline	1-800-273-8255
National Domestic Violence Hotline	1-800-799-7233
District Attorney Victim-Witness Program	716-753-4630
Salvation Army Domestic Violence Program	716-661-3897
National Runaway Switchboard	1-800-786-2929
ChildHELP USA National Child Abuse Hotline	1-800-4-A-CHILD
National Eating Disorders Association	1-800-931-2237
Mobile Crisis Outreach 402 Chandler Street, Jamestown, NY 14701	716-661-9430

Chemung County Community Resources



Mental health refers to a person's condition with regard to their psychological and emotional well-being. Taking care of one's mental health is of critical importance and should be prioritized. Mental Health problems can come in a multitude of forms, and help should be sought if you are experiencing an unusual amount of distress or having difficulty functioning.

Family Counseling Center 607-737-4063
361 W. Water Street, Elmira, NY 14905

Family Services- Chemung County 607-732-1401
St Josephs Boulevard #103, Elmira, NY 14901

Family Services of Chemung County 607-733-5696
1019 East Water Street, Elmira, NY 14901

Elmira Psychiatric Center 607-737-4711
100 Washington Street, Elmira, NY 14901

Chemung County Mental Health 607-737-5501
425 Pennsylvania Avenue, Elmira, NY 14904

Finger Lakes DDSO 607-732-9261
163 Sullivan Street, Elmira, NY 14901

Clinical Social Work & Counseling 607-734-1447
963 Walnut Street, Elmira, NY 14901

Counseling Associates 607-796-9365
2119 Grand Central Avenue, Horseheads, NY 14845

Southern Tier Counseling Center 607-734-0980
407 West Water Street #1, Elmira, NY 14905

Marriage and Family Therapy Services of the Southern Tier, P.C.
147 West Gray Street #218a, Elmira, NY 14901 607-221-5303

JRD Psychological Services 607-732-5427
371 West Church Street, Elmira, NY 14901

Alcohol and Drug Abuse/Addiction

Alcohol/drug abuse and addiction cause problems at work, school, home, and in relationships. Abuse and addiction can be treated with proper support and care. There are a multitude of resources available.

Trinity of Chemung County 150 Lake Street, Elmira, NY 14901	607-737-5215
Family Services- Chemung County St Josephs Boulevard #103, Elmira, NY 14901	607-732-1401
Family Services of Chemung County 1019 East Water Street, Elmira, NY 14901	607-733-5696
New Dawn 555 St. Joseph's Boulevard, Elmira, NY 14901	607-737-7801
Our House Halfway House 401-403 Division Street, Elmira, NY 14901	607-734-0032
St. Josephs Hospital 555 St. Joseph's Boulevard, Elmira, NY 14901	607-733-6541
Argnot Ogden Medical Center 600 Roe Avenue, Elmira, NY 14905	607-737-4100
OASAS (Office of Alcoholism and Substance Abuse Services) http://www.oasas.ny.gov/providerdirectory	
Alcoholics Anonymous http://www.aa.org/pages/en_US/find-local-aa	607-542-0950
Narcotics Anonymous https://www.na.org/meetingsearch/	877-266-3660
Al-Anon/Alateen https://al-anon.org/	1-800-356-9996

Family Support

Glove House, Inc. 220 Franklin Street, Elmira, NY 14904	607-734-5238
The ARC of Chemung 711 Sullivan Street, Elmira, NY 14901	607-734-6151
Economic Opportunity Program 650 Baldwin Street, Elmira, NY 14901	607-734-6174
Horseheads Youth Bureau 2305 Grand Central Avenue, Horseheads, NY 14845	607-739-3517
Chemung County Youth Bureau 599 Harris Hill Road, Elmira, NY 14903	607-737-2907
The Social Connection 454 West Church Street, Elmira, NY 14901	607-732-4855
Comprehensive Interdisciplinary Developmental Services 161 Sullivan Street, Elmira, NY 14901	607-733-6533
Children's Integrated Services 414 Davis Street, Elmira, NY 14902	607-737-5582
Pathways, Inc. 33 Denison Parkway West, Corning, NY 14830	607-937-3200
Capabilities, Inc. 1149 Sullivan Street, Elmira, NY 14901	607-734-2006
ABLE2 1118 Charles Street, Elmira, NY 14901	607-734-7107
Chemung County YMCA 425 Pennsylvania Avenue, Elmira, NY 14904 800 West Broad Street, Horseheads, NY 14845	607-733-7656

Food and Nutrition Programs

American Red Cross, Finger Lakes Chapter 83 West Bayard Street, Seneca Falls, NY 13148	607-936-3766
Catholic Charities of Chemung & Schuyler Counties 215 East Church Street, Elmira, NY 14901	607-734-9784
The Salvation Army- Elmira Citadel Corps 414 Lake Street, Elmira, NY 14901	607-732-0314
Food Bank of the Southern Tier 388 Upper Oakwood Avenue, Elmira, NY 14903	607-796-6061
Chemung/Schuyler WIC Program 109 Washington Street, Elmira, NY 14901	607-737-2039
SNAP Supplemental Nutrition Assistance Program 425 Pennsylvania Avenue, Elmira, NY 14902	607-737-5302
Meals on Wheels of Chemung County 150 Fox Street, Elmira, NY 14901	607-734-9535
Oakwood United Methodist Church 210 Oakwood Avenue, Elmira Heights, NY 14903	607-732-6042
North Presbyterian Church 921 College Avenue, Elmira, NY 14901	607-734-2977
Catholic Charities' Samaritan Center 380 South Main Street, Elmira, NY 14904	607-734-4898
Riverside United Methodist Church 559 Spaulding Street, Elmira, NY 14904	607-732-5737
St. Matthew's Episcopal Church 408 South Main Street, Horseheads, NY 14845	607-739-5226

Housing

Catholic Charities of Chemung & Schuyler Counties 215 East Church Street, Elmira, NY 14901	607-734-9784
HEAP Home Energy Assistance Program 425 Pennsylvania Avenue, Elmira, NY 14902	607-737-5302
Elmira Heights Urban Renewal Agency 215 Elmwood Avenue, Elmira Heights, NY 14903	607-734-1531
Elmira Housing Authority 737 D Reservoir Street, Elmira, NY 14905	607-737-7100
City of Elmira Department of Community Development: Community Development Block Grant Program Home Investment Partnerships Program 317 East Church Street, Elmira, NY 14901	317 607-737-5691
Safe House and Chemung County Domestic Violence Program PO Box 293, Elmira, NY 14902	607-732-1979
Knoll Apartments 3005 Watkins Road, Horseheads, NY 14845	607-739-8711
Arbor Housing and Development 143 Hibbard Road, Horseheads, NY 14845	607-562-2477

Arnot Ogden Medical Center

607-737-4100

600 Roe Avenue, Elmira, NY 14905

Arnot Medical Services

600 Fitch Street #202, Elmira, NY 14905

607-737-4194

147 West Gray Street, Elmira, NY 14901

607-733-6698

3318 South Main Street, Horseheads, NY 14845

607-739-4289

Arnot Health

607-737-4499

100 John Roemmelt Drive, Horseheads, NY 14845

Five Star Urgent Care Big Flats

607-846-2030

830 County Road 64, Elmira, NY 14903

St. Joseph's Hospital

607-733-6541

555 St. Joseph's Boulevard, Elmira, NY 14901

Guthrie Medical Group

1243 Pennsylvania Avenue, Pine City, NY 14871

607-734-3929

31 Arnot Road, Horseheads, NY 14845

Guthrie Clinic

607-737-6869

200 Madison Avenue #2D, Elmira, NY 14901

AMS- Family Medicine Big Flats

607-562-8901

455 Maple Street #1, Big Flats, NY 14814

Elmira Urgent Care

607-732-1100

360 West Water Street, Elmira, NY 14905

Twin Tiers Women's Health Team

607-734-3968

1005 Walnut Street, Elmira, NY 14901

Planned Parenthood- Elmira Health Center

607-734-3313

755 East Church Street, Elmira, NY 14901

Child Health Plus

1-800-231-0744

Child Health Plus offers health insurance to children ages birth through 18 years within New York State who family income falls within certain limits. The purpose of Child Health Plus is to ensure that all eligible children receive the basic, routine, preventive health care that keeps children healthy and protects them from common childhood diseases and illnesses. Child Health Plus is made available by New York State law that provides funding for children's health insurance.

Family Health Plus

1-877-934-7587

Family Health Plus offers health insurance to individuals ages 19-64 years within New York State who family income falls within certain limits. The purpose of Family Health Plus is to ensure that all eligible individuals receive basic, routine, prevention health care that keeps people healthy and protects them from common diseases and illnesses. Family Health Plus is made available by New York State law that provides funding for individuals health insurance.

Medicaid and Children's Health Insurance Plan (CHIP)

Medicaid and the Children's Health Insurance Plan (CHIP) provide free or low-cost health coverage to millions of Americans, including some low-income people, families and children, pregnant women, the elderly, and people with disabilities. Visit their website to enroll or see if you qualify:

<https://www.healthcare.gov/Medicaid-chip/getting-Medicaid-chip>

Supplemental Security Income (SSI)

1-800-772-1213

A program based on financial need and disability. SSI provides supplemental income and medical insurance.

Employment

CSS Workforce New York 20 Denison Parkway, West Corning, NY 14830	607-238-5730
Adult Education & Training Services GST BOCES 459 Philo Road, Elmira, NY 14903	607-739-7905
Career Development Council, Inc. 459 Philo Road, Elmira, NY 14903	607-795-5320
ACCESS: VR 44 Hawley Street, Elmira, NY 13901	607-721-8400
Capabilities, Inc. 1149 Sullivan Street, Elmira, NY 14901	607-734-2006
Employment Solutions 111 North Main Street, Elmira, NY 14901	607-732-7350
Express Employment Professionals 11849 East Corning Road #101, Corning, NY 14830	607-936-0770
Stafkings Personnel and Healthcare Systems 319 West Water Street, Elmira, NY 14901	607-734-3646
Manpower 1600 College Avenue #1, Elmira, NY 14901	607-734-1503
PeopleReady 224 South Main Street, Elmira, NY 14904	607-732-0525
Nesco Resource 99 West McCanns Boulevard, Elmira, NY 14903	607-737-1010
Career Dimensions 1 West Market Street #502, Corning, NY 14830	607-962-6478

Transportation

Chemung County Transit- Handi Bus 607-734-5211
1201 Clemens Center Parkway, Elmira, NY 14901

Corning Erwin Area Transit System (CEATS) 607-734-5211
1201 Clemens Center Parkway, Elmira, NY 14901

Legal Services

Chemung County Probation Department 607-737-2800
203 William Street, Elmira, NY 14902

Community Dispute Resolution Center 607-734-9087
215 East Church Street, Elmira, NY 14901

Chemung County Human Relations Commission 607-733-5575 x227
211 Lake Street, Elmira, NY 14901

Chemung County Neighborhood Legal Services 607-734-1647
215 East Church Street, Elmira, NY 14901

Chemung County Project for Bail 607-734-8854
210 Lake Street, Elmira, NY 14902

Chemung County Department of Veterans Affairs 607-737-5445
425 Pennsylvania Avenue, Elmira, NY 14902

NYS Division of Veterans Affairs: Veterans Counselors 888-838-7697
425 Pennsylvania Avenue, Elmira, NY 14902

Legal Assistance of WNY, Inc. 607-734-1647
215 East Church Street, Elmira, NY 14901

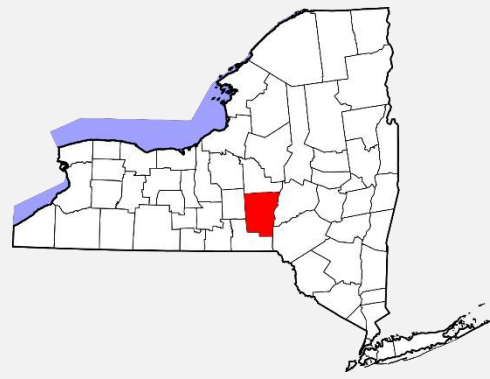
Chemung County Public Defender 607—737-2696
163 Lake Street, Elmira, NY 14901

NYS Bar Association Lawyer Referral & Information 800-342-3661

Hotlines and Crisis Centers

Suicide Hotline	1-800-784-2433
County Suicide Prevention Crisis Number	607-737-5369
National Suicide Prevention Crisis Number	1-800-273-8255
National Domestic Violence Hotline	1-800-799-7233
NYS Coalition against Domestic Violence	1-800-942-6906
Elmira Police Department Victim Services	607-737-5644
Elmira Police Department	607-735-8600
State Police Department	607-739-8797
Salvation Army Safehouse	607-732-1979
Mental Hygiene Crisis Services	607-737-5369
National Runaways Switchboard	1-800-RUNAWAY
Abused/Neglected Children (NYS)	1-800-342-3720

Chenango County Community Resources



Mental Health

Also referred to as outpatient services or therapy and this service combined with psychiatric care have been found to be effective in treating mental illness. Services are provided by professionals who may be social workers, psychologists or certified mental health counselors, either one-on-one or with a family and are paid for either by health insurance or via sliding scale based on income.

Behavioral Health Services 607-337-1600
County Office Building, 5 Court Street, Norwich, NY 13815

Catholic Charities 607-334-8244
3 O'Hara Drive, Norwich, NY 13815

Family Resource Network 607-432-0001
46 Oneida Street, Oneonta NY 13820

Mobile Crisis Assessment Team 1-877-369-6699
24 Hours a Day, 7 Days a Week

UHS Comprehensive Psychiatric Emergency Program 607-762-2302
Binghamton General Hospital

Southern Tier Mobile Integration Team 1-844-435-4648
Greater Binghamton Health Center

Good Mourning Grief Services 607-336-8457
Support group for youth who have experienced loss

Alcohol and Drug Abuse/Addiction

Alcohol/drug abuse and addiction cause problems at work, school, home, and in relationships. Abuse and addiction can be treated with proper support and care. There are a multitude of resources available.

Behavioral Health Services

607-337-1680

County Office Building, 5 Court Street, Norwich, NY 13815

OASAS (Office of Alcoholism and Substance Abuse Services)

<http://www.oasas.ny.gov/providerdirectory>

Alcoholics Anonymous

607-722-5983

http://www.aa.org/pages/en_US/find-local-aa

Alcoholics Anonymous meetings are a good choice for many. Most AA programs also hold Al-anon meetings which are for family members of alcoholics.

Narcotics Anonymous

607-762-9116

<https://www.na.org/meetingsearch/>

Narcotics Anonymous meetings are for substance abusers whose drug of choice is not necessarily alcohol.

Al-Anon/Alateen

1-888-227-6237

<https://al-anon.org/>

Housing

Quaranta Housing Service Opportunities for Chenango, Inc. 44 West Main Street, Norwich, NY 13815 Rental Assistance, Financial Literacy, Home Ownership Programs, Energy Assistance, Home Repair	607-334-7114
Norwich Housing Authority 13 Brown Street, Norwich, NY 13815 Provides assistance to low income families through the Section 8 and Public Housing programs.	607-334-5358
HEAP Home Energy Assistance Program 5 Court Street and 14 West Park Place, Norwich, NY 13815	607-337-1500

Legal Services

Chenango County Sheriff's Office 279 State Route 46, Norwich, NY 13815	607-334-2000
PINS (Persons in Need of Supervision) County Office Building, 5 Court Street, Norwich, NY 13815	607-337-1523
Chenango County Family Court 13 Eaton Avenue, Norwich, NY 13815	607-337-1824
Chenango County Public Defender County Office Building, 5 Court Street, Norwich, NY 13815	607-337-1870
Legal Aid Society of Mid New York, Inc. 189 Main Street, Suite 401, Oneonta, NY 13820	800-821-9895

Food and Nutrition Programs

SNAP Supplemental Nutritional Assistance Program 607-337-1500
5 Court Street, Norwich, NY 13815

WIC Women, Infants and Children 607-334-7114
44 West Main Street, Norwich, NY 13815

Roots and Wings 607-336-7897
34 Berry Street, Norwich, NY 13815
Monday through Friday 10am to 3pm, Thursdays open until 5:30pm

Family Resources

The Parent Project & Loving Solutions Parenting Program 607-337-1995
26 Conkey Avenue, Suite 125, Norwich, NY 13815

Early Intervention Program 607-337-1720
5 Court Street, Norwich, NY 13815

Family Resource Network 607-432-0001
46 Oneida Street, Oneonta, NY 13820

Chenango County NYSARC 607-334-5366
17 Midland Drive, Norwich, NY 13815

Crouse Community Center 607-234-5002
38 West State Street, Sherburne, NY 13460

Norwich Family YMCA 607-336-9622
68 North Broad Street, Norwich, NY 13815

Cook Park 607-656-8752
cookpark@co.chenango.ny.us

Health and Medical

Chenango Health Network
24 Conkey Avenue, Norwich
607-337-4128

Chenango Vision Center, Inc.
5811 County Road 32, Norwich,
607-336-2020

Hospice of Chenango County
Hayes Street, Norwich
607-334-3556

**Chenango County Health 21
Department**, 607-337-1660
5 Court Street, Norwich

UHS Chenango Memorial Hospital
179 North Broad Street, Norwich, NY 13815
607-337-4111

Health Insurance

Child Health Plus

800-698-4543

Child Health Plus offers health insurance to children ages birth through 18 years within New York State who family income falls within certain limits. The purpose of Child Health Plus is to ensure that all eligible children receive the basic, routine, preventive health care that keeps children healthy and protects them from common childhood diseases and illnesses. Child Health Plus is made available by New York State law that provides funding for children's health insurance.

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877-934-7587

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Medicaid and Children's Health Insurance Plan (CHIP)

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Supplemental Security Income (SSI)

1-800-772-1213

A program based on financial need and disability. SSI provides supplemental income and medical insurance.

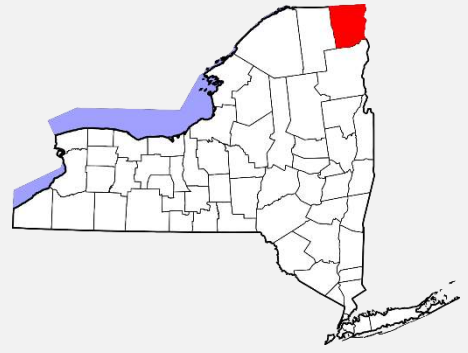
Employment

Chenango County Personnel Department 5 Court Street, Norwich, NY 13815	607-337-1470
Chenango County Employment Office 1 Ohara Drive, Norwich, NY 13815	607-334-2201
CDO Workforce 1 O'Hara Drive, Norwich, NY 13815	607-334-2201

Hotlines and Crisis Centers

Police-Fire-Ambulance	Dial 9-1-1
County Suicide Prevention Crisis Number	1-877-369-6699
Child Abuse/Neglect Hotline	1-800-342-3720
Domestic Violence Hotline	1-800-942-6902
Poison Control	1-800-222-1222
Missing Children Hotline	1-800-843-5678
National Suicide Prevention Hotline	1-800-273-8255
National Domestic Violence Hotline	1-800-799-7233
National Runaway Switchboard	1-800-786-2929
ChildHELP USA National Child Abuse Hotline	1-800-4-A-CHILD
National Eating Disorders Association	1-800-931-2237
Catholic Charities Crime Victims Program	607-336-1101

Clinton County Community Resources



Mental health refers to a person's condition with regard to their psychological and emotional well-being. Taking care of one's mental health is of critical importance and should be prioritized. Mental Health problems can come in a multitude of forms, and help should be sought if you are experiencing an unusual amount of distress or having difficulty functioning.

Behavioral Health Services North, Inc. 518-561-1767
22 US Oval, Suite 100, Plattsburgh, NY 12903
Provides advocacy, support, education. Provides mental health counseling to 11 area schools. Helps link families to services in the community.

Clinton County Mental Health and Addiction Services 518-565-4060
16 Ampersand Drive, Plattsburgh, NY 12091
Provides psychotherapy counseling—individually or part of a group. Medication management, consultation, and evaluation services.

Samaritan Family Counseling Center 518-643-8709
12 Elm Street, Peru, NY 12972
Provides counseling and psychotherapy to children and adults. They also provide couples and family counseling focusing on spirit, mind and body.

Adirondack Trauma Associates 518-578-4125
610 Ashley Road, West Chazy, NY 12992
Trauma/PTSD Utilizing animals (horses). Serves all ages. Accepts all insurances.

Intensive Case Management 518-561-1767
22 US Oval, Suite 100, Plattsburgh, NY 12903
Provides intensive, flexible outreach, linkage, support and coordination of services to children with serious emotional disturbance. Must go through the SPOA committee.

Psychiatric Emergency Room/Inpatient Hospitalization 518-562-7536
CVPH Children and Adolescent MH Unit
75 Beekman Street, 2nd Floor, Plattsburgh, NY 12091
Ages 6-18 who are in crisis that impacts safety of the individual or others.

Mental Health Association of Clinton and Franklin Counties
7 Pearl Street, Malone, NY 12953 518-521-3760

OPWDD Services

Advocacy and Resource Center

518-563-0930

231 New York Road, Plattsburgh, NY 12903

Day habilitation, at home services, residential services, free standing respite, site-based and community prevocational services, workforce network, Medicaid service coordinator.

Sunmount DDSO

518-561-8190

7242 State Route 9, Suite 101, Plattsburgh, NY 12901

Involved in planning, development, funding, technical support, quality assurance and direct operations of a wide variety of community based services serving those with Development disabilities, MR, ASD, Epilepsy, Cerebral Palsy, and Neurological Impairments so that they can remain in the community with friends and family.

Residential Resources

518-324-3101

304 New York Road, Plattsburgh, NY 12901

Provides services for individuals with developmental or acquired disabilities. Instruction on fundamental skills, support, therapy, rehabilitation, community liaison, clinical consultation, and 24/7 support.

North County Regional TBI Center

518-564-2049

227 Sibley Hall, 101 Broad Street, Plattsburgh, NY 12901

Service coordination, and day habilitation for other children and adults with developmental disabilities traumatic brain injuries, and other neurological conditions.

Citizens Advocates

518-483-1250

31 Sixth Street, Malone, NY 12953

Behavioral health services, residential services, vocational services, and day programs. Medicaid Service Coordinator for those eligible for OPWDD services.

CEWW BOCES- Partners in Transition

518-561-0430 x3051

194 US Oval, Suite 228, Plattsburgh, NY 12903

Employment services for those individuals who have barriers to employment. Workplace readiness, workplace assessments, paid/unpaid internships and thru development of pre-vocational skills.

Alcohol and Drug Abuse/Addiction

Conifer Park- Outpatient Clinic 80 Sharron Avenue, Plattsburgh, NY 12901	518-561-0130
Conifer Park- Inpatient Clinic 79 Glenridge Road, Glenville, NY 12302	1-800-989-6446
Canton-Potsdam Chemical Dependency Services 50 Leroy Street, Potsdam, NY 13676 Assessment, evaluation, medical supervision/referrals, individual & group counseling, gambling addiction support services, support for family, discharge and after care planning, DOT Evaluations, family counseling & education, Outpatient services and detoxification.	315-265-3300
Clinton County Mental Health and Addiction Services 16 Ampersand Drive, Plattsburgh, NY 12901 Outpatient addiction services including evaluation, referral and outpatient services. Treatment modalities include individual, group, family, and significant other counseling.	518-565-4060
Champlain Valley Family Center 20 Ampersand Drive, Plattsburgh, NY 12901 Provides substance abuse treatment including chemical dependency assessment, counseling, psychiatric evaluation, vocational educational services and referral.	518-561-8480
St. Joseph's Rehabilitation Center, Inpatient & Outpatient 159 Glenwood, Saranac Lake, NY 12983	518-891-3950
OASAS (Office of Alcoholism and Substance Abuse Services) http://www.oasas.ny.gov/providerdirectory	
Alcoholics Anonymous http://www.aa.org/pages/en_US/find-local-aa	518-561-8444
Narcotics Anonymous https://ww.na.org/meetingsearch/	818-773-9999 x771
Al-Anon/Alateen https://al-anon.org/	518-561-0838

Housing

Clinton County Housing Assistance Program 24 Margaret Street, Suite 7, Plattsburgh, NY 12901	518-825-0800
ETC Housing Corporation 6 Tara Lane, Plattsburgh, NY 12901	518-563-2233
ETC Eviction Prevention Program	518-563-2233
Friends of the North Country 1 Mill Street, #A, Keeseville, NY 12944	518-834-9606
Plattsburgh Housing Authority 4817 South Catherine Street, Plattsburgh, NY 12901	518-561-0720
Rural Preservation Company of Clinton County 3341 Route 3, Saranac, NY 12981	518-293-7569
On Call After Hours Shelter Emergencies	518-574-3124

Transportation

Clinton County Public Transport 226 Arizona Avenue, Plattsburgh, NY 12903 Transportation services include fixed routes, complementary paratransit, deviation routes, and demand-response “Rural Zone” service.	518-561-1452
Rural Transportation Program 54 Margaret Street, Plattsburgh, NY 12901 Offers transportation to the elderly for medical services. Coordinates/arranges rides for people in need.	518-561-6310
Medicaid Transportation 54 Margaret Street, Plattsburgh, NY 12901 Transportation to medical appointments if individual is Medicaid eligible.	518-561-6310

Food and Nutrition Programs

Salvation Army Community Meal/Food Pantry 518-561-2951

4804 South Catherine Street, Plattsburgh, NY 12901

Community Meals: Monday, Wednesday, Friday serving at 12pm.

Food Pantry: Monday through Thursday, 9am-11:30am and 1pm-3:30pm

(Individuals allowed once every six months)

St. Vincent de Paul & Rogers House 518-643-2435

3055 Main Street, Peru, NY 12972

Soup Kitchen- Wednesday 4:30-5:45pm

St. Peter's Church 518-563-1692

23 St. Charles Way, Plattsburgh, NY 12901

Soup Kitchen/Entire Meal every Tuesday at 5:30pm

JCEO Food Pantry 518-561-6310

54 Margaret Street, Plattsburg, NY 12901

Monday through Friday from 12pm-3:30pm

Trinity Episcopal Church 518-561-2244

18 Trinity Place, Plattsburgh, NY 12901

Community meal every Wednesday at 5:30pm

Interfaith Food Shelf 518-563-2992

127 Beekman Street, Plattsburg, NY 12901

Can use the full pantry 7 times a year. After that can be used for the rest of the year for USDA selections twice a month. Open Monday through Friday 9am to 12pm and Friday 4pm to 6pm

United Methodist Church 518-834-9918

1699 Front Street, Keeseville, NY 12944

Wednesday 9am to 4pm, and on the second Saturday for the month from 10am to 2pm

SNAP Supplemental Nutrition Assistance Program 518-565-3300

13 Durkee Street, Plattsburg, NY 12901

Champlain Valley Physicians Hospital Health Center 206 Cornelia Street, Suite 201, Plattsburgh, NY 12901	518-562-7700
Great North Woods Medical 23 Hammond Lane, Plattsburgh, NY 12901	518-561-1322
Lake City Primary Care 16 DeGrandpre Way, Suite 300, Plattsburgh, NY 12901	518-561-8256
Adirondack Health Care Associates 3384 NYS Route 22, Peru, NY 12972	518-643-8008
Northwestern Family Medical Center	518-594-3500
Peru Family Health Care 9 Elm Street, Peru, NY 12972	518-643-7037
Plattsburgh Health Center 159 Margaret Street, Plattsburgh, NY 12901	518-566-0672
Plattsburgh Medical Care 675 State Route 3, Plattsburgh, NY 12901	518-566-0672
UrgiCare 79 Hammond Lane, Plattsburg, NY 12901	518-563-5900
CVPH Emergency Room 75 Beekman Street, Plattsburgh, NY 12901	518-562-7370
Apple Country Family Medicine 40 New York Road, Plattsburgh, NY 12903	518-563-5256
North Country Medical Group 481 State Route 11, Champlain, NY 12919	518-298-2691
Community Link (Health Bus) 450 Salmon River Road, Plattsburgh, NY 12901	518-563-7129

Child Health Plus

800-698-4543

Child Health Plus offers health insurance to children ages birth through 18 years within New York State who family income falls within certain limits. The purpose of Child Health Plus is to ensure that all eligible children receive the basic, routine, preventive health care that keeps children healthy and protects them from common childhood diseases and illnesses. Child Health Plus is made available by New York State law that provides funding for children's health insurance.

Family Health Plus

877-934-7587

Family Health Plus offers health insurance to individuals ages 19-64 years within New York State who family income falls within certain limits. The purpose of Family Health Plus is to ensure that all eligible individuals receive basic, routine, prevention health care that keeps people healthy and protects them from common diseases and illnesses. Family Health Plus is made available by New York State law that provides funding for individuals health insurance.

Medicaid and Children's Health Insurance Plan (CHIP)

Medicaid and the Children's Health Insurance Plan (CHIP) provide free or low-cost health coverage to millions of Americans, including some low-income people, families and children, pregnant women, the elderly, and people with disabilities. Visit their website to enroll or see if you qualify:

<https://www.healthcare.gov/Medicaid-chip/getting-Medicaid-chip>

Supplemental Security Income (SSI)

1-800-772-1213

A program based on financial need and disability. SSI provides supplemental income and medical insurance.

Employment

One Work Source 194 US Oval, Plattsburgh, NY 12903 Employment services to both job seekers and employers. Veterans receive Priority of Services.	518-561-0430
ETS, Inc. 186 US Oval, Plattsburg, NY 12903	518-562-4673
Coryer Staffing 20 Miller Street #102, Plattsburgh, NY 12901	518-324-5678
Manpower 164 Boynton Avenue Suite 305, 12901	518-562-0062

Veterans Services

Clinton County Veterans Service Agency Clinton County Government Center 137 Margaret Street, Suite 106, Plattsburgh, NY 12901	518-565-4720
Disabled Veterans Outreach Program Local Veterans Employment Representative 194 US Oval, Plattsburgh, NY 12903 Provides intensive services to meet employment needs of disabled veterans. Emphasis is placed on serving those who are economically or educationally disadvantaged.	518-561-0430 x3048 518-561-0430 x 308 1
North Country Veteran's Association 27 Town Line Road, West Chazy, NY 12992 Educates veterans on topics such as Agent Orange, PTSD, TBI, Educational entitlements, employment services and opportunities and other issues relevant to their well-being through peer support. PTSD group on Friday. Food bank, by appointment.	518-563-3426
Veterans Administration- Primary Care Practice 80 Sharron Avenue, Plattsburgh, NY 12901 ⁸⁴	518-561-6247

Legal Assistance

Plattsburgh City Police 518-563-3411
45 Pine Street, Plattsburgh, NY 12901

Plattsburgh City Police Juvenile Officer 518-563-3424

Clinton County Sheriff's Department 518-565-4300
25 McCarthy Drive, Plattsburgh, NY 12901

Legal Aid Society of Northeast New York 518-563-4022
100 Court Street, Plattsburgh, NY 12901

Education

Champlain Valley Educational Services 518-561-0100
1585 Military Turnpike Extension, Plattsburgh, NY 12901
Career and technical education, adult & continuing education, business & industry training, adult literacy & job skills programming

ACCESS-VR 518-483-3530
209 West Main Street Suite 3, Malone, NY 12953
Assists individuals with disabilities to achieve and maintain employment and to support independent living through training.

Literacy Volunteers 518-564-5332
SUNY Campus, Hawkins Hall 052, Plattsburgh, NY 12901
Provides one on one tutoring for basic literacy and English language learners including reading, writing, speaking, as well as math and computer skills.

Special Education Parent Network 518-561-4999
194 US Oval, Plattsburgh, NY 12903
Provides technical assistance, resources, and guidance materials to parents with children with disabilities. Parent information sessions. Provides one-on-one assistance to prepare for CSE Meetings and IEP review meetings.

Upward Bound 518-564-2030
101 Broad Street, Plattsburgh, NY 12901
College-preparatory program

Other Resources

Youth Advocate Program

518-561-6798

43 Clinton Street, Plattsburgh, NY 12901

Community based alternative to out-of-home care through direct services, advocacy and policy change. Works with children at high risk of an out-of-home placement.

Clinton County Youth Bureau

518-565-4750

135 Margaret Street, Plattsburgh, NY 12901

Promotes positive youth development, strong families and supportive communities.

Cornell Cooperative Extension

518-561-7450

6064 State Route 22, Suite #5, Plattsburgh, NY 12901

4H program, Nutrition, Horticulture & Agriculture programs.

Smoker's Quitline

1-866-697-8487

Assists individuals to quit smoking through support, education and tools.

Planned Parenthood

518-561-4430

66 Brinkerhoff Street, Plattsburgh, NY 12901

Health care, education, and advocacy programs.

American Red Cross

518-561-7280

26 Emory Street, Morrisonville, NY 12962

JCEO Head Start

518-561-1767

54 Margaret Street, Plattsburgh, NY 12901

Provides comprehensive early childhood education to income eligible families with children ages 3-4.

Town of Plattsburgh- Recreation Department

518-562-6860

151 Banker Road, Plattsburgh, NY 12901

The Champlain Valley Chapter of The Compassionate Friends

45 Tom Miller Road, Plattsburgh, NY 12901

A volunteer-run bereavement support group held the 3rd Thursday of each month at 7pm.

Hotlines and Crisis Centers

9-1-1 Clinton Police, Fire, Paramedics	Dial 9-1-1
National Suicide Hotlines	1-800-784-2433 1-800-448-3000
Clinton County Suicide Hotline	1-866-577-3836
National Youth Crisis and Runaway Hotline	1-800-442-4673
Poison Control	1-800-222-1222
Runaway Hotline	1-800-786-2929
Veterans National Suicide Hotline	1-800-273-8255
Child Abuse Hotline	1-800-342-3720
NYS Domestic and Sexual Violence Hotline	1-800-942-6906
Spanish Language	1-800-942-6908
Adult Protective Services	518-565-3363
Child Protective Services	518-565-3310
STOP Domestic Violence	518-563-6904

Columbia County Community Resources



Mental health refers to a person's condition with regard to their psychological and emotional well-being. Taking care of one's mental health is of critical importance and should be prioritized. Mental Health problems can come in a multitude of forms, and help should be sought if you are experiencing an unusual amount of distress or having difficulty functioning.

Mental Health Association of Columbia 518-828-4619
716 Union Street, Hudson, NY 12534

Columbia County Mental Health Center 518-828-9446
325 Columbia Street, Hudson, NY 12534

Mental Health Association- Columbia 518-828-8499
900 Columbia Street, Hudson, NY 12534

Mental Health Association of Columbia 518-943-0349
377 Main Street, Catskill, NY 12414

Clearwater Counseling 518-945-8825
430 East Allen Street, Hudson, NY 12534

Kinderhook Mental Health 518-758-7795
1301 River Street, Valatie, NY 12184

Mental Health Resources 518-943-3559
44 Bridge Street, Catskill, NY 12414

All About Choices 518-822-1688
200 Fairview Avenue, Hudson, NY 12534

Lifepsycle Behavioral Health 518-943-1000
110 Jefferson Heights, Catskill, NY 12414

Catskill Family Institute 518-943-0244
283 Main Street, Catskill, NY 12414

Columbia Memorial Hospital 518-828-7601
71 Prospect Avenue, Hudson, NY 12534

Mobile Crisis Assessment Team 518-946-5555

Alcohol and Drug Abuse/Addiction

Alcohol/drug abuse and addiction cause problems at work, school, home, and in relationships. Abuse and addiction can be treated with proper support and care. There are a multitude of resources available.

Twin County Alcohol Abuse 437 Columbia Street, Hudson, NY 12534	518-240-9268
Twin County Recovery Services, Inc. 350 Power Avenue, Hudson, NY 12534	518-751-2083
Red Door Community Residence 437-441 Columbia Street, Hudson, NY 12534	518-822-0091
Columbia Pathways to Recovery PO Box 486, Ghent, NY 12075	518-966-2772
P.A.S It On 428 West Main Street, Catskill, NY 14214	518-943-2036 x315
Young People in Recovery 360 Solaris, Warren Street, Hudson, NY 12534	720-600-4977
Hudson Mohawk Recovery Center, Inc. 743 Columbia Turnpike #5, East Greenbush, NY 12061 1724 5 th Avenue, Troy, NY 12180	518-477-7535 518-272-3918
OASAS (Office of Alcoholism and Substance Abuse Services) http://www.oasas.ny.gov/providerdirectory	
Alcoholics Anonymous http://www.aa.org/pages/en_US/find-local-aa	518-463-0906
Narcotics Anonymous https://www.na.org/meetingsearch/	888-399-5519
Al-Anon/Alateen https://al-anon.org/	1-800-356-9996

Family Support

Family Resource Center of Columbia County 1 Park Row, Chatham, NY 12037	518-392-3911
Columbia County Youth Bureau 401 State Street, Hudson, NY 12534	518-828-7213
Hudson City Department of Youth 18 South 3 rd Street, Hudson, NY 12534	518-828-0017
Berkshire Farm Center & Services 11 Warren Street, Hudson, NY 12534	518-671-6550
Columbia Opportunities, Inc. 540 Columbia Street, Hudson, NY 12534	518-828-4611
Catholic Charities 431 East Allen Street, Hudson, NY 12534	518-828-9668
Kite's Nest 108 South Front Street, Hudson, NY 12534	518-945-8445
The Independent Living Center of the Hudson Valley 802 Columbia Street, Hudson, NY 12534	518-828-4886
Cornell Cooperative Extension 479 NY-66, Hudson, NY 12534	518-828-3346
ReEntry Columbia 52 Green Street, Hudson, NY 12534	518-828-1604
Perfect Ten After School, Inc. 3 rd Floor, 51 North 5 th Street, Hudson, NY 12534	518-567-4777
COARC 630 NY-217, Mellenville, NY 12544	518-672-4451

Food and Nutrition Programs

Chatham Area Silent Food 77 Main Street, Chatham, NY 12037	518-392-7794
The Salvation Army 40 South 3 rd Street, Hudson, NY 12534	518-822-1602
God's Store House Food Pantry 3 Bogardus Avenue, Catskill, NY 12414	518-943-2709
Our Community Cares, Inc. 2 Main Street, Chatham, NY 12037	518-336-5254
Cooperative Christian Ministries 70 Green Avenue, Castleton-on-Hudson, NY 12033	518-732-4120
Shiloh Baptist Church 14 Warren Street, Hudson, NY 12534	
Christ Church Episcopal 431 Union Street, Hudson, NY 12534	518-828-1329
WIC Women, Infants and Children 431 East Allen Street, Hudson, NY 12534	518-828-9668
SNAP Supplemental Nutrition Assistance Program 25 Railroad Avenue, Hudson, NY 12534	518-828-9411

Housing

Hudson Housing Authority 41 North 2 nd Street, Hudson, NY 12534	518-828-5415
Catskill Housing Authority 32 Bronson Street, Catskill, NY 12414	518-943-2900
Housing Resources of Columbia 252 Columbia Street, Hudson, NY 12534	518-822-0707
Catholic Charities 431 East Allen Street, Hudson, NY 12534	518-828-9668
HEAP Home Energy Assistance Program 540 Columbia Street, Hudson, NY 12534	518-828-9411

Employment Services

Columbia Work Link 409 Warren Street #A, Hudson, NY 12534	518-828-5087
Select Dental Staffing 280 Main Street, Germantown, NY 12526	518-537-3388
CoARC 27 Imperial Lane, Stuyvesant, NY 12173	518-828-2824
Columbia-Green Workforce 4400 NY-23, Hudson, NY 12534	518-828-4181
Columbia-Greene Educational Center 131 Union Turnpike, Hudson, NY 12534	518-828-4157
Questar III BOCES 10 Empire State Boulevard, Castleton-On-Hudson, NY 12033	518-477-8771

Hudson Medical Care 71 Prospect Avenue #130, Hudson, NY 12534	518-697-3540
Columbia Memorial Health- Women's Health Center 71 Prospect Avenue #110, Hudson, NY 12534	518-828-1400
CMH Rapid Care 283 Mountain View Road, Copake, NY 12516	518-329-3902
Twin County Medical Associates 71 Prospect Avenue, Hudson, NY 12534	518-828-2565
Columbia Memorial Hospital 1301 River Street #105, Valatie, NY 12184	518-758-6575
Columbia Memorial Hospital Rapid Care 2827 US 9, Valatie, NY 12184	518-758-4300
HRHCare Health Center at Hudson 750 Union Street, Hudson, NY 12534	518-751-3060
Catskill Urgent Care 10 Grandview Avenue, Catskill, NY 12414	518-943-9100
Columbia Memorial Family Care 71 Prospect Avenue #210, Hudson, NY 12534 159 Jefferson Heights, Catskill, NY 12414	518-828-3327 518-943-3415
Prime Columbia Greene Medical 949 Columbia Street, Hudson, NY 12534	518-828-7188
Columbia Memorial Pediatrics 813 Warren Street, Hudson, NY 12534	518-828-4125
Primary Care Physicians PLLC 29 Jones Avenue, Chatham, NY 12037	518-392-8600

Child Health Plus

1-800-231-0744

Child Health Plus offers health insurance to children ages birth through 18 years within New York State who family income falls within certain limits. The purpose of Child Health Plus is to ensure that all eligible children receive the basic, routine, preventive health care that keeps children healthy and protects them from common childhood diseases and illnesses. Child Health Plus is made available by New York State law that provides funding for children's health insurance.

Family Health Plus

1-877-934-7587

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<https://www.healthcare.gov/Medicaid-chip/getting-Medicaid-chip>

Supplemental Security Income (SSI)

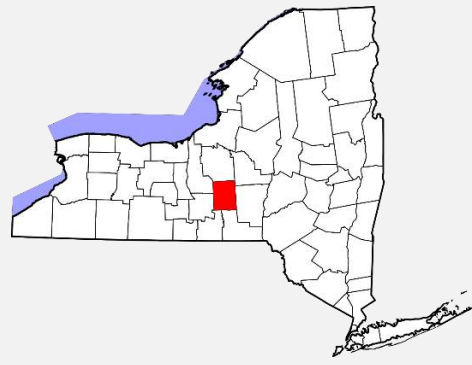
1-800-772-1213

A program based on financial need and disability. SSI provides supplemental income and medical insurance.

Hotlines and Crisis Centers

County Suicide Prevention Crisis Number	518-828-9446
National Suicide Prevention Crisis Number	1-800-273-8255
National Domestic Violence Hotline	1-800-799-7233
NYS Coalition against Domestic Violence	1-800-942-6906
District Attorney Victim Assistance	518-828-3414
Hudson City Police Department	518-828-3388
Columbia County Sherriff's Office	518-828-3344
National Runaways Switchboard	1-800-RUNAWAY
Abused/Neglected Children (NYS)	1-800-342-3720
Columbia County Emergency Management	518-828-1212

Cortland County Community Resources



Mental health refers to a person's condition with regard to their psychological and emotional well-being. Taking care of one's mental health is of critical importance and should be prioritized. Mental Health problems can come in a multitude of forms, and help should be sought if you are experiencing an unusual amount of distress or having difficulty functioning.

Cortland County Mental Health Clinic**607-758-6100**

7 Clayton Avenue, Cortland, NY 13045

Outpatient mental health evaluation and treatment available to Cortland County residents. Includes individual, group, and family therapy. Medicaid and all other insurances accepted. Sliding fee scale available if no third party coverage.

Cortland County Mental Health Children's Services**607-758-6100**

7 Clayton Avenue, Cortland, NY 13045

Serving children over the age of 3. Parent or guardian can call to set up an appointment if there is a concern about a child's emotional health or behavior. Assessments of up to three sessions to determine whether the child is showing normal behavior for his/her age or would benefit from intervention. Medicaid and all other insurances accepted. Sliding fee available if no third party coverage.

Cortland County Community Services Board**607-428-5478**

7 Clayton Avenue, Cortland, NY 13045

County Suicide Prevention Crisis Number**607-272-1616**

Provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week.

Catholic Charities, Cortland County**607-428-5478**

7 Clayton Avenue, Cortland, NY 13045

National Suicide Prevention Hotline**1-800-273-TALK(8255)****National Domestic Violence Hotline****1-800-799-7233****New York State Coalition against Domestic Violence****1-800-942-6906****Aid to Victims of Violence****1-800-336-9622**

Alcohol and Drug Abuse/Addiction

Alcohol/drug abuse and addiction cause problems at work, school, home, and in relationships. Abuse and addiction can be treated with proper support and care. There are a multitude of resources available.

Seven Valleys Council on Alcoholism & Substance Abuse, Inc.

607-758-5524, www.7vcasa.org

29 Central Avenue, Room B-25, Cortland, NY 13045

Information, education, and referral services for all residents of the Cortland County area. Lending library of books, videos, audio tapes, slides, and other reference materials. Library is open Monday through Friday 9am to 5pm. 7VCASA also can provide information about Cortland County Self-Help meetings: Alcoholics Anonymous, Adult Children of Alcoholics, Al-Anon, Alateen, Emotional Anonymous, Families Anonymous, Mentally Ill Chemical Abuser, Narcotics Anonymous, Overeaters Anonymous.

Syracuse Recovery Services of Cortland

607-756-4767

6 Euclid Avenue, Bldg. 1 Suite 5, Cortland, NY 13045

New York State certified by the Office of Alcohol and Substance Abuse Services. Accepts Medicaid and most insurances.

Beacon Center

607-428-5601

20 Crawford Street, Cortland, NY 13045

Multitude of programs including Medication Supported Recovery Program, outpatient counseling, adolescent/young adult programs and women's and men's programs.

OASAS (Office of Alcoholism and Substance Abuse Services)

<http://www.oasas.ny.gov/providerdirectory>

Alcoholics Anonymous

607-753-1344

http://www.aa.org/pages/en_US/find-local-aa

Narcotics Anonymous

<https://www.na.org/meetingsearch/>

Al-Anon/Alateen

607-753-1578

<https://al-anon.org/>

The Parent Network

607-753-9375

Franziska Racker Centers, 882 Route 13, Cortland, NY 13045

A program to support parents, their children with special needs, and the entire family. Funding is available to address specific family needs as identified.

MORE-STEPS

607-753-8626

33 Central Avenue, Cortland, NY 13045

A group for young men and/or women ages 13-21 who are interested in learning more about the important issues in their lives. Topics include communication, decision-making, relationship building and reproductive issues. Sponsored by Catholic Charities.

Cortland Family Fun & Resource Center

607-753-1351

29 Main Street, Cortland, NY 13045

Place to take your child to interact with other children and participate in crafts and fun activities. Field trips for children, parents and caregivers. Sponsored by Cortland County Cornell Cooperative Extension.

AVD (Aid to Victims of Violence)

607-753-3639

14 Clayton Avenue, Cortland, NY 13045

607-753-6363

24-hour crisis intervention program providing support, service coordination, counseling, and emergency shelter for victims of family violence, incest, sexual abuse, or assault and rape.

Bridges for Kids

607-753-9651

14 Clayton Avenue, Cortland, NY 13045

Volunteer program providing friendship, support and guidance to children ages 5-12 who have experienced family stress. Sponsored by the Cortland YWCA.

Model MOMS

607-753-9651

14 Clayton Avenue, Cortland, NY 13045

A free parenting program that provides support and companionship to moms of all ages. The program provides moms an opportunity to exercise and to learn cooking skills, food preparation, family budgeting and good parenting techniques in a comfortable and social environment. Sponsored by the Cortland YWCA.

Family Support (continued)

New Justice Conflict Resolution Services, Inc.

607-753-6952

17-29 Main Street, Suite 412, Cortland, NY 13045

Offers mediation/conciliation services as an alternative for individuals in conflict. Mediation is an intervention technique which allows participants to reach a mutually satisfying agreement on their differences.

Take-A-Break Program

607-863-3828

2704 Lower Cincinnatus Road, Cincinnatus, NY 13040

Information and social programs during the months of March and April covering a variety of topics, like family and children's issues, health, crafts, budgeting. Cortland-Chenango Rural Services.

Resources and Advocacy for Inclusion, Inc.

607-849-4444

PO Box 755, Marathon, NY 13803

Advocacy, Networking & Resources for families with children who have developmental disabilities.

Drop-in Center, YWCA

607-753-9651

14 Clayton Street, Cortland, NY 13045

Open Monday thru Friday 8:30am to 3:00pm. Children may stay up to 3 hours a day. Experienced staff, morning snack provided and fun activities. Please contact the YWCA for program rates. The Early Intervention Program may cover the cost of Respite services if it is included in the Individualized Family Service Plan.

Respite Program, Madison/Cortland ARC

607-756-2015

Community and Family Support Services. Individual family support and advocacy—includes information and referral. Respite Services- provides “time off” when families need a break from caring for their loved one. Family reimbursement—families may choose to be reimbursed for the cost of respite or other approved items or services.

Home Care for Cortland County, Inc.

607-753-9326

111 Port Watson Street, Cortland, NY 13045

Skilled care in the home for children with developmental disabilities. In special circumstances, arrangements for care are made through Public Health Nursing or the Early Intervention Program.

Food and Nutrition Programs

Salvation Army Food Pantry

607-753-9363

138 South Main Street, Cortland, NY

Monday-Friday 9am to 11:30am

Helping Hands Food Pantry

607-753-5061

60 Central Avenue, Cortland, NY

Fridays 10am to 12pm

St. Margaret's Church Food Pantry

607-749-2542

14 Copeland Avenue, Homer, NY

Available by appointment

Vigil United Methodist Church Food Pantry, 607-836-6802

1194 Church Street, Virgil, NY

3rd Saturday of each month; 10am-12pm

McGraw Methodist Church Food Pantry, 607-836-6802

20 East Main Street, McGraw, NY

Wednesdays 6-7pm

Women, Infants & Children Program (WIC)

607-753-6781

32 N. Main Street, Cortland, NY

Catholic Charities Food Pantry

607-756-5992

24 Church Street, Cortland, NY

Monday-Friday 10am to 12pm

Homer First United Methodist Church Food Pantry

607-749-8564

16 Cayuga Street, Homer, NY

Available by appointment

Harmony Helping Hands Food Pantry, 607-844-4269

726 Rt. 221, Harford, NY

3rd Tuesday of every month

3:30pm to 6pm

Marathon Town Hall Food Pantry, 607-849-3960

Marathon Town Hall

Tuesday & Fridays 4pm

Truxton Senior Center Food Pantry, 607-842-6253

United Methodist Church

Monday-Thursday, 9am-1:30pm

Loaves and Fishes

607-756-6195

13 Court Street, Cortland, NY

Anyone may come, no charge.

Housing

Cortland Housing Assistance Council

607-753-8271

36 Taylor Street, Cortland, NY 13045

Assists persons in need of safe, decent, affordable housing including assistance in looking for a home or apartment, advice regarding delinquency in rent or mortgage payment, home management (budgeting, energy conservation, advice about home improvement and maintenance techniques), relocation assistance and consumer education.

Cortland County Department of Social Services

607-753-5332

60 Central Avenue, Cortland, NY 13045

Financial assistance for housing costs provided to those who are eligible.

Cortland Housing Authority

607-753-1171

51 Port Watson Street, Cortland, NY 13045

- 1. The Public Housing Program-** consists of 380 apartments throughout Cortland County for income-eligible; elderly, handicapped, and disabled individuals as well as small and large families.
- 2. The Section 8 Housing Choice Voucher Program-** assists income-eligible; elderly, handicapped, and disabled individuals as well as small and large families throughout Cortland County, subsidize a portion of their rent in private apartments.

Home Energy Assistance Program (HEAP)

607-753-5248, #2

60 Central Avenue, Cortland, NY 13045

Help with heating bills for persons who meet the income and housing eligibility guidelines.

Family Budget Education Program

607-753-5077

60 Central Avenue, Room 105, Cortland, NY 13045

The Cornell Cooperative Extension of Cortland County has trained family educators who can provide help in setting up a budget, using credit wisely, talking with creditors, and general financial planning. No fee charged.

Medicaid Obstetrical Maternal Services (MOMS)

607-753-5341

Available to pregnant women of any age with a gross income at or below 200% of the federal poverty level and who are receiving prenatal care in Cortland County. Services include health education, nutrition education, health risk assessment, certified HIV counseling, access to Medicaid, financial assistance for childbirth classes, access to WIC, referrals to Maternal and Child Health home visits. No direct cost to clients.

Immunization Clinic

607-753-5203

Routine immunizations provided at no charge to under insured and uninsured persons up to age 19. Scheduled by appointment. Clinics scheduled during the daytime and evening hours.

Children with Special Health Care Needs Program

607-756-3439

Identification of children who have or are suspected of having special health care needs and providing them with referrals to appropriate options to families and providers

Lead Screening

607-753-5203

Serves children ages 6 months to 6 years. Blood lead testing done for under-insured or uninsured children. Also information and counseling about lead hazards available to all (no fee).

Smoking Cessation Services

607-758-5501

Health Education Division. Information on self-help materials, cessation program, and alternative quitting methods available for residents of Cortland County.

CPR/First Aid Classes

607-753-1182

111 Port Watson Street, Cortland, NY

Adult and Infant/Child CPR. Advanced registration and payment required.

Asthma Coalition of the Southern Tier

607-756-3807

134 Homer Avenue, Cortland, NY 13045

The coalition offers professional education programs in the community, education for children about asthma and case management. In home education available to children who have been hospitalized or visited an urgent care facility related to an asthma illness.

Child Health Plus

607-753-5341

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Family Health Plus

607-753-5341

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<https://www.healthcare.gov/Medicaid-chip/getting-Medicaid-chip>

Supplemental Security Income (SSI)

1-800-772-1213

A program based on financial need and disability. SSI provides supplemental income and medical insurance.

Employment

Cortland Works Career Center

607-756-7585

99 Main Street, Cortland, NY 13045

The American Job Center Network offers services for every job seeker– Resource Room, Computer Resources, Career Resource Library, Counseling, Workshops, Job Openings, Comprehensive Employment Assistance, Job Training Opportunities, Apprenticeship Program, Veterans Services and Job Fairs.

Employment Connection

607-756-0246

4059 West Road, Cortland, NY 13045

Community-based service that assists people in obtaining and maintaining employment. Employment Connection offers a variety of state and federal-funded programs which provide Employment Services to individuals with disabilities and other barriers to independence, including, Supported Employment, Direct Placement Services, Pre-Employment and services for individuals receiving TANF and Ticket to Work.

Manpower

607-753-5201

60 Central Avenue #104, Cortland, NY 13045

Cortland City Employment & Training

607-753-5201

60 Central Avenue #104, Cortland, NY 13045

ResourceMFG

607-753-6746

35 Huntington Street, Cortland, NY 13045

Cortland County Personnel

607-753-5076

60 Central Avenue #112, Cortland, NY 13045

CAPCO

607-662-4288

3 Huntington Street, Cortland, NY 13045

Other Resources

Traveling Tots Program

607-758-5509

Cortland County Health Department

Education information on child safety seats, individual training on proper installation of safety seats and inspection of child safety seats for unsafe conditions. Low cost distribution of child safety seats based on family's income. By appointment.

Nearly New Clothing Shop

607-863-3828

2704 Lower Cincinnatus Road, Cincinnatus, NY 13040

Offering quality clothing for the whole family. All are welcome. Prices are low and free if needed.

Cortland Area Child Care Council

607-753-0106

111 Port Watson Street, Cortland, NY 13045

A resource and referral agency in the Early Childhood field. Information about the availability of family daycares and center-based daycares in Cortland County. Also coordinates the Childcare Food Program.

Community Action Program of Cortland County

607-753-6781

32 N. Main Street, Cortland, NY 13045

Non profit human service agency dedicated to meeting the needs of the disadvantaged located throughout Cortland County.

Legal Services of Central New York, Inc.

607-753-1134

111 Port Watson Street, Cortland, NY 13045

Represents low income families who have problems with Social Services, Social Security, landlords, food stamps, Medicaid, public assistance. Also represent clients in divorce and consumer matters. Must reside in Cortland County.

Reimbursable transportation

607-758-3383

21 Squires Street, Cortland, NY 13045

Only trips to and from a Medicaid reimbursable service

Contact the Cortland Transit, Inc., at least three (3) working days prior to the scheduled appointment and they will assess eligibility and assist in setting up transportation

Delaware County Community Resources



Mental health refers to a person's condition with regard to their psychological and emotional well-being. Taking care of one's mental health is of critical importance and should be prioritized. Mental Health problems can come in a multitude of forms, and help should be sought if you are experiencing an unusual amount of distress or having difficulty functioning.

Delaware County Mental Health Clinic 607-832-5888

1 Hospital Road, Walton, NY 13856

Professional outpatient mental health services including assessment, diagnosis, individual, group and family psychotherapy, community and agency consultation and referral to inpatient psychiatric facilities.

Mobile Crisis Assessment Team (MCAT) 877-369-6699

1 Hospital Road, Walton, NY 13856

Crisis intervention services for children and adult, 24 hours, 7 days a week.

Warm Line 607-865-3156

132 Delaware Street, Walton, NY 13856

Offers a confidential peer-support phone line for people seeking non-judgmental support from an individual, who can empathize with them from a personal experience perspective.

Rehabilitation Support Services, Inc. 607-865-3158

132 Delaware Street, Walton, NY 13856

Through housing, employment, care coordination, treatment, socialization, and wellness programs, individuals are provided with experiences that will equip them to lead productive and fulfilling lives in their communities.

Psychiatric Services 607-762-2200

UHS Binghamton General Hospital

10-42 Mitchell Avenue, Binghamton, NY 13903

CPEP Hotline: 607-762-2302

Suicide Prevention Lifeline 1-800-273-8255

The National Suicide Prevention Lifeline provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week.

Alcohol and Drug Abuse/Addiction

Delaware County Alcohol Abuse

607-832-5890

34570 NY-10, Hamden, NY 13782

Medically supervised addictions outpatient treatment program serving the needs of all those whose lives have been affected by the abuse of alcohol and/or drugs

Alcohol and Drug Abuse Counseling

607-746-8300

116 Main Street, Delhi, NY 13753

Prevention of alcohol and substance abuse by providing prevention education, advocacy, and information & referral services

Addiction Treatment Programs

607-865-2115

1 Titus Place, Walton, NY 13856

Inpatient addiction unite provides intensive treatment of the disease of alcoholism and other drug addictions.

Suboxone Clinic

607-865-2757

2 Titus Place, Walton, NY 13856

Outpatient Suboxone Clinic designed to help patients struggling with opioid addiction.

Friends of Recovery

607-267-1417

167 Main Street, Delhi, NY 13753

Peer-led support groups, peer-led Recovery Coaching, telephone recovery support services, referrals, life skills classes, health and wellness classes, education and career planning.

OASAS (Office of Alcoholism and Substance Abuse Services)

<http://www.oasas.ny.gov/providerdirectory>

Alcoholics Anonymous

http://www.aa.org/pages/en_US/find-local-aa

Narcotics Anonymous

<https://www.na.org/meetingsearch/>

Al-Anon/Alateen

<https://al-anon.org/>

Housing

Section 8 and Family Self Sufficiency (FSS)

607-746-1650

35430 State Highway 10, Hamden, NY 13782

Rental subsidy programs designed to help low income individuals and families pay rent, thus allowing them to live in safe, sanitary and healthy conditions.

Habitat for Humanity

607-746-9987

PO Box 226, Delhi, NY 13753

Builds and repairs simple, decent, affordable houses with those who lack adequate shelter.

Home Ownership Program

607-746-1650

35430 State Highway 10, Hamden, NY 13782

Provides assistance to first time homeowners to provide home ownership counseling to individuals interested in purchasing homes in Delaware County. Funding is available to assist with down payments, closing costs, prepaid expenses, and reduction in mortgage.

Emergency Services

607-746-1665

35430 State Highway 10, Hamden, NY 13782

Provides assistance to families and individuals faced with emergencies.

Salvation Army

315-877-6079

Through a voucher system, the Salvation Army offers temporary assistance for emergency needs such as lodging, food, clothing, utilities and medical co-pays.

HEAP Home Energy Assistance Program

607-746-1615

Department of Social Services

Food and Nutrition Programs

WIC Women, Infants, and Children

607-746-1700

35430 State Highway 10, Hamden, NY 13782

SNAP Supplemental Nutrition Assistance Program

607-832-5300

111 Main Street, Delhi, NY 13753

Emergency Food Pantry Network

607-746-1685

35430 State Highway 10, Hamden, NY 13782

Provides a 3-4 day supply of food to Delaware County residents who are temporarily without food or money.

Delaware Bounty

607-746-9909

5 ½ Main Street, Suite 3, Delhi, NY 13753

Tuesday through Friday 11am to 5:30pm, Saturday 10am to 2pm

Deposit Farmers' Market

First United Methodist Church

109 2nd Street, Deposit, NY 13754

August 20th & September 17th 10am-2pm

Sidney's Farmers' Market

Video Entertainment Plus Parking Lot

89 Main Street, Sidney, NY 13838

Thursday 2pm-6pm

Sidney Farmers' Market

Sidney Civic center

21 Liberty Street, Sidney, NY 13838

July 28th, August 25th, September 22nd

Walton Farmers' Market

UHS Delaware Valley Hospital

1 Titus Place, Walton, NY 13856

1st and 3rd Wednesdays 10am to 2pm

A.O. Fox Hospital 607-432-2000
1 Norton Avenue, Oneonta, NY 13820

Delaware Valley Hospital 607-865-2100
1 Titus Place, Walton, NY 13856

Margaretville Hospital 845-586-2631
24084 State Highway 28, Margaretville, NY 12455

O'Connor Hospital 607-746-0300
460 Andes Road, Delhi, NY 13753

Tri-Town Regional Hospital 607-563-7080
43 Pearl Street West, Sidney, NY 13838

Bassett Health Centers
245 Lower Main Street, Andes, NY 13731 845-676-3663
460 Andes Road, Delhi, NY 13753 607-746-0550
39 Pearl Street, Sidney, NY 13838 607-561-2021
28650 Highway 23, Stamford, NY 12167 607-652-2537
130 North Street, Walton, NY 13856 607-865-6541

Gelder Medical Group 607-563-9961
44 Pearl Street West, Sidney, NY 13838

UHS Primary Care
53 Pine Street, Deposit, NY 13755 607-467-4195
28315 State Highway 206, Downsville, NY 13755 607-363-2517
1982 Old Route 17, Roscoe, NY 12776 607-498-4800
44 Pearl Street, Sidney, NY 13838 607-561-2200
2 Titus Place, Walton, NY 13856 607-865-2400

Immunizations 607-832-5200
Delaware County Public Health
99 Main Street, Delhi, NY 13753

Child Health Plus

607-832-5300

Child Health Plus offers health insurance to children ages birth through 18 years within New York State who family income falls within certain limits. The purpose of Child Health Plus is to ensure that all eligible children receive the basic, routine, preventive health care that keeps children healthy and protects them from common childhood diseases and illnesses. Child Health Plus is made available by New York State law that provides funding for children's health insurance.

Family Health Plus

607-832-5300

Family Health Plus offers health insurance to individuals ages 19-64 years within New York State who family income falls within certain limits. The purpose of Family Health Plus is to ensure that all eligible individuals receive basic, routine, prevention health care that keeps people healthy and protects them from common diseases and illnesses. Family Health Plus is made available by New York State law that provides funding for individuals health insurance.

Medicaid and Children's Health Insurance Plan (CHIP)

Medicaid and the Children's Health Insurance Plan (CHIP) provide free or low-cost health coverage to millions of Americans, including some low-income people, families and children, pregnant women, the elderly, and people with disabilities. Visit their website to enroll or see if you qualify:

<https://www.healthcare.gov/Medicaid-chip/getting-Medicaid-chip>

Supplemental Security Income (SSI)

1-800-772-1213

A program based on financial need and disability. SSI provides supplemental income and medical insurance.

Legal Services

Delaware Opportunities, Inc.

607-746-1665

35430 State Highway 10, Hamden, NY 13782

Partners with Legal Services of New York to provide a free legal clinic two days a month for issues related to housing, education, public benefits, consumer debt, or access to healthcare. Income guidelines apply.

Catholic Charities

607-432-0061

176 Main Street, Oneonta, NY 13820

The Dispute Resolution Center offers alternative dispute resolution services including arbitration, conciliation, facilitation, mediation and scribing for any type of dispute. Commonly mediate disputes include custody/visitation, divorce, lemon law, special education, agricultural and community disputes.

The Legal Aid Society of Mid-New York, Inc.

607-433-2220

PO Box 887, Oneonta, NY 13820

Provides free legal information, advice and representation on civil (non-criminal) cases to people who cannot afford a lawyer.

Veterans' Services

Delaware County Veterans' Service Agency

607-832-5345

1 Gallant Avenue, Suite A, Delhi, NY 13753

Responsible for administering and coordinating a broad spectrum of federal, state, local and private benefits and services affecting Veterans and their families in Delaware County. Medical transport, advocacy, information and referral, and benefit assistance.

NYS Division of Veterans' Affairs

607-432-4190

242 Main Street #101, Oneonta, NY 13820

Provides counseling to veterans, dependents, and widows regarding service benefits, applications, problem solving, and representation with the VA.

Veterans' Outpatient Clinic- Bainbridge

607-967-8590

109 North Main Street, Bainbridge, NY 13733

Provides primary care and behavioral care services, as well as smoking cessation and laboratory services to Veterans in Delaware and surrounding counties.

Family Planning of South Central, NY

607-432-2250

37 Pleasant Street, Sidney, NY 13838

130 North Street, Walton, NY 13856

37 Dietz Street, Oneonta, NY 13820

Offers a full range of quality, affordable reproductive health care, with a focus on prevention and wellness.

Cornell Cooperative Extension

607-865-6531

34570 State Highway 10, Hamden, NY 13782

Youth Bureau

607-832-5400

111 Main Street, 2nd Floor, Delhi, NY 13753

Safe Against Violence

607-746-1720

35430 State Highway 10, Hamden, NY 13782

Services for victims of domestic violence, sexual assault and other crimes.

Grief Counseling and Bereavement Services

542 Main Street, Oneonta, NY 13820

607-432-5525

116 Main Street, Delhi, NY 13753

607-746-2668

Provides monthly bereavement support groups for all ages, as well as individual bereavement counseling.

Delaware County Emergency Services

607-746-9600

www.dcdes.org

In the event of an emergency (flood, severe winter storm, etc) the DCES web page will contain up-to-date information regarding the location of the emergency, state of emergency, road closures, shelter locations, school closures, and any other news that is important for residents to know.

Heart Healthy Walking Program

607-865-65631

Delaware County Rural Healthcare Alliance

The Healthy Heart Walking program is designed to promote physical activity and heart-healthy living through a ten week program. The program can be implemented in a variety of locations and sites.

Hotlines and Crisis Centers

9-1-1 Clinton Police, Fire, Paramedics	Dial 9-1-1
National Suicide Hotlines	1-800-784-2433 1-800-448-3000
Delaware County Suicide Hotline	1-866-369-6699
National Youth Crisis and Runaway Hotline	1-800-442-4673
Poison Control	1-800-222-1222
Delaware Opportunities Crime Victim Program	607-746-6278
Veterans National Suicide Hotline	1-800-273-8255
Child Abuse Hotline	1-800-342-3720
NYS Domestic and Sexual Violence Hotline	1-800-942-6906
Spanish Language	1-800-942-6908
Adult Protective Services	607-832-5300
Child Protective Services	607-832-5300
Rise NY (SOS Shelter Hotline)	607-754-4340

Dutchess County Community Resources



Mental health refers to a person's condition with regard to their psychological and emotional well-being. Taking care of one's mental health is of critical importance and should be prioritized. Mental Health problems can come in a multitude of forms, and help should be sought if you are experiencing an unusual amount of distress or having difficulty functioning.

Dutchess County Mental Health 845-485-9700
230 North Road, Poughkeepsie, NY 12601

Mental Health America of Dutchess County 845-473-2500
253 Mansion Street, Poughkeepsie, NY 12601

Northern Psychiatric Services 845-298-4350
11 Marshall Road #2L, Wappingers Falls, NY 12590

Spectrum Behavioral Health 845-485-3506
514 W. Haight Avenue, Poughkeepsie, NY 12603

Astor Services for Children & Families 845-471-6004
46 Lincoln Avenue, Poughkeepsie, NY 12601

Riverview Psychiatric Medicine, PC 845-471-1807
370 Violet Avenue, Poughkeepsie, NY 12601

St. Francis Mental Health Clinic 845-431-8286
241 North Road, Poughkeepsie, NY 12601

Hudson Valley Mental Health, Inc. 845-486-2703
7 Market Street, Dover Plains, NY 12522

Southern Dutchess Behavioral 845-632-2939
1285 U.S. 9, Wappingers Falls, NY 12590

Mobile Crisis Intervention and Prevention Team 845-485-9700
24 hours a day, 7 days a week

Alcohol and Drug Abuse/Addiction

Mid-Hudson Alcoholism Recovery Center

845-471-0310

51 Cannon Street, Poughkeepsie, NY 12601

Non-medical alcohol and drug detox services as well as a range of recovery housing for age 18 and over.

The Council on Addiction Prevention & Education

845-765-8301 x104

807 NY-52, Fishkill, NY 12524

Specializes in prevention. Education and counseling to provide the tools to build healthier individuals, families and communities.

Lexington Center for Recovery

845-485-9700

249 Main Street, Beacon, NY 12508

Adolescent program. Begins with a comprehensive evaluation designed to identify problems and concerns for the adolescent and family. Following the evaluation, a therapist will work with the client and family to determine the goals of treatment.

Cornerstone Rhinebeck

845-266-3481

91 Serenity Hill, Rhinebeck, NY 12572

Arms Acres

845-225-3400

75 Seminary Hill Road, Carmel, NY 10512

Samaritan Daytop Village

845-647-8006

88 Fox Hollow Road, Rhinebeck, NY 12572

OASAS (Office of Alcoholism and Substance Abuse Services)

<http://www.oasas.ny.gov/providerdirectory>

Alcoholics Anonymous

845-452-1111

http://www.aa.org/pages/en_US/find-local-aa

Narcotics Anonymous

845-431-9011

<https://www.na.org/meetingsearch/>

Al-Anon/Alateen

845-452-1111

<https://al-anon.org/>

Family Education, Support & Advocacy

Parent Empowerment Classes

845-454-0595

35 Van Wagoner Road, Poughkeepsie, NY 12603

Provides support, information, resources and referrals. Parenting classes are conducted at schools, community centers and PTA meetings as well as in prisons and rehab centers for at-risk parents, and cover such topics as positive discipline and nurturing.

Dutchess County Healthy Families

845-452-3387

A voluntary home visiting agency that provides prenatal and child development information to pregnant and parenting families.

Abbott House Family Assessment & Community Enhancement

845-457-5030 x13525

Serves children and families in need of supportive, structured, and therapeutic interventions. Voluntary, community-based program. Works with families using a Trauma Focused Cognitive Behavioral therapy model, addressing the emotional and behavioral symptoms of traumatized individuals. Provides in-home coaching and parenting skills and crisis intervention.

Relatives as Parents Programs

845-677-8223 x137

Works with older adults and other relatives caring for grandchildren, nieces, nephews, etc. Program provides counseling and advocacy.

The Family Partnership Center

845-452-1110 x3119

29 North Hamilton Street, Poughkeepsie, NY 12601

Catholic Charities Community Services

845-452-1400

218 Church Street, Poughkeepsie, NY 12601

Mid-Hudson Early Childhood Direction Center

845-565-1162

5 Washington Terrace, Newburgh, NY 12550

Cornell Cooperative Extension

845-454-7140

29 North Hamilton Street, Poughkeepsie, NY 12601

CareNet

226 Church Street, Poughkeepsie, NY 12601₁₁

845-471-9284

Housing

Poughkeepsie Housing Authority 845-471-6246
4 Howard Street, Poughkeepsie, NY 12601

Hudson River Housing 845-454-5176
313 Mill Street, Poughkeepsie, NY 12601

Section 8 845-454-5176
1 Overocker Road, Poughkeepsie, NY 12603

Family Promise of the Mid-Hudson Valley 845-383-3764
860 Wolcott Avenue, Beacon, NY 12508

Dutchess County Coalition 845-452-5797
28 Snow Terrace, Poughkeepsie, NY 12601

Central Hudson Home Energy Assistance Program 845-486-5787
284 South Avenue, Poughkeepsie, NY 12601

Community Action Partnership 845-437-0050
77 Cannon Street, Poughkeepsie, NY 12601

HEAP Home Energy Assistance Program 845-486-3249

River Haven Shelter 845-454-3600
99 Thompson Street, Poughkeepsie, NY 12601
Provides emergency shelter for runaway and homeless youth. 845-454-3600
Ages 10 to 17

House of Hope 845-765-0294
Operates a 14 bed residential shelter, which provides 24 hour emergency shelter, crisis intervention and counseling services for victims of domestic violence and their children.

Food and Nutrition Programs- Community Meals

Beulah Baptist Church Soup Kitchen

92 Catharine Street, Poughkeepsie
845-473-1662, Saturdays 11:30-12:30

Dutchess Outreach Food Pantry

29 N. Hamilton Street, Poughkeepsie
845-454-3792
Monday-Friday 8:30am-11:30am

Endtime Harvesters International

Food Pantry, 845-485-2582
668 Dutchess Turnpike, Poughkeepsie
Saturday 12-4pm

God's Helping Hands Food Pantry

120 Hudson Ave., Poughkeepsie
Tuesday 1-3pm, 845-471-7976

Reach Out & Touch Food Pantry

100 Cannon St., Poughkeepsie
Tuesday 9:30-12pm, 845-337-3611

Salvation Army Food Pantry

19 Pershing Ave, Poughkeepsie
Monday-Friday by Appointment Only
845-471-1210

The Potter House Food Pantry

54 Nixon St, Poughkeepsie
Friday 10:30-12:30
845-452-7484

Dutchess CAP Red Hook

44-46 East Market Street, Red Hook
Monday-Friday 8:30-4:30pm
845-876-1611

Dutchess CAP- Poughkeepsie

77 Cannon Street, Poughkeepsie
845-452-5104
Monday-Friday 8:30am-4:30pm

Dutchess Outreach Lunch Box

29 N. Hamilton St, Poughkeepsie
845-471-2522, Wed-Mon 1-3pm,
5-6pm, Tues 11-1pm, 5-6pm

GIFTS, 845-471-2522

29 No. Hamilton St., Poughkeepsie
Mon/Wed/Fri Deliveries

HLPC Missions Supper Kitchen

33 S. Clover St., Poughkeepsie
Sat 5-7pm, 845-473-2439

River Haven ILS Food Pantry

391 Manchester Rd. Poughkeepsie
Mon-Fri 9-5, 845-454-2300

St. Paul's Food Pantry

161 Mansion St., Poughkeepsie
Tues/Weds/Thurs 10am-2pm
845-452-8440

Trinity Temple Food Pantry

19 N. Bridge St, Poughkeepsie
Wednesdays 10am-7pm
845-471-5815

Red Hook UMC Food Pantry

4 Church St., Red Hook
Sunday 1-2:30pm
845-758-6283

Food and Nutrition Programs- Community Meals

St. Vincent De Paul Society

30 Benner Road, Red Hook
3rd Sundays 11:30-1pm
845-758-3732

Reformed Church Food Pantry

6368 Mill St., Rhinebeck
Tuesday & Thursday 10-12pm
845-876-3727

Zion Episcopal Church Food Pantry

12 Satterlee Place, Wappingers Falls
Wednesday 12:30-2pm, 6:30-7:30pm
845-297-9797

Dutchess CAP Beacon, 845-831-2620

10 Eliza Street, Beacon
Mon 9-11am, Wed/Fri 9-11am, 1-2pm

Center of Compassion Food Pantry

52 Mill Street, Dover Plains
Monday-Friday by appointment only
845-877-6168

New Vision Church of Deliverance

831 Route 52, Fishkill
Tuesday & Thursday 11am-1pm
845-202-7199

St. Columba Church, 845-227-7863

835 Route 82, Hopewell Junction
By appointment only

Love Reaches Out Food Pantry

1138 Route 55, Lagrangeville
Weds 10-2pm, 8-8:30pm, Sunday 12-12:30pm
845-452-4673

Community Resource Service Center

126 E. Main St., Pawling, 845-855-3459
Monday-Friday 10am-4pm, Saturday 10am¹²⁴-3pm

Jayne Brooks Food Pantry

6436 Montgomery St., Rhinebeck
Fridays 10am-2pm
845-876-3533

Pathstone, 845-298-8998

29 Marshall Road, Wappingers Falls
Monday-Thursday 9am-2pm

Food of Life Pantry

50 Leedsville Rd, Amenia Union
Fridays 3-5pm, 845-373-9161

St. Andrew's/Luke's Food Pantry

17 South Avenue, Beacon
Saturdays 10-11am
845-831-1369

First Reformed Church

1153 Main St, Fishkill
Monday-Friday by appointment
845-896-454+6

No String Attached

609 Route 82, Hopewell Junction
Monday-Friday by appointment
845-227-7832

Hyde Park Food Pantry

28 Harvey St, Hyde Park
Fridays 9:30-11:30am
845-229-6080

Trinity UMC Food Pantry

6 South Cross Rd, Lagrangeville
Last Thursdays 7-8pm
845-223-3152

Northern Dutchess Hospital 6511 Springbrook Ave, Rhinebeck	845-876-3001
Vassar Brothers Medical Center 45 Reade Pl., Poughkeepsie	845-454-8500
Mid Hudson Regional Hospital 241 North Rd., Poughkeepsie	845-483-5000
VA Hudson Valley Healthcare 9 Castle Point Rd, Wappingers Falls	845-831-2000
The Children's Medical Group 29 Elm Street, Fishkill 104 Fulton Ave, Poughkeepsie	845-452-1700
Health Quest Medical Practice 6511 Springbrook Ave, Rhinebeck	845-871-4253
Planned Parenthood 17 Noxon Street, Poughkeepsie	845-486-3404
Dutchess County Immunizations 387 Main Street, Poughkeepsie	845-562-7800
Family Services, Inc. 50 N. Hamilton St., Poughkeepsie	845-452-1100
Pulse-MD Urgent Care 900 NY-376, Wappingers Falls	845-204-9260
CareMount Medical 2507 South Road, Poughkeepsie	845-471-3111

Child Health Plus

800-698-4543

Child Health Plus offers health insurance to children ages birth through 18 years within New York State who family income falls within certain limits. The purpose of Child Health Plus is to ensure that all eligible children receive the basic, routine, preventive health care that keeps children healthy and protects them from common childhood diseases and illnesses. Child Health Plus is made available by New York State law that provides funding for children's health insurance.

Family Health Plus

877-934-7587

Family Health Plus offers health insurance to individuals ages 19-64 years within New York State who family income falls within certain limits. The purpose of Family Health Plus is to ensure that all eligible individuals receive basic, routine, prevention health care that keeps people healthy and protects them from common diseases and illnesses. Family Health Plus is made available by New York State law that provides funding for individuals health insurance.

Medicaid and Children's Health Insurance Plan (CHIP)

Medicaid and the Children's Health Insurance Plan (CHIP) provide free or low-cost health coverage to millions of Americans, including some low-income people, families and children, pregnant women, the elderly, and people with disabilities. Visit their website to enroll or see if you qualify:

<https://www.healthcare.gov/Medicaid-chip/getting-Medicaid-chip>

Supplemental Security Income (SSI)

1-800-772-1213

A program based on financial need and disability. SSI provides supplemental income and medical insurance.

Employment

Dutchess One Stop 845-473-9000
191 Main Street, Poughkeepsie, NY 12601

Charles S. North Employment, Assistance & Training Station 845-485-3263
100 Little Market Street, Poughkeepsie, NY 12601

St. Francis Employee Assistance 845-485-3710
243 North Road #103, Poughkeepsie, NY 12601

Ethan Allen Workforce Solutions
59 Academy Street, Poughkeepsie, NY 12601 845-471-9667
21 Old Main St #102, Fishkill, NY 12524 845-896-7766

Manpower 845-454-1950
1 Civic Center Plaza #404, Poughkeepsie, NY 12601

English as a Second Language Classes

Dutchess Community College 845-431-8000
53 Pendell Road, Poughkeepsie, NY 12601

Adriance Memorial Library 845-485-3445
93 Market Street, Poughkeepsie, NY 12601

Grace Episcopal Church 845-677-3064
Franklin Avenue, Millbrook, NY 12545

Le Mesa (former St. James Church) 845-877-0224
Reimer Avenue, Dover Plains, NY 12522

St. Paul's Lutheran Church 845-758-0151
Route 9- Broadway, Red Hook, NY 12571

Literacy Connections 845-452-8670
825 Main Street, Poughkeepsie, NY 12601
(they offer free babysitting)

Legal Assistance

Legal Services- Hudson Valley

845-471-0058

29 N. Hamilton Street, Poughkeepsie, NY 12601

Dutchess County Public Defender

845-486-2280

22 Market Street, Poughkeepsie, NY 12601

Mediation Center of Dutchess County

845-471-7213

147 Union Street #102, Poughkeepsie, NY 12601

Transportation

Medicaid Transportation

1-866-244-8995

Dial-A-Ride

845-452-7433

14 Commerce Street, Poughkeepsie, NY 12601

Northeast Dutchess Transit

518-789-4259

51 South Center Street, Millerton, NY 12546

Loop Bus System

845-473-8424

14 Commerce Street, Poughkeepsie, NY 12601

Dutchess County Cab

845-905-6033

Red Hook, NY

Hotlines and Crisis Centers

Child Abuse Hotline	1-800-342-3720
County Suicide Prevention Crisis Number	845-485-9700
Rape Crisis 24 Hour Hotline	845-452-7272
Dutchess County Child Protective Services	845-486-3000
National Suicide Prevention Lifeline	1-800-273-8255
NYS Domestic and Sexual Violence Hotline	1-800-942-6906
Spanish Language	1-800-942-6908
211 Human Services Information Line	Dial 2-1-1
9-1-1 Dutchess Police, Fire, Paramedics	Dial 9-1-1
Poison Control	1-800-222-1222
For poisoning and drug overdoses	
Dutchess County Helpline	845-485-9700

SNAP Benefits	845-486-3250
Child Care Council of Dutchess 70 Overocker Road, Poughkeepsie, NY 12601	845-473-4141
OPWDD Office of Persons with Disabilities 38 Fireman's Way, Poughkeepsie, NY 12603	845-473-5050
Second Hand Rose 450 Main Street, Poughkeepsie, NY 12601 Clothing assistance	845-471-5266
Anderson Center for Autism Consulting Services 4885 Route 9, Staatsburg, NY 12580	845-889-9616
Four Winds Hospital 800 Cross River Road, Katonah, NY 10536	800-546-1770
Taconic Resources of Independence, Inc. 82 Washington Street #214, Poughkeepsie, NY 12601	845-452-3913
DC BOCES Programs 5 BOCES Road, Poughkeepsie, NY 12601	845-486-4840
Grace Smith House	845-471-3033
Liberty Partnership Program 29 N. Hamilton Street, Poughkeepsie, NY 12601	845-454-4199
Hudson Valley Community Center 110 South Grand Avenue, Poughkeepsie, NY 12601	845-471-0430
R.E.A.L Skills Network 29 North Hamilton Street, Office 112, Poughkeepsie, NY 12601	845-452-6088 x3169
Job Corps	800-733-5627

Erie County Community Resources



Mental Health

Also referred to as outpatient services or therapy and this service combined with psychiatric care have been found to be effective in treating mental illness. Services are provided by professionals who may be social workers, psychologists or certified mental health counselors, either one-on-one or with a family and are paid for either by health insurance or via sliding scale based on income.

Mental Health Association- Erie County 716-886-1242
999 Delaware Avenue, Buffalo, NY 14209

Buffalo Psychiatric Center 716-885-2261

BryLin Hospital 716-886-8200
1263 Delaware Avenue, Buffalo, NY 14209

Lake Shore Behavioral Health 716-884-0700
951 Niagara Street, Buffalo, NY 14213

Horizon Health Service 716-831-2700
3020 Bailey Avenue, Buffalo, NY 14215

Northwest Community Mental Health Center 716-882-5959
1300 Niagara Street, Buffalo, NY 14213

Mental Health Services- Erie County 716-662-2040
227 Thorn Avenue #19, Orchard Park, NY 14127

Mid Erie Mental Health Services 716-855-1385
608 William Street, Buffalo, NY 14206

Monsignor Carr Institute 716-895-1033
20 Rich Street, Buffalo, NY 14211

Child & Family Services 716-842-2750
330 Delaware Avenue, Buffalo, NY 14202

Alcohol and Drug Abuse/Addiction

Alcohol/drug abuse and addiction cause problems at work, school, home, and in relationships. Abuse and addiction can be treated with proper support and care. There are a multitude of resources available.

Erie County Council Prevention of Alcohol and Substance Abuse

716-831-2298, 1625 Hertel Avenue, Buffalo, NY 14216

Casa Di Vita

914-595-4327

200 Albany Street, Buffalo, NY 14213

Beacon Center

716-853-0243

295 Main Street #105, Buffalo, NY 14203

STAR- Amherst

716-862-2059

3730 Sheridan Drive, Buffalo, NY 14226

ECMC Outpatient Downtown Clinic

585-250-7166

1285 Main Street, Buffalo, NY 14209

Mid-Erie Counseling & Treatment Services

716-896-7350

1131 Broadway, Buffalo, NY 14212

OASAS (Office of Alcoholism and Substance Abuse Services)

<http://www.oasas.ny.gov/providerdirectory>

Alcoholics Anonymous

716-853-0388

http://www.aa.org/pages/en_US/find-local-aa

Alcoholics Anonymous meetings are a good choice for many. Most AA programs also hold Al-anon meetings which are for family members of alcoholics.

Narcotics Anonymous

716-878-2316

<https://www.na.org/meetingsearch/>

Narcotics Anonymous meetings are for substance abusers whose drug of choice is not necessarily alcohol.

Al-Anon/Alateen

716-856-2520

<https://al-anon.org/>

Housing

Erie County Housing 158 Pearl Street, Buffalo, NY 14202	716-858-8000
Buffalo Housing Authority 476 Louisiana Street, Buffalo, NY 14204 300 Perry Street, Buffalo, NY 14204	716-855-0081 716-855-6711
Belmont Housing Resources for WNY 1195 Main Street, Buffalo, NY 14209	716-884-7791
Black Rock-Riverside Neighborhood Housing Services 203 Military Road, Buffalo, NY 14207	716-877-3910
West Side Neighborhood Housing Services 359 Connecticut Street, Buffalo, NY 14213	716-885-2344
Neighborhood Housing Services, Inc. 1937 South Park Avenue, Buffalo, NY 14220	716-823-3630

Legal Services

Neighborhood Legal Services 237 Main Street #400, Buffalo, NY 14203	716-847-0650
Legal Aid Bureau of Buffalo, Inc. 290 Main Street, Buffalo, NY 14202	716-853-9555
Volunteer Lawyers Project 237 Main Street #1000, Buffalo, NY 14203	716-847-0662
Public Defenders Office 50 Delaware Avenue #4, Buffalo, NY 14202	716-855-1553

Food and Nutrition Programs

Durham-Metro Dining Room

200 East Eagle St, Buffalo, NY 14202
716-856-4943

Primera Food Pantry

62 Virginia St., Buffalo, NY 14201
716-845-6097

Belle Center Food Pantry

104 Maryland St., Buffalo, NY 14201
716-845-0485

First Shiloh Baptist Church

15 Pine St., Buffalo, NY 14204
716-847-6555

Salvation Army- Buffalo

960 Main St., Buffalo, NY 14202
716-883-9800

Macedonia Baptist Church Pantry

237 E. North St., Buffalo, NY 14204
716-886-3489

Deliverance Temple Food Pantry

179 Sherman St., Buffalo, NY 14212
716-852-2344

Valley Community Association Pantry

93 Leddy St., Buffalo, NY 14210
716-823-4707

State Tabernacle Soup Kitchen

234 Glenwood Ave., Buffalo, NY 14208
716-886-3403

Citizens Community Development

134 William St., Buffalo, NY 14204
716-852-2324

City Mission Society Pantry

100 E. Tupper St., Buffalo, NY 14203
716-854-8181

Buffalo Urban League Pantry

86 Pine St., Buffalo, NY 14204
716-847-8951

Friends of Night People

394 Hudson St., Buffalo, NY 14201
716-884-5375

Catholic Charities Fulton

170 Fulton St., Buffalo, NY 14204
716-853-4456

Old First Ward Pantry

62 Republic St., Buffalo, NY 14204
716-856-8613

St. Vincent DePaul Dining Room

1298 Main St., Buffalo, NY 14209
716-882-3360

Catholic Charities Rich St.

930 Genesee St., Buffalo, NY 14211
716-332-1168

Polonia Hall Food Pantry

385 Paderweski Dr., Buffalo, NY 14212
716-893-7222

Food and Nutrition Programs

Matt Urban Center Food Pantry

1081 Broadway, Buffalo, NY 14212
716-897-4100

St. Patrick's Pantry

1119 William St., Buffalo, NY 14206
716-768-4717

Brighton Food Pantry

1225 Brighton Rd., Tonawanda, NY 14150
716-832-4889

New Beginnings Food Pantry

100 Willow Ridge Dr., Amherst, NY 14228
716-691-9456

Town Square Food Pantry

2710 N. Forest Rd., Getzville, NY 14068
716-218-1400

North Tonawanda Inter-Church

100 Ridge St., N. Tonawanda, NY 14120
716-692-8552

The Well

995 Dodge Road, Getzville, NY 14068
716-688-8668

WIC Women, Infants and Children

Catholic Charities of Buffalo
741 Delaware Avenue, Buffalo, NY 14209

SNAP Supplemental Nutrition Assistance Program

158 Pearl Street, Buffalo, NY 14202

Seneca Babcock Food Pantry

1168 Seneca St., Buffalo, NY 14210
716-822-5094

Response to Love Center

130 Kosciuszko St., Buffalo, NY 14212
716-894-7030

St. Martha's Pantry

10 French Rd., Depew, NY 14043
716-206-0387

Tri Community Food Pantry

722 Terrace Blvd., Depew, NY 14043
716-949-0498

Trinity Pantry

5448 Broadway St, Lancaster, NY 14086
716-683-1111

Evangel Food Pantry

8180 Greiner Rd, Williamsville, NY 14221
716-688-4941

Salvation Army- Tonawanda

46 Broad St., Tonawanda, NY 14150
716-693-3110

716-218-1400

716-858-7239

Family Resources

Child & Family Services 716-842-2750
330 Delaware Avenue, Buffalo, NY 14202

Catholic Charities of Buffalo 716-856-4494
741 Delaware Avenue, Buffalo, NY 14209

Family Justice Center- Erie County 716-558-7233
438 Main Street #201, Buffalo, NY 14202
Free services for domestic violence victims and their children through an extensive collaboration with several partner agencies, all located in one secured, comfortable location, where victims can get all the services they need to safely escape abuse.

National Federation for Just Communities 716-853-9598
360 Delaware Avenue, Suite 106, Buffalo, NY 14202
Designed to assist young men and women between the ages of 16-21 who become involved with the Criminal Justice System for the first time.

Haven House- Child & Family Services 716-884-6002
www.cfsbny.org
Provides emergency shelter services for domestic violence victims and their children as well as a 24 hour hotline.

Family Help Center 716-892-2172
60 Dingens Street, Buffalo, NY 14206
Offers a comfortable and nurturing environment for group interaction, child care programming, parent training sessions, family socials and a variety of other functions.

Child Care Resource Network 716-877-666
1000 Hertel Avenue, Buffalo, NY 14216
Promotes quality, affordable, accessible care and learning for all children by supporting and empowering families and caregivers.

Parent Network of WNY 716-332-4175
1000 Main Street, Buffalo, NY 14202
Provides education and resources for families or individuals with special needs (birth through adulthood) and for professionals. 137

Health and Medical

Erie County Health Department 95 Franklin Street, Buffalo, NY 14202	716-858-7690
Erie County Medical Center 462 Grider Street, Buffalo, NY 14215	716-898-3000
Erie County Emergency Medical 3359 Broadway, Buffalo, NY 14227	716-681-6070
Erie County Women's Health Services 1500 Broadway, Buffalo, NY 14212	716-891-2006
Amherst Health Center 1185 Sweet Home Road, Buffalo, NY 14226	716-689-0040
Neighborhood Health Center 300 Niagara Street, Buffalo, NY 14201	716-875-2904
St. Vincent Health Center 1500 Broadway, Buffalo, NY 14212	716-893-8550
WNY Immediate Care 2497 Delaware Avenue, Buffalo, NY 14216 3050 Orchard Park Road, Buffalo, NY 14224 7616 Transit Road, Buffalo, NY 14221	716-874-2273 716-675-3700 716-204-2273
MASH Urgent Care 3980 Sheridan Drive #101, Buffalo, NY 14226 3190 Niagara Falls Boulevard, Buffalo, NY 14228 4827 Transit Road, Depew, NY 14043 3245 Southwestern Boulevard, Orchard Park, NY 14127	716-929-2800 716-799-8190 716-771-3394 716-362-8777
Lighthouse Free Medical Clinic 1315 Jefferson Avenue, Buffalo, NY 14208	716-222-0805
Mercy Ambulatory Care Center 3669 Southwestern Boulevard, Orchard Park, NY 14127	716-662-0500

Child Health Plus

800-698-4543

Child Health Plus offers health insurance to children ages birth through 18 years within New York State who family income falls within certain limits. The purpose of Child Health Plus is to ensure that all eligible children receive the basic, routine, preventive health care that keeps children healthy and protects them from common childhood diseases and illnesses. Child Health Plus is made available by New York State law that provides funding for children's health insurance.

Family Health Plus

877-934-7587

Family Health Plus offers health insurance to individuals ages 19-64 years within New York State who family income falls within certain limits. The purpose of Family Health Plus is to ensure that all eligible individuals receive basic, routine, prevention health care that keeps people healthy and protects them from common diseases and illnesses. Family Health Plus is made available by New York State law that provides funding for individuals health insurance.

Medicaid and Children's Health Insurance Plan (CHIP)

Medicaid and the Children's Health Insurance Plan (CHIP) provide free or low-cost health coverage to millions of Americans, including some low-income people, families and children, pregnant women, the elderly, and people with disabilities. Visit their website to enroll or see if you qualify:

<https://www.healthcare.gov/Medicaid-chip/getting-Medicaid-chip>

Supplemental Security Income (SSI)

1-800-772-1213

A program based on financial need and disability. SSI provides supplemental income and medical insurance.

Employment

Buffalo Employment & Training 77 Goodell Street, Buffalo, NY 14203	716-856-8139
Center for Employment Opportunities 170 Franklin Street, Buffalo, NY 14202	716-842-6320
Buffalo & Erie County Workforce 726 Exchange Street #630, Buffalo, NY 14210	716-819-9845
Express Employment Professionals 3140 Sheridan Drive #2, Amherst, NY 14226	716-833-3348
Key Resource Group, LLC 135 Delaware Avenue #407, Buffalo, NY 14202	716-631-3951
Selective Staffing Solutions 1775 Wehrle Drive, Buffalo, NY 14221	716-634-3300
Staffing Solutions of WNY, Inc. 1560 Harlem Road, Suite 1, Buffalo, NY 14206	716-551-0242
Affinity Personnel Solutions 3407 Delaware Avenue, Buffalo, NY 14217	716-877-9777

Veterans' Services

VA Buffalo Regional Benefit Office 130 S. Elmwood Avenue, Suite 601, Buffalo, NY 14202	800-827-1000
Buffalo Vet Center 2372 Sweet Home Road #1, Buffalo, NY 14228	716-862-7350
Veterans' One-Stop Center of WNY 1280 Main Street, Buffalo, NY 14209	716-898-0110

Other Resources

Clarence Youth Bureau 1050 Main Street, Clarence, NY 14031	716-407-2162
Hamburg Youth Bureau 4540 Southwester Boulevard, Hamburg, NY 14075	716-646-9406
Lackawanna Youth Bureau 714 Ridge Road, Room 216, Lackawanna, NY 14218	716-827-6475
Lancaster Youth Bureau 200 Oxford Avenue, Lancaster, NY 14086	716-683-4444
Orchard Park Youth Bureau 6595 East Quaker Street, Orchard Park, NY 14127	716-662-4474
City of Tonawanda Youth Bureau 200 Niagara Street, Tonawanda, NY 14150	716-694-0040
Town of Tonawanda Youth Bureau 2440 Sheridan Drive, Suite 105, Tonawanda, NY 14150	716-831-1001
West Seneca Youth Bureau 1250 Union Road, West Seneca, NY 14224	716-558-3233
Southtowns Family YMCA 1620 Southwester Boulevard, Buffalo, NY 14224	716-674-9622
Delaware Family YMCA 2564 Delaware Avenue, Buffalo, NY 14216	716-875-1283
Northeast Family YMCA 4433 Main Street, Buffalo, NY 14226	716-839-2543
YWCA 1005 Grant Street #C, Buffalo, NY 14207	716-852-6120

Hotlines and Crisis Centers

Police-Fire-Ambulance	Dial 9-1-1
County Suicide Prevention Crisis Number	716-834-3131
Buffalo Victim Assistance Program	716-875-8108
District Attorney Victim Assistance	716-858-4640
Native American Crime Victim Assistance	1-800-276-6632
Neighborhood Crime Victim Assistance	716-897-4100
24 Hour Addiction Hotline	716-831-7007
Kids Helpline	716-834-1144
Missing Children Hotline	1-800-843-5678
National Suicide Prevention Hotline	1-800-273-8255
National Domestic Violence Hotline	1-800-799-7233
National Runaway Switchboard	1-800-786-2929
ChildHELP USA National Child Abuse Hotline	1-800-4-A-CHILD
National Eating Disorders Association	1-800-931-2237

Franklin County Community Resources



Mental health refers to a person's condition with regard to their psychological and emotional well-being. Taking care of one's mental health is of critical importance and should be prioritized. Mental Health problems can come in a multitude of forms, and help should be sought if you are experiencing an unusual amount of distress or having difficulty functioning.

Mental Health Associates 7 Pearl Street #1, Malone, NY 12953	518-521-5307
North Star Mental Health Center 209 East Park Street, Malone, NY 12953	518-483-3261
Citizen Advocates 70 Edgewood Road, Saranac Lake, NY 12983	518-891-5444
Counseling and Psychology Services 21 Elm Street, Malone, NY 12953	518-483-0958
Crimson Phoenix Club 81 Fort Covington Street, Malone, NY 12953	518-483-1689
Franklin County ARC 66 Baker Street, Saranac Lake, NY 12983	518-891-7429
Franklin County Community Services 70 Edgewood Road, Saranac Lake, NY 12983	518-891-2280
North Country Behavioral Healthcare Network 126 Kiwassa Road, Saranac Lake, NY 12983	518-891-9460
North Star Behavioral Health Services 17 Main Street, Saranac Lake, NY 12983	518-891-2319
Alice Hyde Medical Center 133 Park Street, Malone, NY 12953	518-483-3000

Alcohol and Drug Abuse/Addiction

Alcohol/drug abuse and addiction cause problems at work, school, home, and in relationships. Abuse and addiction can be treated with proper support and care. There are a multitude of resources available.

North Star Substance Abuse Services 24 4 th Street, Malone, NY 12953	518-483-8980
North Star Chemical Dependency 209 East Park Street, Malone, NY 12953	518-240-9266
St. Regis Mohawk Tribe Alcohol 447 Frogtown Road, Hogansburg, NY 13655	518-358-2967
Partridge House 25 St. Regis Road, Hoagansburg, NY 13655	518-358-2223
St. Joseph's Addiction Treatment & Recovery Center 159 Glenwood Drive, Saranac Lake, NY 12983	877-813-8647
St. Joseph's Addiction Treatment 458 East Main Street, Malone, NY 12953	518-483-6566
OASAS (Office of Alcoholism and Substance Abuse Services) http://www.oasas.ny.gov/providerdirectory	
Alcoholics Anonymous http://www.aa.org/pages/en_US/find-local-aa	518-481-4606
Narcotics Anonymous https://www.na.org/meetingsearch/	888-399-5519
Al-Anon/Alateen https://al-anon.org/	888-4AL-ANON

Family Support

Families 'R Us Resource Center 518-481-7281

3372 State Route 11, Suite B, Malone, NY 12953

Family Matters Resource Center 518-359-8167

40 Marion Street, Tupper Lake, NY

Franklin County Youth Bureau 518-481-1697

355 West Main Street, Malone, NY 12953

Cornell Cooperative Extension 518-483-7403

355 West Main Street, Suite 150, Malone, NY 12953

Literacy Volunteers of Essex and Franklin Counties www.literacyef.com

Malone YMCA 518-483-2354

326 West Main Street, Malone, NY 12953

Franklin County Reality Check 518-521-3496

326 West Main Street, Malone, NY 12953

Adirondack for Kids 518-483-3835

17 Junction Road, Malone, NY 12953

Akwesasne Boys & Girls Club 518-358-9911

37 Roosevelt Highway, Hogansburg, NY 13655

Malone Adult Center 518-483-6611

14906 NY-30, Malone, NY 12953

Knights of Columbus 518-483-5431

41 Elm Street, Malone, NY 12953

Catholic Charities 518-483-1460

57 Rennie Street, Malone, NY 12953

Food and Nutrition Programs

Tupper Lake Community

Food Pantry

179 Demars Blvd #2, Tupper Lake
518-359-3080

First Baptist Church

54 Jane St., Malone
518-483-0585

St. Thomas Episcopal Church

8 Brentwood St., Tupper Lake
518-359-8786

Wesleyan Church

Finney Blvd, Malone
518-483-9170

WIC Women, Infants and Children

380 County Route 51, Malone, NY 12953

SNAP Supplemental Nutrition Assistance Program

355 West Main Street #331, Malone, NY 12953

St. Vincent de Paul Society

6 Homestead Park, Malone
518-483-5523

First Congregational Church

2 Clay St., Malone
518-483-3950

Nazarene Church

8065 NY-3, Vermontville
518-891-0859

Birthright

36 Branch St., Malone
518-483-7430

518-483-0109

518-483-6770

Housing

Malone Housing Authority 215 Elm Street #13, Malone, NY 12953	518-483-3070
Franklin County Community Housing 95 West Main Street, Malone, NY 12953	518-483-5934
Malone Housing Authority Maintenance 77 Catherine Street #50, Malone, NY 12953	518-483-2333
Akwesasne Housing Authority 378 NY-37 A, Hogansburg, NY 13655	518-358-9020
North Star Supported Housing 81 Fort Covington Street, Malone, NY 12953	518-483-8729
Neighborhood Revitalization 343 West Main Street, Malone, NY 12953	518-483-1261
HEAP Home Energy Assistance Program 184 Finney Boulevard, Malone, NY 12953	518-481-1808

Employment

Malone OneWorkSource Center 158 Finney Boulevard, Malone, NY 12953	518-481-5755
Franklin-Essex-Hamilton BOCES 23 Huskie Lane, Malone, NY 12953	518-483-6420
Career Visions 246 West Main Street #3, Malone, NY 12953	518-483-3553
Akwesasne Employment Resource 611 NY-37, Hogansburg, NY 13655	518-358-3047

Alice Hyde Medical Center 133 Park Street, Malone, NY 12953	518-483-3000
Alice Hyde Walk-in Clinic 134 Park Street, Malone, NY 12953	518-481-2800
Mountain Medical Urgent Care 3372 US-11, Malone, NY 12953	518-521-3322
Planned Parenthood 246 West Main Street, Malone, NY 12953	518-483-7150
Alice Hyde Women's Health 16 3 rd Street, Malone, NY 12953	518-481-2896
Main Street Medical Group 5 Clay Street, Malone, NY 12953	518-483-0705
Community Health Center of the North Country 380 Co Hwy 51, Malone, NY 12953	518-483-0109
Dwyer Health Center 969 US-11, Moira, NY 12957	518-481-8480
Bessette Health Center 6087 US-11, Chateaugay, NY 12920	518-481-8450
Adirondack Internal Medicine & Pediatrics, PC 7 Stetson Road #201, Tupper Lake, NY 12986	518-359-7222
North Country Family Physicians 6 North Main Street, St. Regis Falls, NY 12980	518-856-9340
American Red Cross 41 Broadway Street, Saranac Lake, NY 12983	800-733-2767

Child Health Plus

1-800-231-0744

Child Health Plus offers health insurance to children ages birth through 18 years within New York State who family income falls within certain limits. The purpose of Child Health Plus is to ensure that all eligible children receive the basic, routine, preventive health care that keeps children healthy and protects them from common childhood diseases and illnesses. Child Health Plus is made available by New York State law that provides funding for children's health insurance.

Family Health Plus

1-877-934-7587

Family Health Plus offers health insurance to individuals ages 19-64 years within New York State who family income falls within certain limits. The purpose of Family Health Plus is to ensure that all eligible individuals receive basic, routine, prevention health care that keeps people healthy and protects them from common diseases and illnesses. Family Health Plus is made available by New York State law that provides funding for individuals health insurance.

Medicaid and Children's Health Insurance Plan (CHIP)

Medicaid and the Children's Health Insurance Plan (CHIP) provide free or low-cost health coverage to millions of Americans, including some low-income people, families and children, pregnant women, the elderly, and people with disabilities. Visit their website to enroll or see if you qualify:

<https://www.healthcare.gov/Medicaid-chip/getting-Medicaid-chip>

Supplemental Security Income (SSI)

1-800-772-1213

A program based on financial need and disability. SSI provides supplemental income and medical insurance.

Legal Services

Legal Aid Society of Northeast New York, Inc. 100 Court Street, Plattsburgh, NY 12901	518-563-4022
Rural Law Center 22 US Oval, Plattsburgh, NY 12901	518-561-5460
Alternative Dispute Resolution Center Frogtown Road, Suite 200, Hogansburg, NY 13655	518-358-2255
Franklin County Law Guardian 436 East Main Street, Malone, NY 12953	518-483-1950
Family Law Public Defender 355 West Main Street #255, Malone, NY 12953	518-481-1593

Veterans' Services

Franklin County Veterans Services 355 West Main Street #438, Malone, NY 12953	518-481-1540
New York Veterans Affairs Division 39 Main Street, Saranac Lake, NY 12983	518-891-1572
Veterans Services 120 Demars Boulevard, Tupper Lake, NY 12986	518-359-9261
Amvets 1474 Co Hwy 25, Malone, NY 12953	518-483-7177

Hotlines and Crisis Centers

Suicide Hotline	1-800-784-2433
Malone Region Suicide Prevention Crisis Number	518-483-3261
Saranac Lake Region Suicide Prevention Crisis Number	518-891-5535
National Suicide Prevention Crisis Number	1-800-273-8255
National Domestic Violence Hotline	1-800-799-7233
NYS Coalition against Domestic Violence	1-800-942-6906
ComLinks DV Family Services	1-800-834-9474
National Runaways Switchboard	1-800-RUNAWAY
Abused/Neglected Children (NYS)	1-800-342-3720
Franklin County Sheriff's Department	518-483-3304
New York State Police	518-483-5000
Tupper Lake Police Department	518-359-3776
Malone Police Station	518-483-2424
Saint Regis Mohawk Tribal Police	518-358-9200

Fulton County Community Resources



Mental Health

Also referred to as outpatient services or therapy and this service combined with psychiatric care have been found to be effective in treating mental illness. Services are provided by professionals who may be social workers, psychologists or certified mental health counselors, either one-on-one or with a family and are paid for either by health insurance or via sliding scale based on income.

Mental Health Association 518-762-5332
307 Meadow Street #1, Johnstown, NY 12095

Fulton County Mental Health 518-773-3531
57 East Fulton Street, Gloversville, NY 12078

St. Mary's Mental Health Clinic 518-841-7359
427 Guy Park Avenue, Amsterdam, NY 12010

The Family Counseling Center 518-725-4310
11-21 Broadway Street, Gloversville, NY 12078

Upstate Psychological Solutions 518-775-7530
248 Kingsboro Avenue, Gloversville, NY 12078

Crossroads Counseling Associates 518-736-1100
55 East Main Street #220, Johnstown, NY 12095

Catholic Charities 518-762-8313
55 East Main Street, Suite 100, Johnstown, NY 12095

Northeast Parent and Child Society 518-736-1784
338 N. Comrie Avenue, Johnstown, NY 12095

Lexington Center 518-762-0024
465 N. Perry Street, Johnstown, NY 12095

Fulton Friendship House 518-725-1512
18 Cayadutta Street, Gloversville, NY 12078

Alcohol and Drug Abuse/Addiction

Alcohol/drug abuse and addiction cause problems at work, school, home, and in relationships. Abuse and addiction can be treated with proper support and care. There are a multitude of resources available.

HFM Prevention Council 518-736-8188
86 Briggs Street, Suite 5, Johnstown, NY 12095

St. Mary's Hospital of Amsterdam- Addiction Services 518-773-3532
73 North Main Street, Third Floor, Gloversville, NY 12078

OASAS (Office of Alcoholism and Substance Abuse Services)
<http://www.oasas.ny.gov/providerdirectory>

Alcoholics Anonymous 518-463-0906
http://www.aa.org/pages/en_US/find-local-aa

Alcoholics Anonymous meetings are a good choice for many. Most AA programs also hold Al-anon meetings which are for family members of alcoholics.

Narcotics Anonymous 518-465-7388
<https://www.na.org/meetingsearch/>

Narcotics Anonymous meetings are for substance abusers whose drug of choice is not necessarily alcohol.

Al-Anon/Alateen 518-736-2644
<https://al-anon.org/>

Housing

Gloversville Housing Authority 181 West Street, Gloversville, NY 12078	518-773-7308
St Johnsville Housing Authority 11 Old Meadow Drive, St Johnsville, NY 13452	518-568-2214
Fulton Public Assistance 4 Daisy Lane, Johnstown, NY 12095	518-736-5600
HEAP Home Energy Assistance Program 4 Daisy Lane, Johnstown, NY 12095	518-736-5600

Legal Services

Fulton County Public Defender 55 East Main Street #20, Johnstown, NY 12095	518-736-5820
Legal Aid Society of Northeast New York, Inc. 1 Kimball Street, Amsterdam, NY 12010	518-842-9466

Veterans' Services

Fonda Outpatient Clinic of the Albany VA 2623 State Highway 30A, Fonda, NY 12068	518-853-1247
Fulton County Veterans Service Agency 19 N. William Street, Johnstown, NY 12095	518-736-5650
VA Medical Center 113 Holland Avenue, Albany, NY 12208	518-626-5000

Food and Nutrition Programs

SNAP Supplemental Nutritional Assistance Program

518-736-5600

4 Daisy Lane, Johnstown, NY 12095

WIC Women, Infants and Children

518-725-2310

53 Church Street, Gloversville, NY 12078

33 Bleeker Center of Hope

33 Bleeker Street, Gloversville

518-921-4177

Call of days and hours of operation

A.M.E. Zion Church Food Pantry

135 E. Fulton Street, Gloversville

518-725-3516

Fourth Thursday of the month 11-12pm

Bread of Life Food Pantry

221 Reed Street, Northville

518-863-4595

Thursday, 10:30-11:30am

Broadalbin Ecumenical Food Pantry

67 Main Street, Broadalbin

518-883-5247

Monday 3:30-5pm; Thursday 9:30-11am

Salvation Army Free Meals

10 Spring Street, Gloversville

Mon, Tues, Thurs 10-12pm, 4:30pm

518-725-4119

Fulmont Community Action Pantry

511 Bridge Street, Northville

518-863-2177

Call of days and hours of operation

Mayfield Presbyterian Church

22 N. Main Street, Mayfield

518-661-6566

1st and 3rd Tuesdays, 12:30-4:30pm

St. John's Episcopal Church

1 N. Market Street, Johnstown

518-762-9210

By appointment only.

Holy Trinity Catholic Church

205 Glebe Street, Johnstown

518-725-7323

Call of days and hours of operation

North Bush United Methodist Church

1009 North Bush Road, Caroga Lake

518-835-6884

Call of days and hours of operation

Gloversville Enlarged School District Food Pantry at Park Terrace Elementary

50 Bloomingdale Avenue, Gloversville

518-775-5750

Tuesday 4-6pm, when school is in session/Summer hours may vary

Health and Medical

Nathan Littauer Hospital and Nursing Home 99 E. State Street, Gloversville, NY 12078	518-725-8621
St. Mary's Hospital at Amsterdam 427 Guy Park Avenue, Amsterdam, NY 12010	518-842-1900
Caroga Lake Primary Care 1840 State Highway 10, Caroga Lake, NY 12032	518-835-2341
Johnstown Decker Drive 110 Decker Drive, Suite 100, Johnstown, NY 12095	518-762-6731
Johnstown Primary Care 23 S. Perry Street, Johnstown, NY 12095	518-736-1500
Gloversville Steele Avenue Center 182 Steele Avenue, Gloversville, NY 12078	518-773-7520
Mayfield Primary Care 2497 State Highway 30, Mayfield, NY 12117	518-661-5493
Perth-Broadalbin Primary Care 4104 State Highway 30, Amsterdam, NY 12010	518-883-8620
Speculator Primary Care 148 State Highway 8, Speculator, NY 12164	518-548-8155
New Dimensions in Living, Inc. 40 Wall Street, Amsterdam, NY 12010	518-843-2575
St Mary's Hospital- Family Health Center 84 E. State Street, Gloversville, NY 12078 700 S. Perry Street, Johnstown, NY 12095 331 Bridge Street, Northville, NY 12134	518-773-8894 518-762-3161 518-863-4200

Child Health Plus

800-698-4543

Child Health Plus offers health insurance to children ages birth through 18 years within New York State who family income falls within certain limits. The purpose of Child Health Plus is to ensure that all eligible children receive the basic, routine, preventive health care that keeps children healthy and protects them from common childhood diseases and illnesses. Child Health Plus is made available by New York State law that provides funding for children's health insurance.

Family Health Plus

877-934-7587

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Medicaid and Children's Health Insurance Plan (CHIP)

Medicaid and the Children's Health Insurance Plan (CHIP) provide free or low-cost health coverage to millions of Americans, including some low-income people, families and children, pregnant women, the elderly, and people with disabilities. Visit their website to enroll or see if you qualify:

<https://www.healthcare.gov/Medicaid-chip/getting-Medicaid-chip>

Supplemental Security Income (SSI)

1-800-772-1213

A program based on financial need and disability. SSI provides supplemental income and medical insurance.

Employment

Workforce Solutions Center 199 South Main Street, Gloversville, NY 12078	518-725-6473
AccuStaff 106 West Main Street, Johnstown, NY 12095	518-736-1893
FMS Workforce Solutions Center 43-47 North Main Street, Gloversville, NY 12078	518-725-6473
The Workforce Solutions Centers 2620 Riverfront Center, Amsterdam, NY 12010	518-842-3676

Other Resources

Fulton County YMCA 213 Harrison Street, Johnstown, New York 12095	518-848-3447
Gloversville Branch YMCA 19 East Fulton Street, Gloversville, NY 12078	518-725-0627
Healthlink Littauer 2 Colonial Court, Johnstown, NY 12095	518-736-1120
Community Health Center 2-8 West Main Street, Johnstown, NY 12095	518-762-8215
Lexington Family Services 18 East Fulton Street, Gloversville, NY 12078	518-773-2014
Fulton ARC 465 North Perry Street, Johnstown, NY 12095	518-773-7931
Catholic Charities 4 Nicholas Street, Johnstown, NY 12095	518-762-8313
Fulton County Youth Bureau 223 West Main Street, Johnstown, NY 12095 ¹⁶⁰	518-736-5505

Police-Fire-Ambulance	Dial 9-1-1
County Suicide Prevention Crisis Number	518-842-9111
District Attorney Victim Assistance	518-736-5511
National Suicide Prevention Hotline	1-800-273-8255
National Domestic Violence Hotline	1-800-799-7233
National Runaway Switchboard	1-800-786-2929
ChildHELP USA National Child Abuse Hotline	1-800-4-A-CHILD
National Eating Disorders Association	1-800-931-2237

Genesee County Community Resources



Mental health refers to a person's condition with regard to their psychological and emotional well-being. Taking care of one's mental health is of critical importance and should be prioritized. Mental Health problems can come in a multitude of forms, and help should be sought if you are experiencing an unusual amount of distress or having difficulty functioning.

Genesee County Mental Health 5130 East Main Street Road Suite #2, Batavia, NY 14020	585-344-1421
Horizon Batavia Recovery Center 314 Ellicott Street, Batavia, NY 14020	585-815-0247
A Place for Change 200 East Main Street #6A, Batavia, NY 14020	585-344-2636
Restoration Society, Inc. 220 East Main Street, Batavia, NY 14020	585-343-9162
Oatka Valley Associates 405 East Main Street, Batavia, NY 14020	585-344-1536
Agape Counseling Associates 350 Bank Street, Batavia, NY 14020	585-385-6030
Batavia Neurological Services 176 Washington Avenue, Batavia, NY 14020	585-344-3190

Alcohol and Drug Abuse/Addiction

Alcohol/drug abuse and addiction cause problems at work, school, home, and in relationships. Abuse and addiction can be treated with proper support and care. There are a multitude of resources available.

Genesee Council on Alcoholism 585-343-1124
430 East Main Street, Batavia, NY 14020

Genesee/Orleans Council 585-768-4390
5 East Main Street, Le Roy, NY 14482

Cazanovia Recovery Systems 585-343-3094
222 Richmond Avenue, Batavia, NY 14020

Horizon Batavia Recovery Center 585-815-0247
314 Ellicott Street, Batavia, NY 14020

DWI Victim Impact Panel 585-304-0048
430 East Main Street, Batavia, NY 14020

OASAS (Office of Alcoholism and Substance Abuse Services)
<http://www.oasas.ny.gov/providerdirectory>

Alcoholics Anonymous 888-854-8322
http://www.aa.org/pages/en_US/find-local-aa

Narcotics Anonymous 585-234-7889
<https://www.na.org/meetingsearch/>

Al-Anon/Alateen 888-425-2666
<https://al-anon.org/>

Family Support

YWCA 301 North Street, Batavia, NY 14020	585-343-5808
YMCA 209 East Main Street, Batavia, NY 14020	585-344-1664
Genesee County Youth Bureau 2 Bank Street, Batavia, NY 14020	585-344-3960
Batavia SVC Center 5 Jackson Street, Batavia, NY 14020	585-344-7050
Cornell Cooperative Extension 420 East Main Street, Batavia, NY 14020	585-343-3040
Hillside Children's Center Batavia City, 50 Center Street, Batavia, NY 14020	585-344-0134
Underground Youth Center 27 South Lake Avenue, Bergen, NY 14416	585-494-0330
Catholic Charities 25 Liberty Street #7, Batavia, NY 14020	585-343-0614
Genesee ARC 64 Walnut Street, Batavia, NY 14020	585-343-1123
Community Action Center 5073 Clinton Street Road, Batavia, NY 14020	585-343-7798
Path Stone 106 Main Street #8, Batavia, NY 14020	585-343-3861
Child Care Resource Referral 5073 Clinton Street Road, Batavia, NY 14020	585-434-7727

Housing

Batavia Housing Authority 400 East Main Street, Batavia, NY 14020	585-344-1888
HEAP Home Energy Assistance Program 5130 East Main Street, Batavia, NY 14020	585-344-2580
The Salvation Army of Batavia 529 East Main Street, Batavia, NY 14020	585-343-6284

Food and Nutrition Programs

The City Church 210 E Main St #2, Batavia 585-343-6895	Le Roy Pantry & Help Fund Inc 48 Main St., Le Roy 585-768-4559
Community Action Center 5073 Clinton Street Rd, Batavia 585-343-7798	Batavia Assembly of God 24 N. Spruce St., Batavia 585-343-8521
Penuel Christian Fellowship 10 Main St., Le Roy 585-768-6901	Faith Community Church 8419 E. Main Rd., Le Roy
Bergen Evangelical Presbyterian 38 S. Lake Ave., Bergen 585-494-1251	Alexander United Methodist Church 10540 Main St., Alexander 585-591-1765
Oak Orchard Health- WIC Program 1 Mill Street, Batavia, NY 14020	585-344-2203
SNAP Supplemental Nutrition Assistance Program 5130 East Main Street Road #3, Batavia, NY 14020	585-344-2580

United Memorial Medical Center 127 North Street, Batavia, NY 14020	585-343-6030
Batavia VA Medical Center 222 Richmond Avenue, Batavia, NY 14020	585-297-1000
Planned Parenthood 222 West Main Street, Batavia, NY 14020	866-600-6886
UMMC Urgent Care Center 16 Bank Street, Batavia, NY 14020	585-815-6715
Women's Care Center 33 Chandler Avenue, Batavia, NY 14020	585-344-4700
Medina Memorial Health Care 587 East Main Street, Batavia, NY 14020	585-344-7097
Comprehensive Women's Care 30 Batavia City Center, Batavia, NY 14020	585-397-7699
Batavia Pediatrics 47 Batavia It, Batavia, NY 14620	585-343-2611
Lamb Family Medicine 7 Evans Street, Batavia, NY 14020	585-343-1250
Pembroke Family Medicine 319 West Main Street, Batavia, NY 14020	585-599-6446
Westside Allergy Care 229 Summit Street, Suite 8, Batavia, NY 14020	585-637-3910
Batavia Internal Medicine 34 Swan Street #3, Batavia, NY 14020	585-343-4441

Child Health Plus

1-800-231-0744

Child Health Plus offers health insurance to children ages birth through 18 years within New York State who family income falls within certain limits. The purpose of Child Health Plus is to ensure that all eligible children receive the basic, routine, preventive health care that keeps children healthy and protects them from common childhood diseases and illnesses. Child Health Plus is made available by New York State law that provides funding for children's health insurance.

Family Health Plus

1-877-934-7587

Family Health Plus offers health insurance to individuals ages 19-64 years within New York State who family income falls within certain limits. The purpose of Family Health Plus is to ensure that all eligible individuals receive basic, routine, prevention health care that keeps people healthy and protects them from common diseases and illnesses. Family Health Plus is made available by New York State law that provides funding for individuals health insurance.

Medicaid and Children's Health Insurance Plan (CHIP)

Medicaid and the Children's Health Insurance Plan (CHIP) provide free or low-cost health coverage to millions of Americans, including some low-income people, families and children, pregnant women, the elderly, and people with disabilities. Visit their website to enroll or see if you qualify:

<https://www.healthcare.gov/Medicaid-chip/getting-Medicaid-chip>

Supplemental Security Income (SSI)

1-800-772-1213

A program based on financial need and disability. SSI provides supplemental income and medical insurance.

Employment

Genesee County Career Center 587 East Main Street #100, Batavia, NY 14020	585-344-2042
ATWork Personnel Services 56 Harvesters Avenue, Batavia, NY 14020	585-219-4725
Remedy Intelligent Staffing 653 Ellicott Street, Batavia, NY 14020	585-219-4096
Genesee Valley BOCES 8250 State Street Road, Batavia, NY 14020	585-344-7900

Veterans Services

Batavia VA Medical Center 222 Richmond Avenue, Batavia, NY 14020	585-297-1000
NY State Veterans Home 220 Richmond Avenue, Batavia, NY 14020	585-345-2000

Hotlines and Crisis Centers

County Suicide Prevention Crisis Number	585-344-4400
National Suicide Prevention Crisis Number	1-800-273-8255
National Domestic Violence Hotline	1-800-799-7233
Sheriff's Office Justice Program	585-343-5000
YWCA Domestic Violence Program	585-343-7513
NYS Coalition against Domestic Violence	1-800-942-6906
National Runaways Switchboard	1-800-RUNAWAY
Abused/Neglected Children (NYS)	1-800-342-3720
Genesee County Sheriff	585-345-3000
Batavia Police Department	585-345-6350
New York State Troopers	585-344-6200

Greene County Community Resources



Mental health refers to a person's condition with regard to their psychological and emotional well-being. Taking care of one's mental health is of critical importance and should be prioritized. Mental Health problems can come in a multitude of forms, and help should be sought if you are experiencing an unusual amount of distress or having difficulty functioning.

Greene County Mental Health 905 County Building, Cairo, NY 12413	518-622-9163
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Mental Health Association of Columbia 377 Main Street, Catskill, NY 12414	518-943-0349
45 5 Mile Woods Road, Catskill, NY 12414	518-943-2910

Mental Health Resources 44 Bridge Street, Catskill, NY 12414	518-943-3559
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Lifepsycle Behavioral Health 110 Jefferson Heights, Catskill, NY 12414	518-943-1000
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Catskill Family Institute 283 Main Street, Catskill, NY 12414	518-943-0244
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Mental Health Association of Columbia-Green Counties 30 West Bridge Street, Catskill, NY 12414	518-943-0184
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Mobile Crisis Assessment Team	518-946-5555
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Alcohol and Drug Abuse/Addiction

Alcohol/drug abuse and addiction cause problems at work, school, home, and in relationships. Abuse and addiction can be treated with proper support and care. There are a multitude of resources available.

Twin County Alcohol-Substance 428 West Main Street, Catskill, NY 12414	518-943-2036
Twin County Recovery Services, Inc. 350 Power Avenue, Hudson, NY 12534	518-751-2083
Red Door Community Residence 437-441 Columbia Street, Hudson, NY 12534	518-822-0091
Columbia Pathways to Recovery PO Box 486, Ghent, NY 12075	518-966-2772
P.A.S It On 428 West Main Street, Catskill, NY 14214	518-943-2036 x315
Young People in Recovery 360 Solaris, Warren Street, Hudson, NY 12534	720-600-4977
Hudson Mohawk Recovery Center, Inc. 743 Columbia Turnpike #5, East Greenbush, NY 12061 1724 5 th Avenue, Troy, NY 12180	518-477-7535 518-272-3918
OASAS (Office of Alcoholism and Substance Abuse Services) http://www.oasas.ny.gov/providerdirectory	
Alcoholics Anonymous http://www.aa.org/pages/en_US/find-local-aa	518-625-2002
Narcotics Anonymous https://www.na.org/meetingsearch/	888-399-5519
Al-Anon/Alateen https://al-anon.org/	1-800-356-9996

Family Support

Catholic Charities 66 William Street, Catskill, NY 12414	518-943-1462
Greene County Community Action 7856 US Highway 9w, Catskill, NY 12414	518-943-9205
Ulster-Greene ARC 311 West Bridge Street, Catskill, NY 12414	518-943-9592
Reach Center 371 Main Street, Catskill, NY 12414	518-943-4482
Greene County Youth Bureau 411 Main Street #342, Catskill, NY 12414	518-719-3245
Ararat Youth & Conference Center 6944 NY-32, Greenville, NY 12083	518-966-8000
Capital District YMCA- Greene County Branch 35 NY-81, Coxsackie, NY 12051	518-731-7529
Cornell Cooperative Extension 479 NY-66, Hudson, NY 12534	518-828-3346
Berkshire Farm Center & Services 11 Warren Street, Hudson, NY 12534	518-671-6550
Northeast Parent & Child 457 Main Street, Catskill, NY 12414	518-719-8066
Early Childhood Learning Center 66 William Street, Catskill, NY 12414	518-943-3252
Headstart Early Childhood 30 Volunteer Drive, Cairo, NY 12413	518-622-2033

Food and Nutrition Programs

God's Store House Food Pantry 3 Bogardus Avenue, Catskill, NY 12414	518-943-2709
Mathew 25 86 West Bridge Street, Catskill, NY 12414	518-943-5890
Community Food Pantry of Coxsackie 284 Mansion Street, Coxsackie, NY 12051	518-731-8603
Catskill Wesleyan Church 3 Bogardus Avenue, Catskill, NY 12414	518-943-4820
Catholic Charities 66 William Street, Catskill, NY 12414	518-943-1462
Resurrection Lutheran Church 186 Main Street, Cairo, NY 12413	518-622-3286
Greene Area Food Pantry 109 County Road 2, Greene, NY 13778	518-656-7028
Second Reformed Church 16 Washington Avenue, Coxsackie, NY 12051	518-731-6084
Community Partners NY-32, Greenville, NY 12083	518-966-5161
Hope Restoration Christian 117 NY-296, Windham, NY 12496	518-734-3826
WIC Women, Infants & Children 7856 US Highway 9w, Catskill, NY 12414	518-943-9205
SNAP Supplemental Nutrition Assistance Program 411 Main Street #238, Catskill, NY 12414	518-719-3700

Housing

Catskill Housing Authority 32 Bronson Street, Catskill, NY 12414	518-943-2900
Catskill Mountain Housing Development 448 Main Street, Catskill, NY 12414	518-943-6700
RUPCO 408 Main Street, Catskill, NY 12414	518-943-5170
HEAP Home Energy Assistance Program 411 Main Street #238, Catskill, NY 12414	518-719-3700

Veterans Services

Greene County Veteran's Services 159 Jefferson Heights, Catskill, NY 12414	518-943-3703
Veterans Service Agency 401 State Street, Hudson, NY 12534	518-828-3610
VA Catskill Clinic	518-626-5240

Employment

Greene County Civil Services 411 Main Street #340, Catskill, NY 12414	518-943-4250
Columbia-Greene Educational Center 131 Union Turnpike, Hudson, NY 12534	518-828-4157
Questar III BOCES 10 Empire State Boulevard, Castleton-On-Hudson, NY 12033	518-477-8771

Catskill Urgent Care 10 Grandview Avenue, Catskill, NY 12414	518-943-9100
Women's Health Center 159 Jefferson Heights, Catskill, NY 12414	518-719-3500
Prime Columbia Greene Medical 159 Jefferson Heights, Catskill, NY 12414	518-943-1442
Catskill Family Medicine 146 Jefferson Heights, Catskill, NY 12414	518-943-6101
Columbia-Greene Hospital Foundation 71 Prospect Avenue, Hudson, NY 12534	518-828-7601
Greene County Family Planning 411 Main Street, Catskill, NY 12414	518-719-3580
Greene Pediatric Dentistry 159 Jefferson Heights #A202, Catskill, NY 12414	518-943-0780
Schoolhouse Pediatrics South 11835 US-9W, West Coxsackie, NY 12192	518-731-3800
Columbia Memorial Hospital 905 Cairo Junction Road, Cairo, NY 12413	518-622-9034
VA Catskill Clinic 159 Jefferson Heights #A103, Catskill, NY 12414	518-626-5240
Planned Parenthood 190 Fairview Avenue, Hudson, NY 12534	518-828-4675

Child Health Plus

1-800-231-0744

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<https://www.healthcare.gov/Medicaid-chip/getting-Medicaid-chip>

Supplemental Security Income (SSI)

1-800-772-1213

A program based on financial need and disability. SSI provides supplemental income and medical insurance.

Hotlines and Crisis Centers

County Suicide Prevention Crisis Number	1-800-799-4889
National Suicide Prevention Crisis Number	1-800-273-8255
National Domestic Violence Hotline	1-800-799-7233
NYS Coalition against Domestic Violence	1-800-942-6906
Community Action DV Program	518-943-9211
Greene County Sheriff's Office	518-943-3300
New York State Police	518-966-4441
Cairo Police Department	518-622-2324
National Runaways Switchboard	1-800-RUNAWAY
Abused/Neglected Children (NYS)	1-800-342-3720

Herkimer County Community Resources



Mental Health

Also referred to as outpatient services or therapy and this service combined with psychiatric care have been found to be effective in treating mental illness. Services are provided by professionals who may be social workers, psychologists or certified mental health counselors, either one-on-one or with a family and are paid for either by health insurance or via sliding scale based on income.

Herkimer County Mental Health 315-867-1465
301 North Washington Street #2470, Herkimer, NY 13350

Family Services- The Mohawk Valley 315-866-8407
249 South Main Street, Herkimer, NY 13350

Central New York DSO 315-866-1392
231 William Street, Herkimer, NY 13350

YWCA Child Advocacy Center & Sexual Violence Services of Herkimer County
205 North Washington Street, Herkimer, NY 13350 315-866-0349

Mobile Crisis Assessment Team 315-732-6228
628 Mary Street, Utica, NY 13501

Herkimer Clinic of Mohawk Valley Psychiatric Center 315-866-7630
205 North Main Street, Herkimer, NY 13350

Alcohol and Drug Abuse/Addiction

Alcohol/drug abuse and addiction cause problems at work, school, home, and in relationships. Abuse and addiction can be treated with proper support and care. There are a multitude of resources available.

Herkimer County Prevention 315-894-8080
61 West Street, Ilion, NY 13357

Beacon Center 315-717-0189
210 South Main Street #A, Herkimer, NY 13350

Albert O. Nichols House 315-866-3121
201 King Street, Herkimer, NY 13350

Catholic Charities 315-894-9917

Rome Hospital/Community Recovery Center 315-338-7000
1500 North James Street, Rome, NY 13440

NYS Addictions Hotline 1-800-522-5353

OASAS (Office of Alcoholism and Substance Abuse Services)
<http://www.oasas.ny.gov/providerdirectory>

Alcoholics Anonymous 315-732-6880
http://www.aa.org/pages/en_US/find-local-aa

Alcoholics Anonymous meetings are a good choice for many. Most AA programs also hold Al-anon meetings which are for family members of alcoholics.

Narcotics Anonymous 818-773-9999 x771
<https://www.na.org/meetingsearch/>

Narcotics Anonymous meetings are for substance abusers whose drug of choice is not necessarily alcohol.

Al-Anon/Alateen 315-533-1227
<https://al-anon.org/>

Housing

Herkimer County Housing Services 315 North Prospect Street, Herkimer, NY 13350	315-866-2252
Ilion Housing Authority 100 West Main Street, Ilion, NY 13357	315-894-2159
HEAP Home Energy Assistance Program 301 North Washington Street, Suite 2110, Herkimer, NY 13350	315-867-1220
Catholic Charities of Herkimer County 61 West Street, Ilion, NY 13357 45 Furnace Street, Little Falls, NY 13365	315-894-9917 800-342-9871
Mohawk Valley Community Action 401 East German Street Ext #314, Herkimer, NY 13350	315-866-0030

Food Programs

Herkimer Mohawk Interfaith 104 N. Washington St, Herkimer	315-717-0048
The Salvation Army 431 N. Prospect St, Herkimer	315-866-1240
New Life Church & Ministry Center 337 Protection Avenue, Herkimer, NY 13350	315-866-1164
Little Falls Food Bank 15 Jackson Street, Little Falls, NY 13365	315-823-1793
Nicolls Church Food Pantry 228 Crosby Boulevard, Old Forge, NY 13420	315-369-3475
SNAP Supplemental Nutrition Assistance Program 301 North Washington Street, Suite 2110, Herkimer, NY 13350	315-867-1291
WIC Women, Infants and Children 401 East German Street, Herkimer, NY 13350	315-866-5029

Family Resources

Cornell Cooperative Extension 5657 NY-5, Herkimer, NY 13350	315-866-7920
Herkimer Area Resource Center 205 Delaware Avenue, Herkimer, NY 13350	315-717-0283
Herkimer County Youth Bureau 109 Mary Street #1110, Herkimer, NY 13350	315-867-1213
Little Falls Community Outreach 16 Jackson Street, Little Falls, NY 13365	315-823-1409
4-H Youth Development 5657 State Route 5, Herkimer, NY 13350	315-866-7920
Little Falls YMCA 15 Jackson Street, Little Falls, NY 13365	315-823-1740
ARC Herkimer 350 South Washington Street, Herkimer, NY 13350	315-574-7000
Kyac Youth Center 110 Crosby Boulevard, Old Forge, NY 13420	315-369-6750
Richfield Springs Youth 6 Ann Street, Richfield Springs, NY 13439	315-858-3200
Herkimer County Fair Association 135 Cemetery Street, Frankfort, NY 13340	315-895-7464
Center for Family Life and Recovery, Inc. 249 South Main Street, Herkimer, NY 13350	315-866-8407

Health and Medical

Bassett Healthcare Herkimer 321 East Albany Street, Herkimer, NY 13350	315-867-2700
Adirondack Community Physicians 201 East State Street, Herkimer, NY 13350	315-574-2300
Health Friends Herkimer County 61 West Street, Ilion, NY 13357	315-894-3540
Bassett Healthcare- Little Falls Primary Care 140 Burwell Street, Little Falls, NY 13365	315-823-4546
Herkimer Center 401 East German Street, Suite 310, Herkimer, NY 13350	315-866-3085
Public Health Nursing 301 North Washington Street, Herkimer, NY 13350	315-867-1176
Community Maternity Services 61 West Street, Ilion, NY 13357	315-894-9941
Little Falls Hospital 140 Burwell Street, Little Falls, NY 13365	315-823-1000
Town of Webb Health Center 114 South Shore Road, Old Forge, NY 13420	315-369-6619

Child Health Plus

800-698-4543

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Family Health Plus

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<https://www.healthcare.gov/Medicaid-chip/getting-Medicaid-chip>

Supplemental Security Income (SSI)

1-800-772-1213

A program based on financial need and disability. SSI provides supplemental income and medical insurance.

Employment

Staffworks 320 Prospect Street, Herkimer, NY 13350	315-866-8000
Career Connections 125 East Albany Street, Herkimer, NY 13350	315-574-7000
Herkimer County Civil Service Office 109 Mary Street #1304, Herkimer, NY 13350	315-867-1115

Legal Services

County Dispute Resolution 61 West Street, Ilion, NY 13357	315-894-9917
District Attorney 301 North Washington Street #2401, Herkimer, NY 13350	315-867-1155
Family Court 301 North Washington Street #2501, Herkimer, NY 13350	315-619-3400
Legal Aid North Washington Street, Herkimer, NY 13350	315-717-0378
Public Defender 209 North Washington Street, Herkimer, NY 13350	315-866-0006
Probation Department 109 Mary Street #1111, Herkimer, NY 13350	315-867-1158
Herkimer County Sherriff 320 North Main Street #2900, Herkimer, NY 13350	315-867-1167

Hotlines and Crisis Centers

Police-Fire-Ambulance	Dial 9-1-1
Adult Protective Services	315-867-1231
Child Protective Services	315-867-1214
Child Abuse/Neglect Hotline	1-800-342-3720
County Suicide Prevention Crisis Number	877-369-6699
Herkimer County Domestic Violence Hotline	315-866-0458
Domestic Violence Hotline	1-800-942-6902
Poison Control	1-800-222-1222
Missing Children Hotline	1-800-843-5678
National Suicide Prevention Hotline	1-800-273-8255
National Runaway Switchboard	1-800-786-2929
ChildHELP USA National Child Abuse Hotline	1-800-4-A-CHILD
National Eating Disorders Association	1-800-931-2237
Herkimer County Emergency Shelter	315-894-9917
Mobile Crisis Assessment Team	315-732-6228
Homeless Intervention Program	315-866-0030

Jefferson County Community Resources



Mental Health

Also referred to as outpatient services or therapy and this service combined with psychiatric care have been found to be effective in treating mental illness. Services are provided by professionals who may be social workers, psychologists or certified mental health counselors, either one-on-one or with a family and are paid for either by health insurance or via sliding scale based on income.

Mental Health Association in Jefferson County, Inc. 315-788-0970
425 Washington Street, Watertown, NY 13601

Samaritan Mental Health Services 315-779-5074
1575 Washington Street, Watertown, NY 13601

Tree of Life Behavioral Health Services 315-788-0105
215 Washington Street, Watertown, NY 13601

Family Counseling Service 315-782-4483
120 Washington Street #510, Watertown, NY 13601

North Regional Center for Independent Living 315-785-8703
210 Court Street, Watertown, NY 13601

Transitions Behavioral Health Services 315-755-0491
214 Washington Street #204, Watertown, NY 13601

Jefferson County Mental Hygiene 315-785-3283
175 Arsenal Street, Watertown, NY 13601

Jefferson Community Clinic 315-782-7447
167 Polk Street, Watertown, NY 13601

Harvest House Counseling 315-663-7060
34 Public Square #2, Watertown, NY 13601

Davis Psychological Services 315-942-9977
410 State Street, Carthage, NY 13619

Alcohol and Drug Abuse/Addiction

Alcohol/drug abuse and addiction cause problems at work, school, home, and in relationships. Abuse and addiction can be treated with proper support and care. There are a multitude of resources available.

Credo Community Center for the Treatment of Addictions 315-788-1530
595 West Main Street, Watertown, NY 13601

Pivot Prevention & Health Services 315-788-4660
167 Polk Street #320, Watertown, NY 13601

Credo Community Center 315-322-9278
138 Winthrop Street, Watertown, NY 13601

Addiction Services at Samaritan 315-779-5074
1575 Washington Street, Watertown, NY 13601

OASAS (Office of Alcoholism and Substance Abuse Services)
<http://www.oasas.ny.gov/providerdirectory>

Alcoholics Anonymous 315-788-2280
http://www.aa.org/pages/en_US/find-local-aa

Alcoholics Anonymous meetings are a good choice for many. Most AA programs also hold Al-anon meetings which are for family members of alcoholics.

Narcotics Anonymous 315-451-2760
<https://www.na.org/meetingsearch/>

Narcotics Anonymous meetings are for substance abusers whose drug of choice is not necessarily alcohol.

Al-Anon/Alateen
<https://al-anon.org/>

Family Resources

Benchmark Family Services, Inc. 1635 Ohio Street, Watertown, NY 13601	315-786-7285
Youth Advocate Programs 516 Bradley Street, Watertown, NY 13601	315-782-9237
Jefferson County Youth Bureau 175 Arsenal Street #3, Watertown, NY 13601	315-785-3382
Watertown Family YMCA 119 Washington Street, Watertown, NY 13601	315-782-3100
Fairgrounds YMCA 585 Rand Drive, Watertown, NY 13601	315-755-9622
Carthage YMCA 250 State Street, Carthage, NY 13619	315-493-3286
Children's Home of Jefferson County 1704 State Street, Watertown, NY 13601	315-788-7430
Cornell Cooperative Extension Jefferson County 203 North Hamilton Street, Watertown, NY 13601	315-788-8450
Resolution Center 200 Washington Street #207, Watertown, NY 13601	315-785-0333
Child Advocacy Center 120 Washington Street #406, Watertown, NY 13601	315-788-8520
AIDS Community Resources, Inc. 230 Franklin Street, Watertown, NY 13601	315-785-8222
Northern New York Community Foundation 131 Washington Street, Watertown, NY 13601	315-782-7110

Housing

Watertown Housing Authority 142 Mechanic Street, Watertown, NY 13601	315-782-1251
Housing Assistance Program 749 Leray Street, Watertown, NY 13601	315-788-0193
HEAP Home Energy Assistance Program 250 Arsenal Street, Watertown, NY 13601	315-782-9030
Neighbors of Watertown, Inc. 112 Franklin Street, Watertown, NY 13601	315-782-8497
Wilna Housing Authority 600 South Washington Street, Carthage, NY 13619	315-493-1480
West Carthage Housing Authority, Inc. 63 Madison Street, Carthage, NY 13619	315-493-3581
Community Action Planning Council 588 Morrison Street, Watertown, NY 13601	315-782-4900
Watertown Urban Mission 247 Factory Street, Watertown, NY 13601	315-782-8440
Transitional Living Services of Northern New York 482 Black River Parkway, Watertown, NY 13601	315-782-1777
Northern Regional Center for Independent Living 210 Court Street, Watertown, NY 13601	315-785-8703
Victim Assistance Center 120 Arcade Street, Watertown, NY 13601	315-782-1823

Food and Nutrition Programs

Watertown Urban Mission

247 Factory St., Watertown
315-782-8440

Vem-Food Pantry

452 S. Washington St., Carthage
315-493-1341

Faith Fellowship Church

131 Moore Ave, Watertown
315-782-4421

Stone Presbyterian Church

140 Chestnut St., Watertown
315-788-5630

Meals on Wheels

218 Stone St., Watertown
315-782-5555

Indian River Baptist Church

42 Main St., Philadelphia, NY
315-642-3122

WIC Women, Infants & Children

531 Meade Street, Watertown, NY 13601

SNAP Supplemental Nutrition Assistance Program

250 Arsenal Street, Watertown, NY 13601

Community Action Planning

518 Davidson St. #1, Watertown
315-782-4900

Rhode Community Center

2 E. Church St., Adams
315-232-2621

Chaumont Food Pantry

27348 Madison St., Chaumont
315-649-2424

The Salvation Army

723 State St, Watertown
315-782-4470

Dexter Presbyterian Church

118 W. Kirby St., Dexter
315-639-6958

Grace Community Church

110 Antwerp Road, Theresa

315-786-3770

315-782-9030

Health and Medical

Samaritan Medical Center 830 Washington Street, Watertown, NY 13601	315-785-4000
Carthage Area Hospital 1001 West Strete, Carthage, NY 13619	315-493-1000
Medready Medical Group 19472 US-11, Watertown, NY 13601	315-782-9364
North Country Family Health Center 238 Arsenal Street, Watertown, NY 13601	315-782-9450
VA Clinic 144 Eastern Boulevard, Watertown, NY 13601	315-221-7026
Quick Medical Urgent Care 727 Washington Street, Watertown, NY 13601	315-785-7009
Watertown Urgent Care 457 Gaffney Drive, Watertown, NY 13601	315-779-2273
Family Practice Associates 1116 Arsenal Street #501, Watertown, NY 13601	315-786-1111
Jefferson Community Clinic 167 Polk Street, Watertown, NY 13601	315-782-7445
Child & Adolescent Health 513 Washington Street #1, Watertown, NY 13601	315-788-2211
Pediatric Associates of Watertown 20011 Summitview Boulevard, Watertown, NY 13601	315-782-4391
Comprehensive Women's Health Services 622 Washington Street, Watertown, NY 13601	315-788-2003
Planned Parenthood 160 Stone Street, Watertown, NY 13601	315-788-8065
Guthrie Medical Center 11050 Mt. Belvedere Boulevard, Fort Drum, NY 13602	315-772-2778
Fort Drum Medical 496-508 1 st Street West, Fort Drum, NY 13602	

Child Health Plus

800-698-4543

Child Health Plus offers health insurance to children ages birth through 18 years within New York State who family income falls within certain limits. The purpose of Child Health Plus is to ensure that all eligible children receive the basic, routine, preventive health care that keeps children healthy and protects them from common childhood diseases and illnesses. Child Health Plus is made available by New York State law that provides funding for children's health insurance.

Family Health Plus

877-934-7587

Family Health Plus offers health insurance to individuals ages 19-64 years within New York State who family income falls within certain limits. The purpose of Family Health Plus is to ensure that all eligible individuals receive basic, routine, prevention health care that keeps people healthy and protects them from common diseases and illnesses. Family Health Plus is made available by New York State law that provides funding for individuals health insurance.

Medicaid and Children's Health Insurance Plan (CHIP)

Medicaid and the Children's Health Insurance Plan (CHIP) provide free or low-cost health coverage to millions of Americans, including some low-income people, families and children, pregnant women, the elderly, and people with disabilities. Visit their website to enroll or see if you qualify:

<https://www.healthcare.gov/Medicaid-chip/getting-Medicaid-chip>

Supplemental Security Income (SSI)

1-800-772-1213

A program based on financial need and disability. SSI provides supplemental income and medical insurance.

Employment

Penski Staffing 215 Washington Street #104, Watertown, NY 13601	315-788-5627
Jefferson-Lewis Workforce Area 1000 Coffeen Street, Watertown, NY 13601	315-782-9252
Pivot Employee Assistance Services 167 Polk Street Suite 320, Watertown, NY 13601	315-788-4790
Jefferson-Lewis-Hamilton-Herkimer-Oneida BOCES 20104 Arsenal Street, Watertown, NY 13601	315-779-7000

Veterans Services

Veterans Service Agency 175 Arsenal Street, Watertown, NY 13601	315-785-3086
Jefferson County Veteran's Services 250 Arsenal Street, Watertown, NY 13601	315-785-3086
Veterans Affairs Division 317 Washington Street, Watertown, NY 13601	315-785-2468
Watertown Vet Center 210 Court Street #20, Watertown, NY 13601	315-782-5479
VA Clinic 144 Eastern Boulevard, Watertown, NY 13601	315-221-7026
Vets Peer to Peer Outreach Center 247 State Street, Watertown, NY 13601	315-681-6772

Hotlines and Crisis Centers

National Suicide Prevention Hotline	1-800-273-8255
County Suicide Prevention Crisis Number	315-782-2327
National Domestic Violence Hotline	1-800-799-7233
New York State Coalition against Domestic Violence	1-800-942-6906
Jefferson County Sheriff	315-786-2700
State Police	315-782-2112

Livingston County Community Resources



Mental health refers to a person's condition with regard to their psychological and emotional well-being. Taking care of one's mental health is of critical importance and should be prioritized. Mental Health problems can come in a multitude of forms, and help should be sought if you are experiencing an unusual amount of distress or having difficulty functioning.

Livingston County Mental Health Services

585-243-7250

4600 Millennium Drive, Geneseo, NY 14454

Provides individual, family, and group treatment and aftercare following psychiatric hospitalizations. Visiting patient mental health services for serious and severe mental health issues.

Hillside Children's Center

585-658-5500

24 Main Street, Mt. Morris, NY 14510

Provides a wide array of services in home, community, school, foster care and residential settings to children and youth with emotional, behavioral, or mental health problems and their families.

Compeer of Livingston County

585-266-8256

1 Genesee Street, Avon, NY 14414

Matches volunteers in supportive friendships with Livingston County adults receiving mental health treatment.

Mental Health Association

585-226-3150

101 Park Place, Avon, NY 14414

Provides mental health/illness information and education for residents, community groups and businesses. Assistance in locating mental health services and support groups.

Noyes Mental Health Clinic

585-335-4316

1 Main Street, Dansville, NY 14437

Provides adult, child, family and group therapy.

Youth Mobile Mental Health

585-243-4592

4500 Millennium Drive, Suite 1, Geneseo, NY 14454

Alcohol and Drug Abuse/Addiction

Alcohol/drug abuse and addiction cause problems at work, school, home, and in relationships. Abuse and addiction can be treated with proper support and care. There are a multitude of resources available.

Council on Alcohol & Substance Abuse

141 Main Street, Dansville, NY 14437

585-335-5052

Holcomb Building Suite 2, Geneseo 14454

585-243-9210

Provides outpatient substance abuse services

CASA of Livingston County

585-991-5012

4612 Millennium Drive, Geneseo, NY 14454

OASAS (Office of Alcoholism and Substance Abuse Services)

<http://www.oasas.ny.gov/providerdirectory>

Alcoholics Anonymous

585-245-4440

http://www.aa.org/pages/en_US/find-local-aa

Narcotics Anonymous

877-266-3660

<https://www.na.org/meetingsearch/>

Al-Anon/Alateen

585-288-0540

<https://al-anon.org/>

Family Support

Catholic Charities of Livingston County 35 East State Street, Mt. Morris, NY 14510	585-658-4466
Cornell Cooperative Extension 158 South Main Street, Mt. Morris, NY 14510	585-658-3250
Focus on the Children PO Box 31, Caldeonia, NY 14423	585-538-4366
Hillside Children's Center 24 Main Street, Mt. Morris, NY 14510	585-658-5500
Livingston County Safe Kids 158 Main Street, Mt. Morris, NY 14510	585-658-3250
Livingston County Youth Advocacy Program Livingston County Government Center, Geneseo, NY 14454	585-243-7944
Livingston County Youth Bureau 6 Court Street, Room 105, Geneseo, NY 14454	585-243-6909
TRI Group Corporation PO Box 193, Lakeville, NY 14480	585-658-3690
ARC of Livingston-Wyoming 18 Main Street, Mt. Morris, NY 14450	585-658-4320
NY Connects Livingston County 8 Murray Hill Drive, Mt. Morris, NY 14510	1-888-443-7520
Chances & Changes, Inc. PO Box 326, Geneseo, NY 14454	585-658-3940
Human Development Program 158 Main Street, Mt. Morris, NY 14510	585-658-3250

Housing

Genesee Valley Rural Preservation 5861 Groveland Station Road, Mt. Morris, NY 14510	585-658-4860
Office of Housing Assistance 1 Murray Hill Drive, Mt. Morris, NY 14510	585-243-7300
HEAP Home Energy Assistance Program 1 Murray Hill Drive, Mt. Morris, NY 14510	585-335-1748

Veteran's Services

Livingston County Veteran Services 2 Murray Hill Drive, Mt. Morris, NY 14510	585-243-7299
Zion House PO Box 278, Avon, NY 14414 A transitional living home for female veterans.	585-991-3545

Employment Services

Livingston County Office of Workforce Development 6 Court Street, Room 105, Geneseo, NY 14454	585-243-7047
ACCESS-VR 6 Court Street, Room 107, Geneseo, NY 14454	585-991-5093
Genesee Valley Educational Partnership 27 Lackawanna Avenue, Mt. Morris, NY 14510	585-658-7811

Food and Nutrition

Avon Food Pantry

Avon, NY 14414
585-226-3542
Call to make appointment

Martha's Soup Kitchen

10 Park Place, Avon
585-226-3722
Saturday 11am-1pm

Dansville Ecumenical Food Pantry

41 Elizabeth St, Dansville
585-335-9030
Mon, Wed, Fri 9am-12pm

Groveland Emergency Food Pantry

585-243-3163
Call to receive a delivery
Mon-Thurs 9am-3pm, Friday 9am-12pm

Livonia Food Pantry

Route 15, Livonia
585-346-6470
Serves Livonia School District

Mt. Morris Senior Nutrition

23 State St., Mt. Morris
585-658-4513
Monday-Thursday 9am-2pm

WIC Women, Infants & Children

2 Murray Hill Drive, Mt. Morris, NY 14510

SNAP Supplemental Nutrition Assistance Program

1 Murray Hill Drive, Mt. Morris, NY 14510

Avon Senior Nutrition

75 Genesee St., Avon
585-226-6353
Tuesday-Friday 9am-2pm

Caledonia-Mumford Food Relief

Caledonia, NY 14423
585-538-6181
Serves Caledonia-Mumford Schools

Dansville Senior Nutrition

5 Chestnut Street, Dansville
585-335-8130
Monday-Thursday 9:30am-2:30pm

Leicester Food Pantry

585-382-3257
Monday-Friday 9am-4pm
by appointment

Mt. Morris Food Pantry

20 Chapel Street, Mt. Morris
585-658-4466
Tues & Thurs 9am-12pm; Wed 1-3pm

Nunda Food Pantry

585-476-5954
Call to make appointment
Serves Keshequa School District

585-243-7530

585-243-7300

RPCN Livingston Community Health Center 585-243-7840
1 Murray Hill Drive, Building 1 Room 140, Mt. Morris, NY 14510

Tri County Family Medicine Program, Inc.
50 East South Street #700, Geneseo, NY 14454 585-243-1700
61 North State Street, Nunda, NY 14517 585-468-2528
60 Red Jacket Street #1, Dansville, NY 14437 585-335-6041

Livingston County Reproductive Health Center 585-243-7540
2077 Lakeville Road, Avon, NY 14414

Ob Gyn Associates of Finger Lakes 585-243-0080
50 East South Street #300, Geneseo, NY 14454

Strong Memorial Hospital 585-346-2372
3509 Thomas Drive, Lakeville, NY 14480

Caledonia Medical Center 585-538-6250
3350 Brown Road, Caledonia, NY 14423

Noyes Health Services 585-243-9230
50 East South Street #1, Geneseo, NY 14454

Noyes Memorial Hospital 585-335-6001
111 Clara Barton Street, Dansville, NY 14437

Noyes After Hours Care Center 585-243-9595
50 East South Street, Geneseo, NY 14454

Genesee Family Medicine 585-658-2100
118 Main Street, Mr. Morris, NY 14510

Child Health Plus

1-800-231-0744

Child Health Plus offers health insurance to children ages birth through 18 years within New York State who family income falls within certain limits. The purpose of Child Health Plus is to ensure that all eligible children receive the basic, routine, preventive health care that keeps children healthy and protects them from common childhood diseases and illnesses. Child Health Plus is made available by New York State law that provides funding for children's health insurance.

Family Health Plus

1-877-934-7587

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Medicaid and Children's Health Insurance Plan (CHIP)

Medicaid and the Children's Health Insurance Plan (CHIP) provide free or low-cost health coverage to millions of Americans, including some low-income people, families and children, pregnant women, the elderly, and people with disabilities. Visit their website to enroll or see if you qualify:

<https://www.healthcare.gov/Medicaid-chip/getting-Medicaid-chip>

Supplemental Security Income (SSI)

1-800-772-1213

A program based on financial need and disability. SSI provides supplemental income and medical insurance.

Hotlines and Crisis Centers

County Suicide Prevention Crisis Number	585-275-5151
National Suicide Prevention Crisis Number	1-800-273-8255
National Domestic Violence Hotline	1-800-799-7233
NYS Coalition against Domestic Violence	1-800-942-6906
National Runaways Switchboard	1-800-RUNAWAY
Abused/Neglected Children (NYS)	1-800-342-3720
District Attorney Victim Assistance	585-243-7020
Livingston County Sheriff's Office	585-243-7100
NYS State Police Department 5831 Groveland Station Road, Mt. Morris, NY 14510	585-468-3800
Veteran's Crisis Line	1-800-273-8255
Youth Crisis Hotline	1-800-412-4673
Livingston County Rape Crisis Services	1-800-527-1757

Madison County Community Resources



Mental Health

Also referred to as outpatient services or therapy and this service combined with psychiatric care have been found to be effective in treating mental illness. Services are provided by professionals who may be social workers, psychologists or certified mental health counselors, either one-on-one or with a family and are paid for either by health insurance or via sliding scale based on income.

Madison County Mental Health 138 North Court Street, Wampsville, NY 13163	315-366-2327
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Hope Psychological Services 13 Payne Street, Hamilton, NY 13346	315-228-2072
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Central New York Development 100 Jay Street, Chittenango, NY 13037	315-687-9091
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Counseling Center 9 Albany Street, Cazenovia, NY 13035	315-655-3066
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Madison County Cedar House 201 Cedar Street, Oneida, NY 13421	315-361-8413
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Hutchings Psychiatric Center 620 Madison Street, Syracuse, NY 13210	315-426-3600
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Alcohol and Drug Abuse/Addiction

Alcohol/drug abuse and addiction cause problems at work, school, home, and in relationships. Abuse and addiction can be treated with proper support and care. There are a multitude of resources available.

BRiDGES, Madison County Council on Alcoholism and Substance Abuse

112 Farrier Avenue #314, Oneida, NY 13421

OASAS (Office of Alcoholism and Substance Abuse Services)

<http://www.oasas.ny.gov/providerdirectory>

Alcoholics Anonymous

315-366-5454

http://www.aa.org/pages/en_US/find-local-aa

Alcoholics Anonymous meetings are a good choice for many. Most AA programs also hold Al-anon meetings which are for family members of alcoholics.

Narcotics Anonymous

877-266-3660

<https://www.na.org/meetingsearch/>

Narcotics Anonymous meetings are for substance abusers whose drug of choice is not necessarily alcohol.

Al-Anon/Alateen

<https://al-anon.org/>

Family Resources

Madison County Youth Bureau 138 North Court Street, Wampsville, NY 13163	315-366-2574
Oneida Family YMCA 701 Seneca Street, Oneida, NY 13421	315-363-7788
Liberty Resources 218 Liberty Street #1, Oneida, NY 13421	315-363-0048
Cornell Cooperative Extension 100 Eaton Street, Morrisville, NY 13408	315-684-3001
Catholic Charities 1081 Northside Shopping Center, Oneida, NY 13421	315-363-5274
Community Action Partnership 3 East Main Street, Morrisville, NY 13408	315-864-3144
The ARC of Madison Cortland 107 Upper Lenox Avenue, Oneida, NY 13421	315-363-3389
Community Action for Madison County 1064 Northside Shopping Center, Oneida, NY 13421	315-280-0889
Madison County Veteran Services 138 North Court Street, Wampsville, NY 13163	315-366-2395
HEAP Home Energy Assistance Program North Court Street #1, Wampsville, NY 13163	315-366-2211
Oneida Housing Authority 226 Farrier Avenue, Oneida, NY 13421	315-363-8450
American Red Cross 134 Vanderbilt Avenue, Oneida, NY 13421	315-363-2900

Food and Nutrition Programs

SNAP Supplemental Nutrition Assistance Program North Court Street #1, Wampsville, NY 13163	315-366-2211
WIC Women, Infants & Children 1072 Northside Shopping Center, Oneida, NY 13421	315-363-3210
Sullivan Food Cupboard, Inc. 206 Tuscarora Road, Chittenango, NY 13037	315-687-3290
Caz-Cares 101 Nelson Street, Cazenovia, NY 13035	315-655-3174
Food Cupboard 1 Mill Street, Hamilton, NY 13346	315-824-2832
Church on the Rock 164 Madison Street, Oneida, NY 13421	315-280-4044
Opportunity Shop 128 East Center Street, Canastota, NY 13032	315-697-3140

Employment

Working Solutions One-Stop Career Center 133 North Court Street, Wampsville, NY 13163	315-363-2400
Oneida Working Solutions 1006 Oneida Plaza Drive, Oneida, NY 13421	315-363-2400

Legal Services

Madison County Legal Defense North Court Street, Wampsville, NY 13163	315-366-2585
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Health and Medical

Child Health Associates 1145 Glenwood Avenue, Oneida, NY 13421	315-363-4070
Bassett Healthcare 1055 Madison Market Place, Hamilton, NY 13346	315-825-3111
Mary Rose Clinic 1081 Northside Shopping Center, Oneida, NY 13421	315-280-0855
St. Joseph's Physician Family Medicine 132 ½ Albany Street, Cazenovia, NY 13035	315-655-8171
Oneida Medical Associates 600 Seneca Street, Oneida, NY 13421	315-363-1345
TriValley Family Practice 7137 Mount Pleasant Road, Canastota, NY 13032	315-697-2033
Planned Parenthood 603 Seneca Street, Oneida, NY 13421	315-363-3950
Quick Care 357 Genesee Street, Oneida, NY 13421	315-363-2123
Care Net Pregnancy Center of CNY 151 Madison Street, Oneida, NY 13421 89 East Main, Morrisville, NY 13408	315-366-9902 315-684-3003
Community Memorial Hospital 150 Broad Street, Hamilton, NY 13346	315-824-1100
Oneida Health Care Center 321 Genesee Street, Oneida, NY 13421	315-361-2047
Oneida Pediatric Group 421 Main Street, Onedia, NY 13421	315-363-2350

Child Health Plus

800-698-4543

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<https://www.healthcare.gov/Medicaid-chip/getting-Medicaid-chip>

Supplemental Security Income (SSI)

1-800-772-1213

A program based on financial need and disability. SSI provides supplemental income and medical insurance.

Hotlines and Crisis Centers

National Suicide Prevention Hotline	1-800-273-8255
County Suicide Prevention Crisis Number	315-366-2215
National Domestic Violence Hotline	1-800-799-7233
New York State Coalition against Domestic Violence	1-800-942-6906
Victims of Violence	315-366-5000
Madison County Sheriff	315-366-2318
State Police Department	315-366-6000
Oneida Police Department	315-363-9111
Hamilton Police Department	315-824-3311

Monroe County Community Resources



Mental health refers to a person's condition with regard to their psychological and emotional well-being. Taking care of one's mental health is of critical importance and should be prioritized. Mental Health problems can come in a multitude of forms, and help should be sought if you are experiencing an unusual amount of distress or having difficulty functioning.

Mental Health Association of Rochester 585-325-3145
320 Goodman Street North #202, Rochester, NY 14607

Rochester Mental Health Center 585-922-2500
490 East Ridge Road, Rochester, NY 14621

Genesee Mental Health Center 585-922-7770
224 Alexander Street, Rochester, NY 14607

Monroe County Mental Health
1099 Jay Street #220J, Rochester, NY 14611 585-753-6047
1000 Elmwood Avenue, Rochester, NY 14620

Unity Mental Health
81 Lake Avenue, Rochester, NY 14608 585-368-6700
100 Pinewild Drive Suite 2A, Rochester, NY 14606

Liberty Resources Behavioral Health Clinic 585-410-3370
175 Humboldt Street #100, Rochester, NY 14610

UR Medicine Health & Wellness 585-273-5050
300 Crittenden Boulevard, Rochester, NY 14642

Strong Behavioral Health 585-276-6900
315 Science Parkway, Rochester, NY 14620

New Directions 585-236-8653
919 Culver Road, Rochester, NY 14609

De Paul Mental Health
109 Marburger Street, Rochester, NY 14621 585-865-8024
1931 Buffalo Road, Rochester, NY 14624

Rochester Psychiatric Center 585-241-1200
1111 Elmwood Avenue, Rochester, NY 14620

Mental Health

Self-Help Drop In Center 539 South Avenue, Rochester, NY 14620	585-454-3530
Primary Mental Health Project 575 Mount Hope Avenue, Rochester, NY 14620	585-236-8653
Strong Ties Community Support Clinic 2613 West Henrietta Road, Rochester, NY 14623	585-279-4900
White Spruce Counseling 1100 University Avenue #113, Rochester, NY 14607	585-424-2436
Counseling Connections 99 Canal Landing Boulevard #3B, Rochester, NY 14626	585-615-5492
Psychological Health Services 1655 Elmwood Avenue #B200, Rochester, NY 14620	585-271-2290
Rochester Psychological Associates 620 Cross Keys Office Park, Fairport, NY 14450	585-223-5920
Family Life Center Counseling 550 Latona Road #302, Rochester, NY 14626	585-225-4893
Johnson Psychology Associates 160 Allens Creek Road #1, Rochester, NY 14618	585-427-7800
Linden Oaks Therapy Offices 100 Linden Oaks #200, Rochester, NY 14625	585-586-1600
Tree of Hope Counseling 95 Allens Creek Road, Rochester, NY 14618	585-500-9420
Agape Counseling Associates 1301 Vintage Lane, Rochester, NY 14626	585-385-6030
Discoveries Counseling 590 Titus Avenue, Rochester, NY 14617	585-766-3082

Alcohol and Drug Abuse/Addiction

Westfall Associates 919 Westfall Road #60, Rochester, NY 14618	585-473-1500
Catholic Family Center 55 Troup Street, Rochester, NY 14608 87 N. Clinton Avenue, Rochester, NY 14604	845-367-4446 585-546-7220
NYS Addiction Treatment Center Rochester, NY 14618	585-461-0410
Delphi 1839 East Ridge Road, Rochester, NY 14622	585-467-2230
Huther Doyle 803 West Avenue #200, Rochester, NY 14611	585-252-0217
Unity Chemical Dependency 81 Lake Avenue, Rochester, NY 14608	877-224-5495
Chemical Dependency Outpatient Treatment 1565 Long Pond Road, Rochester, NY 14626	585-723-7723
Substance Abuse Services 109 South Union Street #400, Rochester, NY 14607	585-454-4320
OASAS (Office of Alcoholism and Substance Abuse Services) http://www.oasas.ny.gov/providerdirectory	
Alcoholics Anonymous http://www.aa.org/pages/en_US/find-local-aa	585-232-6720
Narcotics Anonymous https://ww.na.org/meetingsearch/	585-235-7889
Al-Anon/Alateen https://al-anon.org/	585-288-0540

Family Resources

Catholic Family Center

87 North Clinton Avenue, Rochester, NY 14604

585-546-7220

1645 St. Paul Street, Rochester, NY 14621

159 Ford Street, Rochester, NY 14608

585-436-9103

500 Lee Road, Rochester, NY 14606

Enriched Housing Family Services

585-436-9400

140 West Avenue, Rochester, NY 14611

Hillside Family of Agencies

585-360-2500

4115 Lake Avenue, Rochester, NY 14612

Southwest Family Resource Center

585-436-0370

89 Genesee Street, Rochester, NY 14611

Mount Hope Family Center

585-275-2991

187 Edinburgh Street, Rochester, NY 14608

Catholic Charities

585-339-9800

1099 Jay Street, Rochester, NY 14611

Cornell Cooperative Extension

585-753-2550

2449 St. Paul Boulevard, Rochester, NY 14617

Youth Advocacy

585-232-4090

1 West Main Street #800, Rochester, NY 14614

Youth Emergency Services

585-279-1300

1099 Jay Street #J, Rochester, NY 14611

Big Brothers Big Sisters

585-442-2250

37 South Washington Street, Rochester, NY 14608

Villa of Hope

585-865-1550

3300 Dewey Avenue, Rochester, NY 14616

Teen Empowerment Center

585-697-3453

392 Genesee Street, Rochester, NY 14611

City Recreation Centers

#42 School 3330 Lake Avenue, Rochester, NY 14612	585-428-7829
Adams Street 85 Adams Street, Rochester, NY 14608	585-428-7456
Avenue D 200 Avenue D, Rochester, NY 14621	585-428-7934
Campbell Street 524 Campbell Street, Rochester, NY 14611	585-428-7860
Carter Street 500 Carter Street, Rochester, NY 14621	585-428-7890
David F. Gantt 700 North Street, Rochester, NY 14605	585-728-7149
Edgerton 41 Backus Street, Rochester, NY 14608	585-428-6769
Humboldt 1045 Atlantic Avenue, Rochester, NY 14609	585-428-7294
LaGrange 455 LaGrange Avenue, Rochester, NY 14615	585-428-7639
Pierpont/School #7 219 Pierpont Street, Rochester, NY 14613	585-428-6859
Roxie Ann Sinkler 75 Grover Street, Rochester, NY 14611	585-428-7827
St. Monica's 841 Genesee Street, Rochester, NY 14611	585-428-7001
Frederick Douglas 999 South Avenue, Rochester, NY 14620	585-428-6015
Thomas P. Ryan 530 Webster Avenue, Rochester, NY 14609	585-428-7828

Housing

Rochester Housing Authority	585-697-3600
The Housing Council at PathStone 75 College Avenue, Rochester, NY 14607	585-546-3700
Rochester Community Development	585-428-6550
Genesis House 70 Liberty Pole Way, Rochester, NY 14604	585-235-2660
Homeless & Housing 547 Joseph Avenue, Rochester, NY 14605	585-423-9590
Women's Place 146 Hobart Street, Rochester, NY 14611	585-436-5452
Rochester Area Interfaith Hospitality Network 142 Webster Avenue, Rochester, NY 14609	585-506-9050
Sojourner House 30 Millbank Street, Rochester, NY 14619	585-436-7100
Open Door Mission Samaritan House 210 West Main Street Rochester, NY 14614	585-423-1825
House of Mercy 285 Ormond Street, Rochester, NY 14605	585-546-2580
The Center for Youth 905 Monroe Avenue, Rochester, NY 14620	585-271-7670
The Salvation Army 100 West Avenue, Rochester, NY 14611	585-527-9566
HEAP Home Energy Assistance Program 111 Westfall Road, Rochester, NY 14620	585-753-6000

Food and Nutrition Programs

Antioch Baptist Church

585-454-6096

144 Baden St., Rochester 14605

Wednesday 10am-12pm

Brockport Ecumenical

585-637-8169

4 State St., Brockport 14420

Call for appointment

Charles Settlement House

585-328-5453

431 Jay St., Rochester 14611

Call ahead 9am-5pm

Community Food Cupboard

585-325-4990

11 Nester St., Rochester 14621

Mon, Wed, Fri 9am-12pm

East Rochester Community

585-586-0525

333 E. Chestnut St., Rochester 14445

Call for hours

Grace Covenant Food Closet

585-889-2130

224 Chestnut Ridge Rd., Rochester 14624

Thursday 1-3pm

Holy Cross Church

585-663-2244

4492 Lake Ave., Rochester 14612

Call for appointment

House of Mercy

585-546-2580

725 Hudson Ave., Rochester 14621

Wednesday 1-3pm

Irondequoit Community Cupboard

585-336-9107

156 Avondale Rd., Rochester 14622

Call for appointment

Baden Street Settlement

585-325-4910

152 Baden St., Rochester 14605

Call for hours

Catholic Family Center

585-232-2050

1476 St. Paul St., Rochester 14608

Monday-Friday 9am-2pm

Church of Love Food Pantry

585-454-3270

700 Exchange St., Rochester 14608

Monday 10am-12pm; Friday 6-7pm

Community Place of Greater Rochester

585-288-0021

145 Parsells Ave., Rochester 14605

Call for appointment

Faith Temple Apostolic Church

585-235-6814

141 Arnett Blvd., Rochester 14619

Thursday 11am-12pm

Greece Ecumenical Food Shelf

585-277-5370

500 Maiden Lane, Rochester 14616

Call for hours

Honeoye Falls Friends in Service

585-453-2370

35 Monroe Ave, Honeoye Falls 14472

Monday-Friday 8am-5pm

Ibero-American Food Pantry

585-454-1430 x255

777 Clifford Ave., Rochester 14621

Mon 1-3pm. Wed & Fri 9am-12pm

Jewish Family Services

585-461-0110

441 East Ave., Rochester 14607

Call for hours

Food and Nutrition Programs

Life Solutions of Hamlin

585-964-7420

1742 Lake Rd., Hamlin 14464

Call for hours

Mt. Vernon Baptist Church

585-454-5622

351 Joseph Ave., Rochester 14605

Thursday 12pm

New Life Presbyterian Church

585-473-1240

243 Rosedale St., Rochester 14620

2nd & 3rd Thursday/month

Perinton Food Shelf

585-425-7410

Fairport, 14550

Monday-Friday 9am-5pm

Reformation Lutheran Church

585-454-3367

111 North Chestnut St., Rochester 14604

Tuesday & Thursday 10am-2pm

Rush-Henrietta Area Food Terminal

585-453-2370

152 Parkmeadow Dr., Rochester 14534

Monday-Friday 9am-3pm

St. Andrews Food Pantry

585-338-1764

890 Portland Ave., Rochester 14621

Tuesday-Friday 9-11:30am

Salvation Army

585-987-9540

70 Liberty Pole Way, Rochester 14604

Call for hours

Sojourner House

585-436-7100

30 Millbank St., Rochester 14619

Call for appointment

Loop Ministries

585-454-3367

111 N. Chestnut St., Rochester 14604

Wednesday-Friday 10am-1pm

New Bethel CME Church

585-232-5622

270 Scio St., Rochester, NY 14605

Tuesday, Thursday & Friday 11am-1pm

Penfield Ecumenical Food Shelf

585-234-0799

1862 Penfield Rd., Penfield 14526

Call for appointment

Pittsford Food Cupboard

585-264-9860

1 Grove St., Pittsford 14534

Tuesday & Friday 9:30am-12:30pm

Rochester Family Mission

585-436-7523

338 Tremont St., Rochester 14608

Monday-Tuesday 9am-2pm

Salem Nutrition Center

585-454-5973

60 Bittner St., Rochester 14606

Monday-Tuesday 12-1pm

St. Theodore's Church

585-429-5360

168 Spencerport Rd. Rochester 14606

Mon 12-2pm; Wed 11-1pm; Thurs 10-12pm

Sharing Our Bread

585-288-0670

1326 N. Winton Rd., Rochester 14609

Call for hours

Southeast Ecumenical Ministry

585-271-5355

25 Westminister Rd., Rochester 14604

Monday-Friday 9am-12pm

Food and Nutrition Programs

Spencerport Ecumenical

585-277-4917

425 Ogden-Parma Townline Rd. Spencerport

Deliveries Mon-Fri 9am-5pm

Third Presbyterian Church

585-271-6513

4 Meigs Street, Rochester 14607

Monday & Thursday 9:30-11:45am

Webster Community Chest

585-671-2060

102 Ridge Rd., Webster 14580

Call for appointment

Zion Hill Missionary Baptist

585-328-4660

250 Dr. Samuel McCree Way, Rochester

Tuesday-Friday 11am-1:30pm

WIC Women, Infants & Children

250 Waring Road, Rochester, NY 14609

89 Genesee Street #1, Rochester, NY 14611

273 Upper Falls Boulevard, Rochester, NY 14605

691 St. Paul Street #4, Rochester, NY 14605

2600-2646 West Ridge Road, Rochester, NY 14626

585-753-4942

585-753-4942

585-454-2630

585-753-5437

585-753-4942

SNAP Supplemental Nutrition Assistance Program

691 St. Paul Street #1, Rochester, NY 14605

585-753-6000

SWEM Community Services

585-235-4491

350 Chili Ave., Rochester 14611

Monday-Friday 10am-1pm

Volunteers of America

585-647-1344

214 Lake Ave., Rochester 14608

Call for appointment

YMCA of Rochester & Monroe

585-546-5820

175 N. Clinton Ave. Rochester 14604

Call for appointment

Monroe Community Hospital 435 East Henrietta Road, Rochester, NY 14620	585-760-6500
Rochester General Hospital 1425 Portland Avenue, Rochester, NY 14621	585-922-4000
Highland Hospital 1000 South Avenue, Rochester, NY 14620	585-473-2200
Strong Memorial Hospital 601 Elmwood Avenue, Rochester, NY 14642	585-275-2100
Rochester Regional Health 89 Genesee Street, Rochester, NY 14611	585-723-7000
Unity Hospital 1555 Long Pond Road, Rochester, NY 14626	585-723-7000
Rochester Immediate Care 1065 Ridge Road, Webster, NY 14580 2745 West Ridge Road, Rochester, NY 14626 2685 East Henrietta Road, Henrietta, NY 14467	585-872-2273 585-225-5252 585-444-0058
Rochester Walk In Care 1160 Chili Avenue, Rochester, NY 14624	585-426-4990
Rochester Urgent Care 2701 Culver Road, Rochester, NY 14622	585-266-4000
UR Medicine Urgent Care 3400 Monroe Avenue, Rochester, NY 14618 1300 Jefferson Road #100, Rochester, NY 14623 42 Nichols Street, Spencerport, NY 14559 2134 Penfield Road, Penfield, NY 14526	585-203-1055 585-413-1800 585-349-7094 585-276-8280
Rochester Regional Health Immediate Care 2226 Penfield Road, Penfield, NY 14526	585-388-5280

Urgent Care by Lifetime Health

800 Carter Street, Rochester, NY 14621	585-338-1200
1850 Brighton Henrietta Town Line Road, Rochester 14623	585-338-1200
470 Long Pond Road #100, Rochester, NY 14612	585-227-7600

Immediate Care East

1600 Moseley Road #300, Victor, NY 14564	585-398-1275
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Five Star Urgent Care

3648 Dewey Avenue, Rochester, NY 14616	585-736-3503
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Urgent Care Now

60 Barrett Drive, Suite A, Webster, NY 14580	585-872-1003
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Brockport ASAP Walk In Medical Care

6565 4 th Section Road #100, Brockport, NY 14420	585-391-3988
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Joseph C Wilson Health Center

800 Carter Street, Rochester, NY 14621	585-338-1400
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Planned Parenthood

114 University Avenue, Rochester, NY 14605	866-600-6886
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STD Clinic

855 West Main Street, Rochester, NY 14611	585-753-5481
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Women's Care Center

3252 Lake Avenue, Rochester, NY 14612	585-865-0360
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Highland Family Planning

757 South Clinton Avenue, Rochester, NY 14620	585-279-4890
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Unity Family Medicine

3379 Chili Avenue #100, Rochester, NY 14624	585-889-0750
2260 Lake Avenue #1000, Rochester, NY 14612	585-254-1850
1110 Long Pond Road Suite 250, Rochester, NY 14626	585-368-4350

Child Health Plus

800-698-4543

Child Health Plus offers health insurance to children ages birth through 18 years within New York State who family income falls within certain limits. The purpose of Child Health Plus is to ensure that all eligible children receive the basic, routine, preventive health care that keeps children healthy and protects them from common childhood diseases and illnesses. Child Health Plus is made available by New York State law that provides funding for children's health insurance.

Family Health Plus

877-934-7587

Family Health Plus offers health insurance to individuals ages 19-64 years within New York State who family income falls within certain limits. The purpose of Family Health Plus is to ensure that all eligible individuals receive basic, routine, prevention health care that keeps people healthy and protects them from common diseases and illnesses. Family Health Plus is made available by New York State law that provides funding for individuals health insurance.

Medicaid and Children's Health Insurance Plan (CHIP)

Medicaid and the Children's Health Insurance Plan (CHIP) provide free or low-cost health coverage to millions of Americans, including some low-income people, families and children, pregnant women, the elderly, and people with disabilities. Visit their website to enroll or see if you qualify:

<https://www.healthcare.gov/Medicaid-chip/getting-Medicaid-chip>

Supplemental Security Income (SSI)

1-800-772-1213

A program based on financial need and disability. SSI provides supplemental income and medical insurance.

Employment

RochesterWorks!

255 Goodman Street North, Rochester, NY 14607	585-258-3500
691 St. Paul Street, Rochester, NY 14605	585-753-5656
276 Waring Road, Rochester, NY 14609	585-266-7760

Express Employment Professionals

3040 Monroe Avenue, Rochester, NY 14618	585-218-0440
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Job Path

233 Alexander Street, Rochester, NY 14607	585-256-7330
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Adecco Staffing

1330 Lexington Avenue, Rochester, NY 14606	585-546-1660
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PeopleReady

961 Lyell Avenue, Rochester, NY 14606	585-254-1360
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AP Professionals

500 Linden Oaks, Rochester, NY 14625	585-381-7350
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Rochester Vocational Access

1787 Norton Street, Rochester, NY 14609	585-544-5880
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Rochester Educational Opportunity Center

161 Chestnut Street, Rochester, NY 14604	585-232-2730
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Legal Assistance

Legal Aid Society of Rochester

One West Main Street, Rochester, NY 14614	585-232-4090
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Pre-Trial Services Corporation

80 West Main Street, Rochester, NY 14614	585-454-3491
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Monroe County Public Defenders Office

10 Fitzhugh Street North, Rochester, NY 14614	585-753-4210
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Transportation

Regional Transit Service

585-288-1700

60 St. Paul Street, Rochester, NY 14604

Rochester Medical Transportation

585-288-3444

150 Josons Drive, Rochester, NY 14623

Medical Motor Service

585-654-7030

608 South Clinton Avenue, Rochester, NY 14620

Medicab

585-342-7150

1449 Hudson Avenue, Rochester, NY 14621

Genesee Transportation, Inc.

585-256-1510

355 Portland Avenue, Rochester, NY 14605

Star Medical Transportation

585-694-3674

Rochester Train Station

800-872-7245

320 Central Avenue, Rochester, NY 14605

Greyhound Bus Stop

585-232-5121

186 Cumberland Street, Rochester, NY 14609

Veterans Services

Monroe County Veterans Services

585-753-6040

125 Westfall Road, Rochester, NY 14620

US Veterans Affairs Department

585-232-5040

2000 South Winton Road #201, Rochester, NY 14604

Veterans Outreach Center

585-546-1081

447 South Avenue, Rochester, NY 14620

Rochester VA Outpatient Clinic

585-463-2600

465 Westfall Road, Rochester, NY 14620 ²³⁰

Hotlines and Crisis Centers

Child Abuse Hotline	1-800-342-3720
Drug Abuse Information Hotline	1-800-522-5353
National Suicide Prevention Lifeline	1-800-273-8255
County Suicide Prevention Crisis Number	585-275-5151
NYS Domestic and Sexual Violence Hotline	1-800-942-6906
Spanish Language	1-800-942-6908
Alternative for Battered Women	585-232-7353
District Attorney Victim Assistance	585-529-0715
Rochester Police Victim Assistance	585-428-6630
Sheriff’s Department Victim Assistance	585-428-5495
SPCC Family Violence Program	585-325-6101
Poison Control	1-800-222-1222
For poisoning and drug overdoses	
New York State Police	585-279-8891

Montgomery County Community Resources



Mental Health

Also referred to as outpatient services or therapy and this service combined with psychiatric care have been found to be effective in treating mental illness. Services are provided by professionals who may be social workers, psychologists or certified mental health counselors, either one-on-one or with a family and are paid for either by health insurance or via sliding scale based on income.

Mental Health Association 101 Guy Park Avenue, Amsterdam, NY 12010	518-842-2790
St. Mary's Mental Health Children's Clinic 8 Northampton Road, Amsterdam, NY 12010	518-843-7520
St. Mary's Mental Health Center 427 Guy Park Avenue, Amsterdam, NY 12010	518-841-7359
Family Counseling Center 2 Willett Street, Fort Plain, NY 13339	518-993-2273
National Alliance for the Mentally Ill 2414 Riverfront Center, Amsterdam, NY 12010	518-843-3261
Light House Montgomery 26 Philips Street, Amsterdam, NY 12010	518-842-5131

Alcohol and Drug Abuse/Addiction

Alcohol/drug abuse and addiction cause problems at work, school, home, and in relationships. Abuse and addiction can be treated with proper support and care. There are a multitude of resources available.

St. Mary's Healthcare Addiction Service

518-841-732

427 Guy Park Avenue #3, Amsterdam, NY 12010

Saint Jude Retreats

888-424-2626

9 Market Street, Amsterdam, NY 12010

OASAS (Office of Alcoholism and Substance Abuse Services)

<http://www.oasas.ny.gov/providerdirectory>

Alcoholics Anonymous

518-587-0407

http://www.aa.org/pages/en_US/find-local-aa

Alcoholics Anonymous meetings are a good choice for many. Most AA programs also hold Al-anon meetings which are for family members of alcoholics.

Narcotics Anonymous

877-266-3660

<https://www.na.org/meetingsearch/>

Narcotics Anonymous meetings are for substance abusers whose drug of choice is not necessarily alcohol.

Al-Anon/Alateen

<https://al-anon.org/>

Family Resources

Catholic Charities 1 Kimball Street, Amsterdam, NY 12010	518-842-4202
Montgomery County ARC 43 Liberty Drive, Amsterdam, NY 12010	518-842-5080
Wishful Thinking Foundation 131 East Main Street, Amsterdam, NY 12010	518-627-4135
Youth Bureau 20 Park Street, Fonda, NY 12068	518-853-4355
Mohawk Valley Community Youth 102 Canal Street, Fort Plain, NY 13339	518-993-5815
Community Youth Center, Inc. 9 Erie Boulevard, Canajoharie, NY 13317	518-673-5117
YMCA 213 Harrison Street, Johnstown, NY 12095	518-848-3476
Habitat for Humanity 27 Wall Street, Amsterdam, NY 12010	518-842-2869
Fulmont Community Action Center 1200 Riverfront Center, Amsterdam, NY 12010	518-842-0790
HEAP Home Energy Assistance Program 64 Broadway, Fonda, NY 12068	518-853-4646
Amsterdam Housing Authority 52 Division Street, Amsterdam, NY 12010	518-842-2894
Cornell Cooperative Extension 24 Martin Road, Voorheesville, NY 12186	518-765-3500

Food and Nutrition Programs

SNAP Supplemental Nutrition Assistance Program 64 Broadway, Fonda, NY 12068	518-853-4646
WIC Women, Infants & Children 20 Park Street, Fonda, NY 12068	518-853-8363
St. Ann's Episcopal Church 37 Division Street, Amsterdam, NY 12010	518-842-2363
Catholic Charities 1 Kimball Street, Amsterdam, NY 12010	518-842-42002
Fulmont Community Action Center 1200 Riverfront Center, Amsterdam, NY 12010	518-842-0790

Employment

The Workforce Solutions Center 2620 Riverfront Center, Amsterdam, NY 12010	518-842-3676
Employee Assistance Program 430 Guy Park Avenue, Amsterdam, NY 12010	518-843-0503
Private Industry Council, Inc. 2620 Riverfront Center, Amsterdam, NY 12010	518-842-3676

Other

Legal Aid Society 1 Kimball Street, Amsterdam, NY 12010	518-842-9466
Mongomery Veteran's Services 20 Park Street, Fonda, NY 12068	518-853-8152

Health and Medical

Bassett Healthcare Network

56 Montgomery Street, Canajoharie, NY 13317 518-673-5555
8 Park Place, St. Johnsville, NY 13452 518-568-3403
390 Co Hwy 154, Florida, NY 12549

Mohawk Valley Multi Specialty Medical Group

5032 NY-30, Amsterdam, NY 12010 518-428-5119

St. Mary's Healthcare

48 Erie Boulevard, Canajoharie, NY 13317 518-673-2573

St. Mary's Urgent Care

4950 State Route 30, Amsterdam, NY 12010 518-841-3600

St. Mary's Family Health Clinic

4988 NY-30, Amsterdam, NY 12010 518-841-3770

Woman's Health of Amsterdam

425 Guy Park Avenue #306, Amsterdam, NY 12010 518-843-6613

Neena Rao Medical Center

1 Front Street, Amsterdam, NY 12010 518-843-4414

Fonda VA Outpatient Clinic

2623 NY-30A, Fonda, NY 12068 518-853-1247

Planned Parenthood

4803 State Highway/30 KEM Plaza, Amsterdam, NY 12010 518-842-0285

New Dimensions in Health Care

40 Wall Street, Amsterdam, NY 12010 518-843-2575

Amsterdam Family Practice

119 Holland Circle Drive, Amsterdam, NY 12010 518-843-4522

Child Health Plus

800-698-4543

Child Health Plus offers health insurance to children ages birth through 18 years within New York State who family income falls within certain limits. The purpose of Child Health Plus is to ensure that all eligible children receive the basic, routine, preventive health care that keeps children healthy and protects them from common childhood diseases and illnesses. Child Health Plus is made available by New York State law that provides funding for children's health insurance.

Family Health Plus

877-934-7587

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Medicaid and Children's Health Insurance Plan (CHIP)

Medicaid and the Children's Health Insurance Plan (CHIP) provide free or low-cost health coverage to millions of Americans, including some low-income people, families and children, pregnant women, the elderly, and people with disabilities. Visit their website to enroll or see if you qualify:

<https://www.healthcare.gov/Medicaid-chip/getting-Medicaid-chip>

Supplemental Security Income (SSI)

1-800-772-1213

A program based on financial need and disability. SSI provides supplemental income and medical insurance.

Hotlines and Crisis Centers

National Suicide Prevention Hotline	1-800-273-8255
County Suicide Prevention Crisis Number	518-842-9111
National Domestic Violence Hotline	1-800-799-7233
New York State Coalition against Domestic Violence	1-800-942-6906
Catholic Charities	518-842-3384
Montgomery County Sheriff	518-853-5500
Amsterdam Police Department	518-842-1100
State Police Department	518-673-5454

Niagara County Community Resources



Mental health refers to a person's condition with regard to their psychological and emotional well-being. Taking care of one's mental health is of critical importance and should be prioritized. Mental Health problems can come in a multitude of forms, and help should be sought if you are experiencing an unusual amount of distress or having difficulty functioning.

Niagara County Mental Health Services 716-278-1940
1001 11th Street, Niagara Falls, NY 14301

Horizon Health Services
6560 Niagara Falls Boulevard, Niagara Falls, NY 14304 716-283-2000
637 Davison Avenue, Lockport, NY 14094 716-433-2484

Family & Children's Services of Niagara 716-285-6984
1522 Main Street, Niagara Falls, NY 14305

Psychotherapy Associates 716-285-1904
419 Walnut Avenue, Niagara Falls, NY 14301

Summit Life Outreach Center 716-298-8600
1622 Pine Avenue, Niagara Falls, NY 14301

Stonelea Family Counseling 716-390-6065
908 Niagara Falls Boulevard, North Tonawanda, NY 14120

Drop-In Center 716-433-6543
344 Walnut Street, Lockport, NY 14094

Mental Health Association in Niagara 716-433-3780
36 Pine Street, Lockport, NY 14094

Rivershore, Inc. 716-297-3015
4632 Miller Road, Niagara Falls, NY 14304

Buffalo Psychiatric Center 716-695-5854
15 Webster Street, North Tonawanda, NY 14120

Monsignor Carr Institute 716-205-0825
620 Tronolone Place, Niagara Falls, NY 14301

Alcohol and Drug Abuse/Addiction

Alcohol/drug abuse and addiction cause problems at work, school, home, and in relationships. Abuse and addiction can be treated with proper support and care. There are a multitude of resources available.

Northpointe Council, Inc.

41 East Main Street #18, Lockport, NY 14094
2470 Allen Avenue, Niagara Falls, NY 14303

716-433-3846
716-412-2439

Beacon Center

36 East Avenue A, Lockport, NY 14094

716-439-6815

Fellowship House, Inc.

5586 Niagara Street, Lockport, NY 14094
625 Buffalo Avenue, Niagara Falls, NY 14303

716-438-9131
716-282-8510

Reflections Recovery Center

521 East Avenue, Lockport, NY 14094

716-514-5700

Clearview Treatment Services

5300 Military Road, Lewiston, NY 14092

716-298-2115

Horizon Health Services

1750 Pine Avenue, Niagara Falls, NY 14301

716-505-1060

OASAS (Office of Alcoholism and Substance Abuse Services)

<http://www.oasas.ny.gov/providerdirectory>

Alcoholics Anonymous

http://www.aa.org/pages/en_US/find-local-aa

716-285-5319

Narcotics Anonymous

<https://www.na.org/meetingsearch/>

716-304-6880

Al-Anon/Alateen

<https://al-anon.org/>

716-856-2520

Family Support

Doris W. Jones Family Resource Building 3001 9 th Street, Niagara Falls, NY 14305	716-285-5374
Niagara Community Action Program 564 19 th Street, Niagara Falls, NY 14301	716-282-4375
Youth Mentoring Services of Niagara County, Inc. 86 Park Avenue, Lockport, NY 14094	716-434-1855
Niagara County Youth Bureau 301 10 th Street, Niagara Falls, NY 14303	716-278-6886
Cornell Cooperative Extension 4487 Lake Avenue, Lockport, NY 14094	716-433-8839
Wyndham Lawn 6395 Old Niagara Road, Lockport, NY 14094	716-433-4487
Lockport Family YMCA 19 East Avenue, Lockport, NY 14094	716-434-8887
Niagara Falls Family YMCA 1522 Main Street, Niagara Falls, NY 14305	716-285-8491
Niagara Falls Boys' & Girls' Club, Inc. 725 17 th Street, Niagara Falls, NY 14301	716-282-7181
Center for Young Parents 4455 Porter Road, Niagara Falls, NY 14305	716-286-0763
Catholic Charities 450 Bewley Parkway, Lockport, NY 14094	716-433-0246
Opportunities Unlimited of Niagara 2510 Niagara Falls Boulevard, Niagara Falls, NY 14304	716-504-2617

Housing

Niagara Falls Housing Authority

744 10th Street, Niagara Falls, NY 14301

716-285-6961

3001 9th Street, Niagara Falls, NY 14305

716-285-5374

Lockport Housing Authority

716-434-0001

301 Michigan Street, Lockport, NY 14094

North Tonawanda Housing Authority

716-693-2132

33 Spruce Street, North Tonawanda, NY 14120

Neighborhood Legal Services, Inc.

716-284-8831

225 Old Falls Street, Niagara Falls, NY 14303

Community Missions, Inc.

1570 Buffalo Avenue, Niagara Falls, NY 14303

716-285-3403

1011 Michigan Avenue, Niagara Falls, NY 14305

716-285-5977

1134A Cleveland Avenue, Niagara Falls, NY 14305

716-282-3890

344 Walnut Street, Lockport, NY 14094

716-439-8086

Lockport CARES, Inc.

716-438-2273

192 Genesee Street, Lockport, NY 14094

Niagara Gospel Rescue Mission

716-205-8805

1317 Portage Road, Niagara Falls, NY 14301

Casey House Youth Shelter

716-285-7125

710 Cedar Avenue, Niagara Falls, NY 14301

Carolyn's House YWCA

716-278-9662

542 6th Street, Niagara Falls, NY 14301

HEAP Home Energy Assistance Program

716-278-8400

20 East Avenue, Lockport, NY 14094

Food and Nutrition

First Baptist Church of Newfane

6047 East Ave., Newfane
716-778-9216

Wilson Community Food Pantry

359 Lake St., Wilson
716-751-0165

Sister Helen's Food Pantry

160 Chestnut St., Lockport
716-433-5252

Care-N-Share Food Pantry

3924 Ransomville Rd, Ransomeville
716-791-3855

Sister Mary Loretto Soup Kitchen

50 Cottage St., Lockport
716-343-1276

Raymond Community Church

6597 Rapids Rd., Lockport
716-434-3175

North Tonawanda Inter-Church

100 Ridge St., N. Tonawanda
716-692-8552

Word of Life Ministries

1941 Hyde Park Blvd, Niagara Falls
716-297-2951

Heart, Love & Soul Dining Room

939 Ontario Ave., Niagara Falls
716-282-5687

Newfane Community Food Pantry

3455 Ewings Rd., Newfane
716-778-9822

Faith United Methodist Church

1449 Quaker Rd., Barker
716-795-9945

St. Mary's- Lockport

5 Saxton St., Lockport
716-433-6467

Niacap Lockport Pantry

180 Washburn St., Lockport
716-433-6632

Salvation Army- Lockport

50 Cottage St., Lockport
716-434-1276

Pendleton Food Pantry

7416 Campbell Blvd., North Tonawanda
716-348-9574

St. John De La Salle Community Care

8477 Buffalo Ave., Niagara Falls
716-283-2238

Salvation Army- Niagara Falls

7018 Buffalo Ave, Niagara Falls
716-283-7697

St. Joseph Outreach

1413 Pine Avenue
Niagara Falls, NY 14301

Food and Nutrition

Divine Mercy Food Pantry

2437 Niagara St., Niagara Falls
716-260-7540

Magdalene Project Soup Kitchen

1910 Falls St., Niagara Falls
716-282-0908

Community Missions, Inc. Pantry

1590 Buffalo Ave., Niagara Falls
716-285-3403

Community Missions, Inc. Dining

1570 Buffalo Ave., Niagara Falls
716-285-3403

WIC Women, Infants & Children

Bewley Building, 300 Main Street, Lockport, NY 14094

716-439-4712

SNAP Supplemental Nutrition Assistance Program

301 10th Street, Niagara Falls, NY 14303

716-278-6822

Employment

Niagara County Trott Access Center

1001 11th Street, Niagara Falls, NY 14301

716-278-8108

Opportunities Unlimited

1555 Fashion Outlets Boulevard, Niagara Falls, NY 14304

716-297-6400

Employment Intervention and Empowerment Center

339 22nd Street, Niagara Falls, NY 14303

716-285-2990

Everywoman Opportunity Center, Inc.

1905 Pine Avenue, Niagara Falls, NY 14301

716-282-8472

Durham Staffing, Inc.

7703 Niagara Falls Boulevard, Niagara Falls, NY 14304

716-283-2275

Adecco Employment Services

1700 Pine Avenue #204, Niagara Falls, NY 14301

2 Market Street, Lockport, NY 14094

716-284-4211

716-438-9595

Express Employment Professionals

908 Niagara Falls Boulevard Suite 206, North Tonawanda, NY 14120

716-389-2901

Niagara Falls Memorial Medical Center 716-278-4000
621 10th Street, Niagara Falls, NY 14301

DeGraff Memorial Hospital 716-694-4500
445 Tremont Street, North Tonawanda, NY 14120

Eastern Niagara Hospital
2600 William Street, Newfane, NY 14108 716-778-5111
521 East Avenue, Lockport, NY 14094 716-514-5700

Hamilton B. Mizer Primary Care Center 716-282-7484
501 10th Street, Niagara Falls, NY 14301

Mount Saint Marys Hospital 716-297-4800
5300 Military Road, Lewiston, NY 14092

Summit Healthplex 716-298-5800
6932-6934 Williams Road, Niagara Falls, NY 14304

Women's Medicine of Niagara 716-297-9379
5927 Military Road, Lewiston, NY 14092

Niagara Family Medicine Associates 716-298-5862
7300 Porter Road, Niagara Falls, NY 14304

Easter Niagara Medical Group 716-434-6093
53 Elizabeth Drive, Lockport, NY 14094

Community Health Center of Niagara Falls 716-278-4418
2715 Highland Avenue, Niagara Falls, NY 14305

ENH Express Care 716-433-9525
5875 South Transit Road, Lockport, NY 14094

Wheatfield Pediatrics 716-807-7337
2890 Niagara Falls Boulevard, North Tonawanda, NY 14120

Child Health Plus

1-800-231-0744

Child Health Plus offers health insurance to children ages birth through 18 years within New York State who family income falls within certain limits. The purpose of Child Health Plus is to ensure that all eligible children receive the basic, routine, preventive health care that keeps children healthy and protects them from common childhood diseases and illnesses. Child Health Plus is made available by New York State law that provides funding for children's health insurance.

Family Health Plus

1-877-934-7587

Family Health Plus offers health insurance to individuals ages 19-64 years within New York State who family income falls within certain limits. The purpose of Family Health Plus is to ensure that all eligible individuals receive basic, routine, prevention health care that keeps people healthy and protects them from common diseases and illnesses. Family Health Plus is made available by New York State law that provides funding for individuals health insurance.

Medicaid and Children's Health Insurance Plan (CHIP)

Medicaid and the Children's Health Insurance Plan (CHIP) provide free or low-cost health coverage to millions of Americans, including some low-income people, families and children, pregnant women, the elderly, and people with disabilities. Visit their website to enroll or see if you qualify:

<https://www.healthcare.gov/Medicaid-chip/getting-Medicaid-chip>

Supplemental Security Income (SSI)

1-800-772-1213

A program based on financial need and disability. SSI provides supplemental income and medical insurance.

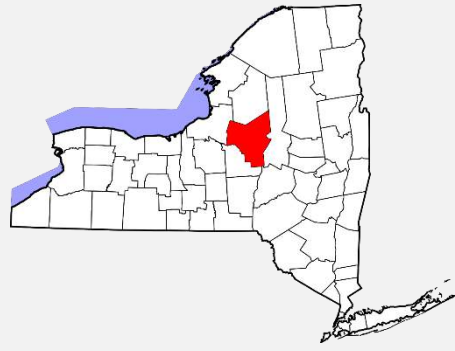
Other

Niagara County Veteran's Services 111 East Main Street #200, Lockport, NY 14094	716-438-4090
YWCA Lockport- Domestic Violence Program 32 Cottage Street, Lockport, NY 14094	716-433-6714
YWCA North Tonawanda- Domestic Violence Program 49 Tremont Street, North Tonawanda, NY 14120	716-692-5580
Legal Aid Society 775 3 rd Street, Niagara Falls, NY 14301	716-284-8831
Neighborhood Legal Services, Inc. 225 Old Falls Street, Niagara Falls, NY 14303	716-284-8831
Niagara County Emergency Management 5574 Niagara Street Extension, Lockport, NY 14094	716-438-3176
Niagara County Public Defender 139 Niagara Street, Lockport, NY 14094	716-439-7071
Cayuga Youth Athletic Associates 1043 93 rd Street, Niagara Falls, NY 14304	716-283-4426
Community Child Care Clearinghouse 1521 Main Street, Niagara Falls, NY 14305	716-285-8572
We Care Transportation 2393 Niagara Falls Boulevard, Niagara Falls, NY 14304	716-731-3540
Niagara County Transportation 20 East Avenue, Lockport, NY 14094	716-439-7797

Hotlines and Crisis Centers

County Suicide Prevention Crisis Number	716-285-3515
National Suicide Prevention Crisis Number	1-800-273-8255
National Domestic Violence Hotline	1-800-799-7233
NYS Coalition against Domestic Violence	1-800-942-6906
National Runaways Switchboard	1-800-RUNAWAY
Abused/Neglected Children (NYS)	1-800-342-3720
District Attorney Victim Assistance	585-243-7020
Child Abuse Hotline	1-800-342-3720
Niagara County Runaway Program	716-285-7158
Poison Control	1-800-222-1222
Crisis Pregnancy	716-278-1940
Crime Victims Board	716-847-7992
Native American Crime Victim Assistance	716-282-5441
Niagara Sheriff's Victim Assistance Unit	716-438-3393
Niagara County Sheriff's Department	716-438-3393
Niagara Falls Police Department	716-286-4547
New York State Police- Niagara Falls	716-297-0755
New York State Police- Lockport	716-434-5588

Oneida County Community Resources



Mental health refers to a person's condition with regard to their psychological and emotional well-being. Taking care of one's mental health is of critical importance and should be prioritized. Mental Health problems can come in a multitude of forms, and help should be sought if you are experiencing an unusual amount of distress or having difficulty functioning.

Community Health & Behavioral Services 1427 Genesee Street, Utica, NY 13501	315-738-1428
Mobile Crisis Assessment Team 628 Mary Street, Utica, NY 13501	315-732-6228
ADHD & Autism Psychological Services and Advocacy 122 Business Park Drive #1, Utica, NY 13502	315-732-3431
Center for Family Life & Recovery 502 Court Street #401, Utica, NY 13502	315-733-1709
Central NY Mental Health Services 286 Genesee Street, Utica, NY 13502	315-266-0600
Mohawk Valley Psychiatric Center 1400 Noyes Street, Utica 13501	315-738-3135
The Neighborhood Center of Utica 628 Mary Street, Utica, NY 13501 195-199 W. Dominick Street, Rome, NY 13440	315-272-2600 315-272-2730
Samaritan Counseling Center 1643 Genesee Street, Utica, NY 13501	315-724-5173
YWCA Domestic & Sexual Violence Counseling 1000 Cornelia Street, Utica, NY 13502	315-732-2159 x242
New Hartford Health Counseling 21 Kellogg Road, New Hartford, NY 13413	315-735-0804
Clinton Counseling Center 2 Williams Street, Clinton, NY 13323	315-853-8716

Aspire Behavioral Health Solutions

587 Main Street Suite 108, New York Mills, NY 13417

315-732-3431

Clinton Therapy and Testing Center

7325 New York 5, Clinton, NY 13323

315-859-1973

Donald K. Mitchell V.A. Outpatient Clinic

125 Brooklet Road, Building 510, Rome, NY 13441

315-334-7100

Family Nurturing Center of CNY

209 Elizabeth Street, 4th Floor, Utica, NY 13501

315-738-9773

Grief Counseling Grass Roots

1231 Green Street, Utica, NY 13501

315-797-0472

Mental Health Connections

1500 Genesee Street, Utica, NY 13502

315-735-9501

Open Minds Neighborhood Center

615 Mary Street, Utica, NY 13501

315-272-2760

The Door Counseling Center

37 Dudley Avenue, Yorkville, NY 13495

315-768-8900

Alcohol and Drug Abuse/Addiction

Addictions Crisis Center of the Rescue Mission of Utica 212 Rutger Street, Utica, NY 13501	315-735-1645 x162
Insight House Chemical Dependency Services 500 Whitesboro Street, Utica, NY 13502	315-724-5168
McPike Addictions Treatment Center 1213 Court Street, Utica, NY 13502	315-738-4600
Milestone/CNY Services 502 Court Street, Suite 402, Utica, NY 13501	315-507-5800
Professional Counseling Center 114 Genesee Street, New Hartford, NY 13413	315-733-0520
The Dual Recovery Network 675 Catherine Street, Utica, NY 13501	315-266-0627
Beacon Center 1508 Genesee Street, 1 st Floor, Utica, NY 13502 303 West Liberty Street, 2 nd Floor, Rome, NY 13440	315-717-0819 315-717-0819
Rome Hospital/Community Recovery Center 1500 North James Street, Rome, NY 13440	315-338-7000
OASAS (Office of Alcoholism and Substance Abuse Services) http://www.oasas.ny.gov/providerdirectory	
Alcoholics Anonymous http://www.aa.org/pages/en_US/find-local-aa	315-732-6880
Narcotics Anonymous https://ww.na.org/meetingsearch/	818-773-9999 x771
Al-Anon/Alateen https://al-anon.org/	315-533-1227

Housing

Cornell Cooperative Extension of Oneida County 2 nd Street, Oriskany, NY 13424	315-736-3394
Emmaus House 1215 Kemble Street, Utica, NY 13501	315-797-3339
Municipal Housing 415 Bleecker Street, Utica, NY 13501 929 Hillcrest Avenue, Utica, NY 13501 1600 Armory Drive, Utica, NY 13501	315-724-0640 315-733-7196 315-735-6572
Rescue Mission of Utica 212 Rutger Street, Utica, NY 13501	315-735-4037
Supplemental Homelessness Intervention Program www.working-solutions.org/ServiceProviders/SPHousingEmergency.htm	315-339-5640 x271
Mohawk Valley Community Action 5 Johnson Park, Utica, NY 13501	315-624-0821
New Horizons (Community Housing) 129 Eagle Street, Utica, NY 13501	315-732-7032
Refugee Center 309 Genesee Street, Utica, NY 13501	315-738-1083
Section 8 Housing Authority Utica City Hall, 3 rd Floor, Utica, NY 13502 205 St. Peter's Avenue, Rome, NY 13440	315-792-0199 315-339-0730
HEAP Home Energy Assistance Proram 800 Park Avenue, Utica, NY 13501 300 West Dominick Street, Rome, NY 13440	315-798-5632 315-338-0200

Food and Nutrition Programs

Angel Foods Ministries

St. Stephens Episcopal Church
25 Oxford Rd, New Hartford
315-732-7462

Eat Smart NY

Cornell Cooperative Extension
315-736-3394

Hope House

140 Eagle St, Utica
315-793-3723

Mother Marianne Westside Soup Kitchen

702 Columbia St., Utica
315-735-4429

Seeds of Hope Food Pantry

1605 Genesee St., Utica
315-839-5303

St. John's Church

240 Becker St, Utica
315-724-6159

The Salvation Army

14 Clinton St, Utica
Monday-Friday 11am-12:45pm
Free Meals

Waterville Area Food Pantry

145 Stafford Ave, Waterville
315-841-8783

Catholic Charities

212 West Liberty St, Rome
315-337-5260

First Assembly of God- Marcy Pantry

9427 Maynard Dr., Marcy
315-732-8867

Johnson Park Food Pantry

1404 West St., Utica
315-734-9608

Rome Food Bank

Salvation Army
410 West Dominick St., Rome
315-336-4260

St. Francis DeSales

1119 Elm St., Utica
315-732-6171

The Bowman House Food Pantry

731 Lafayette St., Utica
315-797-0748

Utica Food Bank

112 Bleecker St., Utica
315-507-4900

Westminister Presbyterian Food Pantry

714 Washington St, Utica
315-732-6518

Family Resources

Big Brothers Big Sisters of Oneida County 258 Genesee Street, Utica, NY 13502	315-738-0794
Family Nurturing Center of CNY 209 Elizabeth Street, Utica, NY 13501	315-738-9773
Family Support Group- Kids Oneida 310 Main Street, Utica, NY 13501	315-738-9773
Mohawk Valley Perinatal Network Boot Camp for New Dads 100 Cornelia Street, 2 nd Floor, Utica, NY 13501	315-732-4657
Multicultural Association 287 Genesee Street Suite 101, Utica, NY 13501	315-732-2271
Oneida County Child Advocacy 930 York Street, Utica, NY 13502	315-732-3990
Rome Family YMCA 301 West Bloomfield Street, Rome, NY 13440	315-336-3500
Utica Recreation Center 220 Memorial Parkway, Utica, NY 13501	315-266-0454
YMCA of the Greater Tri-Valley 701 Seneca Street, Oneida, NY13421	315-363-7352
Oneida-Herkimer-Madison BOCES PO Box 70 Middle Settlement Road, New Hartford, NY 13413	315-733-2735
Learning Disability Association 401 Columbia Street, Utica, NY 13501	315-797-1253
Families Foremost Program/Preventative Services 133 North Genesee Street, Utica, NY 13502 ₂₅₇	315-235-7730

Oneida Healthcare Center 321 Genesee Street, Oneida, NY 13421	315-363-6000
Verona Health Center 5547 East Main Street, Verona, NY 13478	315-363-3482
Oneida County Health Department 406 Elizabeth Street, Utica, NY 13501	315-798-5747
Bassett Medical Center 2031, Dream Catcher Plaza, Oneida, NY 13421	315-231-5400
Oneida Medical Associates 600 Seneca Street, Oneida, NY 13421	315-363-1345
Quick Care 357 Genesee Street, Oneida, NY 13421	315-363-2123
Women's Health Associates 8080 Turin Road, Rome, NY 13440	315-336-4721
Planned Parenthood 1424 Genesee Street, Utica, NY 13502	315-724-6146
St. Elizabeth Medical Center 2209 Genesee Street, Utica, NY 13501 4401 Middle Settlement Road #101, New Hartford, NY 13413	315-801-8100
Rome Memorial Hospital 1500 North James Road, Rome, NY 13440	315-338-7000
Mohawk Valley Health System 1656 Champlin Avenue, Utica, NY 13502	315-624-6000
Primary Urgent Care 1904 Genesee Street, Utica, NY 13502	315-804-6800

Child Health Plus

800-698-4543

Child Health Plus offers health insurance to children ages birth through 18 years within New York State who family income falls within certain limits. The purpose of Child Health Plus is to ensure that all eligible children receive the basic, routine, preventive health care that keeps children healthy and protects them from common childhood diseases and illnesses. Child Health Plus is made available by New York State law that provides funding for children's health insurance.

Family Health Plus

877-934-7587

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Medicaid and Children's Health Insurance Plan (CHIP)

Medicaid and the Children's Health Insurance Plan (CHIP) provide free or low-cost health coverage to millions of Americans, including some low-income people, families and children, pregnant women, the elderly, and people with disabilities. Visit their website to enroll or see if you qualify:

<https://www.healthcare.gov/Medicaid-chip/getting-Medicaid-chip>

Supplemental Security Income (SSI)

1-800-772-1213

A program based on financial need and disability. SSI provides supplemental income and medical insurance.

Employment

Working Solutions- Rome 300 West Dominick Street, Rome, NY 13440	315-356-0662
Women's Employment & Resource Center 502 Court Street, Suite 234, Utica, NY 13502	315-798-9700
Staffworks, Inc. 600 French Road, New Hartford, NY 13413	315-735-5050
Fortus Group 2717 Genesee Street, Utica, NY 13502	315-768-3322
Employment Services 2260 Dwyer Avenue, Utica, NY 13501	315-724-0554
Express Employment Professionals 520 Seneca Street #103, Utica, NY 13502	315-790-5723
1st Choice Staffing, Inc. 830 Black River Boulevard North, Rome, NY 13440	315-533-1901
Adecco Staffing 258 Genesee Street #1, Utica, NY 13502	315-724-1620
Kelly Services 116 Business Park, Suite 103, Utica, NY 13502	315-733-4160
Oneida County Workforce Development 209 Elizabeth Street, Utica, NY 13501	315-798-5908
VESID- Vocational and Educational Services for Individuals with Disabilities 207 Genesee Street, Utica, NY 13501	315-798-2536
Wheel for Work Program	315-797-4642

Legal Assistance

Court Appointment Special Advocates 502 Court Street Suite 234, Utica, NY 13502	315-724-1718
Oneida County District Attorney	315-798-5766
Legal Aid Services 268 Genesee Street, 2 nd Floor, Utica, NY 13502	315-793-7077
Public Defenders Civil Unit 800 Park Avenue, Utica, NY 13501	315-266-6100
Oneida County Sheriffs' Department 200 Elizabeth Street, Utica, NY 13501	315-798-5862

Veterans' Services

Oneida County Veteran's Service 800 Park Avenue #1, Utica, NY 13501	315-798-5830
Oneida Veteran's Services Agency 125 Brookley Road, Rome, NY 13441	315-336-4270
Central New York Veteran's Outreach Center 726 Washington Street, Utica, NY 13502	315-765-0975

Hotlines and Crisis Centers

9-1-1 Oneida Police, Fire, Paramedics	Dial 9-1-1
Adult Protective Services	315-798-5641 1-800-342-3009
Child Abuse and Neglect	1-800-342-3720
Child Protective Services	315-789-5264
Domestic Violence Hotline	315-797-7740 1-800-942-6906
County Suicide Prevention Crisis Number	1-877-369-6699
First Call for Help	315-624-9211
HOPE House	315-793-3723
National Suicide Prevention Lifeline	1-800-273-8255
NYS Domestic and Sexual Violence Hotline	1-800-942-6906
Spanish Language	1-800-942-6908
Poison Control	1-800-222-1222
For poisoning and drug overdoses	
YWCA Rape Crisis Hotline/Program	315-797-7740

4-H Program of Cornell Cooperative Extension 121 Second Street, Oriskany, NY 13424	315-736-3394
Boys & Girls Club- Utica 210 Memorial Parkway, Utica, NY 13501	315-792-5238
Boys & Girls Club- Mohawk Valley 755 Lansing Street, Utica, NY 13501	315-724-2524
WIC Women, Infants and Children 301 West Dominick Street, Rome, NY 13440 617 South Street, Utica, NY 13501	315-356-4755 315-798-5066
Catholic Charities 1408 Genesee Street, Utica, NY 13501	315-724-2158
Resource Center for Independent Living 409 Columbia Street, Utica, NY 13501	315-797-4642
Evelyn's House 10 Burton Avenue, Utica, NY 13501	315-733-0236
Johnson Park Center 26 Johnson Park, Utica, NY 13501	315-734-9608
The House of the Good Shepherd 1550 Champlin Avenue, Utica, NY 13502	315-235-7600
Compassion Coalition 509 LaFayette Street, Utica, NY 13502	315-266-0039
Oneida County Early Interventions	315-798-5249
Financial Assistance for Day Care	315-867-1233

Onondaga County Community Resources



Mental health refers to a person's condition with regard to their psychological and emotional well-being. Taking care of one's mental health is of critical importance and should be prioritized. Mental Health problems can come in a multitude of forms, and help should be sought if you are experiencing an unusual amount of distress or having difficulty functioning.

Onondaga County Department of Mental Health 315-435-3355
421 Montgomery Street, 10th Floor, Syracuse, NY 13202

Syracuse Behavioral Healthcare
329 North Salina Street, Syracuse, NY 13203 315-471-1564
714 Hickory Street, Syracuse, NY 13203 315-701-1518

St. Joseph's Hospital Mental Health 315-703-2700
742 James Street, Syracuse, NY 13203

Liberty Resources Integrated Health Care 315-472-4471
1045 James Street #100, Syracuse, NY 13203

Hutchings Psychiatric Center
430 Irving Avenue, Syracuse, NY 13210 315-426-3600

NAMI Syracuse 315-487-2085
914 Avery Avenue, Syracuse, NY 13204

Behavioral Health Outpatient Clinic 315-425-4400
620 Erie Boulevard West, Syracuse, NY 13204

Psychological Health Care 315-656-0181
3300 James Street, Syracuse, NY 13206

Youth Emergency Services for Mental Health 315-463-1100
6520 Basile Rowe, East Syracuse, NY 13057

Elmcrest Children's Center 315-446-6250
960 Salt Springs Road, Syracuse, NY 13224

Syracuse University Psychological Services Center 315-443-3595
804 University Avenue, Room 205, Syracuse, NY 13244

Alcohol and Drug Abuse/Addiction

Alcohol/drug abuse and addiction cause problems at work, school, home, and in relationships. Abuse and addiction can be treated with proper support and care. There are a multitude of resources available.

Willows Inpatient Rehabilitation Center 315-492-1184
847 James Street #110, Syracuse, NY 13203

Crouse Chemical Dependency Treatment Services 315-849-3924
410 South Crouse Avenue, Syracuse, NY 13210

Belvedere Addictions Center 315-457-4700
344 West Genesee Street, Syracuse, NY 13202

Tully Hill 800-456-6114
5821 NY-80, Tully, NY 13159

Conifer Park 315-453-3911
526 Old Liverpool Road, Liverpool, NY 13088

Central New York Services 315-478-2453
518 James Street #240, Syracuse, NY 13203

Syracuse Recovery Services 315-475-1771
319 East Water Street, Syracuse, NY 13202

OASAS (Office of Alcoholism and Substance Abuse Services)
<http://www.oasas.ny.gov/providerdirectory>

Alcoholics Anonymous 315-463-5011
http://www.aa.org/pages/en_US/find-local-aa

Narcotics Anonymous 315-270-3065
<https://www.na.org/meetingsearch/>

Al-Anon/Alateen 315-471-0191
<https://al-anon.org/>

Family Support

Catholic Charities

1654 West Onondaga Street, Syracuse, NY 13204

315-424-1800

527 North Salina Street, Syracuse, NY 13208

315-474-7428

514 Seymour Street, Syracuse, NY 13204

315-475-9844

Exceptional Family Resources

315-478-1462

1820 Lemoyne Avenue, Syracuse, NY 13208

Peace Inc., Family Resource Center

93 Syracuse Street #700, Baldwinsville, NY 13027

315-638-1051

200 Wyoming Street, Syracuse, NY 13204

315-470-3352

Huntington Family Center

315-476-3157

405 Gifford Street, Syracuse, NY 13204

Arise

315-472-3171

635 James Street, Syracuse, NY 13203

Children's Consortium

315-471-8331

1010 James Street, Syracuse, NY 13203

New York Connects

315-435-1400

5065 West Seneca Turnpike, Syracuse, NY 13215

Project Connection

315-470-3329

1085 East Genesee Street #3, Syracuse, NY 13210

Determination Center of CNY

315-396-0148

1654 West Onondaga Street, Syracuse, NY 13204

Hawley Youth Organization

315-472-6343

716 Hawley Avenue, Syracuse, NY 13203

Focus Greater Syracuse

315-448-8732

201 East Washington Street, Syracuse, NY 13202

Family Support

Downtown Syracuse YMCA 340 Montgomery Street, Syracuse, NY 13202	315-474-6851
Berkshire Farm Center & Services for Youth 1045 James Street, Syracuse, NY 13203	315-282-2040
Cornell Cooperative Extension 100 South Salina Street Suite 170, Syracuse, NY 13202	315-424-9485
Big Brother Big Sisters 1085 East Genesee Street #2, Syracuse, NY 13210	315-470-3369
Q Center 617 West Genesee Street, Syracuse, NY 13204	315-701-2431
Center for Community Alternatives 115 East Jefferson Street #300, Syracuse, NY 13202	315-422-5638
Hillside Children's Center 215 Wyoming Street, Syracuse, NY 13204	315-703-8700
Southwest YMCA 4585 West Seneca Turnpike, Syracuse, NY 13215	315-498-2699
Young Life Syracuse North 600 Oswego Street #6, Liverpool, NY 13088	315-451-0064
Westcott Community Center 826 Euclid Avenue, Syracuse, NY 13210	315-478-8634
YWCA Syracuse 401 Douglas Street, Syracuse, NY 13203	315-474-0746
Parkside Children's Center 301 Valley Drive, Syracuse, NY 13207	315-468-1632

Housing

Syracuse Housing Authority

516 Burt Street, Syracuse, NY 13202

315-475-6181

100 Pastime Drive, Syracuse, NY 13208

315-476-4806

119 Radisson Court, Syracuse, NY 13202

315-428-8170

North Syracuse Housing Authority

315-458-7077

110 Singleton Avenue, Syracuse, NY 13212

YWCA Residence Program

315-471-9480

300 Burt Street, Syracuse, NY 13202

Booth House

3624 Midland Avenue, Syracuse

315-471-7628

Barnabas House

1912 South Salina Street, Syracuse

315-475-9720

De Palmer House

139 Delaware Street, Syracuse

315-475-1544

Oxford Street Inn

201 Oxford Street, Syracuse

315-423-9137

The Salvation Army

1704 South Salina St., Syracuse

315-472-0947

Rescue Mission Shelter

122-24 Dickerson St., Syracuse

120 Gifford St., Syracuse

Chadwick Residence

335 Valley Drive, Syracuse

315-476-6554

Dorothy Day House

1654 W. Onondaga St, Syracuse

315-476-0617

HEAP Home Energy Assistance Program

315-435-8295

600 State Street #7, Syracuse, NY 13202

Onondaga County Public Assistance Division

315-435-2700

421 Montgomery Street, 2nd Floor, Syracuse, NY 13202

Central New York Services

315-478-2453

518 James Street #240, Syracuse, NY 13203

Food and Nutrition

Assumption Church

808 North Salina St., Syracuse
315-473-9101

Basilica of Sacred Heart

927 Park Avenue, Syracuse
315-422-2343

Blessed Sacrament Outreach

3127 James St., Syracuse
315-437-3394

Brotherly Love Church of God

1234 S. State St., Syracuse
315-475-6233

Cathedral Emergency Assistance

264 E. Onondaga St., Syracuse
315-424-1876

Fabius-Pompey Outreach

7404 Academy St., Pompey
315-682-6332

First English Lutheran

501 James St., Syracuse
315-471-1678

F-M Community Outreach

122 E. Seneca St., Manlius
315-682-3688

Grace Episcopal Church

819 Madison St., Syracuse
315-478-0901

Baldwinsville Community Pantry

17 W. Genesee St, Baldwinsville
315-635-6442

Belle Grove Missionary Baptist

219 W. Castle St., Syracuse
315-476-7391

Brewerton United Methodist

5395 Orangeport Rd., Brewerton
315-668-3999

Brutus-Sennett Food Pantry

30 Liberty St., Weedsport
315-834-6581

Dunbar Association, Inc.

1453 S. State St., Syracuse
315-476-4269

Faith Lutheran Church

6142 Rt 31, Cicero
315-699-5224

First Presbyterian Church

620 W. Genesee St., Syracuse
315-471-1994

Four Square Gospel

218 Webster Ave., Syracuse
315-476-2538

Heaven's Pantry

Osborne St., Minoa
315-656-2780

Food and Nutrition

Hopps Memorial Church

1110 S. State St., Syracuse
315-475-9108

Lafayette Outreach, Inc.

6136 Route 20, Lafayette
315-677-5221

Most Holy Rosary Parish

111 Roberts Ave., Syracuse
315-478-5749

New Jerusalem Missionary

1034 Montgomery St., Syracuse
315-478-4278

North Central Assembly of God

7421 Buckley Rd., Syracuse
315-458-0896

Onondaga Valley Presbyterian

275 W. Seneca Turnpike, Syracuse
315-469-0946

People in Action Food Pantry

Building 25 Canton Dr., Syracuse
315-445-1148

Redeemer Evangelical Covenant

7565 Morgan Road, Liverpool
315-457-8887

Skaneateles Food Pantry

819 W. Genesee Street Rd., Skaneateles
315-685-3512

Jamesville-Dewitt Food Pantry

6486 E. Seneca Turnpike, Jamesville
315-469-5093

Marcellus First Presbyterian Church

1 East Main St., Marcellus
315-673-2201

Navarino Community Food Pantry

4389 S. Onondaga Rd., Nedrow
315-218-7517

New Salem Baptist Missionary

516 South Ave., Syracuse
315-378-4209

North Syracuse Christian Church

911 Church St., Syracuse
315-391-2797

Our Lady of Peace

203 Halcomb St., Syracuse
315-487-6832

Prince of Peace Missionary

317 E. Jefferson St., Syracuse
315-474-1238

Sacred Heart

8229 S. Main St., Cicero
315-699-2752

Southern Missionary Baptist

3143 Midland Ave., Syracuse
315-469-1610

Food and Nutrition

Southside Church of Christ

1327 W. Colvin St., Syracuse
315-422-4499

St. Cecilia

103 Third St., Solvay
315-488-3221

St. John the Baptist

406 Court St., Syracuse
315-423-8096

St. Leo's Church

10 Onondaga St., Tully
315-696-5092

St. Paul's Lutheran Food Pantry

228 Davis St., Syracuse

St. Rose of Lima Church

409 S. Main St., North Syracuse
315-474-8855

Transfiguration Church

740 Teall Ave. Syracuse
315-479-6129

United Baptist Church

718 S. Beech St., Syracuse
315-472-5683

University Christian Fellowship

512 Westcott St., Syracuse
315-426-9775

Valley Worship Center

2929 Midland Ave., Syracuse
315-492-2231

St. Brigid & St. Joseph Church

318 Herkimer St., Syracuse
315-488-7122

St. Francis of Assisi Parish

7820 Rt. 298, Bridgeport
315-633-2561

St. Joseph's Church

5600 W. Genesee St., Camillus
315-474-8855

St. Lucy's Food Pantry

425 Gifford St., Syracuse
315-424-0023

St. Margaret's Food Pantry

201 Roxboro Rd., Syracuse

Temple Society of Concord

910 Madison St., Syracuse
315-475-9952

Trinity Assembly of God

4398 Rt 31, Clay
315-652-4996

United Church of Christ

215 Blackberry Rd., Liverpool
315-652-6789

University United Methodist

1085 E. Genesee St., Syracuse
315-472-1715

Westvale Seventh Day Adventist

272 2511 W. Genesee St., Syracuse
315-488-8887

Food and Nutrition

WIC Women, Infants & Children 375 West Onondaga Street, Syracuse, NY 13202	315-435-3304
SNAP Supplemental Nutrition Assistance Program 421 Montgomery Street, 2 nd Floor, Syracuse, NY 13202	315-435-2700

Employment

Employee Assistance Program 600 East Genesee Street #325, Syracuse, NY 13202	315-470-7446
CNY Works 960 James Street, Syracuse, NY 13203	315-473-8250
Express Employment Professionals 3004 Erie Boulevard East, Syracuse, NY 13224	315-446-4900
AccessCNY 420 East Genesee Street, Syracuse, NY 13202	315-478-4151
Unity Employment Services 518 James Street Suite B-2, Syracuse, NY 13202	315-478-4240 x106
St. Josephs Vocational Services 747 James Street, Syracuse, NY 13203	315-703-2759
Community Options New York, Inc. 216 West Manlius Street, East Syracuse, NY 13057	315-431-9859
Staffworks 2112 Erie Boulevard East, Syracuse, NY 13224	315-455-9675
First Choice Staffing 7525 Morgan Road, Liverpool, NY 13090	315-453-5533
Manpower 250 Harrison Street #501, Syracuse, NY 13202	315-423-7213

Legal Aid

Legal Aid Society 221 South Warren Street, Syracuse, NY 13202	315-703-6600
Disability Advocacy Project 472 South Salina Street #300, Syracuse, NY 13202	315-475-3127
Contact Community Services 6311 Court Street Road, East Syracuse, NY 13057	315-251-1400
Onondaga District Attorney 505 South State Street, Syracuse, NY 13202	315-435-2470
New Justice Conflict Resolution Services 1153 West Fayette Street, Suite 301, Syracuse, NY 13204	315-471-4676
Person to Person: Citizen Advocacy 650 James Street, Syracuse, NY 13203	315-472-9190
Mental Hygiene Legal Services 224 Harrison Street, Suite 502, Syracuse, NY 13202	315-473-9495

Veteran's Services

Veterans Affairs Division 333 East Washington Street #430, Syracuse, NY 13202	315-428-4046
Syracuse VA Medical Center 800 Irving Avenue, Syracuse, NY 13210	315-425-4400
Vet Center 109 Pine Street, Syracuse, NY 13210	315-478-7127
Institute for Veterans and Military Families Crouse Drive, Syracuse, NY 13210	315-443-0141
US Veterans Affairs Behavioral Health Outpatient Center 620 Erie Boulevard West, Syracuse, NY 13204	315-425-4445

Crouse Hospital 736 Irving Avenue, Syracuse, NY 13210	315-470-7111
Golisano Children's Hospital 1 Children's Circle, Syracuse, NY 13210	315-464-5437
St. Joseph's Hospital Health Center 301 Prospect Avenue, Syracuse, NY 13203	315-448-5111
Upstate University Hospital 4900 Broad Road, Syracuse, NY 13215	315-492-5011
Syracuse VA Medical Center 800 Irving Avenue, Syracuse, NY 13210	315-425-4400
Community General Hospital 4842 Broad Road, Syracuse, NY 13215	315-492-5011
Syracuse Community Health Center 819 South Salina Street, Syracuse, NY 13202 401 South Avenue, Syracuse, NY 13204	315-476-7921
Maternal Child Health Center 516 Prospect Avenue, Syracuse, NY 13208	315-703-5200
St. Joseph's Physicians in Liverpool 5100 West Taft Road #L, Liverpool, NY 13088	315-452-2828
University Hospital Health System 750 East Adams Street #5142, Syracuse, NY 13210	315-464-5540
Hill Medical Center 1000 East Genesee Street, Syracuse, NY 13210	315-464-2929
Amaus Medical Services 259 East Onondaga Street, Syracuse, NY 13202	315-424-1911

Brighton Medical Associates

182 Intrepid Lane, Syracuse
315-218-7020

N. Syracuse Walk-In Medical Clinic

511 South Main Street, N. Syracuse
315-452-9977

Family Medicine Associates

2700 Court Street, Syracuse
315-455-7610

CNY Family Care, LLP

4939 Brittonfield Parkway, E. Syracuse
315-463-1600

Family Medicine Medical Service

90 Presidential Plaza, Syracuse
315-464-4686

North Medical Urgent Care

5100 W. Taft Rd., Liverpool
315-452-2333

Planned Parenthood

1120 E. Genesee St., Syracuse
866-600-6886

Washington Street Clinic

1330 E. Washington St., Syracuse
315-426-5950

Five Star Urgent Care

3504 West Genesee Street, Syracuse, NY 13219
6870 East Genesee Street, Fayetteville, NY 13066
7375 Oswego Road, Liverpool, NY 13090
8003 US-11, Cicero, NY 13039

CNY Women's Healthcare

5000 Brittonfield Pkwy, E. Syracuse

St. Joseph's Primary Care Center

321 Gifford Street, Syracuse
315-703-2600

Eastside Pediatric Group

5900 N. Burdick St #215, E. Syracuse
315-656-8750

Crouse Hospital Prompt Care

739 Irving Avenue, Syracuse
315-470-2951

Immediate Care West

5700 W. Genesee St., #100, Camillus
315-488-6393

Immediate Medical Care of CNY

8240 Cazaenovia Rd. #60, Manlius
315-682-0909

Family Planning

113 E. Taft Rd., N. Syracuse
315-435-3295

Urgent Medical of Skaneateles

803 W. Genesee St., Skaneateles
315-685-9355

315-350-3305

315-350-3305

315-291-0064

Child Health Plus

1-800-231-0744

Child Health Plus offers health insurance to children ages birth through 18 years within New York State who family income falls within certain limits. The purpose of Child Health Plus is to ensure that all eligible children receive the basic, routine, preventive health care that keeps children healthy and protects them from common childhood diseases and illnesses. Child Health Plus is made available by New York State law that provides funding for children's health insurance.

Family Health Plus

1-877-934-7587

Family Health Plus offers health insurance to individuals ages 19-64 years within New York State who family income falls within certain limits. The purpose of Family Health Plus is to ensure that all eligible individuals receive basic, routine, prevention health care that keeps people healthy and protects them from common diseases and illnesses. Family Health Plus is made available by New York State law that provides funding for individuals health insurance.

Medicaid and Children's Health Insurance Plan (CHIP)

Medicaid and the Children's Health Insurance Plan (CHIP) provide free or low-cost health coverage to millions of Americans, including some low-income people, families and children, pregnant women, the elderly, and people with disabilities. Visit their website to enroll or see if you qualify:

<https://www.healthcare.gov/Medicaid-chip/getting-Medicaid-chip>

Supplemental Security Income (SSI)

1-800-772-1213

A program based on financial need and disability. SSI provides supplemental income and medical insurance.

Other

Learning Disabilities Association of CNY 212 East Manlius Street, East Syracuse, NY 13057	315-870-9464
H.O.M.E, Inc. 831 James Street, Syracuse, NY 13203	315-472-5110
Toomey Residential and Community Services 1654 West Onondaga Street, Syracuse, NY 13204	315-424-1845
Spaulding Support Services 6520 Basile Rowe, East Syracuse, NY 13057	315-478-6210
Whole Me, Inc. 1010 James Street, Syracuse, NY 13209	315-468-3275
Liberty Post 1045 James Street, Syracuse, NY 13203	315-425-1004
American Red Cross- Care and Share Program 220 Herald Place, Syracuse, NY 13202	315-234-2200
East Area Family YMCA 200 Towne Drive, Fayetteville, NY 13066	315-952-8531
OCM BOCES 6820 Thompson Road, Syracuse, NY 13211	315-433-2600
Call-a-Bus and Rides for Work One Centro Center, Syracuse, NY 13202	315-442-3400
Medicaid Transportation Department 421 Montgomery Street, Syracuse, NY 13202	315-435-2928
Homebound Transportation Program Onondaga County Health Department	315-435-2960
Syracuse Educational Opportunity Center 100 New Street, Syracuse, NY 13202	315-472-0130

Hotlines and Crisis Centers

County Suicide Prevention Crisis Number	315-251-0600
National Suicide Prevention Crisis Number	1-800-273-8255
National Domestic Violence Hotline	1-800-799-7233
NYS Coalition against Domestic Violence	1-800-942-6906
National Runaways Switchboard	1-800-RUNAWAY
Abused/Neglected Children (NYS)	1-800-342-3720
District Attorney Victim Assistance	315-473-2891
Vera House	315-468-3260
CNY Poison Center	800-222-1222
Child Abuse Report Hotline	315-422-9701
CPEP Comprehensive Psychiatric Emergency Program	315-448-6555
Syracuse Police Department	315-442-5200
Onondaga County Sheriff's Office	315-435-3044
State Police Department	315-699-9661

Ontario County Community Resources



Mental health refers to a person's condition with regard to their psychological and emotional well-being. Taking care of one's mental health is of critical importance and should be prioritized. Mental Health problems can come in a multitude of forms, and help should be sought if you are experiencing an unusual amount of distress or having difficulty functioning.

Ontario County Mental Health 585-396-4363
3019 County Complex Drive, Canandaigua, NY 14424

Mental Health Association 585-629-0386
120 North Main Street, Canandaigua, NY 14424

Lakeview Mental Health Services
600 West Washington Street, Geneva, NY 14456 315-789-5501
193 Parrish Street, Canandaigua, NY 14424 585-394-7335

Family Counseling Services of the Finger Lakes 315-789-2613
671 South Exchange Street, Geneva, NY 14456

Clinical Associates of the Finger Lakes 585-924-7207
590 Fishers Station Drive, Victor, NY 14564

Clifton Springs Outpatient Mental Clinic 315-462-1050
2 Coulter Road, Clifton Springs, NY 14432

Canandaigua Psychotherapy Associates 585-394-1294
527 North Main Street, Canandaigua, NY 14424

Boike Marriage, Family & Individual Counseling 585-394-1442
3180 West Street, Canandaigua, NY 14424

Canandaigua Lake Counseling Services 585-919-0014
42 North Main Street, Canandaigua, NY 14424

Cornerstone Counseling 585-748-0153
502 South Main Street C., Canandaigua, NY 14424

Wellspring Counseling of the Finger Lakes 585-229-1033
8732 Main Street, Honeoye, NY 14471

Alcohol and Drug Abuse/Addiction

Alcohol/drug abuse and addiction cause problems at work, school, home, and in relationships. Abuse and addiction can be treated with proper support and care. There are a multitude of resources available.

Clifton Springs Hospital and Clinic 2 Coulter Road, Clifton Springs, NY 14432	315-462-9561
Council on Alcoholism & Addictions of the Finger Lakes 620 West Washington Street, Geneva, NY 14456	315-789-0310
FLACRA 1386 Hathaway Drive Suite A, Farmington, NY 14425 28 East Main Street, Clifton Springs, NY 14432 246 Castle Street, Geneva, NY 14456	585-396-4190 315-462-9466 315-781-0771
Ontario County Youth-in-Crisis Program 3010 County Complex Drive, Canandaigua, NY 14424	585-396-4222 x4
Canandaigua Outpatient Behavioral Health 35 North Street #300, Canandaigua, NY 14424	585-394-0530
OASAS (Office of Alcoholism and Substance Abuse Services) http://www.oasas.ny.gov/providerdirectory	
Alcoholics Anonymous http://www.aa.org/pages/en_US/find-local-aa	315-789-5955
Narcotics Anonymous https://www.na.org/meetingsearch/	800-924-2332
Al-Anon/Alateen https://al-anon.org/	585-288-0540

Family Support

Safe Harbors of the Finger Lakes 1 Franklin Square, Geneva, NY 14456	1-800-247-7273
Catholic Charities 94 Exchange Street, Geneva, NY 14456	315-789-2235
Child & Family Resources 670 South Exchange Street, Geneva, NY 14456	315-781-1491
The Partnership of Ontario County 5297 Parkside Drive, Suite 307, Canandaigua, NY 14424	585-396-4554
Geneva YMCA 399 West William Street, Geneva, NY 14456	315-789-1616
Greater Canandaigua Family YMCA 32 North Main Street, Canandaigua, NY 14424	585-394-1440
Ontario County ARC 3071 County Complex Drive, Canandaigua, NY 14424	585-394-7500
Geneva Center of Concern 58 Avenue D, Geneva, NY 14456	315-789-1117
Cornell Cooperative Extension 480 North Main Street, Canandaigua, NY 14424	585-394-3977
Family Hope Center 551 Exchange Street, Geneva, NY 14456	315-789-0708
Boys and Girls Club 1 Goodman Street, Geneva, NY 14456	315-781-2345
Canandaigua Civic Center 250 North Bloomfield Road, Canandaigua, NY 14424	585-396-7230

Housing

Geneva Housing Authority 41 Lewis Street, Geneva, NY 14456	315-789-8010
Bishop Sheen Ecumenical Housing 200 Industrial Park, Bloomfield, NY 14469	585-657-4114
The Salvation Army of Canandaigua 110 Saltonstall Street, Canandaigua, NY 14424	585-394-6968
HEAP Home Energy Assistance Program 3010 County Complex Drive, Canandaigua, NY 14424 83 Seneca Street, Geneva, NY 14456	585-396-4060 315-789-1767

Employment

Ontario County Workforce Development 3010 County Complex Drive, Canandaigua, NY 14424 83 Seneca Street, Geneva, NY 14456	585-396-4020 315-789-6340
Adecco Staffing 107 Eastern Boulevard, Parkway Plaza, Canandaigua, NY 14424	585-396-1990
Finger Lakes Works One-Stop Career Center 70 Elizabeth Blackwell Street, Geneva, NY 14456	315-789-1771
Kelly Services, Inc. 3225 East Lake Road, Canandaigua, NY 14424	585-394-8500
Advantage Staffing 2651 Brickyard Road, Canandaigua, NY 14424	585-393-3387
Spartan Staffing 23 Coach Street, Canandaigua, NY 14424	585-393-9250

Food and Nutrition

CCIA Food Pantry

120 N. Main St., Suite 31, Canandaigua

585-394-7450

Tuesday & Thursday 12-2pm

Zion Fellowship Church

5188 Bristol St., Canandaigua

585-394-7450

Monday 4-5pm, Thursday 7-8pm

Naples Open Cupboard

Harwood Lane, Naples

585-534-9878

Salvation Army- Geneva

41 North St., Geneva

315-789-1055

Manchester Shortsville Food Cupboard

585-289-4161

WIC Women, Infants & Children

79 South Main Street, Canandaigua, NY 14424

SNAP Supplemental Nutrition Assistance Program

3010 County Complex Drive, Canandaigua, NY 14424

83 Seneca Street, Geneva, NY 14456

Community Lunch Program

340 Main St., Geneva

315-789-6550

Monday-Friday 11:45am-12:15pm

Wellspring Church, Inc.

22 Teft Ave., Clifton Springs

315-548-6292 x30

Every other Tuesday 5-7pm

Beacon of Hope

3584 Flint Rd., Stanley

585-526-5600

Victor-Farmington Cupboard

1246 Commercial Dr., Bldg B, Farmington

585-924-2720

Phelps Community Food Cupboard

315-548-8897

585-394-9240

585-396-4060

315-789-1767

UR Thompson Hospital 350 Parrish Street, Canandaigua, NY 14424	585-396-6000
Canandaigua VA Hospital 400 Fort Hill Avenue, Canandaigua, NY 14424	585-394-2000
Clifton Springs Hospital and Clinic 2 Coulter Road, Clifton Springs, NY 14432	315-462-9561
Geneva General Hospital 196 North Street, Geneva, NY 14456	315-787-4000
Finger Lakes Health Medical 821 Pre Emption Road, Geneva, NY 14456	315-787-5303
Rochester Regional Health 875 Pre Emption Road, Geneva, NY 14456	315-789-5061
Canandaigua Medical Group 335 Parrish Street, Canandaigua, NY 14424	585-393-2888
Canandaigua Family Practice 3170 West Street #222, Canandaigua, NY 14424	585-396-6990
Cobblestone Healthcare 495 North Main Street, Canandaigua, NY 14424	585-393-3515
Immediate Care East 1600 Moseley Road #300, Victor, NY 14564	585-398-1275
Five Start Urgent Care 1 White Springs Road, Geneva, NY 14456	315-230-4074
Planned Parenthood 15 Lafayette Avenue, Canandaigua, NY 14424	866-600-6886

Child Health Plus

1-800-231-0744

Child Health Plus offers health insurance to children ages birth through 18 years within New York State who family income falls within certain limits. The purpose of Child Health Plus is to ensure that all eligible children receive the basic, routine, preventive health care that keeps children healthy and protects them from common childhood diseases and illnesses. Child Health Plus is made available by New York State law that provides funding for children's health insurance.

Family Health Plus

1-877-934-7587

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Medicaid and the Children's Health Insurance Plan (CHIP) provide free or low-cost health coverage to millions of Americans, including some low-income people, families and children, pregnant women, the elderly, and people with disabilities. Visit their website to enroll or see if you qualify:

<https://www.healthcare.gov/Medicaid-chip/getting-Medicaid-chip>

Supplemental Security Income (SSI)

1-800-772-1213

A program based on financial need and disability. SSI provides supplemental income and medical insurance.

Other

Ontario County Youth Care Facility Hopewell 3093 County Complex Drive, Canandaigua, NY 14424	585-394-0180
Literacy Volunteers 208 South Main Street, Canandaigua, NY 14424	585-396-1686
Ontario County Public Health Lead Prevention Program 3019 County Complex Drive, Canandaigua, NY 14424	1-800-299-2995
Legal Assistance of the Western NY, Inc. 361 South Main Street, Geneva, NY 14456	1-866-781-5235
Regional Transit Services Fixed Route Services Dial-A-Ride Service Call 24 hours in advance	585-394-2250 1-800-667-2287 585-394-2250
Medicaid Transportation	1-855-733-9402
Habitat for Humanity of Ontario County 3040 County Road 10, Canandaigua, NY 14424	585-396-3600
GATE Gaining Awareness through Education 365 South Main Street, Geneva, NY 14456 Anger Management Program	315-789-1709
Care Net Pregnancy Center 120 North Main Street #28, Canandaigua, NY 14424	585-393-0437
Birthright of Victor 221 South High Street, Victor, NY 14564	585-924-1990
Salvation Army 136 South Main Street, Canandaigua, NY 14424 41 North Street, Geneva, NY 14456	585-394-3531 315-789-1055

Hotlines and Crisis Centers

County Suicide Prevention Crisis Number	585-275-5151
National Suicide Prevention Crisis Number	1-800-273-8255
National Domestic Violence Hotline	1-800-799-7233
NYS Coalition against Domestic Violence	1-800-942-6906
National Runaways Switchboard	1-800-RUNAWAY
Abused/Neglected Children (NYS)	1-800-342-3720
District Attorney Victim Assistance	585-396-4010
Abuse Crisis Service of Finger Lakes	1-800-247-7273
Finger Lakes Regional Poison Center	1-800-222-1222
Rape, Abuse & Incest National Network	1-800-656-4673
Veteran's Hotline	1-800-273-8255
Ontario County Sheriff's Office	585-394-4560
New York State Police Department	585-398-4100

Orange County Community Resources



Mental health refers to a person's condition with regard to their psychological and emotional well-being. Taking care of one's mental health is of critical importance and should be prioritized. Mental Health problems can come in a multitude of forms, and help should be sought if you are experiencing an unusual amount of distress or having difficulty functioning.

Mental Health Associates 845-342-2400
73 James P. Kelly Way, Middletown, NY 10940

Rockland Psychiatric Center 845-342-4490
138 Seward Avenue, Middletown, NY 10940

Department of Mental Health 845-291-2600
5 Harriman Drive, Goshen, NY 10924

Orange County Mental Health
146 Pike Street, Port Jervis, NY 12771 845-858-1456
141 Broadway, Newburgh, NY 12550 845-568-5260

Windsor Counseling Group 845-242-0114
682 East Main Street, Middletown, NY 10940

East Orange Psychiatric Associates, LLP 845-565-0600
400 Stony Brook Court #1, Newburgh, NY 12550

Middletown Mental Health Center 845-343-6686
45 Ashley Avenue, Middletown, NY 10940

The Kaplan Family Center 845-245-4477
21 Grand Street, Newburgh, NY 12550

Family Therapy Associates 845-343-7274
200 Midway Park Drive #1, Middletown, NY 10940

Valley Behavioral Medicine 845-291-7480
3 Hatfield Lane, Goshen, NY 10924

Astor Services for Children 845-344-3166
66 Benton Avenue, Middletown, NY 10940

Alcohol and Drug Abuse/Addiction

Alcohol/drug abuse and addiction cause problems at work, school, home, and in relationships. Abuse and addiction can be treated with proper support and care. There are a multitude of resources available.

Alcoholism and Drug Abuse Council 845-294-9000
224 Main Street A, Goshen, NY 10924

Orange Regional Substance Abuse & Counseling Services 845-333-7818
75 Crystal Run Road Suite 135, Middletown, NY 10940

Restorative Management Corporation 845-342-5941
7 Railroad Avenue, Middletown, NY 10940

Richard C Ward Addiction Treatment 845-341-2500
117 Seward Avenue, Middletown, NY 10940

Orange Regional Family Program for Alcoholism and Chemical Dependency
420 East Main Street, Middletown, NY 10940 845-203-3087

Catholic Charities Community Services 845-856-6344
17-19 Sussex Street, Port Jervis, NY 12771

OASAS (Office of Alcoholism and Substance Abuse Services)
<http://www.oasas.ny.gov/providerdirectory>

Alcoholics Anonymous 845-534-8525
http://www.aa.org/pages/en_US/find-local-aa

Narcotics Anonymous 212-929-7117
<https://www.na.org/meetingsearch/>

Al-Anon/Alateen 845-294-9999
<https://al-anon.org/>

Family Support

Family Empowerment Council, Inc. 225 Dolson Avenue #403, Middletown, NY 10940	845-343-8100
NY Children & Family Services Office 393 County Road 78, Middletown, NY 10940 843 Union Avenue #200, New Windsor, NY 12553 97 Cross Road, Goshen, NY 10924	845-342-3936 845-567-3262 845-615-3000
St. John Bosco Child & Family Services Walden, New York	845-419-4223
Child Care Council of Orange County 40 Matthews Street, Goshen, NY 10924	845-294-40102 x0
Orange County Youth Bureau 30 Matthews Street, Goshen, NY 10924	845-291-2399
ARC of Orange County 357 Mount Hope Road, Middletown, NY 10940 249 Broadway, Newburgh, NY 12550	845-343-0871 845-561-0670
Youth Advocate Programs, Inc. 280 Broadway #3, Newburgh, NY 12550	845-565-5035
South Orange Family YMCA 45 Gilbert Street Ext., Monroe, NY 10950	845-782-9622
YMCA of Middletown 81 Highland Avenue, Middletown, NY 10940	845-344-9622
Dream Builders Foundations 41 Brewster Drive, Middletown, NY 10940	917-363-0329
Boys & Girls Club of America 130 Dolson Avenue #2, Middletown, NY 10940	845-342-8835

Family Support

Big Brother Big Sisters Dillon Drive East, Middletown, NY 10940	845-342-3939
Division for Youth Goshen Center Cross Road, Goshen, NY 10924	845-294-7870
The Y Center for Youth Programs 2-10 Liberty Street, Middletown, NY 10940	845-341-9622
Wallkill Community Center 7-9 Wes Warren Drive, Scotchtown, NY 10941	845-692-7830
The Salvation Army Corps Community Center 80 West Main Street, Middletown, NY 10940	845-343-0821
The Community Foundation of Orange & Sullivan 30 Scott's Corners Drive, Suite 203, Montgomery, NY 12549	845-769-9393
RECAP, Inc. 40 Smith Street, Middletown, NY 10940	845-342-5380
Orange-Ulster BOCES 53 Gibson Road, Goshen, NY 10924	845-291-0100
Cornell Cooperative Extension 18 Seward Avenue, Middletown, NY 10940	845-344-1234

Housing

Middletown Housing Authority 22 Sweezy Avenue, Middletown, NY 10940	845-343-1168
Newburgh Housing Authority 40 Walsh Road, Newburgh, NY 12550	845-561-2066
Port Jervis Housing Authority 29 Pennsylvania Avenue, Port Jervis, NY 12771	845-856-8621
Vlg Joel Kiryas Housing Authority 51 Forest Road #360, Monroe, NY 10950	845-782-7790
Honor Shelter 18-38 Seward Avenue, Middletown, NY 10940	845-343-7115
HEAP Home Energy Assistance Program 33 Fulton Plaza, Middletown, NY 10940 141 Broadway, Newburgh, NY 12550	845-291-2002

Transportation

Joy Transportation, LLC. 22 County Road 78, Middletown, NY 10940	845-343-5215
Shortline Terminal Agency 14 Railroad Avenue, Middletown, NY 10940	845-343-3903
Mid City Transit Corporation 518 NY-17M, Middletown, NY 10940	845-343-4702
Dial a Bus 91 Mine Road, Monroe, NY 10950 99 Tower Drive, Middletown, NY 10941	845-783-8740 845-692-7852
Orange County Medi-Coach Middletown, NY 10941	845-343-5555

Employment

Orange Works

33 Fulton Street #216, Middletown, NY 10940
3 Washington Center #4, Newburgh, NY 12550

845-346-1303
845-568-5377

Here's Help Staffing

371 East Main Street, Middletown, NY 10940

845-344-3434

Adecco Staffing

40 Matthews Street, Suite 102, Goshen, NY 10924

845-294-2020

Manpower

125 Dolson Avenue, Middletown, NY 10940

845-343-0283

Onesource

365 NY-211, Middletown, NY 10940

845-615-9263

Ethan Allen Workforce Solutions

594 East Main Street, Middletown, NY 10940

845-220-1102

Legal Assistance

Legal Aid Society

14 Scotchtown Road, Goshen, NY 10924

845-291-2454

Orange County Bar Association

198 Main Street, Goshen, NY 10924

845-294-8222

Legal Services of the Hudson Valley

1 Corwin Court Suite 102, Newburgh, NY 12550

845-569-9110

Children's Rights Society

213 West Main Street, Goshen, NY 10924

845-291-2670

Food and Nutrition

Country Kids Food Pantry

34 Goshen Ave., Washingtonville
845-496-2119
1st & 3rd Wednesdays of each month

Florida Community Food Pantry

1 North Main St., Florida
845-544-3566

Goshen Ecumenical Food Pantry

33 Park Place, Goshen
845-294-7991

Grace Food Pantry

469 Broadway, Newburgh
845-561-0176

Monroe Food Pantry

47 Maple Ave., Monroe
845-783-6371

Operation Compassion

20 Holloran Road, New Windsor
845-534-3278

Senior Citizens Center

62-70 W. Main St., Middletown
845-346-4071

Pine Bush Ecumenical Food Pantry

New Prospect Reformed Church, Pine Bush
845-744-3390

WIC Women, Infants & Children

33 Fulton Plaza, Middletown, NY 10940

SNAP Supplemental Nutrition Assistance Program

11 Quarry Road, Goshen, NY 10924

First Presbyterian Church Pantry

142 State Road, Monroe
845-783-1632
2nd Wednesday, 1st & 3rd Saturday

Food Bank of the Hudson Valley

195 Hudson St., Cornwall-on-Hudson
845-534-5344

Warwick Ecumenical Food Pantry

135 Forester Ave., Warwick
845-986-8368

Guild of St. Margaret's Soup Kitchen

12 Depot St., Middletown
845-344-0569

New City Food Pantry

271 Broadway, Newburgh
845-562-8545

Port Jervis Corps

99 Ball St., Port Jervis
845-856-3214

St. Patrick's Soup Kitchen

55 Grand St., Newburgh
845-561-5023

845-346-1300

845-291-4000

Orange Regional Medical Center 845-333-1000
707 East Main Street, Middletown, NY 10940

St. Anthony Community Hospital 845-986-2276
15 Maple Avenue, Warwick, NY 10990

St. Luke's Cornwall Hospital 845-561-4400
70 Dubois Street, Newburgh, NY 12550

Crystal Run Healthcare
155 Crystal Run Road, Middletown, NY 10941 845-703-6999
855 NY-17M, Monroe, NY 10950
1200 NY-300, Newburgh, NY 12550
75 Ronald Reagan Boulevard, Warwick, NY 10990

Middletown Medical 845-342-4774
111 Maltese Drive, Middletown, NY 10940

Orange Urgent Care 845-703-2273
75 Crystal Run Road, Middletown, NY 10941

Excel Urgent Care of Goshen 845-360-5530
1 Hatfield Lane #2b, Goshen, NY 10924

Middletown Community Health Center
21 Orchard Street, Middletown, NY 10940 845-343-7614
99 Cameron Street, Pine Bush, NY 12566

Immediate Medical Care 845-469-2692
78 Brookside Avenue #143, Chester, NY 10918

Orange Regional Urgent Care 845-333-7837
475 NY-17M, Monroe, NY 10950

Women's Urgent Care 845-782-3729
600 NY-208, Monroe, NY 10950

Child Health Plus

1-800-231-0744

Child Health Plus offers health insurance to children ages birth through 18 years within New York State who family income falls within certain limits. The purpose of Child Health Plus is to ensure that all eligible children receive the basic, routine, preventive health care that keeps children healthy and protects them from common childhood diseases and illnesses. Child Health Plus is made available by New York State law that provides funding for children's health insurance.

Family Health Plus

1-877-934-7587

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Medicaid and Children's Health Insurance Plan (CHIP)

Medicaid and the Children's Health Insurance Plan (CHIP) provide free or low-cost health coverage to millions of Americans, including some low-income people, families and children, pregnant women, the elderly, and people with disabilities. Visit their website to enroll or see if you qualify:

<https://www.healthcare.gov/Medicaid-chip/getting-Medicaid-chip>

Supplemental Security Income (SSI)

1-800-772-1213

A program based on financial need and disability. SSI provides supplemental income and medical insurance.

Hotlines and Crisis Centers

County Suicide Prevention Crisis Number	1-800-832-1200
24 Hour Mobile Mental Health Team	1-888-750-2266
National Suicide Prevention Crisis Number	1-800-273-8255
National Domestic Violence Hotline	1-800-799-7233
NYS Coalition against Domestic Violence	1-800-942-6906
National Runaways Switchboard	1-800-RUNAWAY
Abused/Neglected Children (NYS)	1-800-342-3720
Crime Victim Assistance Program	845-291-4750
Safe Homes Project	888-503-4673
Orange County Sheriff's Office	845-291-4033
Middletown Police Department	845-343-3151

Orleans County Community Resources



Mental health refers to a person's condition with regard to their psychological and emotional well-being. Taking care of one's mental health is of critical importance and should be prioritized. Mental Health problems can come in a multitude of forms, and help should be sought if you are experiencing an unusual amount of distress or having difficulty functioning.

Orleans County Mental Health Department 585-589-7066
14014 Route 31 West, Albion, New York 14411

Professional Counseling Services 585-344-2048
243 South Main Street, Albion, NY 14411

PFP Counseling Services 585-798-8700
549 Main Street, Medina, NY 14103

Alcohol and Drug Abuse/Addiction

Alcohol/drug abuse and addiction cause problems at work, school, home, and in relationships. Abuse and addiction can be treated with proper support and care. There are a multitude of resources available.

Genesee Council on Alcoholism and Substance Abuse 585-589-0055
249 East Avenue, Albion, NY 14411

OASAS (Office of Alcoholism and Substance Abuse Services)
<http://www.oasas.ny.gov/providerdirectory>

Alcoholics Anonymous 888-854-8322
http://www.aa.org/pages/en_US/find-local-aa

Narcotics Anonymous 866-850-8718
<https://www.na.org/meetingsearch/>

Al-Anon/Alateen 716-856-2520
<https://al-anon.org/>

Family Support

Orleans County Domestic Violence 14016 NY-31, Albion, NY 14411	585-589-3159
Orleans County Public Defender 1 South Main Street #5, Albion, NY 14411	585-589-7335
Child Care Resource and Referral 113 East State Street, Albion, NY 14411	585-589-5088
Eastern Orleans Community Center 75 Public Square, Holley, NY 14470	585-638-6395
Lake Plains Family YMCA 306 Pearl Street #2, Medina, NY 14103	585-798-2040
ARC of Orleans County 122 Caroline Street, Albion, NY 14411	585-589-5516
Catholic Charities 243 South Main Street #234, Albion, NY 14411	585-589-7477
Cornell Cooperative Extension 12690 NY-31, Albion, NY 14411	585-798-4265
CATS Community Action Transportation System 411 East State Street, Albion, NY 14411	585-589-7700
GCC Albion Campus Center 456 West Avenue, Albion, NY 14411	585-589-4936
Orleans County Veterans Services NY-31, Albion, NY 14411	585-589-3219
Orleans Community Action Committee 409 East State Street, Albion, NY 14411	585-589-5605

Housing

Orleans County Housing Assistance
HEAP Home Energy Assistance Program
14016 NY-31, Albion, NY 14411

585-589-7000

Employment

NYS Department of Labor
458 West Avenue #3, Albion, NY 14411

585-589-5335

ATB Staffing Services
534 Main Street, Medina, NY 14103

585-318-4218

Orleans County Job Development Agency
14016 NY-31, Albion, NY 14411

585-589-7000

Orleans Niagara BOCES
4232 Shelby Basin Road, Medina, NY 14103

716-731-6800

Food and Nutrition

United Way of Orleans County 231 East Avenue, Albion, NY 14411	585-283-4773
Genesee-Orleans Ministry of Concern 121 North Main Street Suite 311, Albion, NY 14411	585-589-9210
Calvary Tabernacle Assembly 324 Catherine Street, Medina, NY 14103	585-798-3738
St. Peter Evangelical Lutheran Church 1355 West Avenue, Medina, NY 14103	585-798-0953
Lyndonville United Methodist 102 North Main Street, Lyndonville, NY 14098	585-765-9313
Kendall United Methodist Church 1808 Kendall Road, Kendall, NY 14476	585-659-2519
New Covenant Worship Center 54 North Main Street, Holley, NY 14470	585-638-6602
St. Paul's Episcopal Church 2 Jackson Street, Holley, NY 14470	585-638-5142
Barre Center Presbyterian Church 4706 Oak Orchard Road, Albion, NY 14411	585-589-9639
First Presbyterian Church 34 East Albion Street, Holley, NY 14470	585-638-6770
St. John's Episcopal Church	585-798-3219
WIC Woman, Infants & Children 14012 NY-31, Albion, NY 14411	585-589-3278
SNAP Supplemental Nutrition Assistance Program 14012 NY-31, Albion, NY 14411	585-589-3157

Medina Memorial Hospital 200 Ohio Street, Medina, NY 14103	585-798-2000
Orleans Community Health 14789 NY-31, Albion, NY 14411	585-589-2273
Lake Plains Medical 243 South Main Street #105, Albion, NY 14411	585-589-1322
Oak Orchard Health 301 West Avenue, Albion, NY 14411 77 South Main Street, Lyndonville, NY 14098	585-589-5613
Care Net of Center of Greater Orleans 168 South Main Street Suite #3, Albion, NY 14411	585-589-7505
Oak Orchard Community Health 245 South Main Street #2, Albion, NY 14411	585-589-7110
Orleans Medical PC 11075 West Center St Exd., Medina, NY 14103	585-798-1053
Women's Health Center 299 West Avenue, Albion, NY 14411 100 Ohio Street, Medina, NY 14103	585-589-0861
Hassan Medical Group 1038 Gwinn Street, Medina, NY 14103	585-798-4108
Medina Medical Center 300 Ohio Street, Medina, NY 14103	585-798-2200
Orleans County Public Health 14012 NY-31, Albion, NY 14411	585-589-3278

Child Health Plus

1-800-231-0744

Child Health Plus offers health insurance to children ages birth through 18 years within New York State who family income falls within certain limits. The purpose of Child Health Plus is to ensure that all eligible children receive the basic, routine, preventive health care that keeps children healthy and protects them from common childhood diseases and illnesses. Child Health Plus is made available by New York State law that provides funding for children's health insurance.

Family Health Plus

1-877-934-7587

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Medicaid and Children's Health Insurance Plan (CHIP)

Medicaid and the Children's Health Insurance Plan (CHIP) provide free or low-cost health coverage to millions of Americans, including some low-income people, families and children, pregnant women, the elderly, and people with disabilities. Visit their website to enroll or see if you qualify:

<https://www.healthcare.gov/Medicaid-chip/getting-Medicaid-chip>

Supplemental Security Income (SSI)

1-800-772-1213

A program based on financial need and disability. SSI provides supplemental income and medical insurance.

Hotlines and Crisis Centers

County Suicide Prevention Crisis Number	585-343-1212
National Suicide Prevention Crisis Number	1-800-273-8255
National Domestic Violence Hotline	1-800-799-7233
NYS Coalition against Domestic Violence	1-800-942-6906
National Runaways Switchboard	1-800-RUNAWAY
Abused/Neglected Children (NYS)	1-800-342-3720
District Attorney Victim Assistance	585-590-4134
Domestic Violence Program	866-314-7233
Albion Village Police Department	585-589-5627
Orleans County Sheriff	585-589-5527
Medina Police Dispatch	585-589-5527
New York State Police	585-589-5963

Oswego County Community Resources



Mental health refers to a person's condition with regard to their psychological and emotional well-being. Taking care of one's mental health is of critical importance and should be prioritized. Mental Health problems can come in a multitude of forms, and help should be sought if you are experiencing an unusual amount of distress or having difficulty functioning.

Oswego Hospital Behavioral Health Services 315-326-4100
74 Bunner Street, Oswego, NY 13126

Oswego Hospital Child & Family 315-326-3555
98 North 2nd Street #100, Fulton, NY 13069

Beacon Psychological Services 315-216-6862
317 West 1st Street #112, Oswego, NY 13126

Integrative Counseling Services, PLLC 315-342-9255
5 West Cayuga Street, Oswego, NY 13126

Family Partners- Psychological 315-342-0033
106 West Utica Street #G, Oswego, NY 13126

Creekside Counseling 315-343-3344
335 West 1st Street, Oswego, NY 13126

Second Chance Therapeutic Services 315-343-8000
154 West 7th Street, Oswego, NY 13126

The Stress Clinic 315-342-2170
478 West 1st Street, Oswego, NY 13126

In Home Counseling Services 315-387-5040
1928 Harwood Drive, Lacona, NY 13083

Liberty Resources 315-598-4642
1850 County Route 57, Fulton, NY 13069

Harvest House Counseling 315-663-7060
914 Utica Street, Fulton, NY 13069

Alcohol and Drug Abuse/Addiction

Farnham Family Services

283 West 2nd Street #200, Oswego, NY 13126
113 Schuyler Street #1, Fulton, NY 13069

315-342-4489

Council of Alcoholism

4 Tower Drive, Fulton, NY 13069

315-598-6707

Arbor House of Oswego County

53 Hall Road, Hannibal, NY 13074

631-206-5244

Harbor Lights Chemical Dependency

111 Hamilton Street, Mexico, NY 13114

315-963-0777

County of Oswego Council on Alcoholism & Addictions, Inc.

53 East 3rd Street, Oswego, NY 13126

315-432-2370

OASAS (Office of Alcoholism and Substance Abuse Services)

<http://www.oasas.ny.gov/providerdirectory>

Alcoholics Anonymous

http://www.aa.org/pages/en_US/find-local-aa

315-463-5011

Narcotics Anonymous

<https://www.na.org/meetingsearch/>

315-472-5555

Al-Anon/Alateen

<https://al-anon.org/>

315-471-0191

Family Resources

Liberty Resources 1850 County Route 57, Fulton, NY 13069	315-598-4642
Oswego County Opportunities 239 Oneida Street, Fulton, NY 13069 1001 South 1 st Street, Fulton, NY 13069 320 Erie Street, Fulton, NY 13069	315-598-4717 315-598-4729 315-598-6312
Catholic Charities 808 West Broadway, Fulton, NY 13069	315-598-3980
Cornell Cooperative Extension 3288 Main Street, Mexico, NY 13114	315-963-7286
Oswego YMCA 265 West 1 st Street, Oswego, NY 13126	315-342-6082
YMCA 715 West Broadway, Fulton, NY 13069	315-598-9622
Youth Services 75 East 1 st Street, Oswego, NY 13126	315-342-7532
Oswego County Youth Bureau 70 Bunner Street, Oswego, NY 13126	315-349-3451
Oswego BOCES 179 County Route 64, Mexico, NY 13114	315-963-4251
Literacy Volunteers of Oswego County, Inc. 45 East Schuyler Street, Oswego, NY 13126	315-342-8839
Child Care and Development Council of Oswego County 317 West 1 st Street #111, Oswego, NY 13126	315-343-2344
Salvation Army 73 West 2 nd Street, Oswego, NY 13126	315-343-6491

Housing

Oswego Housing Assistance 20 West Oneida #2, Oswego, NY 13126	315-343-3452
Fulton Housing Authority 1100 Emery Street, Fulton, NY 13069	315-592-2201
HUD Rental Assistance 46 East Bridge Street, Oswego, NY 13126	315-349-8263
Fulton Community Development 125 West Broadway, Fulton, NY 13069	315-593-7166
Oswego Housing Development, Inc. 805 West Broadway, Fulton, NY 13069	315-625-4520
The Salvation Army of Fulton 62 South 1 st Street, Fulton, NY 13069	315-593-8442
HEAP Home Energy Assistance Program 100 Spring Street, Mexico, NY 13114	315-963-5000

Legal Aid

Legal Aid 108 West Bridge Street, Oswego, NY 13126	315-342-2191
New Justice Conflict Resolution Services, Inc. 120B West 2 nd Street, Oswego, NY 13126	315-343-8370
Oswego County Attorney 46 East Bridge Street, Oswego, NY 13126	315-349-8296

Food and Nutrition Programs

Mexico Food Pantry

3352 Main St., Mexico
315-963-0701

River of Life Assembly

815 Oneida St., Fulton
315-598-7100

Fulton Alliance Church

1044 State Route 48, Fulton
315-593-6842

First United Methodist Church

1408 State Route 176, Fulton
315-592-7347

Downstairs Scotty

592 South Main St., Central Square
315-676-2898

First Congregational Church

43 Bridge St., Phoenix
315-695-4841

Brewerton Community

5395 Orangeport Rd., Brewerton
315-676-5528

WIC Women, Infants & Children

10 George Street, Oswego, NY 13126

SNAP Supplemental Nutrition Assistance Program

100 Spring Street, Mexico, NY 13114

Redfield Area

8 Schoolhouse Road, Redfield
315-484-6261

Parish Ecumenical Food Pantry

814 Rider St., Parish
315-625-7833

Believers' Chapel Food Pantry

614 South Fulton St., Fulton
315-593-8989

Amboy Center

1 State Route 183, Williamstown
315-480-8327

Rural and Migrant Ministry Pantry

15 Stewart St., Richland
315-298-1154

Lighthouse Church

11 South Jefferson St., Mexico
315-963-4761

Catholic Charities

365 West First St., Fulton

315-343-1311

315-963-5000

Oswego Hospital 110 West 6 th Street, Oswego, NY 13126	315-349-5511
Central Square Medical Center 3045 East Avenue, Central Square, NY 13036	315-668-5212
Fulton Medical Center 510 South 4 th Street, Fulton, NY 13069	315-592-3500
Oswego Health 500 South 4 th Street, Fulton, NY 13069	315-593-2524
Oswego Family Physicians 110 West Utica Street, Oswego, NY 13126	315-342-2024
Northern Oswego County Health 124 Salisbury Street, Sandy Creek, NY 13145	315-387-3620
Parish Health Services Center 10 Carlton Drive, Parish, NY 13131	315-625-4388
Gentiva Health Services 19 4 th Avenue, Oswego, NY 13126	315-342-0510
Upstate University Hospital 140 West 6 th Street #110, Oswego, NY 13126	315-342-6215
Lake Ontario Prompt Medical Care 300 NY-104, Oswego, NY 13126	315-216-4036
Central Square Urgent Care 3045 East Avenue, Central Square, NY 13036	315-668-5240
Pulaski Health Center 61 Delano Street, Pulaski, NY 13142	315-298-6564
Mexico Family Health Center 5856 Scenic Avenue, Mexico, NY 13114	315-963-4133

Child Health Plus

800-698-4543

Child Health Plus offers health insurance to children ages birth through 18 years within New York State who family income falls within certain limits. The purpose of Child Health Plus is to ensure that all eligible children receive the basic, routine, preventive health care that keeps children healthy and protects them from common childhood diseases and illnesses. Child Health Plus is made available by New York State law that provides funding for children's health insurance.

Family Health Plus

877-934-7587

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<https://www.healthcare.gov/Medicaid-chip/getting-Medicaid-chip>

Supplemental Security Income (SSI)

1-800-772-1213

A program based on financial need and disability. SSI provides supplemental income and medical insurance.

Employment

Oswego County Workforce 200 North 2 nd Street, Fulton, NY 13069	315-591-9000
Staflings 104 West Utica Street #1a, Oswego, NY 13126	315-342-1390
Workload Temporary Services 41 South 2 nd Street, Fulton, NY 13069	315-598-3427
Adecco Staffing 179 County Route 2A, Pulaski, NY 13142	315-298-8477
Career Employment Services 200 N. 2 nd Street, Futon, NY 13069	315-598-3112

Transportation

OCO Transportation Services 74 Pierce Drive, Fulton, NY 13069	315-598-4713
Centro NYS Fair 512 East Seneca Street, Oswego, NY 13126	315-342-4400

Veteran's Services

Oswego County Veteran's Services 200 North 2 nd Street, Fulton, NY 13069	315-591-9100
Veteran's Affairs Division 265 West 1 st Street, Oswego, NY 13126	315-343-0394
VA Oswego Clinic 437 NY-104, Oswego, NY 13126	315-207-0120

Hotlines and Crisis Centers

9-1-1 Oswego Police, Fire, Paramedics	Dial 9-1-1
County Suicide Prevention Crisis Number	315-343-8162
Child Abuse and Neglect	1-800-342-3720
Oswego County DSS Division of Mental Hygiene	315-963-5361
National Suicide Prevention Lifeline	1-800-273-8255
NYS Domestic and Sexual Violence Hotline	1-800-942-6906
Spanish Language	1-800-942-6908
National Domestic Violence Hotline	1-800-799-7233
Opportunities Program	315-342-1600
Oswego Police Department	315-343-1212
Oswego County Sheriff's Office	315-349-3302
39 Churchill Road, Oswego, NY 13126	
New York State Police	315-366-6000

Otsego County Community Resources



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Mobile Crisis Assessment Team (MCAT) 1-877-369-6699

Otsego County Mental Health Clinic 607-433-2343
242 Main Street, Third Floor, Oneonta, NY 13820

Otsego County Children's Mental Health Clinic 607-433-2334
242 Main Street, Second Floor, Oneonta, NY 13820

Mary Imogene Bassett Hospital Outpatient Psychiatry Services
1 Atwell Road, Cooperstown, NY 13326 607-547-3500

LWC Counseling Services 607-547-1130
103 Main Street, Cooperstown, NY 13326

Sanguine Family Counseling & Consultation Services 315-858-2556
5446 US-20, East Springfield, NY 13333

Sacred Journeys Counseling 607-267-4470
444 Main Street, Oneonta, NY 13820

Transitions Counseling Center 607-547-1303
45 Pioneer Street #2, Cooperstown, NY 13326

Hill Psychotherapy 607-434-6299
143 Main Street, Oneonta, NY 13820

Southern Tier Care Coordination 607-432-0061
176 Main Street, Oneonta, NY 13820

Catholic Charities 607-432-0061
176 Main Street, Oneonta, NY 13820

Bassett Navigators
125 Main Street, Oneonta, NY 13820

Alcohol and Drug Abuse/Addiction

Otsego County Addiction Recovery Services
242 Main Street, 2nd Floor, Oneonta, NY 13820

607-431-1030

Leaf Council on Alcoholism
80 Water Street, Oneonta, NY 13820

607-432-0090

OASAS (Office of Alcoholism and Substance Abuse Services)
<http://www.oasas.ny.gov/providerdirectory>

Alcoholics Anonymous
http://www.aa.org/pages/en_US/find-local-aa

1-800-339-1894

Narcotics Anonymous
<https://www.na.org/meetingsearch/>

607-762-9116

Al-Anon/Alateen
<https://al-anon.org/>

1-888-425-2666

Family Resources

Family Resource Network, Inc. 46 Oneida Street #1, Oneonta, NY 13820	607-432-0001
Family Service Association 277 Chestnut Street, Oneonta, NY 13820	607-432-2870
Catholic Charities 176 South Main Street, Oneonta, NY 13820	607-432-0061
Otsego County Child & Family Services 242 Main Street, Oneonta, NY 13820	607-433-2334
Oneonta Family YMCA 20-26 Ford Avenue, Oneonta, NY 13820	607-432-0010
Oneonta Teen Center 4 Academy Street, Oneonta, NY 13820	607-433-2009
Otsego County Youth Bureau 183 Main Street, Cooperstown, NY 13326	607-547-4329
Elmwood Ave. Community Residence 11 Elmwood Avenue, Oneonta, NY 13820	607-267-4302
Northeast Parent and Child Society 297 River Street Service Road, Oneonta, NY 13820	607-441-5055
Opportunities for Otsego, Inc. 3 West Broadway, Oneonta, NY 13820	607-433-8000
Building Healthy Families 182 Round House Road, Oneonta, NY 13820	607-433-0444
Richford Springs Youth 6 Ann Street, Richfield Springs, NY 13439	315-858-3200

Housing

Oneonta City Housing Authority 2 Mitchell Street, Oneonta, NY 13820	607-432-0170
Otsego Rural Housing 140 County Highway 33 West, Cooperstown, NY 13326	607-547-8839
Catholic Charities Single Room Occupancy 52 Maple Avenue, Oneonta, NY 13820	607-436-9250
Habitat for Humanity 291 Chestnut Street, Oneonta, NY 13820	607-432-7874
Homeless Hotline 10 Depew Street #20, Oneonta, NY 13820	607-433-8318
HEAP Home Energy Assistance Program 197 Main Street #1, Cooperstown, NY 13326	607-547-4355

Veteran's Services

Veteran's Affairs Office 242 Main Street, Oneonta, NY 13820	607-432-4190
VA Medical Center 113 Holland Avenue, Albany, NY 12208	518-626-5000
VA Bainbridge Office 1 North Street, Bainbridge, NY 13733	607-967-8590
Otsego County Veterans 183 Main Street, Cooperstown, NY 13326	607-547-4224
American Legion 279 Chestnut Avenue, Oneonta, NY 13820	607-432-0494
Veteran's Crisis Line	1-800-273-8255

Food and Nutrition Programs

The Lord's Table, St. James Episcopal Church

607-432-1458

305 Main Street, Oneonta, NY 13820

Monday through Friday 4:30pm to 6:30pm

Saturday's Bread, First United Methodist Church

607-432-4102

66 Chestnut Street, Oneonta, NY 13820

Saturday 11:00am to 1:00pm

Salvation Army, Meal with a Message

607-432-6120

25 River Street, Oneonta, NY 13820

Sunday, 4:00pm after a brief service

Food pantry available Monday-Friday 9:30am to 12:00pm

WIC Women, Infants & Children

607-433-8071

3 west Broadway, Oneonta, NY 13820

St. Mary's Food Pantry

38 Walnut St., Oneonta

607-432-3920 x212

Monday-Friday 11am-3pm

St. James Food Pantry

305 Main St., Oneonta

607-432-1458

9:00am to 2:00pm

Presbyterian Church

25 Church Street, Cooperstown

607-547-8401

Angel Food Ministries

12 Grove St., Oneonta

607-432-2031

Margaretville Family Table Community Assistance Program

629 Main Street, Margaretville, NY

845-586-3153

Tuesday through Saturday 10am to 4pm, open till 6pm on Thursday

Cooperstown Food Bank

25 Church St., Cooperstown

607-547-8902

Monday-Friday 10am-12pm, 2pm-4pm

Last Two Saturdays of the Month 10am-12pm

A O Fox Hospital

607-432-2000

1 Norton Avenue, Oneonta, NY 13820

Bassett Medical Center

1 Atwell Road, Cooperstown, NY 13326

607-547-3456

125 Main Street, Oneonta, NY 13820

607-433-1790

Associate Drive, Oneonta (Convenient Care)

607-433-6400

15 Turner Lane, Edmeston, NY 13335

Child & Adolescent Healthcare

607-432-5600

1 Foxcare Drive #213, Oneonta, NY 13820

Fox Now Walk-In Healthcare

1 Foxcare Drive #302, Oneonta, NY 13820

607-431-5052

5432 NY-7, Oneonta, NY 13820

Oneonta Specialty Services

607-433-6300

1 Associate Drive, Oneonta, NY 13820

Family Panning of South CNY

607-432-2250

37 Dietz Street, Oneonta, NY 13820

Susquehanna Family Practice

607-431-5757

1 Foxcare Drive #103, Oneonta, NY 13820

UHS Primary Care

607-432-8477

179 River Street, Oneonta, NY 13820

Family Health Center

607-988-2854

59 Main Street, Otego, NY 13825

Stamford Family Practice

607-652-2000

32-34 Main Street, Stamford

Oneonta Community Health Center

607-433-0300

31 Main Street, Oneonta, NY 13820

Child Health Plus

800-698-4543

Child Health Plus offers health insurance to children ages birth through 18 years within New York State who family income falls within certain limits. The purpose of Child Health Plus is to ensure that all eligible children receive the basic, routine, preventive health care that keeps children healthy and protects them from common childhood diseases and illnesses. Child Health Plus is made available by New York State law that provides funding for children's health insurance.

Family Health Plus

877-934-7587

Family Health Plus offers health insurance to individuals ages 19-64 years within New York State who family income falls within certain limits. The purpose of Family Health Plus is to ensure that all eligible individuals receive basic, routine, prevention health care that keeps people healthy and protects them from common diseases and illnesses. Family Health Plus is made available by New York State law that provides funding for individuals health insurance.

Medicaid and Children's Health Insurance Plan (CHIP)

Medicaid and the Children's Health Insurance Plan (CHIP) provide free or low-cost health coverage to millions of Americans, including some low-income people, families and children, pregnant women, the elderly, and people with disabilities. Visit their website to enroll or see if you qualify:

<https://www.healthcare.gov/Medicaid-chip/getting-Medicaid-chip>

Supplemental Security Income (SSI)

1-800-772-1213

A program based on financial need and disability. SSI provides supplemental income and medical insurance.

Employment

Oneonta Bagel Company 171 Main Street, Oneonta, NY 13820	607-433-0162
Oneonta Job Corps Center 21 Homer Folks Avenue, Oneonta, NY 13820	607-433-2111
CDO Work Force 12 Dietz Street, Oneonta, NY 13820	607-432-4800
Otsego Area Occupational Center (BOCES) 1914 County Highway 35, Milford, NY 13807	607-286-7715
Staffworks 6 Dietz Street, Oneonta, NY 13820	607-432-8888
Harper's Associates 6245 NY-28, Fly Creek, NY 13337	607-547-2515
Employment & Housing Assistance Program 10 Depew Street, Oneonta, NY 13820	607-433-8335

Transportation

Medicaid Transportation	1-866-333-1030
Oneonta Public Transit www.optrides.com	607-432-7100
M&M Taxi—medivan	607-725-0609
A and D Taxi Accepts Medicaid	607-433-1726
Bernie Bus Accepts Medicaid	1-800-388-9853

Hotlines and Crisis Centers

9-1-1 Otsego Police, Fire, Paramedics	Dial 9-1-1
County Suicide Prevention Crisis Number	607-433-2343 1-844-732-6228
Child Abuse and Neglect	1-800-342-3722
Rape and Domestic Violence Crisis Hotline	607-432-4855
Psychiatric Crisis Intervention	1-877-369-6699
National Suicide Prevention Lifeline	1-800-273-8255
NYS Domestic and Sexual Violence Hotline Spanish Language	1-800-942-6906 1-800-942-6908
National Domestic Violence Hotline	1-800-799-7233
NYS Poison Hotline	1-800-222-1222
OFO Homeless Hotline	607-433-8318
Otsego County Sheriff	607-547-4271
Oneonta Police Department	607-432-1113
Cooperstown Police Department	607-547-2500
NYS Police	607-432-3211

Rensselaer County Community Resources



Mental health refers to a person's condition with regard to their psychological and emotional well-being. Taking care of one's mental health is of critical importance and should be prioritized. Mental Health problems can come in a multitude of forms, and help should be sought if you are experiencing an unusual amount of distress or having difficulty functioning.

Rensselaer County Department of Mental Health 518-270-2800
1600 7th Avenue, Troy, NY 12180

START Children's Center 518-271-6001
131 6th Avenue, Troy, NY 12180

Behavioral Health Outpatient Services 518-271-3374
2215 Burdett Avenue, Troy, NY 12180

Brookside Counseling Associates 518-274-2336
1444 Massachusetts Avenue #208, Troy, NY 12180

St' Anne's Rensselaer County 518-272-9164
258 Broadway, Troy, NY 12180

My Continuing Treatment 518-271-1122
1801 6th Avenue, Troy, NY 12180

Morningstar Center of Counseling 518-274-1164
406 Fulton Street #211, Troy, NY 12180

Samaritan Counseling Center
42 White Church Lane, Troy, NY 12180 518-374-3514
706 Bloomingrove Drive, Rensselaer, NY 12144

Vanderheyden Hall 518-274-4505
2103 Sausse Avenue, Troy, NY 12180

Beyond Survival Healing 518-274-5325
146 1st Street, Troy, NY 12180

Eastern Door Counseling Center
620 Washington Avenue, Rensselaer, NY 12144

Alcohol and Drug Abuse/Addiction

St. Mary's Hospital Addictions Services 518-240-9282
1300 Massachusetts Avenue, Troy, NY 12180

Hudson Mohawk Recovery Center
1724 5th Avenue, Troy, NY 12180 518-272-3918
743 Columbia Turnpike #5, East Greenbush, NY 12061 518-477-7535
69 Church Street, Hoosick Falls, NY 12090 518-686-0694

Conifer Park Outpatient Center 518-274-5143
2435 6th Avenue, Troy, NY 12180

820 Supportive Living 518-271-7541
820 River Street, Troy, NY 12180

OASAS (Office of Alcoholism and Substance Abuse Services)
<http://www.oasas.ny.gov/providerdirectory>

Alcoholics Anonymous 518-463-0906
http://www.aa.org/pages/en_US/find-local-aa

Narcotics Anonymous 888-319-2606
<https://www.na.org/meetingsearch/>

Al-Anon/Alateen 518-292-0577
<https://al-anon.org/>

Family Resources

CEO Family Resource Center

754 4th Avenue, Troy, NY 12182 518-235-9035
2245 6th Avenue, Troy, NY 12180 518-273-2488
1641 3rd Street, Rensselaer, NY 12144 518-694-9915
75 River Road, Hoosick Falls, NY 12090 518-686-5045

NYS Council on Children & Families

52 Washington Street #309S, Rensselaer, NY 12144 518-473-3652

Troy Youth Association, Inc.

237 4th Street, Troy, NY 12180 518-274-2630

Rensselaer County Youth Department

1600 7th Avenue, Troy, NY 12180 518-270-2960

Capital District YMCA

2500 21st Street, Troy, NY 12180 518-272-5900

Troy Family YMCA

2500 21st Street, Troy, NY 12180 518-272-5900

Boys & Girls Club of America

544 Broadway, Rensselaer, NY 12144 518-465-3403

Cornell Cooperative Extension

61 State Street, Troy, NY 12180 518-272-4210

Alright Care Center

500 Federal Street, Suite 200, Troy, NY 12180 518-270-5540

Common Sense Parenting

Seventh Avenue, Troy, NY 12180 518-270-2832

Commission on Economic Opportunity

2331 5th Avenue, Troy, NY 12180 518-272-6012

Housing

Troy Housing Authority

1 Eddys Lane, Troy, NY 12180

518-273-3600

5 115th Street, Troy, NY 12182

518-235-3685

Hoosick Housing Authority

518-686-5408

1 Wood Park Lane, Hoosick Falls, NY 12090

Joseph's House and Shelter

518-272-2544

74 Ferry Street, Troy, NY 12180

St Peter's Residence

518-273-3291

2335 5th Avenue, Troy, NY 12180

Unity House Street Ministry

518-274-2607

309 8th Street, Troy, NY 12180

HEAP Home Energy Assistance Program

518-270-2738

547 River Street, Troy, NY 12180

Veteran's Services

Rensselaer Veterans Services Agency

518-270-2760

1600 7th Avenue, Troy, NY 12180

Veterans of Lansingburgh, Inc.

518-233-8656

777 1st Avenue, Troy, NY 12182

Troy VA Outpatient Clinic

518-274-7707

295 River Street, Troy, NY 12180

Food and Nutrition Programs

Hoosick Area Food Pantry & Church Association 518-686-5310
26 John Street, Hoosick Falls, NY 12090

SNAP Supplemental Nutrition Assistance Program 518-833-6000
127 Bloomingrove Drive, Troy, NY 12180

WIC Women, Infants & Children 518-272-6012
2331 5th Avenue, Troy, NY 12180

React Inc. Food Pantry
501 Grand St., Troy
518-272-8974

The Salvation Army
410 River St., Troy
518-272-4901

Hope 7 Food Pantry
520 Pawling Ave., Troy
518-272-1547

Roarke Center
107 4th St., Troy
518-273-8351

St. Joseph's Church
416 3rd St., Troy
518-274-6720

Victorious Life Christian Church
1838 5th Ave., Troy
518-272-4237

Brunswick Church
42 White Church Ln., Troy
518-279-3792

Cornerstone Community Church
570 3rd Ave., Troy
518-235-3851

Concerns-U
50 Herrick St., Rensselaer
518-463-8571

Stephentown Federated Church
1513 Garfield Nassau Rd., Stephentown
518-733-5813

Capital Roots
594 River St., Troy
518-274-8685

Faith & Love Fellowship
85 Washington St., Rensselaer
518-436-0114

Circles of Mercy
11 Washington St., Rensselaer
518-462-0899

Cornerstone Fellowship
N. Hoosick Rd., Hoosick Falls
518-686-7408

Samaritan Hospital 518-271-3300
2215 Burdett Avenue, Troy, NY 12180

St. Mary's Hospital 518-268-5000
1300 Massachusetts Avenue, Troy, NY 12180

St. Peter's Urgent Care
79 Vandenberg Avenue, Troy, NY 12180 518-286-3000
2 Empire Drive, Rensselaer, NY 12144

Urgent Care Center of North Greenbush 518-274-0024
101 Jordan Road #104, Troy, NY 12180

Albany med EmUrgent Care 518-264-9000
730 Hoosick Road, Troy, NY 12180

Urgent & Primary Care 518-463-8262
598 Columbia Turnpike, East Greenbush, NY 12061

Family Medical Group 518-286-1922
279 Troy Road, Rensselaer, NY 12144

Troy Medical Group 518-272-7191
2231 Burdett Avenue Suite 230, Troy, NY 12180

Upstate Physician Services 518-687-1960
300 4th Street, Troy, NY 12180

Women's Health Center 518-271-3288
2215 Burdett Avenue, Troy, NY 12180

Hoosick Street Pediatrics 518-273-3732
333 Hoosick Street #1, Troy, NY 12180

Troy Pediatrics 518-271-1331
258 Hoosick Street #106, Troy, NY 12180

Planned Parenthood 518-434-5479
200 Broadway, Troy, NY 12180

Child Health Plus

800-698-4543

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<https://www.healthcare.gov/Medicaid-chip/getting-Medicaid-chip>

Supplemental Security Income (SSI)

1-800-772-1213

A program based on financial need and disability. SSI provides supplemental income and medical insurance.

Employment

Rensselaer County One-Stop Career Center 1600 7 th Avenue, Troy, NY 12180	518-270-2860
Workforce Development Institute, Inc. 433 River Street #1009, Troy, NY 12180	518-272-3500
Companies of JJ Young LLC 264 River Street, Troy, NY 12180	518-270-1700
The ARC of Rensselaer County 79 102 nd Street, Troy, NY 12180	518-274-3110
Capitol Group 258 Broadway, Troy, NY 12180	518-266-0848

Other Resources

County Bar Association Referral Services 297 River Street, Troy, NY 12180	518-272-7220
Capital District Transportation Authority 40 Hoosick Street, Troy, NY 12180	518-437-6822
Empire Taxi Medical Transportation 1 st Street, Rensselaer, NY 12144	518-605-8490
ASAP Medical Cab 123 rd Street, Troy, NY 12182	518-237-2727
Troy Damien Center 392 2 nd Street, Troy, NY 12180	518-274-5920 x206
YWCA 21 First Street, Troy, NY 12180	518-274-7100
Whitney M. Young Jr. Health Center, Inc. ³³⁷ 6-102 nd Street, Troy, NY 12180	518-833-6900

Hotlines and Crisis Centers

9-1-1 Rensselaer Police, Fire, Paramedics	Dial 9-1-1
Sexual Assault & Crime Victims Hotline	518-271-3257
Samaritan Hospital Crisis Line	518-274-4645
Parson's Child & Family Center	518-426-2600
Domestic Violence (Unity House)	518-272-2370
DSS Adult Protective	518-266-7800
Child Abuse and Neglect	1-800-342-3722
National Suicide Prevention Lifeline	1-800-273-8255
NYS Domestic and Sexual Violence Hotline	1-800-942-6906
Spanish Language	1-800-942-6908
National Domestic Violence Hotline	1-800-799-7233
NYS Poison Hotline	1-800-222-1222
Rensselaer County Sheriff	518-270-5448
City of Troy Police Department	518-270-4411
Rensselaer Police Department	518-462-7451
East Greenbush Police Department	518-479-2525
Troy Police Department	518-270-5157

Rockland County Community Resources



Mental health refers to a person's condition with regard to their psychological and emotional well-being. Taking care of one's mental health is of critical importance and should be prioritized. Mental Health problems can come in a multitude of forms, and help should be sought if you are experiencing an unusual amount of distress or having difficulty functioning.

Rockland Psychiatric Center 845-359-1000
140 Old Orangeburg Road, Orangeburg, NY 10962

Mental Health Association of Rockland 845-267-2172
706 Executive Boulevard, Valley Cottage, NY 10989
140 NY-303, Valley Cottage, NY 10989

VCS, Inc. 845-634-5729
77 South Main Street, New City, NY 10956

Turning Point Behavioral Health Center 845-353-2300
719 West Nyack Road #40, West Nyack, NY 10994

Hudson Valley Center 845-353-3399
421 North Highland Avenue, Nyack, NY 10960

Mental Health Associates 845-362-4052
6 Tara Drive, Pomona, NY 10970

Bernstein House 845-429-3580
228 Ramapo Road, Garnerville, NY 10923

Summit Park Hospital Psychiatry 845-364-2378
50 Sanatorium Road, Pomona, NY 10970

Counseling for Kids 845-215-9566
145 Main Street, Nanuet, NY 10954

Rockland Health and Wellness Center 845-369-7627
12 North Airmont Road, Airmont, NY 10901

Behavioral Health Response Team 845-517-0400

Rockland County Department of Mental Health Crisis 845-364-2200

Alcohol and Drug Abuse/Addiction

Rockland Council on Alcoholism 25 Smith Street #101, Nanuet, NY 10954	845-215-9788
Blaisdell Addiction Treatment Center 140 Old Orangeburg Road, Orangeburg, NY 10962	845-359-8500
Daytop Village, Inc. 620 NY-303, Blauvelt, NY 10913	845-353-2730
Nyack Hospital Recovery Center 160 North Midland Avenue, Nyack, NY 10960	845-348-2000
Lexington Center for Recovery 100 NY-59 #117, Airmont, NY 10901	845-369-9701
Open Arms, Inc. 74 Hudson Avenue, Haverstraw, NY 10927	845-203-3063
OASAS (Office of Alcoholism and Substance Abuse Services) http://www.oasas.ny.gov/providerdirectory	
Alcoholics Anonymous http://www.aa.org/pages/en_US/find-local-aa	845-352-1112
Narcotics Anonymous https://www.na.org/meetingsearch/	212-929-7117
Al-Anon/Alateen https://al-anon.org/	845-727-2050

Family Resources

Child Care Resources 235 North Main Street, Spring Valley, NY 10977	845-425-0009
Jewish Family Services Rockland County 900 NY-45, New City, NY 10956	845-354-2121
Nanuet Family Resource Centers 50 Blauvelt Road, Nanuet, NY 10954	845-627-4889
Rockland County Youth Bureau 18 New Hempstead Road #400, New City, NY 10956	845-638-5166
Rockland County YMCA 35 South Broadway, Nyack, NY 10960	845-358-0245
YMCA 91 Washington Avenue, Suffern, NY 10901	845-357-4404
Cornell Cooperative Extension 10 Patriot Hills Lane, Stony Point, NY 10980	845-429-7085
Children's Respite 174 Old Nyack Turnpike, Spring Valley, NY 10977	845-426-4677
Rockland BOCES 65 Parrott Road, West Nyack, NY 10994	845-627-4700
Catholic Charities 78 Hudson Avenue, Haverstraw, NY 10927	845-942-5791
Center for Safety and Change 9 Johnsons Lane, New City, NY 10956	845-634-3391
NYS Office of Children & Family Services 11 Perlman Drive, Spring Valley, NY 10977	845-708-2400

Housing

Nyack Housing Authority 15 Highview Court, Nyack, NY 10960	845-358-2476
Ramapo Housing Authority 38 Pondview Drive, Airmont, NY 10901	845-357-7171
Spring Valley Housing Authority 76 Gesner Drive, Spring Valley, NY 10977	845-352-7677
Orangetown Housing Authority 34 East Cortwood Road, Orangeburg, NY 10962	845-359-2690
Rockland Family Shelter 9 Johnsons Lane #1, New City, NY 10956	845-634-3344
Nyack Homeless Project 79 Main Street, Nyack, NY 10960	845-358-7122
HEAP Home Energy Assistance Program 50 Sanitorium Road, Building L, Pomona, NY 10970	845-364-2000
Rockland Community Development Council 53 Burd Street, Nyack, NY 10960	845-352-1400

Veteran's Services

Rockland County Veteran's Services 20 Squadron Boulevard #480, New City, NY 10956	845-638-5244
Rockland County American Legion 86 South Reld Drive, Pearl River, NY 10965	845-507-2848
VA New City Clinic 345 N. Main Street #1, New City, NY 10956	845-634-8942

Food and Nutrition Programs

Berea 7th Dave Adventist

67 S. Broadway, Nyack

845-358-6825

Tuesday 10:30am-12:30pm

Charismatic Church Outreach

87 Hudson Ave., Haverstraw

845-429-8903

Tuesday 6-8pm, Sunday 4-6pm

Church of Christ

169 Route 9W, Haverstraw

845-429-9696

3rd Saturday/month 11am-1pm

Fairmont Baptist Church

39 Division St., Spring Valley

845-429-5835

1st Friday & Saturday/month 9-11am

Greenbush Presbyterian Church

614 Western Highway, Blauvelt

845-359-4666

2 Saturday mornings/month 9-10am

Living Christ Church

151 S. Broadway, Nyack

845-358-3125

Sunday 5pm free dinner

Martin Luther King Center

110 Bethune Blvd., Spring Valley

845-425-8910

Mon., Tues., Thurs., Fri. 10am-1pm

Open Bible Church

146 South Liberty, Stony Point

Friday 12-2:30pm; Sunday 1-2pm

Catholic Community Services

78 Hudson Ave., Haverstraw

845-942-5791

Tues. 12-2pm, Wed. 5:30-7:30pm, Sat. 8-10am

Christ Episcopal Church of Ramapo

65 Washington Ave., Suffern

845-357-1615

Monday-Sunday 11:30-12pm

Church of God Prophecy

251 Route 59, Spring Valley

845-596-4572

2nd & 4th Thursday/month 9-11am

Faith Temple Church

80 North Madison Ave., Spring Valley

845-425-8676

2nd & 3rd Saturday/month

Inglesia La Mission

11 Division Avenue, Nyack

845-358-1481

Tuesday 7-10pm, Sunday 12-5pm

Macedonia Baptist Church

405 Piermont Ave., Piermont

845-359-4690

Saturday & Sunday 12-2pm

New Generation Church of God

164 N. Main St., Spring Valley

845-721-8736

1st & 3rd Saturday/month 12-3pm

People to People

121 W. Nyack Road, West Nyack

Monday-Friday 9:30am to 4:30pm

Food and Nutrition Programs

Pilgrim Baptist Church

80 N. Franklin Ave., Nyack
845-358-3978
Friday 11am-1pm

Sloatsburg United Methodist

93 Orange Turnpike, Sloatsburg
845-753-2059
2nd & 4th Tuesday 2-6pm

St. Ann's Catholic Church

33 Jefferson St., Nyack
845-358-4707
Saturday 9-10:30am

St. Peter's Catholic Church

115 Broadway, Haverstraw
845-429-2196
2nd & 4th Saturday/month 9-11am

United Church of Spring Valley

11 East Church St., Spring Valley
845-356-2863
Monday-Friday 7-8am

Touch-Together Our Unity Can Heal

209 N. Route 9W, Congers
845-268-8023
Monday-Friday 9am-5pm

WIC Women, Infants & Children

23-101 Robert Pitt Drive, Monsey, NY 10952
26 New Main Street, Haverstraw, NY 10927

SNAP Supplemental Nutrition Assistance Program

50 Sanitorium Road, Pomona, NY 10970

Salvation Army

179 N. Main St., Spring Valley
845-352-9577
Tue. & Thurs 10am-2pm; Sat. 9am-12pm

Spring Valley 7th Day Adventist

18 Paikin Drive, Spring Valley
845-352-4806
1st Sunday/month 9am-12pm

St. Paul's Episcopal Church

26 S. Madison Ave., Spring Valley
845-356-1857
1st & 3rd Saturday/month 4-6pm

St. Stephen's Episcopal Church

84 Erhardt Rd., Pearl River
845-735-8888
1st Thursday/month 7-8pm

Trinity United Methodist Church

49 East St., Stony Point
845-942-2232
Monday 9-11am, 1st & 3rd Thurs. 6-8pm

Tomche Shabbos of Rockland

301-E Spook Rock Industrial, Suffern
845-357-5885
Thursday 8:30-9:30pm

845-426-6351

845-429-5525

845-364-3100

Helen Hayes Hospital 51-55 US-9W, West Haverstraw, NY 10993	845-786-4000
Good Samaritan Hospital 255 Lafayette Avenue, Suffern, NY 10901	845-368-5000
Nyack Hospital 160 North Midland Avenue, Nyack, NY 10960	845-348-2000
CityMD 256 East Route 59, Nanuet, NY 10954	845-624-2273
Rockland Urgent Care Family Health 89 US-9W, West Haverstraw, NY 10993	845-429-4000
PM Pediatrics 19 Spring Valley Market Place, Spring Valley, NY 10977	845-513-3495
Stat Health Medical Services 2244 Palisades Center Drive, West Nyack, NY 10994	845-358-7828
Crystal Run Healthcare 2 Centerock Road, West Nyack, NY 10994 200 NY-59, Suffern, NY 10901 18 Thiells Mount Ivy Road, Pomona, NY 10970	845-348-1100 845-369-9300 845-354-7957
MedRite Urgent Care 175 NY-59, Spring Valley, NY 10977	845-694-8888
Planned Parenthood 25 Perlman Drive, Spring Valley, NY 10977	845-426-7577
Rockland County Women's Health Clinic 50 Sanatorium Road B, Pomona, NY 10970	845-364-2531
Community Medical & Dental Care 40 Robert Pitt Drive, Monsey, NY 10952	845-352-6800

Child Health Plus

800-698-4543

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Medicaid and Children's Health Insurance Plan (CHIP)

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<https://www.healthcare.gov/Medicaid-chip/getting-Medicaid-chip>

Supplemental Security Income (SSI)

1-800-772-1213

A program based on financial need and disability. SSI provides supplemental income and medical insurance.

Employment

Rockland County Career Center 37 West Broad Street, Haverstraw, NY 10927	845-406-6450
National Office Assist, Inc. 56 Church Road, Airmont, NY 10952	845-357-1686
ARC of Rockland 25 Hemlock Drive, Congers, NY 10920	845-267-2500
Adecco Staffing 150 Airport Executive Park Suite 151, Nanuet, NY 10954	845-371-6300
RJ Staffing 257 South Middletown Road #5, Nanuet, NY 10954	845-624-0400
Express Employment Professionals 275 NY-304 #300, Nanuet, NY 10954	845-507-0812

Other Resources

Legal Aid Society 2 Congers Road, New City, NY 10956	845-634-3627
MedWay Transportation 749 North Main Street, Spring Valley, NY 10977	845-678-3600
Rockland County Trips 50 Sanitorium Road, Pomona, NY 10970	845-364-8747
Tomche Shabbos of Rockland 313 Spook Rock Road, Suffern, NY 10901	845-357-5885
The Salvation Army Corps Community Center 179 North Main Street, Spring Valley, NY 10977	845-352-9577

Hotlines and Crisis Centers

9-1-1 Rockland Police, Fire, Paramedics	Dial 9-1-1
County Suicide Prevention Crisis Number	845-517-0400
Child Abuse and Neglect	1-800-342-3722
National Suicide Prevention Lifeline	1-800-273-8255
District Attorney Victim Assistance	845-638-5001
NYS Domestic and Sexual Violence Hotline	1-800-942-6906
Spanish Language	1-800-942-6908
National Domestic Violence Hotline	1-800-799-7233
NYS Poison Hotline	1-800-222-1222
Rockland County Sheriff's Office	845-638-5400

Saratoga County Community Resources



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Saratoga County Mental Health Center 518-584-9030
135 South Broadway, Saratoga Springs, NY 12866

Four Winds Saratoga 518-584-3600
30 Crescent Avenue, Saratoga Springs, NY 12866

Saratoga County Mental Health 518-383-1150
Barney Road, Clifton Park, NY 12065

ECS Psychological Services 518-580-0520
210 Church Street, Saratoga Springs, NY 12866

Saratoga Psychological Associates 518-587-0499
1 West Avenue #205, Saratoga Springs, NY 12866

Saratoga Behavioral Health 518-871-1258
State Building 2, 2911 US 9, Malta, NY 12020

Capital Counseling
100 West Avenue, Saratoga Springs, NY 12866 518-462-6531
4 Chelsea Place #102, Clifton Park, NY 12065 518-462-6531

Saratoga Counseling Services 518-581-8699
15 Maple Dell #3, Saratoga Springs, NY 12866

Samaritan Counseling Center 518-374-3514
75 Railroad Place, Saratoga Springs, NY 12866

Saratoga Center for Social Therapy 518-580-9863
23 Conner Drive, Saratoga Springs, NY 12866

Wellspring Psychotherapy Center 518-583-0306
331 West Avenue, Saratoga Springs, NY 12866

Alcohol and Drug Abuse/Addiction

Prevention Council 125 High Rock Avenue Suite 200, Saratoga Springs, NY 12866	518-581-1230
Hedgerow House 994 NY-67, Ballston Spa, NY 12020	518-676-1397
Saratoga Mental Health Clinic 135 South Broadway, Saratoga Springs, NY 12866	518-584-9030
OASAS (Office of Alcoholism and Substance Abuse Services) http://www.oasas.ny.gov/providerdirectory	
Alcoholics Anonymous http://www.aa.org/pages/en_US/find-local-aa	518-587-0407
Narcotics Anonymous https://www.na.org/meetingsearch/	888-399-5519
Al-Anon/Alateen https://al-anon.org/	518-292-0577

Family Resources

Saratoga Center for Family 359 Ballston Avenue, Saratoga Springs, NY 12866	518-587-8008
Captain Youth & Family Services 5 Municipal Plaza #3, Clifton Park, NY 12065	518-371-1185
Saratoga County Youth Bureau 152 West High Street, Ballston Spa, NY 12020	518-884-4180
Saratoga Regional YMCA 290 West Avenue, Saratoga Springs, NY 12866 20 Old Gick Road, Saratoga Springs, NY 12866	518-583-9622 518-587-3000
Capital District YMCA 1 Wall Street, Clifton Park, NY 12065	518-371-2139
The Salvation Army 27 Woodlawn Avenue, Saratoga Springs, NY 12866	518-584-1640
Greater Schuylerville Youth Program Fort Hardy Road, Schuylerville, NY 12871	518-695-6100
Catholic Charities 142 Regent Street, Saratoga Springs, NY 12866	518-587-5000
Cornell Cooperative Extension 50 West High Street #1, Ballston Spa, NY 12020	518-885-8995
Franklin Community Center, Inc. 10 Franklin Street, Saratoga Springs, NY 12866	518-587-9826
Saratoga County ARC 64 Washington Street, Saratoga Springs, NY 12866	518-583-0198
Rebuilding Together Saratoga 132 Milton Avenue, Ballston Spa, NY 12020	518-587-3315

Housing

Mechanicville Housing Authority 2 Harris Avenue Suite 1, Mechanicville, NY 12118	518-664-9897
Saratoga County Economic Opportunity Council 39 Bath Street, Ballston Spa, NY 12020	518-288-3206
Saratoga County Rural Preservation Company 1214 Saratoga Road, Ballston Spa, NY 12020	518-885-0093
Section 8 Rental Assistance 11 Federal Street, Saratoga Springs, NY 12866	518-372-8846
HEAP Home Energy Assistance Program 152 West High Street, Ballston Spa, NY 12020	518-884-4140
Shelters of Saratoga, Inc. 14 Walworth Street, Saratoga Springs, NY 12866	518-581-1097

Veteran's Services

The Guardian House 1214 Saratoga Avenue, Ballston Spa, NY 12020	518-885-0093
Saratoga County Veterans Service Agency 2144 Doubleday Avenue, Ballston Spa, NY 12020	518-884-4115

Legal Services

Legal Aid Society 40 New Street, Saratoga Springs, NY 12866	518-587-5188
Saratoga County Bar Association Schenectady, NY 12309	518-280-1974
Office of the Saratoga County District Attorney 25 West High Street #4, Ballston Spa, NY 12020	518-885-2263

Food and Nutrition Programs

First Baptist Church of Ballston Spa

202 Milton Ave., Ballston Spa

518-885-8361

Tues. 10am-12pm, Thurs. 4:30-6pm

United Methodist Church

101 Milton Ave., Ballston Spa

518-885-6886

Wednesday 9am-12pm

EOC Soup Kitchen

24 Circular St., Saratoga Springs

518-581-8233

Monday-Saturday 12-1pm; Sunday 3-4pm

St. Paul's Food Pantry

149 Lake Ave., Saratoga Springs

518-584-0904

Wed. 6-7:30pm; Thurs 11am-12pm

Rockwell Falls Presbyterian

Bridge/Bay Rd, Lake Luzerne

518-696-3537

Mon, Wed, Fri 1-4pm; Tues 6-8pm

Pine Knolls Food Pantry

641 Gansevoort Rd., South Glens Falls

518-793-7101

Saturday 8:45-11:30am

Corinth Churches Cupboards

6 4th St., Corinth

518-654-7020

Mon-Wed, Fri 2:30-3:30pm; Thurs 9:30-10:30am

Christ Episcopal

15 West High St., Ballston Spa

518-602-0004

Mon/Wed/Thurs/Fri 10am-12pm

EOC Food Pantry

39 Bath St., Ballston Spa

518-288-3206

Mon, Tues, Wed, Fri.

St. Clement's Church

231 Lake Ave., Saratoga Springs

518-581-9805

Tuesday-Thursday 9am-12pm

Franklin Community Center

10 Franklin St., Saratoga Springs

518-587-9826

Mon, Tues, Wed 9am-2pm

Moreau Community Center

144 Main St., South Glens Falls

518-792-6007

Monday-Friday 9am-3pm

Wilton Food Pantry

Wilton, NY

518-480-1181

Wed. 6-8pm, Sat. 10am-12pm

ECHO Food Pantry

St. Paul's Church, Rock City Falls

518-885-4877

Tuesday 9-11:30am

Food and Nutrition Programs

S.A.F.E.R

10 Spring St., Schuylerville
518-260-4779
Mon/Wed/Fri 9am-12pm

Karyl's Kupboard

5 Municipal Plaza, Clifton Park
518-371-1185
Mon, Tues, Thurs 10am-3pm

Emmanuel United Methodist

Park Ave., Mechanicville
518-664-5204
Mon/Thurs 12:30-2:30pm

Jonesville Methodist Church

963 Main St., Jonesville
518-877-7380
Wed. 3-6pm, Fri. 8-11am

Faith's Food Pantry

34 Third St., Waterford
518-237-7370
Friday 10am-12pm; 3rd/4th Thursdays

WIC Women, Infants & Children

40 New Street, Saratoga Springs, NY 12866

SNAP Supplemental Nutrition Assistance Program

152 West High Street, Ballston Spa, NY 12020

Greenfield Food Pantry

25 Wilton Rd., Greenfield Center
518-893-2211
Wednesday 1:30-3:30pm

Highway Tabernacle

90 River Rd, Mechanicville
518-664-4442
Thursday by appointment

Stillwater United Church

135 N. Hudson Ave, Stillwater
518-664-1231
Mon/Wed 10-12pm, Thurs 5-7pm

Faith Baptist Church

Corner of Glenridge, Rexford
518-399-2220
Friday 9am-12pm

United Methodist Church

126 Middletown Rd, Waterford
518-235-6498
Friday 10am-11:30am

518-288-3232

518-884-4155

Saratoga Hospital

3 Care Lane Suite 300, Saratoga Springs, NY 12866	518-226-6000
211 Church Street, Saratoga Springs, NY 12866	518-587-3222
3044 NY-50, Saratoga Springs, NY 12866	518-886-5800
119 Lawrence Street, Saratoga Springs, NY 12866	518-584-7361

Saratoga Urgent Care

5 Care Lane, Saratoga Springs, NY 12866	518-587-0845
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Ellis Primary Care

990 New York State Route 67, Ballston Spa, NY 12020	518-889-8450
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Ellis Medicine Center of Clifton Park

103 Sitterly Road, Clifton Park, NY 12065	518-579-2555
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St. Peter's Urgent Care

1 Tallow Wood Drive, Clifton Park, NY 12065	518-373-4444
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Malta Medical Care

6 Medical Park Drive, Mechanicville, NY 12118	518-289-2024
2554 U.S. 9, Ballston Spa, NY 12020	518-899-5002

Saratoga Community Health Center

24 Hamilton Street, Saratoga Springs, NY 12866	518-886-5600
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Community Care Physicians

2 Chelsea Place, Clifton Park, NY 12065	518-383-2366
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Medi Call Urgent Care Center

1 Tallow Wood Drive, Clifton Park, NY 12065	518-373-4444
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Planned Parenthood

236 Washington Street, Saratoga Springs, NY 12866	518-584-0041
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Saratoga Family Physicians

3040 NY-50, Saratoga Springs, NY 12866	518-886-5800
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Child Health Plus

800-698-4543

Child Health Plus offers health insurance to children ages birth through 18 years within New York State who family income falls within certain limits. The purpose of Child Health Plus is to ensure that all eligible children receive the basic, routine, preventive health care that keeps children healthy and protects them from common childhood diseases and illnesses. Child Health Plus is made available by New York State law that provides funding for children's health insurance.

Family Health Plus

877-934-7587

Family Health Plus offers health insurance to individuals ages 19-64 years within New York State who family income falls within certain limits. The purpose of Family Health Plus is to ensure that all eligible individuals receive basic, routine, prevention health care that keeps people healthy and protects them from common diseases and illnesses. Family Health Plus is made available by New York State law that provides funding for individuals health insurance.

Medicaid and Children's Health Insurance Plan (CHIP)

Medicaid and the Children's Health Insurance Plan (CHIP) provide free or low-cost health coverage to millions of Americans, including some low-income people, families and children, pregnant women, the elderly, and people with disabilities. Visit their website to enroll or see if you qualify:

<https://www.healthcare.gov/Medicaid-chip/getting-Medicaid-chip>

Supplemental Security Income (SSI)

1-800-772-1213

A program based on financial need and disability. SSI provides supplemental income and medical insurance.

Employment

Employment Assistance Program 559 Glen Street, Glen Falls, NY 12801	518-793-9768
Saratoga County Alternatives 152 West High Street, Ballston Spa, NY 12020	518-884-4170
Integrated Staffing 463 Maple Avenue, Saratoga Springs, NY 12866	518-583-7823
Walrath Recruiting, Inc. 511 Broadway, Saratoga Springs, NY 12866	518-886-8860
Companies of JJ Young 77 Van Dam Street #8, Saratoga Springs, NY 12866	518-580-9025
AccuStaff of Malta 2374 U.S. 9, Mechanicville, NY 12188	518-396-5866
Saratoga Source 444 Broadway #202, Saratoga Springs, NY 12866	518-583-4500
Heber Associates Inc. 125 High Rock Avenue, Saratoga Springs, NY 12866	518-306-3737
Natek Corporation 27 Summerfield Lane, Saratoga Springs, NY 12866	518-583-0456
ExpressOne Staffing 1741 U.S. 9, Clifton Park, NY 12065	
Technical Education Center 4 Glens Falls Tech Park, Glens Falls, NY 12801	518-761-6876
Washington Saratoga BOCES 1153 Burgoyne Avenue #2, Fort Edward, NY 12828	518-746-3300

Hotlines and Crisis Centers

9-1-1 Saratoga Police, Fire, Paramedics	Dial 9-1-1
County Suicide Prevention Crisis Number	518-584-9030
Samaritans Suicide Prevention Center	518-689-4673
Child Abuse and Neglect	1-800-342-3722
National Suicide Prevention Lifeline	1-800-273-8255
NYS Domestic and Sexual Violence Hotline	1-800-942-6906
Spanish Language	1-800-942-6908
National Domestic Violence Hotline	1-800-799-7233
NYS Poison Hotline	1-800-222-1222
District Attorney Victim Advocate	518-885-2263
Domestic Violence Services	518-584-8188
Saratoga Sheriff’s Office	518-885-6761
Saratoga Springs Police Department	518-584-1800
NYS Police Department	518-899-2232

Schenectady County

Community Resources



Mental health refers to a person's condition with regard to their psychological and emotional well-being. Taking care of one's mental health is of critical importance and should be prioritized. Mental Health problems can come in a multitude of forms, and help should be sought if you are experiencing an unusual amount of distress or having difficulty functioning.

Ellis Hospital Mental Health Services 1023 State Street, Schenectady, NY 12307	518-243-3300
Union Street Counseling Services 1311 Union Street, Schenectady, NY 12308	518-374-6263
Community Mental Health Team 650 Franklin Street, Schenectady, NY 12305	518-370-5113
Campbell House Psychological 101 State Street, Schenectady, NY 12305	518-346-0762
Associates in Mental Health in Neuropsychology 2310 Nott Street, Niskayuna, NY 12309	518-372-6080
Capital Counseling 670 Franklin Street, Schenectady, NY 12305	518-462-6531
Center for Solutions 1758 Union Street, Niskayuna, NY 12309	518-982-1274
Ellis Medicine: Child & Adolescent Treatment Services 624 McClellan Street, Schenectady, NY 12304	518-382-2290
Mohawk Opportunities 201 Nott Terrace, Schenectady, NY 12307	518-374-8424
Samaritan Counseling Center 220 North Ballston Avenue, Scotia, NY 12302 8 N. Church Street, Schenectady, NY 12305	518-374-3514
Schenectady Mental Health Associates 1362 Union Street, Schenectady, NY 12308	518-374-0295

Alcohol and Drug Abuse/Addiction

Schenectady County Alcoholism & Substance Abuse Services 518-346-4436
302 State Street, Schenectady, NY 12305

New Choices Recovery Center 518-346-4436
302 State Street, Schenectady, NY 12305

Conifer Park
79 Glenridge Rad, Glenville, NY 12302 800-989-6446
600 Franklin Street #204, Schenectady, NY 12305 518-372-7031

Purcell House 518-217-2998
408 Summit Avenue, Schenectady, NY 12307

Perrin House 518-346-4509
575 Lansing Street, Schenectady, NY 12303

Carver Community Counseling 518-382-7838
846 State Street, Schenectady, NY 12307

St. Peter's Addiction Recovery Center 518-357-2909
2925 Hamburg Street, Rotterdam, NY 12303

OASAS (Office of Alcoholism and Substance Abuse Services)
<http://www.oasas.ny.gov/providerdirectory>

Alcoholics Anonymous 518-463-0906
http://www.aa.org/pages/en_US/find-local-aa

Narcotics Anonymous 888-319-2606
<https://ww.na.org/meetingsearch/>

Al-Anon/Alateen 518-292-0577
<https://al-anon.org/>

Family Resources

Schenectady Family and Children's Services

246 Union Street, Schenectady, NY 12305

518-393-1369

1007 Maryland Avenue, Schenectady, NY 12308

Parsons Child & Family Center

518-370-2571

108 Erie Boulevard #1, Schenectady, NY 12305

Berkshire Farm Center

518-346-6201

945 Palmer Avenue, Niskayuna, NY 12309

Capital District Center for Independence

518-459-6422

105 Jay Street, Schenectady, NY 12305

City Life Center

518-533-3617

550 Ontario Street, Schenectady, NY 12306

City Mission Family Life Center

518-346-2275 x324

311 Clinton Street, Schenectady, NY 12305

Community Fathers, Inc.

518-346-7546

120 Emmons Street, Schenectady, NY 12304

Cornell Cooperative Extension

518-372-1622

107 Nott Terrace, Schenectady, NY 12308

Crossroads Center for Children

518-280-0083

1136 North Westcott Road, Suite 100, Schenectady, NY 12306

Families Work Program

518-346-1285 x7516

945 Palmer Avenue, Schenectady, NY 12309

Heritage Home for Women

518-374-6921

1519 Union Street, Schenectady, NY 12309

Liberty Partnerships

518-381-1364

78 Washington Avenue, Schenectady, NY 12305

Niskayuna Community Action Program

518-374-0744

2253 Story Avenue, Niskayuna, NY 12309

Northeast Parent & Child Society

518-381-8911

530 Franklin Street, Schenectady, NY 12305

Parent to Parent of NYS

518-381-4350

500 Balltown Road, Schenectady, NY 12304

Family Resources

Salvation Army 222 Lafayette Street, Schenectady, NY 12305	518-346-0222
Schenectady ARC 214 State Street, Schenectady, NY 12305	518-372-1160
Schenectady Community Action Program 913 Albany Street, Schenectady, NY 12307	518-374-9181
Schenectady County Youth Bureau 797 Broadway, Schenectady, NY 12305	518-386-2210
Schenectady YMCA 433 State Street, Schenectady, NY 12305	518-881-0117
YWCA 44 Washington Avenue, Schenectady, NY 12305	518-374-3394
Youth Life Support Network, Inc. 120 Emmons Street, Schenectady, NY 12305	518-280-7584
Duanesburg YMCA 221 Victoria Drive, Delanson, NY 12053	518-895-9500
Glenville YMCA 127 Droms Road, Glenville, NY 12302	518-399-8118
SEAT Center/YouthBuild 131 State Street, Schenectady, NY 12305	518-372-4100
Austin Society 101 State Street, Schenectady, NY 12307	518-355-2191
A Thousand Moms 2367 Curry Road, Schenectady, NY 12303	518-322-0607

Housing

Bethesda House 834 State Street, Schenectady, NY 12307	518-374-7873
Better Neighborhoods, Inc. 986 Albany Street, Schenectady, NY 12307	518-372-6469
Boulevard Neighborhood Association 1230 Rugby Road, Schenectady, NY 12307	518-831-0260
Central State Neighborhood Association 600 McClellan Street, Schenectady, NY 12304	518-860-6320
East Front Street Neighborhood Association 1473 Erie Boulevard, Schenectady, NY 12305	518-372-0036
Eastern Avenue Neighborhood Association 600 McClellan Street, Schenectady, NY 12304	518-986-0959
Hamilton Hill Neighborhood Association 540 Mumford Street, Schenectady, NY 12307	518-728-8419
Mount Pleasant Neighborhood Association 1028 Ostrander Place, Schenectady, NY 12303	518-370-2260
Schenectady Municipal Housing Authority 375 Broadway, Schenectady, NY 12305	518-386-7000
City Mission 425 Hamilton Street, Schenectady, NY 12305	518-346-2275
City Mission Men's Shelter 427 Hamilton Street, Schenectady, NY 12305	518-346-2275 x312
Safe, Inc. 1344 Albany Street, Schenectady, NY 12304	518-374-5178
HEAP Home Energy Assistance Program 797 Broadway, Schenectady, NY 12305	518-388-4470

Food and Nutrition Programs- Community Meals

Schenectady Inner City Mission

839 Albany St., Schenectady
518-346-4445
Mon, Wed, Fri 9am-11:30am

Refreshing Springs

327 Georgetta Dix Plaza, Schenectady
518-346-5303
4th Thursday/month 5-7pm

Scotia-Glenville Pantry

132 Mohawk Ave., Scotia
518-399-9426
Tues 5-7pm, Thurs 9-11am

St. Luke's Food Pantry

1243 State St., Schenectady
518-347-1385
By appointment only

City Mission Dining Center

425 Hamilton St., Schenectady
518-346-2275
Monday-Friday 5:45pm; Saturday 3pm

PG Wright Food Pantry

Yates Village, Schenectady
518-374-7873
Thursday 9am-1pm

Trinity of Baptist Church

2635 Balltown Road, Niskayuna
518-393-2506
1st & 3rd Thursday/month 7-8pm

WIC Women, Infants & Children

650 Franklin Street, Schenectady, NY 12305

Salvation Army

222 Lafayette St., Schenectady
518-346-0222
Tues-Thurs 9:30-11:30am

Westminster Presbyterian

1690 Ave A, Schenectady
518-346-6974
Tuesday 9am-12pm

Our Lady of Fatima Pantry

1735 Alexander Rd., Delanson
518-895-2788
By appointment only

Braman Food Pantry

Route 30, Duanesburg
518-875-6571
By appointment only

Jacob's Well

1910 Broadway, Schenectady
518-393-1341
Wed., Thurs., Fri., Saturday

Tabernacle of New Hope

3 Morris Ave., Schenectady
518-372-3354
Monday 10am-12pm

Villa Fusco Food Pantry

955 Balltown Road, Niskayuna
518-877-1613
3rd Saturday/month 12-2pm

518-346-8818

Ellis Hospital

1101 Nott Street, Schenectady, NY 12308
103 Sitterly Road, Clifton Park, NY 12065

518-243-4000

Bellevue Hospital

2210 Troy Schenectady Road, Niskayuna, NY 12309

518-346-9400

Ellis Primary Care

115 Saratoga Road Suite 200, Schenectady, NY 12302

518-243-3360

Ellis Medicine

1482 Erie Boulevard, Schenectady, NY 12305

518-243-1500

Planned Parenthood

1040 State Street, Schenectady, NY 12307

518-374-5353

Urgent Care

530 Liberty Street, Schenectady, NY 12308

518-489-2663

Albany Med EMUrgentCare

115 Saratoga Road Suite 110, Schenectady, NY 12302
1769 Union Street, Niskayuna, NY 12309

518-264-9000

518-264-9000

Urgent Care Center of Niskayuna

2125 River Road #104, Niskayuna, NY 12309

518-713-5341

St. Peter's Urgent Care

1 Tallow Wood Drive, Clifton Park, NY 12065

518-373-4444

Community Care Physicians

2 Chelsea Place, Clifton Park, NY 12065

518-383-2366

Malta Med Emergency Care

6 Medical Park Drive, Malta, NY 12020

518-289-2024

Five Corners Family Practice

3040 Broadway, Schenectady, NY 12306

518-357-2011

Child Health Plus

800-698-4543

Child Health Plus offers health insurance to children ages birth through 18 years within New York State who family income falls within certain limits. The purpose of Child Health Plus is to ensure that all eligible children receive the basic, routine, preventive health care that keeps children healthy and protects them from common childhood diseases and illnesses. Child Health Plus is made available by New York State law that provides funding for children's health insurance.

Family Health Plus

877-934-7587

Family Health Plus offers health insurance to individuals ages 19-64 years within New York State who family income falls within certain limits. The purpose of Family Health Plus is to ensure that all eligible individuals receive basic, routine, prevention health care that keeps people healthy and protects them from common diseases and illnesses. Family Health Plus is made available by New York State law that provides funding for individuals health insurance.

Medicaid and Children's Health Insurance Plan (CHIP)

Medicaid and the Children's Health Insurance Plan (CHIP) provide free or low-cost health coverage to millions of Americans, including some low-income people, families and children, pregnant women, the elderly, and people with disabilities. Visit their website to enroll or see if you qualify:

<https://www.healthcare.gov/Medicaid-chip/getting-Medicaid-chip>

Supplemental Security Income (SSI)

1-800-772-1213

A program based on financial need and disability. SSI provides supplemental income and medical insurance.

Employment

Schenectady County Job Agency 433 NY-5, Schenectady, NY 12305	518-382-5951
Schenectady County One Stop Center 797 Broadway, Schenectady, NY 12305	518-344-2735
MDT Personnel 1594 State Street, Schenectady, NY 12304	518-377-2321
Schenectady Works 425 Hamilton Street, Schenectady, NY 12305	518-346-2275
Northeast Career Planning 2469 Albany Street, Schenectady, NY 12304	518-372-2895
Adecco Employment Services 2160 Amsterdam Road, Glenville, NY 12302	518-390-0127
Steinmetz Home Family Investment Center 120 Emmons Street, Schenectady, NY 12304	518-370-8220
SUNY College and Career Counseling Center 433 State Street, Schenectady, NY 12305	518-631-2257
Washington Irving 422 Mumford Street, Schenectady, NY 12307	518-370-8220
PeopleReady 934 State Street, Schenectady, NY 12307	518-346-9647
Staffing Partners LLC 3104 East Lydius Street, Schenectady, NY 12303	518-357-0049
Truax, Mazza & Associates 1935 Heritage Road, Niskayuna, NY 12309	518-456-8708

Legal Assistance

Schenectady County Bar Association 215 State Street, Schenectady, NY 12305	518-393-4115
Schenectady County Public Defender 519 State Street, Schenectady, NY 12305	518-286-2266
Legal Aid Society 55 Colvin Avenue, Albany, NY 12206	518-462-6765

Veterans Services

Schenectady County Veterans Services 797 Broadway, Schenectady, NY 12305	518-377-2738
Veterans Affairs Division 620 State Street, Schenectady, NY 12305	
Disabled American Veterans 1201 Stratford Road, Schenectady, NY 12308	518-374-9334
VA Schenectady Clinic 1322 Gerling Street, Schenectady, NY 12308	518-346-3334
Veteran's Miracle Center 10 Interstate Avenue, Albany, NY 12205	518-486-8393

Transportation

Access Transit Services (CDTA) 2401 Maxon Road, Schenectady, NY 12308	518-437-6832
Schenectady Station 332 Erie Boulevard, Schenectady, NY 12305	800-872-7245
Action Transportation, Inc.	518-649-3366

Other Resources

Center City 433 State Street, Schenectady, NY 12305	518-377-1109
City Mission Reentry Peer Support Group 313 Clinton Avenue, Schenectady, NY 12305	518-414-0633
Easton Mountain 391 Herrington Hill Road, Greenwich, NY 12834	518-692-8023
Peter Young Support Group 428 Duane Avenue, Schenectady, NY 12304	518-377-2448
Miracle on Craig Street 1055 Wendell Avenue, Schenectady, NY 12308	518-982-5050
Literacy New York Greater Capital District 99 Clinton Street, Schenectady, NY 12305	518-583-1232
A Different Way In Reading Center 8 North Church Street, Schenectady, NY 12305	518-945-8842
Comprehensive Care Center for Eating Disorders 25 Hackett Boulevard, Schenectady, NY 12208	518-262-5299
ECOS: The Environmental Clearinghouse 2682 Aqueduct Road, Niskayuna, NY 12309	518-370-4125
Girls Inc. 962 Albany Street, Schenectady, NY 12307	518-374-9800
Jack's Place 17 Rosa Road, Schenectady, NY 12308	518-370-1683
Things of My Very Own, Inc. 249 Green Street, Schenectady, NY 12305	518-630-5143
Schenectady Damien Center 615 Nott Street, Schenectady, NY 12308	518-449-7119

Hotlines and Crisis Centers

9-1-1 Schenectady Police, Fire, Paramedics	Dial 9-1-1
County Suicide Prevention Crisis Number	518-243-3300
Child Abuse Hotline	1-800-342-3720
Drug Abuse Information Hotline	1-800-522-5353
National Suicide Prevention Lifeline	1-800-273-8255
National Domestic Violence Hotline	1-800-799-7233
NYS Domestic and Sexual Violence Hotline	1-800-942-6906
Spanish Language	1-800-942-6908
District Attorney Victim Assistance	518-388-4364
YWCA Families in Violence	518-374-3386
Poison Control	1-800-222-1222
For poisoning and drug overdoses	
Schenectady Police Department	518-382-5200
Schenectady County Sheriff	518-393-8300
State Police Department	518-630-1700

Schoharie County Community Resources



Mental health refers to a person's condition with regard to their psychological and emotional well-being. Taking care of one's mental health is of critical importance and should be prioritized. Mental Health problems can come in a multitude of forms, and help should be sought if you are experiencing an unusual amount of distress or having difficulty functioning.

Schoharie County Mental Health Office 284 Main Street, Schoharie, NY 12157	518-295-8336
Children's Coordinated Services Initiative 113 Park Place, Schoharie, NY 12157	518-295-2016
Mobile Crisis Assessment Team (MCAT) 113 Park Place, Schoharie, NY 12157	1-844-732-6228
Pleasantview Counseling 146 Campus Drive, Cobleskill, NY 12043	518-234-0053
Reflective Counseling 2707 Creek Road, Esperance, NY 12066	518-868-9734
Rehabilitation Support Services 121 Burgin Drive, 2 nd Floor, Cobleskill, NY 12043	518-234-8291
Schoharie County Community Mental Health Clinic 113 Park Place Suite 1, Schoharie, NY 12157	518-295-8336
Schoharie County ARC 215 South Grand Street, Cobleskill, NY 12043	518-254-0620

Alcohol and Drug Abuse/Addiction

Schoharie County Chemical Dependency Clinic

518-295-2031

113 Park Place #1, Schoharie, NY 12157

Schoharie County Council on Alcoholism & Substance Abuse

518-234-8705

349 Mineral Springs Road, Cobleskill, NY 12043

OASAS (Office of Alcoholism and Substance Abuse Services)

<http://www.oasas.ny.gov/providerdirectory>

Alcoholics Anonymous

1-888-2B-SOBER

http://www.aa.org/pages/en_US/find-local-aa

Narcotics Anonymous

518-234-8705

<https://www.na.org/meetingsearch/>

Al-Anon/Alateen

518-234-8705

<https://al-anon.org/>

Family Resources

Schoharie County Community Action 795 East Main Street #5, Cobleskill, NY 12043	518-234-2568
Children at Risk Response Team of Schoharie County 107 Prospect Street, Schoharie, NY 12157	518-702-4118
Schoharie County Youth Bureau 349 Mineral Springs Road, Cobleskill, NY 12043	518-295-2057
Berkshire Farm Center & Services 138 Grand Street, Schoharie, NY 12157	518-295-8806
Fields of Grace Outreach 3673 NY-145, Cobleskill, NY 12043	518-301-5621
Schoharie County Children's Services 113 Park Place, Schoharie, NY 12157	518-295-2016
Catholic Charities 489 West Main Street, Cobleskill, NY 12043	518-234-3581
Family Support/Resource Center 795 East Main Street Cobleskill, NY 12043	518-234-0261
The Joshua Project 111 Wells Avenue, Middleburgh, NY 12122	518-937-2422
Liberty Partnership 219 Warner Hall, 192 Albany Avenue, Cobleskill, NY 12043	518-255-5366
Schoharie County Child Development Council 114 Lark Street, Cobleskill, NY 12043	518-234-7521
Cornell Cooperative Extension 173 South Grand Street, Cobleskill, NY 12043	518-234-4303

Housing

Schoharie City Rural Preservation Company 349 Mineral Springs Road, Cobleskill, NY 12043	518-234-7604
HEAP Home Energy Assistance Program 284 Main Street, Schoharie, NY 12157	518-295-8334

Veteran's Services

Veterans Affairs Division 306 Main Street, Schoharie, NY 12157	518-295-8360
Schoharie County Veteran's Services 113 Park Place #7, Schoharie, NY 12157	518-295-2053

Transportation

Schoharie Public Transportation 114 Rock Road, Cobleskill, NY 12043	518-234-0960
Rural/Metro Medical Services McArthur Avenue, Cobleskill, NY 12043	518-234-0911

Other Resources

Schoharie County Chamber of Commerce 143 Caverns Road, Howes Cave, NY 12092	518-296-8820
SALT 258 Main Street, Schoharie, NY 12157	518-702-5017
Prospect House 318 Main Street, Schoharie, NY 12157	518-295-8866

Food and Nutrition Programs

Catholic Charities

489 W. Main St., Cobleskill
518-234-3581
Monday-Wednesday 9am-4pm

Zion Evangelical Lutheran Church

615 E. Main St., Cobleskill
518-234-3381
Last Saturday of the month 9am-12pm

St. Pauls' Lutheran Church

265 Main St., Richmondville
518-294-6656
Last Saturday of the month 9am-12pm

St. Mark's Lutheran Church

326 Main St., Middleburgh
518-827-5318
By appointment

Bethany Lutheran Church

177 Church St., Central Bridge
518-868-2868
By appointment

United Methodist Church

2870 Route 10, Summit
518-287-1828
Third Saturday of the month 10-11am

Breakabeen-N. Blenheim Presbyterian

Clauverwie Rd., Middleburgh
518-827-4499
Friday 4-6pm

WIC Women, Infants & Children

518-234-2568
795 E. Main St. #5, Cobleskill

Cobleskill United Methodist Church

109 Chapel St., Cobleskill
518-234-3671
Friday 9am-12pm

First Baptist Church

483 W. Main. St., Cobleskill
518-234-2729
By appointment

Reformed Church of Middleburgh

178 River St., Middleburgh
518-827-5134
Wednesday 4-6pm, Saturday 9-11am

United Presbyterian Church

248 Main St., Schoharie
518-295-8931
Tuesday 12-2pm

Schoharie Valley Gospel Church

133 Sprakers Rd., Sloansville
518-868-2268
By appointment

North Blenheim United Methodist

1881 State Route 30, North Blenheim
518-827-8394
By appointment

Sharon Springs United Methodist

509 State Highway 20, Sharon Springs
518-284-2687
By appointment

SNAP Supplemental Nutrition Assistance Program

518-295-8334

Food and Nutrition Programs

Pilgrim Baptist Church

80 N. Franklin Ave., Nyack
845-358-3978
Friday 11am-1pm

Sloatsburg United Methodist

93 Orange Turnpike, Sloatsburg
845-753-2059
2nd & 4th Tuesday 2-6pm

St. Ann's Catholic Church

33 Jefferson St., Nyack
845-358-4707
Saturday 9-10:30am

St. Peter's Catholic Church

115 Broadway, Haverstraw
845-429-2196
2nd & 4th Saturday/month 9-11am

United Church of Spring Valley

11 East Church St., Spring Valley
845-356-2863
Monday-Friday 7-8am

Touch-Together Our Unity Can Heal

209 N. Route 9W, Congers
845-268-8023
Monday-Friday 9am-5pm

WIC Women, Infants & Children

23-101 Robert Pitt Drive, Monsey, NY 10952
26 New Main Street, Haverstraw, NY 10927

SNAP Supplemental Nutrition Assistance Program

50 Sanitorium Road, Pomona, NY 10970

Salvation Army

179 N. Main St., Spring Valley
845-352-9577
Tue. & Thurs 10am-2pm; Sat. 9am-12pm

Spring Valley 7th Day Adventist

18 Paikin Drive, Spring Valley
845-352-4806
1st Sunday/month 9am-12pm

St. Paul's Episcopal Church

26 S. Madison Ave., Spring Valley
845-356-1857
1st & 3rd Saturday/month 4-6pm

St. Stephen's Episcopal Church

84 Erhardt Rd., Pearl River
845-735-8888
1st Thursday/month 7-8pm

Trinity United Methodist Church

49 East St., Stony Point
845-942-2232
Monday 9-11am, 1st & 3rd Thurs. 6-8pm

Tomche Shabbos of Rockland

301-E Spook Rock Industrial, Suffern
845-357-5885
Thursday 8:30-9:30pm

845-426-6351

845-429-5525

845-364-3100

Cobleskill Regional Hospital

518-254-3456

178 Grandview Drive, Cobleskill, NY 12043

Bassett Healthcare

111 Barton hill Road, Schoharie, NY 12157

518-295-8521

109 Baker Avenue, Middleburgh, NY 12122

518-827-7730

136 Parkway Drive, Cobleskill, NY 12043

518-234-2555

591-1 State Route 20, Sharon Springs, NY 13459

518-284-2223

Planned Parenthood

518-234-3325

109 Legion Drive, Cobleskill, NY 12043

Schoharie County Emergency Medical Service

518-295-2283

157 Depot Lane, Schoharie, NY 12157

Family Medical Care

518-234-8745

132 MacArthur Avenue, Cobleskill, NY 12043

Community Maternity Services

518-295-6100

322 Main Street, Schoharie, NY 12157

Schoharie County Department of Health

518-295-8365

284 Main Street, Schoharie, NY 12157

Child Health Plus

800-698-4543

Child Health Plus offers health insurance to children ages birth through 18 years within New York State who family income falls within certain limits. The purpose of Child Health Plus is to ensure that all eligible children receive the basic, routine, preventive health care that keeps children healthy and protects them from common childhood diseases and illnesses. Child Health Plus is made available by New York State law that provides funding for children's health insurance.

Family Health Plus

877-934-7587

Family Health Plus offers health insurance to individuals ages 19-64 years within New York State who family income falls within certain limits. The purpose of Family Health Plus is to ensure that all eligible individuals receive basic, routine, prevention health care that keeps people healthy and protects them from common diseases and illnesses. Family Health Plus is made available by New York State law that provides funding for individuals health insurance.

Medicaid and Children's Health Insurance Plan (CHIP)

Medicaid and the Children's Health Insurance Plan (CHIP) provide free or low-cost health coverage to millions of Americans, including some low-income people, families and children, pregnant women, the elderly, and people with disabilities. Visit their website to enroll or see if you qualify:

<https://www.healthcare.gov/Medicaid-chip/getting-Medicaid-chip>

Supplemental Security Income (SSI)

1-800-772-1213

A program based on financial need and disability. SSI provides supplemental income and medical insurance.

Hotlines and Crisis Centers

9-1-1 Schoharie Police, Fire, Paramedics	Dial 9-1-1
County Suicide Prevention Crisis Number	518-295-8336
After Hours Bassett Hospital Crisis Center	877-369-6699
Child Abuse and Neglect	1-800-342-3722
National Suicide Prevention Lifeline	1-800-273-8255
NYS Domestic and Sexual Violence Hotline	1-800-942-6906
Spanish Language	1-800-942-6908
National Domestic Violence Hotline	1-800-799-7233
Safe Haven Domestic Violence Program	518-234-2231
Emergency Management Office	518-295-2276
NYS Poison Hotline	1-800-222-1222
Schoharie County Sheriffs Office	518-295-2268
State Police Department	518-234-3131
Cobleskill Police Office	518-234-2923

Schuyler County Community Resources



Mental Health

Mental health refers to a person's condition with regard to their psychological and emotional well-being. Taking care of one's mental health is of critical importance and should be prioritized. Mental Health problems can come in a multitude of forms, and help should be sought if you are experiencing an unusual amount of distress or having difficulty functioning.

Seneca Clinical Services

607-535-4288

221 North Franklin Street #200, Watkins Glen, NY 14891

Schuyler County Mental Health

607-535-8282

106 South Perry Street, Watkins Glen, NY 14891

Substance Abuse Services

Alcohol/drug abuse and addiction cause problems at work, school, home, and in relationships. Abuse and addiction can be treated with proper support and care. There are a multitude of resources available.

Finger Lakes Addictions Counseling

607-535-8260

106 South Perry Street #3, Watkins Glen, NY 14891

OASAS (Office of Alcoholism and Substance Abuse Services)

<http://www.oasas.ny.gov/providerdirectory>

Alcoholics Anonymous

67-273-1541

http://www.aa.org/pages/en_US/find-local-aa

Narcotics Anonymous

877-266-3660

<https://www.na.org/meetingsearch/>

Al-Anon/Alateen

607-387-5701

<https://al-anon.org/>

Family Support

Schuyler County Youth Bureau

105 9th Street #12, Watkins Glen, NY 14891
323 Oswego Street, Montour Falls, NY 14865

607-535-8175

Catholic Charities

607 North Franklin Street, Watkins Glen, NY 14891

607-535-2050

Cornell Cooperative Extension

323 Oswego Street #5, Montour Falls, NY 14865

607-535-7161

Parent to Parent

210 12th Street, Watkins Glen, NY 14891

607-535-2802

The ARC of Schuyler

203 12th Street, Watkins Glen, NY 14891

607-535-6934

Workforce Development Career Center

323 Oswego Street #3, Montour Falls, NY 14865

607-535-6840

Veterans Service Agency

323 Oswego Street #2, Montour Falls, NY 14865

607-535-2091

Watkins Glen Area Chamber of Commerce

214 North Franklin Street, Watkins Glen, NY 14891

607-535-4300

Schuyler County Child Care Company

235 South Catherine Street, Montour Falls, NY 14865

607-535-7964

Schuyler County Housing Authority

607 North Franklin Street, Watkins Glen, NY 14891

607-535-2050

Montour Falls Housing Authority

216 Canal Street, Montour Falls, NY 14865

607-535-2836

Schuyler County Public Defender

601 North Decatur Street, Watkins Glen, NY 14891

607-535-6400

Food and Nutrition Programs

Schuyler Outreach Food Pantry

607-535-2815

112 10th Street, Watkins Glen, NY 14891

Tuesday & Thursday 9am-2pm, Friday 12-4pm

Mobile Food pantry on site on the 1st Saturday of each month 10-11am

WIC Women, Infants & Children

607-535-8140

106 South Perry Street #4, Watkins Glen, NY 14891

SNAP Supplemental Nutrition Assistance Program

232 Oswego Street #5, Montour Falls, NY 14865

607-535-8303

105 9th Street #3, Watkins Glen, NY 14891

607-535-8303

Schuyler Hospital

607-535-7121

220 Steuben Street, Montour Falls, NY 14865

Arnot Medical Services

607-535-7873

104 Porter Street, Watkins Glen, NY 14891

Planned Parenthood

607-535-0030

106 West 4th Street, Watkins Glen, NY 14891**Schuyler Hospital Primary Care**

607-535-7154

230 Steuben Street, Montour Falls, NY 14865

Guthrie Medical Group

607-535-2403

1 1st Street, Watkins Glen, NY 14891**September Hill Midwifery**

607-546-7936

3812 Main Street, Burdett, NY 14818

Schuyler County Health Services

607-535-8140

106 South Perry Street #4, Watkins Glen, NY 14891

Child Health Plus

1-800-231-0744

Child Health Plus offers health insurance to children ages birth through 18 years within New York State who family income falls within certain limits. The purpose of Child Health Plus is to ensure that all eligible children receive the basic, routine, preventive health care that keeps children healthy and protects them from common childhood diseases and illnesses. Child Health Plus is made available by New York State law that provides funding for children's health insurance.

Family Health Plus

1-877-934-7587

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Medicaid and Children's Health Insurance Plan (CHIP)

Medicaid and the Children's Health Insurance Plan (CHIP) provide free or low-cost health coverage to millions of Americans, including some low-income people, families and children, pregnant women, the elderly, and people with disabilities. Visit their website to enroll or see if you qualify:

<https://www.healthcare.gov/Medicaid-chip/getting-Medicaid-chip>

Supplemental Security Income (SSI)

1-800-772-1213

A program based on financial need and disability. SSI provides supplemental income and medical insurance.

Hotlines and Crisis Centers

Suicide Hotline	1-800-784-2433
County Suicide Prevention Crisis Number	607-272-1616
National Suicide Prevention Crisis Number	1-800-273-8255
National Domestic Violence Hotline	1-800-799-7233
NYS Coalition against Domestic Violence	1-800-942-6906
National Runaways Switchboard	1-800-RUNAWAY
Abused/Neglected Children (NYS)	1-800-342-3720
First Step Victim Services	607-735-6760
Schuyler County Sheriff's Office	607-535-8222
Watkins Glen Police Department	607-535-7181
State Police Department	607-535-7731

Seneca County Community Resources



Mental health refers to a person's condition with regard to their psychological and emotional well-being. Taking care of one's mental health is of critical importance and should be prioritized. Mental Health problems can come in a multitude of forms, and help should be sought if you are experiencing an unusual amount of distress or having difficulty functioning.

Seneca County Mental Health Department 315-539-1980
31 Thurber Drive #2, Waterloo, NY 13165

Seneca County Community Counseling 315-568-6422
27 Cayuga Street, Seneca Falls, NY 13148

Community Counseling Center 607-869-5575
Ovid, NY 14521

Shite Your Light Counseling 315-670-0121
12 North Park Street, Seneca Falls, NY 13148

Mindful Life Counseling 315-651-2570
628 Yale Farm Road, Romulus, NY 14541

Lakeview Health Services
611 West Washington Street, Geneva, NY 14456 315-789-5501
2022 Balsley Road, Seneca Falls, NY 13148 315-568-2963

Alcohol and Drug Abuse/Addiction

Seneca County Addictions Program
31 Thurber Drive, Waterloo, NY 13165

315-539-1985

Willard Drug Treatment Center
7116 County Road 132, Willard, NY 14588

607-869-5500

Dick Van Dyke Addiction Treatment Center
1330 County Road 132, Ovid, NY 14521

607-869-9500

OASAS (Office of Alcoholism and Substance Abuse Services)
<http://www.oasas.ny.gov/providerdirectory>

Alcoholics Anonymous
http://www.aa.org/pages/en_US/find-local-aa

315-789-5955

Narcotics Anonymous
<https://www.na.org/meetingsearch/>

877-266-3660

Al-Anon/Alateen
<https://al-anon.org/>

607-387-5701

Family Resources

Child & Family Resources, Inc. 115 Fall Street, Seneca Falls, NY 13148	315-568-0945
Seneca County Youth Bureau 1 Dipronio Drive, Waterloo, NY 13165	315-539-1790
Waterloo Community Center 3 Oak Street, Waterloo, NY 13165	315-539-5309
Cornell Cooperative Extension 9 East Main Street #308, Waterloo, NY 13165	315-539-9251
Hillside Children's Center 4887 NY-96A, Romulus, NY 14541	585-256-7500
Seneca County Workforce Development Center 1 Dipronio Drive, 2 nd Floor, Waterloo, NY 13165	315-539-1905
Seneca County District Attorney 48 West Williams Street #2, Waterloo, NY 13165	315-539-1300
HEAP Home Energy Assistance Program 1 Dipronio Drive, Waterloo, NY 13165	315-539-1800
South County Transportation Corps	607-532-4891
United Way 215 Main Street Shop Center, Waterloo, NY 13165	315-539-1135
House of Concern 35 State Street, Seneca Falls, NY 13148	315-568-2433
Drop In Center 27 Cayuga Street, Seneca Falls, NY 13148	315-568-4972
Cayuga Seneca Community Action 23 Center Street, Waterloo, NY 13165	315-539-5647

Food and Nutrition Programs

Interlaken Reformed Church

8315 Main Street, Interlaken
315-387-3699
Friday 3-6 pm

Ovid Federated Church

7263 Main St., Ovid
607-351-0720
Monday 10am-1pm

Harmony Food Pantry

42 East Main St., Waterloo
315-515-7964
Saturday 10-11am

St. Mary's School

23 Center St., Waterloo
315-651-4349
Tuesday 8:30-10:30am

House of Concern (Foodlink)

35 State St., Seneca Falls
315-569-2433
Wednesday once a month 2:30-4:30pm

WIC Women, Infants & Children

31 Thurber Drive, Waterloo, NY 13165

SNAP Supplemental Nutrition Assistance Program

1 Dipronio Drive, Waterloo, NY 13165

Lodi Presbyterian Church

8619 St. Rt. 414, Lodi
607-582-6954
Saturday 3-5pm

House of Concern

35 State St., Seneca Falls
315-569-2433
Monday-Friday 9:30-12:30, 1:30-3pm

Community Action Agency

23 Center St., Waterloo
315-539-5647
Monday-Friday 8am-5pm

Ovid Federated Church (Foodlink)

7263 Main St., Ovid
607-351-0720
1st & 3rd Tuesdays/month 3-5pm

315-539-1920

315-539-1800

Seneca Family Health Center

315-787-4977

367 East Main Street, Waterloo, NY 13165

Ovid Primary Care Center

607-869-2541

2138 West Seneca Street, Ovid, NY 14521

St. Joseph's Hospital

285 Waterloo Geneva Road, Waterloo, NY 13165

Urgent Care

1990 Balsley Road, Waterloo, NY 13165

Lifecare Medical Associates

315-539-9229

1991 Balsley Road, Seneca Falls, NY 13148

Finger Lakes Community Health

607-403-0065

7150 Main Street, Ovid, NY 14521

Child Health Plus

800-698-4543

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Family Health Plus

877-934-7587

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Medicaid and Children's Health Insurance Plan (CHIP)

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<https://www.healthcare.gov/Medicaid-chip/getting-Medicaid-chip>

Supplemental Security Income (SSI)

1-800-772-1213

A program based on financial need and disability. SSI provides supplemental income and medical insurance.

Hotlines and Crisis Centers

9-1-1 Seneca Police, Fire, Paramedics	Dial 9-1-1
County Suicide Prevention Crisis Number	585-275-5151
Child Abuse and Neglect	1-800-342-3722
National Suicide Prevention Lifeline	1-800-273-8255
NYS Domestic and Sexual Violence Hotline	1-800-942-6906
Spanish Language	1-800-942-6908
National Domestic Violence Hotline	1-800-799-7233
District Attorney Victim Services	315-539-1300
NYS Poison Hotline	1-800-222-1222
Seneca County Sheriff's Department	607-582-6555
Seneca Falls Police Department	315-568-5555
NY State Park Police	315-568-6518

St. Lawrence County Community Resources



Mental health refers to a person's condition with regard to their psychological and emotional well-being. Taking care of one's mental health is of critical importance and should be prioritized. Mental Health problems can come in a multitude of forms, and help should be sought if you are experiencing an unusual amount of distress or having difficulty functioning.

St. Lawrence County Mental Health Department 315-386-2167
80 NY-310, Canton, NY 13617

Reachout of St. Lawrence County 315-265-2422
70 Market Street #2, Potsdam, NY 13676

Mental Health Counseling Services 315-268-0264
6956 NY-56, Potsdam, NY 13676

St. Lawrence Psychiatric Center 315-541-2001
1 Chimney Point Drive, Ogdensburg, NY 13669

Massena Mental Health Center 315-769-8441
23 Maple Street, Massena, NY 13662

ACT Team- United Helpers 315-393-4243
6695 NY-37 #2, Ogdensburg, NY 13669

Cerio & Cerio Psychologists 315-854-6074
91 Main Street #200, Canton, NY 13617

North Country Counseling Resources
83 Market Street, Potsdam, NY 13676 315-262-2480
369 NY-11B, Potsdam, NY 13676

Family Counseling Services 315-287-7008
137 East Main Street, Gouverneur, NY 13642

Counseling Center 315-267-2330
44 Pierrepont Avenue, Potsdam, NY 13676

Diana B. Torrey '82, Health & Counseling Center 800-285-1856
Park Street, Canton, NY 13617

Alcohol and Drug Abuse/Addiction

St. Lawrence Chemical Dependency Services 80 NY-310, Canton, NY 13617	315-810-1189
St. Lawrence Addiction Treatment Center 1 Chimney Point Drive, Ogdensburg, NY 13669	315-393-1180
Seaway Valley Prevention Council 206 Ford Street #301, Ogdensburg, NY 13669	315-713-4861
North Country Freedom Homes, Inc. 25 Dies Street, Canton, NY 13617	315-810-1189
OASAS (Office of Alcoholism and Substance Abuse Services) http://www.oasas.ny.gov/providerdirectory	
Alcoholics Anonymous http://www.aa.org/pages/en_US/find-local-aa	518-481-4606
Narcotics Anonymous https://www.na.org/meetingsearch/	877-266-3660
Al-Anon/Alateen https://al-anon.org/	888-425-2666

Family Resources

St. Lawrence Child Care Council 314 Ford Street, Ogdensburg, NY 13669	315-393-6474
St. Lawrence County Youth Advocate Program 3 Remington Avenue, Canton, NY 13617	315-379-0518
St. Lawrence County Youth Bureau 80 NY-310, Canton, NY 13617	315-379-9464
Cornell Cooperative Extension 2043B NY-68, Canton, NY 13617	315-379-9192
St. Lawrence NYSARC, Inc. 22 Depot Street A, Potsdam, NY 13676 1942 Old Canton Road #1, Canton, NY 13617	315-268-1003
Downtown Outreach Center 56 Main Street, Massena, NY 13662	315-769-3891
St. Lawrence County Youth Department 1942 Old Canton Road, Canton, NY 13617	315-379-2377
Catholic Charities 716 Caroline Street, Ogdensburg, NY 13669	315-393-2660
Community Development Program 1 Commerce Lane, Canton, NY 13617	315-386-1102
Renewal House 3 Chapel Street, Canton, NY 13617	315-379-9845
Viable Options 11 Court Street, Canton, NY 13617	315-801-2273
Parent to Parent of NYS 4 Commerce Lane, Canton, NY 13617	315-379-1538

Housing

Ogdensburg Housing Authority 1101 Jay Street, Ogdensburg, NY 13669	315-393-3710
Canton Housing Authority 37 Riverside Drive #2G, Canton, NY 13617	315-386-8381
Massena Housing Authority 20 Robinson Road, Massena, NY 13662	315-764-1706
Potsdam Housing Authority 100 Racquette Road, Potsdam, NY 13676	315-265-3680
North Country Housing Council 19 Main Street, Canton, NY 13617	315-386-8576
The Neighborhood 15 Commerce Lane, Canton, NY 13617	315-386-2550
Potsdam Neighborhood Center 2 Park Street, Potsdam, NY 13676	315-265-3920
The Salvation Army 20 Russell Road, Massena, NY 13662	315-769-5154
HEAP Home Energy Assistance Program 6 Judson Street, Canton, NY 13617	315-379-2111

Legal Aid

Legal Aid Society 17 Hodskin Street, Canton, NY 13617	315-386-4586
Public Defenders Office 48 Court Street, Canton, NY 13617	315-379-2393
St. Lawrence County Attorney 48 Court Street, Canton, NY 13617	315-379-2269

Food and Nutrition Programs

Canton Neighborhood Center

5 West St., Canton
315-386-3541
Monday-Friday 8am-3pm

Church & Community Food Pantry

7 Main St., Canton
315-386-3534
Mon 12-3pm, Tues-Thurs 10am-3pm

Gouverneur Neighborhood Center

15 Rock Island St., Gouverneur
315-287-3370
Monday-Friday 8am-3pm

Grasse River Food Pantry

13 Pestle Street Rd., Russell
315-562-3450
2nd Wednesday/month 5:30-6:30pm

Helping Hands of Potsdam

5868 St. Rt. 56, Hannawa Falls
315-268-0633
Monday-Thursday 9am-1:30pm

Life in His Arms Kitchen

1952 St. Highway 11C, N. Lawrence
315-755-5880
Tuesday 5-6:30pm

New Beginnings

3605 County Rt. 14, Madrid
315-322-4307
By Appointment

WIC Women, Infants & Children

80 NY-310, Canton
315-386-2325

CFC Food Pantry

3662 County Rt. 14, Madrid
315-262-0222
3rd Thursday/month 10am-1pm

Colton Neighborhood Center

9 Sugarbush Lane, South Colton
315-244-0069
Monday & Friday 9am-1pm

Grace Food Pantry

52 Church St., Gouverneur
315-287-7656
Thursday 9am-12pm

Hammond Food Pantry

30 Lake St., Hammond
315-324-5219
3rd Thursday/month 11am-2pm

Hopkinton Food Pantry

7 Church St., Nicholville
315-328-4168
2nd Friday/month 10-11:30am

Massena Neighborhood Center

61 Beach St., Massena
315-764-0050
Monday-Friday 8am-3pm

Norfolk/Raymondville Food Pantry

11 West Main St., Norfolk
315-384-4629
3rd Saturday/month 9-11am

SNAP Supplemental Nutrition Assistance Program

315-379-2111

Food and Nutrition Programs

Ogdensburg Neighborhood Center

330 Ford St., Canton

315-393-5561

Monday-Friday 8am-4pm

Pierrepont Neighborhood Center

864 State Rt. 68, Canton

315-244-0069

Tuesday & Wednesday 9am-1pm

Richville Baptist Chapel

209 Main St., Richville

315-287-0259

2nd Wednesday/month 2-3:30pm

Saint Mary's Church

17 Lawrence Ave., Potsdam

315-265-9680

Monday-Friday 8:30am-4pm

Star Lake Neighborhood Center

4208 Rt. 3, Star Lake

315-848-3562

2nd & 4th Wednesday/month 9:30-11:30am

Waddington Neighborhood Center

10 LaGrasse St., Waddington

315-600-7534

Mon., Wed., Fri., Sat., 9am-12pm

Salvation Army of Ogdensburg

401 Franklin St., Ogdensburg

315-393-3351

Monday-Thursday 9am-12pm

Friday 1-3pm

Parishville Neighborhood Center

1772 St. Route 72, Parishville

315-244-0069

Thursday 9am-1pm

Potsdam Neighborhood Center

2 Park St., Potsdam

315-265-3920

Monday-Friday 8am-3pm

Saint James Outreach Pantry

164 E. Main St., Gouverneur

315-287-0114

2nd & 4th Friday/month 10am-2pm

Saint Vincent De Paul Society

128 Main St., Massena

315-769-1207

Monday-Friday 10am-3pm

Town of Edwards Food Pantry

183 Main St., Edwards

315-562-3296

Call for information

Salvation Army of Massena

178 Victory Rd., Massena

315-769-5154

Monday-Friday 9am-12pm

Gouverneur Hospital 315-287-1000
77 West Barney Street, Gouverneur, NY 13642

Canton-Potsdam Hospital
80 East Main Street, Canton, NY 13617 315-261-7180
50 Leroy Street, Potsdam, NY 13676 315-265-3300

St. Lawrence Health System Medical Campus 315-261-5810
6119 US-11, Canton, NY 13617

Massena Memorial Hospital 315-764-1711
1 Hospital Drive, Massena, NY 13662

Planned Parenthood 315-386-8821
9 Miner Street Road, Canton, NY 13617

Clinton-Fine Hospital 315-848-3351
1014 Oswegatchie Trail Road, Star Lake, NY 13690

Claxton-Hepburn Medical Center 315-393-3600
214 King Street, Ogdensburg, NY 13669

Madrid Health Center 315-322-8947
2263 NY-310, Madrid, NY 13660

Urgent Care Center 315-261-5525
49 Lawrence Avenue, Potsdam, NY 13676

Afterhours Walk-in Clinic 315-386-3300
80 East Main Street, Canton, NY 13617

Mountain Medical Services Urgent Care 315-705-0700
2 Hospital Drive, Massena, NY 13662

Claxton-Hepburn Convenient Care 315-393-1715
921 State Street, Ogdensburg, NY 13669

Child Health Plus

800-698-4543

Child Health Plus offers health insurance to children ages birth through 18 years within New York State who family income falls within certain limits. The purpose of Child Health Plus is to ensure that all eligible children receive the basic, routine, preventive health care that keeps children healthy and protects them from common childhood diseases and illnesses. Child Health Plus is made available by New York State law that provides funding for children's health insurance.

Family Health Plus

877-934-7587

Family Health Plus offers health insurance to individuals ages 19-64 years within New York State who family income falls within certain limits. The purpose of Family Health Plus is to ensure that all eligible individuals receive basic, routine, prevention health care that keeps people healthy and protects them from common diseases and illnesses. Family Health Plus is made available by New York State law that provides funding for individuals health insurance.

Medicaid and Children's Health Insurance Plan (CHIP)

Medicaid and the Children's Health Insurance Plan (CHIP) provide free or low-cost health coverage to millions of Americans, including some low-income people, families and children, pregnant women, the elderly, and people with disabilities. Visit their website to enroll or see if you qualify:

<https://www.healthcare.gov/Medicaid-chip/getting-Medicaid-chip>

Supplemental Security Income (SSI)

1-800-772-1213

A program based on financial need and disability. SSI provides supplemental income and medical insurance.

Employment

One Stop Career Center 80 NY-310, Canton, NY 13617	315-386-3276
Penski, Inc. 50 Market Street, Potsdam, NY 13676	315-265-8860
Career Opportunities 95 Main Street #2, Canton, NY 13617	315-379-0441
Kelly Services, Inc. 22 Depot Street, Potsdam, NY 13676	315-268-0456
St. Lawrence-Lewis BOCES 40 West Main Street, Canton, NY 13617	315-386-4504

Other Resources

Veterans Services of St. Lawrence County 80 NY-310, Canton, NY 13617	315-386-4754
Frery Medical Transport 6595 NY-56, Potsdam, NY 13676 515 Caroline Street A, Ogdensburg, NY 13669	877-437-2797 315-393-1414
Volunteer Transportation Center, Inc. 6587 US-11, Canton, NY 13617	315-714-2034
American Red Cross 73 Market Street #1, Potsdam, NY 13676	315-268-0102
The Salvation Army 401 Franklin Street, Ogdensburg, NY 13669 20 Russell Road, Massena, NY 13662 727 State Street, Ogdensburg, NY 13669	315-393-3351 315-769-5154 315-393-4919

Hotlines and Crisis Centers

9-1-1 St. Lawrence Police, Fire, Paramedics	Dial 9-1-1
County Suicide Prevention Crisis Number	315-265-2422
Child Abuse Hotline	1-800-342-3720
Drug Abuse Information Hotline	1-800-522-5353
National Suicide Prevention Lifeline	1-800-273-8255
National Domestic Violence Hotline	1-800-799-7233
NYS Domestic and Sexual Violence Hotline	1-800-942-6906
Spanish Language	1-800-942-6908
Renewal House	315-265-2422
New York State Police	315-379-0012

Steuben County Community Resources



Mental health refers to a person's condition with regard to their psychological and emotional well-being. Taking care of one's mental health is of critical importance and should be prioritized. Mental Health problems can come in a multitude of forms, and help should be sought if you are experiencing an unusual amount of distress or having difficulty functioning.

Steuben County Mental Health Center 607-664-2255
115 Liberty Street, Bath, NY 14810

Steuben County Mental Health Department 607-324-2483
7454 Seneca Road North, Hornell, NY 14843

Steuben County Community Mental Health Center 607-937-6201
114 Chestnut Street, Corning, NY 14830

Family Service Society 607-324-2460
101 Main Street, Hornell, NY 14843

Institute for Human Services 607-776-9604
6666 Babcock Hollow Road, Bath, NY 14810

Clinical Associates of Southern Tier 607-936-1771
77 East 1st Street, Corning, NY 14830

Family Life 607-776-4151
7634 County Road 14, Bath, NY 14810

Counseling Associates 607-776-7071
10 Pulteney Square West, Bath, NY 14810

Clearpath Healing Arts Center 607-962-8309
41 East Market Street, Corning, NY 14830

Alfred Counseling Associates 585-728-9050
16 North Main Street, Wayland, NY 14572

Professional Counseling Services 607-776-3616
133 Williamson Terrace, Bath, NY 14810

Alcohol and Drug Abuse/Addiction

Steuben County Substance Abuse Council 115 Liberty Street, Bath, NY 14810	607-776-9631
Mercycare Addiction Center 1 Bethesda Drive, Hornell, NY 14843	607-324-6931
Steuben County Community Mental Health Center 114 Chestnut Street, Corning, NY 14830	607-937-6201
Steuben County Mental Health Department 7454 Seneca Road North, Hornell, NY 14843	607-324-2483
OASAS (Office of Alcoholism and Substance Abuse Services) http://www.oasas.ny.gov/providerdirectory	
Alcoholics Anonymous http://www.aa.org/pages/en_US/find-local-aa	1-877-700-4199
Narcotics Anonymous https://www.na.org/meetingsearch/	1-877-266-3660
Al-Anon/Alateen https://al-anon.org/	607-722-0889

Family Resources

Family Service Society, Inc. 280 Princeton Avenue, Corning, NY 14830 101 Main Street, Hornell, NY 14843 666 Babcock Hollow Road, Bath, NY 14810	607-962-3148 607-324-2460 607-776-3822
Healthy Families Steuben 6251 County Road 64, Hornell, NY 14843	607-324-6027
Steuben County Adoption Services 10 West 1 st Street, Corning, NY 14830	607-936-7420
Jennie Mose Family Resource Center 14 South Street, Addison, NY 14801	607-359-3839
Steuben County Youth Bureau 3 Pulteney Square, Bath, NY 14810	607-776-3913
Bath Area Hope for Youth 8 East Morris Street, Bath, NY 14810	607-776-6441
Kinship Family & Youth Services 130 Rumsey Street, Bath, NY 14810	607-664-1204
Corning Area Youth Services 79 Flint Avenue, Corning, NY 14830	607-936-4116
Catholic Charities 23 Liberty Street, Bath, NY 14810 39 West William Street, Corning, NY 14830	607-776-8085 607-962-0704
Addison Youth Center 110 Renken Drive, Addison, NY 14801	607-359-2116
Hornell Area Concern for Youth 76 East Main Street, Hornell, NY 14843	607-324-0808
Pathways, Inc. 33 Denison Parkway West, Corning, NY 14830	607-937-3200

Housing

Hornell Housing Authority 87 East Washington Street, Hornell, NY 14843	607-324-7912
Arbor Housing and Development 26 Bridge Street, Corning, NY 14830 101 Haverling Street, Bath, NY 14810	607-654-7487
The Salvation Army of Corning 32 Denison Parkway East, Corning, NY 14830	607-962-4681
Turning Point 20 Elm Street #2, Hornell, NY 14843	607-324-3457
HEAP Home Energy Assistance Program 3 Pulteney Square E, Bath, NY 14810	607-664-2000

Veteran's Services

Veterans Service Agency 7001 County Road 113, Bath, NY 14810	607-776-9631
Veterans Affairs Division 38 Argonne Avenue, Bath, NY 14810	607-776-7455
VA Medical Center 76 Veterans Avenue, Bath, NY 14810	607-664-4000

Legal Services

LawNY- Southern Tier Legal Services 16 West William Street, Bath, NY 14810	607-776-4126
Steuben County Public Defender 73 West Pulteney Street, Corning, NY 14830	

Food and Nutrition Programs

Woodhull Food Pantry

Main St., Woodhull

607-458-5279

2nd Monday/month 10am-12pm

3rd Thursday/month 6-8pm

Corning Food Pantry

11715 E. Corning Rd., Corning

607-962-6750

Mon-Tues, 9am-12pm; Wed 10-2pm

Thurs-Friday 12-3pm

Steuben County Rural Ministry

34 W. Main St., Canietero

607-698-4725

Call for hours

Pantry of Angels

1727 Indian Hills Rd., Lindley

607-742-5194

Thursday 4:30-5:30pm

Corning Salvation Army

32 Denison Parkway E, Corning

607-962-4681

Mon-Fri 9-11:45am

Sunday 9-9:45am & 5-6pm

Turning Point Bath

23 Liberty St., Bath

607-776-4575

Monday-Friday 9am-12pm

WIC Women, Infants & Children

117 E. Steuben St., Bath

607-776-1151

Jasper-Troupsburg Food Pantry

913 Co Rt 82, Troupsburg

607-542-6243

Call for hours

Hope Church Food Pantry

22 John St., Painted Post

607-936-4656

Call for hours

Buena Vista Wesleyan Church

6034 County Road 69, Canietero

607-698-4484

Call for appointment or walk-in

Greenwood Rexville Food Pantry

2666 Main St., Greenwood

607-225-4968

3rd Thursday/month 3-6pm

Hornell Salvation Army

95 Seneca St., Hornell

607-324-1933

Bread & produce distribution 9:30am

Turning Point Hornell

20 Elm St., Suite 2, Hornell

607-324-3457

Monday-Friday 1:30-3:30pm

SNAP Supplemental Nutrition Assistance Program

3 Pulteney Square E., Bath

607-664-2000

Guthrie Corning Hospital

607-937-7200

1 Guthrie Drive, Corning, NY 14830

Ira Davenport Memorial Hospital

607-776-8500

7571 NY-54, Bath, NY 14810

St. James Mercy Hospital

200 North Main Street, Wayland, NY 14572

585-728-2044

411 Caniesteo Street, Hornell, NY 14843

607-324-8000

20 Elm Street, Hornell, NY 14843

607-324-0490

Tri-County Family Medicine

585-728-5131

200 North Main Street, Wayland, NY 14572

Corning Hospital

607-937-7200

176 Denison Parkway East, Corning, NY 14830

Planned Parenthood

607-324-1124

111 Seneca Street, Hornell, NY 14843

Walk-In Care

607-737-4499

418 South Hamilton Street #109, Painted Post, NY 14870

Bath Family Health Center

607-776-8700

226 West Morris Street, Bath, NY 14810

Arnot Medical services

607-962-2443

56 East 1st Street, Corning, NY 14830**Guthrie Corning Centerway**

607-973-8000

130 Center Way, Corning, NY 14830

Pregnancy Resource Center of the Valleys, Inc.

607-776-8004

22 Liberty Street, Bath, NY 14810

Steuben Medical Center

607-962-0114

123 Conhocton Street #101, Corning, NY 14830

Child Health Plus

800-698-4543

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Family Health Plus

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<https://www.healthcare.gov/Medicaid-chip/getting-Medicaid-chip>

Supplemental Security Income (SSI)

1-800-772-1213

A program based on financial need and disability. SSI provides supplemental income and medical insurance.

Employment

ProAction 117 East Steuben Street, Bath, NY 14810	607-776-2125
CSS Workforce New York 117 East Steuben Street, Bath, NY 14810	607-776-7712
Kelly Services, Inc. 55 Ferris Street, Corning, NY 14830	607-962-4616
Adecco Staffing 1 West Market Street Suite 401, Corning, NY 14830	607-936-3353
Expression Employment Professionals 11849 East Corning Road #101, Corning, NY 14830	607-936-0770
Southern Tier Staffing 26 West Steuben Street, Bath, NY 14810	607-776-6557

Transportation

Steuben County Transit 1201 Clemens Center Parkway, Elmira, NY 14901	800-445-4423
Hornell Area Transit 132 Thacher Street, Hornell, NY 14843	607-324-7910

Hotlines and Crisis Centers

9-1-1 Steuben Police, Fire, Paramedics	Dial 9-1-1
County Suicide Prevention Crisis Number	607-272-1616
Child Abuse and Neglect	1-800-342-3722
National Suicide Prevention Lifeline	1-800-273-8255
NYS Domestic and Sexual Violence Hotline	1-800-942-6906
Spanish Language	1-800-942-6908
National Domestic Violence Hotline	1-800-799-7233
NYS Poison Hotline	1-800-222-1222
NET Domestic Abuse Program	1-800-286-3407
Steuben County Sheriff's Office	607-622-3901
New York State Police	607-776-2136

Sullivan County Community Resources



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Community Services Mental Health Clinic 20 Community Lane, Liberty, NY 12754	845-292-8770
Sullivan County Mobile Mental Health 14 Pelton Street, Monticello, NY 12701	1-800-710-7083
Mental Health Associates 14 Pelton Street, Monticello, NY 12701	845-794-1029
Choices Mental Health Counseling 433 Broadway, Monticello, NY 12701	845-513-5002
Synergy of Monticello, Inc. 64 Jefferson Street, Monticello, NY 12701	845-791-8800
Rehabilitation Support Services 22 Crystal Street, Monticello, NY 12701	845-794-1521
New Hope Community 5 New Hope Community Drive, Loch Sheldrake, NY 12759	845-434-8300
Crystal Run Village, Inc. 9 Landfield Avenue, Monticello, NY 12701 22 Varnell Road, Monticello, NY 12701	845-791-4380 845-791-4380
Callicoon Counseling Center 3 Bridge Street, Callicoon, NY 12723	845-887-5421
Lincoln Consultation Center 930 Lt. Brender Highway, Ferndale, NY 12734	845-292-0878
Catskill Counseling Associates 22 North Road, Bloomingburg, NY 12721	845-551-3455

Alcohol and Drug Abuse/Addiction

Alcohol/drug abuse and addiction cause problems at work, school, home, and in relationships. Abuse and addiction can be treated with proper support and care. There are a multitude of resources available.

Recovery Center 11 Hamilton Avenue, Monticello, NY 12701	845-794-8080
Sullivan County Rural Health Network 50 Community Lane, Liberty, NY 12754	845-292-5910
Sullivan County Alcohol & Drug Council 20 Community Lane, Liberty, NY 12754	845-292-8771
New Hope Manor 35 Hillside Road, Barryville, NY 12719	845-557-8353
Daytop Village, Inc. 4504 State Route 55, Swan Lake, NY 12783	845-292-4060
OASAS (Office of Alcoholism and Substance Abuse Services) http://www.oasas.ny.gov/providerdirectory	
Alcoholics Anonymous http://www.aa.org/pages/en_US/find-local-aa	845-234-4841
Narcotics Anonymous https://www.na.org/meetingsearch/	800-498-5224
Al-Anon/Alateen https://al-anon.org/	845-294-9999

Family Support

Department of Family Services 16 Community Lane, Liberty, NY 12754	845-292-0100
Catholic Charities 59 North Street, Monticello, NY 12701	845-791-6023
Cornell Cooperative Extension 64 Ferndale Loomis Road #1, Liberty, NY 12754	845-292-6180
Sullivan County Youth Bureau 50 Community Lane, Liberty, NY 12754	845-292-0185
YMCA 2875 Denning Road, Claryville, NY 12725	845-985-0510
Center for Discovery 60 Holmes Road, Monticello, NY 12701	845-791-8090
Sullivan ARC 162 East Broadway, Monticello, NY 12701 23 Greenfield Road, Woodridge, NY 12789 199 Ferndale Loomis Road, Liberty, NY 12754	845-796-1350 845-434-9469 845-292-9972
Literacy Volunteers 63 North Street, Monticello, NY 12701	845-794-0017
Rural Opportunities, Inc. 440 Broadway, Monticello, NY 12701	845-794-4880
Independent Support Services 20 Crystal Street, Monticello, NY 12701	845-794-5218
Farrow Family Foundation 34 Benton Avenue, Monticello, NY 12701	845-794-8116
Rape Intervention Services and Education (RISE) 14 Prince Street, Monticello, NY 12701	845-794-3300

Food and Nutrition Programs

Our Lady of Assumption

High Street, Bloomingburg

845-733-1477

Saturday 10am, or by appointment

Callicoon Methodist Church Pantry

9290 Route 97, Callicoon

845-887-4071

1st & 3rd Wednesday/month 1-3:30pm

United Methodist Church

356 Route 55, Grahamsville

845-985-2283

Anytime by appointment

United Methodist Church

Main Street, Hurleyville

Thursday 6-7pm

St. Joseph's Church

Wurtsboro

845-888-4522

Monday-Friday 11:30am-3pm

Roscoe Presbyterian Church

Route 17, Roscoe

607-498-5409

Anytime by appointment

St. Andrews Episcopal Church

Route 42, South Fallsburgh

845-436-7539

2nd & 4th Friday/month 5-7pm

Holy Cross Church

9719 Route 97, Callicoon

845-887-5450

Call for appointment

Claryville Reformed Church

Claryville Road, Claryville

845-985-2041

Tuesday & Thursday 10am-2pm

Hankins Assembly of God

14 Country Road 132, Hankins

845-887-4597

Wednesday- call for times

United Methodist Church

3318 Route 52, White Sulphur Springs

845-292-8269

Anytime by appointment

Community Church of Wurtsboro

Wurtsboro

845-888-5626

Wed 10am-12pm; Thurs 4-6pm

United Church of Roscoe

2 Church St., Roscoe

607-498-4108

3rd Wednesday/month 2-4pm

Mamakating United Methodist

Summitville

845-657-7255

Anytime by appointment

Food and Nutrition Programs

Faith Ministries of White Lake

White Lake, 845-583-5885

2nd Thursday/month 11am-1pm

4th Thursday/month 4-6pm

First Presbyterian Church

Main Street, Jeffersonville

845-796-8786

3rd Saturday/month 9-11am

C.A.C.H.E.

63 S. Main St., Liberty

845-292-5821 x306

Tues 9:30-1pm; Wed & Thurs 1:30-4pm

Lighthouse Ministries

5 Triangle Rd., Liberty

845-985-7070

Thursday 11am-2pm

Wine & Branch

2535 Rt. 52, Liberty

845-292-5227

Call for Pantry Days

St. John's Episcopal Church

14 St. John St., Monticello

845-794-8111

2nd & 4th Tuesday 5-7pm

WIC Women, Infants & Children

50 Community Lane, Liberty

845-292-5910

St. George's Roman Catholic Church

97 School House Hill Rd., Jeffersonville

845-482-4640

2nd Thursday/month 11am-1pm

United Methodist Church

170 N. Main St., Liberty

Monday Night Dinners 5-6:30pm

St. Peter's RC Church

262 N. Main St., Liberty

845-292-4525

Wednesday & Saturday 10am-2pm

St. Paul's Lutheran Church

24 Chestnut St., Liberty

845-292-4626

2nd, 3rd, 4th Friday 3-4:30pm

United Methodist Church

89 Pearl St, Liberty

607-498-5153

3rd Thursday/month 6-7pm

Methodist Church

Route 17B, Mongaup Valley

845-583-5149

3rd Saturday/Month 10am-12pm

SNAP Supplemental Nutrition Assistance Program

50 Community Lane, Liberty

845-292-5910

Housing

Monticello Housing Authority 76 Evergreen Drive, Monticello, NY 12701	845-794-6855
Rural Sullivan Housing Corporation 33 Lakewood Avenue, Monticello, NY 12701	845-794-0348
Ellenville Housing Authority 10 Eastwood Avenue #1, Ellenville, NY 12428	845-647-8686
Woodridge Village Housing Authority 357 Mountain Dale Road, Woodridge, NY 12789	845-434-4451
Sullivan County Federation for the Homeless 9 Monticello Street, Monticello, NY 12701	845-794-2604
HEAP Home Energy Assistance Program 100 North Street, Monticello, NY 12701	845-794-3000

Veteran's Services

VA Monticello Community Clinic 55 Sturgis Road #1, Monticello, NY 12701	845-791-4936
Sullivan County Government Center 100 North Street, Monticello, NY 12701	845-794-3000
Begin Again Transitional Services 15 Dixon Avenue, Liberty, NY 12754	914-850-6189
Veteran's Memorial Hall 21 Liberty Street, Monticello, NY 12701	718-358-8217
American Legion Post 1363 17 Collins Road, Eldred, NY 12732	845-557-8285

Catskill Regional Medical Center

68 Harris-Bushville Road, Harris, NY 12742

845-794-3300

8881 NY-97, Callicoon, NY 12723

845-887-5530

HRHCare Health Center at Monticello

845-794-2010

23 Lakewood Avenue, Monticello, NY 12701

Catskill Regional Medical Group

845-333-6500

38 Concord Road, Monticello, NY 12701

Planned Parenthood

845-562-7800

14 Prince Street, Monticello, NY 12701

Sullivan Internal Medicine Group

845-794-1600

518 Broadway, Monticello, NY 12701

Catskill Adult & Pediatric Group

845-791-6400

64 Jefferson Street, Monticello, NY 12701

Crystal Run Healthcare

845-794-6999

61 Emerald Place, Rock Hill, NY 12775

Sullivan County Pregnancy Support Center

845-292-2224

155 North Main Street, Liberty, NY 12754

Women's Health Center

845-794-7897

60 Jefferson Street, Monticello, NY 12701

Discovery Health Center

845-707-8400

606 Old Route 17, Monticello, NY 12701

Liberty Medical Group

845-292-6630

111 Sullivan Avenue, Ferndale, NY 12734

Child Health Plus

1-800-231-0744

Child Health Plus offers health insurance to children ages birth through 18 years within New York State who family income falls within certain limits. The purpose of Child Health Plus is to ensure that all eligible children receive the basic, routine, preventive health care that keeps children healthy and protects them from common childhood diseases and illnesses. Child Health Plus is made available by New York State law that provides funding for children's health insurance.

Family Health Plus

1-877-934-7587

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<https://www.healthcare.gov/Medicaid-chip/getting-Medicaid-chip>

Supplemental Security Income (SSI)

1-800-772-1213

A program based on financial need and disability. SSI provides supplemental income and medical insurance.

Employment

Sullivan County One Stop Center 50 North Street, Monticello, NY 12701	845-794-3340
Delaware Valley Job Corps Center 9368 NY-97, Callicoon, NY 12723	845-887-5400
Pinpoint Personnel, Inc. 1243 Old Route 17, Ferndale, NY 12734	845-295-0500
Sullivan County BOCES 22 St. John Street, Monticello, NY 12701	845-791-4070

Transportation

Medicar Inc 70 Forestburgh Road, Monticello, NY 12701	845-794-4086
Americare Transportation 87 Radcliff Road, Liberty, NY 12754	845-292-0105

Other Resources

Sullivan Legal Aid 11 Bank Street, Monticello, NY 12701	845-794-4094
American Red Cross 33 Lakewood Avenue, Monticello, NY 12701	845-796-0461
Sullivan County Child Care Council 7 Community Lane, Liberty, NY 12754	845-292-7166

Hotlines and Crisis Centers

National Suicide Prevention Hotline	1-800-273-8255
County Suicide Prevention Crisis Number	1-800-710-7083
Friends & Advocates for Mental Health	845-794-4228
National Runaways Switchboard	1-800-RUNAWAY
Abused/Neglected Children (NYS)	1-800-342-3720
National Domestic Violence Hotline	1-800-799-7233
NYS Coalition against Domestic Violence	1-800-942-6906
Probation Department Crime Victim Program	845-794-3000
Safe Passage	845-292-5700
New York State Police	845-292-6600
Sullivan County Patrol	845-794-7100

Tioga County Community Resources



Mental health refers to a person's condition with regard to their psychological and emotional well-being. Taking care of one's mental health is of critical importance and should be prioritized. Mental Health problems can come in a multitude of forms, and help should be sought if you are experiencing an unusual amount of distress or having difficulty functioning.

Tioga County Mental Hygiene

1062 NY-38, Owego, NY 13827

607-687-4000

1277 Taylor Road, Owego, NY 13827

607-687-0200

Southern Tier Counseling Solutions

607-222-5639

14 George Street #1, Owego, NY 13827

Tioga County Department of Mental Hygiene

607-565-9594

80 William Donnelly Industrial Parkway, Waverly, NY 14892

Center for Psychological Services

607-785-4156

3 Tioga Boulevard #5, Apalachin, NY 13732

Valley Behavioral Clinic

607-426-0990

40 North Chemung Street, Waverly, NY 14892

Abide in the Vine Counseling Center

607-744-1100

1277 Taylor Road, Owego, NY 13827

Family & Children's Society

607-687-3540

153 Main Street #3, Owego, NY 13827

Bara Selem Counseling

607-738-2267

440 Park Avenue, Waverly, NY 14892

Alcohol and Drug Abuse/Addiction

Tioga County Addiction Council 607-687-6349
6 McMaster Street #3, Owego, NY 13827

Tioga County Mental Hygiene 607-687-0200
1277 Taylor Road, Owego, NY 13827

OASAS (Office of Alcoholism and Substance Abuse Services)
<http://www.oasas.ny.gov/providerdirectory>

Alcoholics Anonymous 607-722-5983
http://www.aa.org/pages/en_US/find-local-aa

Narcotics Anonymous 877-266-3660
<https://www.na.org/meetingsearch/>

Al-Anon/Alateen 607-772-0889
<https://al-anon.org/>

Family Resources

Owego Family Resource Center 72 North Avenue, Owego, NY 13827	607-687-1571
Tioga County Family Planning 110 Central Avenue, Owego, NY 13827	607-687-5333
Tioga Opportunities 9 Shelton Guile Boulevard, Owego, NY 13827	607-687-4222
Tioga Child Care Resource 1277 Taylor Road, Owego, NY 13827	607-687-6721
Family Resource Center 460 Broad Street, Waverly, NY 14892	
Cornell Cooperative Extension 56 Main Street, Owego, NY 13827	607-687-4020
Catholic Charities 231 Main Street, Owego, NY 13827	607-687-8606
Tioga County Youth Bureau 1062 NY-38, Owego, NY 13827	607-687-8317
Joshua's House 55 ½ North Avenue, Owego, NY 13827	607-658-6292
Tioga County Boys & Girls Club 201 Erie Street, Owego, NY 13827	607-687-0690
The Salvation Army 581 Broad Street, Waverly, NY 14892	607-565-7137

Food and Nutrition Programs

Park Terrace Food Pantry

30 Glann Road, Apalachin

607-725-0017

Saturday 11am-1pm

Bread of Life

1 Water St., Candor

607-972-6964

Wednesday 3-6pm

Project Neighbor Pantry

59-63 Main St., Newark Valley

607-642-8811

Tuesday & Thursday 3-4pm

Tioga County Rural Ministry

143 North Ave., Owego

607-687-3021

Monday-Thursday 10-12 & 12:30-4

Friday 10am-1pm

Catholic Charities Outreach

139 Roki Blvd., Nichols

607-414-1023

Tuesday-Friday 9am-12pm; 1-3pm

Red Door Senior Pantry (60+ year)

359 Broad St., Waverly

607-249-6062

Thursday 10am-4pm

Open Hearts Dinner

224 Owego St., Candor

Wednesday 5:30-7pm

Helping Hand Food Pantry

11 Jewett Hill Rd., Berkshire

607-785-3214

Tues 12-2pm, Thurs 4-7pm, Sat 9-12pm

Lounsberry Food Pantry

3586 E. River Rd., Nichols

607-687-0442

2nd Monday & 3rd Saturday 12-3pm

Tioga County Open Door Mission

425 Upper North Ave., Owego

607-687-1121 x308

Monday-Wednesday 10am-4:30pm

Community Food Cupboard

70 N. Main St., Spencer

607-589-6059

2nd Thursday 4-5pm

Last Thursday/month 9:30-10:30am

Lockwood Food Pantry

95 Church St., Lockwood

607-687-1121 x308

Friday 10am-2pm

Valley Food Pantry

418 Waverly St., Waverly

607-565-8718

Mon-Thurs 10-12; 2-4pm; Fri 10-12pm

Kindness Counts Kitchen

28 Rock St., Newark Valley

3rd Wednesday/month 6pm

Food and Nutrition Programs

Soup n' Salad

59-63 Main St., Newark Valley
3rd Saturday/month 4:30-6pm

Free Supper Among Friends

54 Main St., Nichols
3rd Thursday/month 4:30-6pm

ACT Weekly Dinner

261 Main St., Owego
Thursday 6pm

WIC Women, Infants & Children

Tioga Opportunities, Inc.
607-687-3147

SNAP Supplemental Nutrition Assistance Program

Tioga County Social Services or Catholic Charities

607-687-8300

607-414-1023

Employment

Tioga Employment Center

1062 NY-38, Owego, NY 13827

607-687-8500

Tioga County Personnel Department

56 Main Street, Owego, NY 13827

607-687-8206

Broome-Tioga Workforce NY

171 Front Street, Binghamton, NY 13905

607-778-2136

Empowered Staffing Solutions

425 Park Avenue, Waverly, NY 14892

570-888-4590

Housing

Tioga Opportunities 1023 NY-38, Owego, NY 13827	607-687-0707
Open Door Mission 425 North Avenue, Owego, NY 13827	607-687-1121
Tioga Count Rural Ministry 143 North Avenue, Owego, NY 13827	607-687-3021
HEAP Home Energy Assistance Program 1062 NY-38, Owego, NY 13827	607-687-8300

Legal Services

Tioga County Public Defender 171 Main Street, Owego, NY 13827	607-687-1000
LawNY 902 Taber Street #1, Ithaca, NY 14850	607-273-3667

Other Resources

Veterans Services 56 Main Street #5, Owego, NY 13827	607-687-8228
Ride Tioga 54 Central Avenue, Owego, NY 13827	607-687-7433
Tioga Transport, Inc. 72 North Avenue, Owego, NY 13827	607-223-4607

Lourdes Hospital Primary Care 607-687-1122
500 5th Avenue, Owego, NY 13827

Northern Tioga Center for Family
13293 NY-38, Richford, NY 13835 607-657-8521
119 Whig Street, Newark Valley, NY 13811

Guthrie Family Medicine 607-687-6101
1246 NY-38, Owego, NY 13827

Life Choices Center 607-358-5599
6 McMaster Street, Owego, NY 13827

Guthrie Internal Medicine 607-625-2136
3 Tioga Boulevard, Apalachin, NY 13732

UHS Primary Care
54 Main Street, Candor, NY 13743 607-659-7272
42 West Main Street, Owego, NY 13827 607-687-0350

Guthrie Waverly 607-565-9975
29 North Chemung Street, Waverly, NY 14892

Wilson Dental 607-565-4374
463 Fulton Street, Waverly, NY 14892

Candor Family Dentistry 607-659-4050
12 Main Street, Candor, NY 13743

Hiawatha Dental Center 607-687-7536
153 Main Street #4, Owego, NY 13827

Riverow Dental, PLLC 607-687-4664
248 Front Street, Owego, NY 13827

Child Health Plus

800-698-4543

Child Health Plus offers health insurance to children ages birth through 18 years within New York State who family income falls within certain limits. The purpose of Child Health Plus is to ensure that all eligible children receive the basic, routine, preventive health care that keeps children healthy and protects them from common childhood diseases and illnesses. Child Health Plus is made available by New York State law that provides funding for children's health insurance.

Family Health Plus

877-934-7587

Family Health Plus offers health insurance to individuals ages 19-64 years within New York State who family income falls within certain limits. The purpose of Family Health Plus is to ensure that all eligible individuals receive basic, routine, prevention health care that keeps people healthy and protects them from common diseases and illnesses. Family Health Plus is made available by New York State law that provides funding for individuals health insurance.

Medicaid and Children's Health Insurance Plan (CHIP)

Medicaid and the Children's Health Insurance Plan (CHIP) provide free or low-cost health coverage to millions of Americans, including some low-income people, families and children, pregnant women, the elderly, and people with disabilities. Visit their website to enroll or see if you qualify:

<https://www.healthcare.gov/Medicaid-chip/getting-Medicaid-chip>

Supplemental Security Income (SSI)

1-800-772-1213

A program based on financial need and disability. SSI provides supplemental income and medical insurance.

Hotlines and Crisis Centers

9-1-1 Tioga Police, Fire, Paramedics	Dial 9-1-1
Child Abuse and Neglect	1-800-342-3720
County Suicide Prevention Crisis Number	607-762-2302
National Suicide Prevention Lifeline	1-800-273-8255
NYS Domestic and Sexual Violence Hotline	1-800-942-6906
Spanish Language	1-800-942-6908
Poison Control	1-800-222-1222
For poisoning and drug overdoses	
National Domestic Violence Hotline	1-800-799-7233
A New Hope Center- Tioga	607-687-6866
All Women’s Help Center	607-723-3342
SOS Shelter	607-754-4340
Tioga County Sheriff’s Office	607-687-1010
New York State Police	607-565-8581

Tompkins County Community Resources



Mental health refers to a person's condition with regard to their psychological and emotional well-being. Taking care of one's mental health is of critical importance and should be prioritized. Mental Health problems can come in a multitude of forms, and help should be sought if you are experiencing an unusual amount of distress or having difficulty functioning.

Child and Family Services of Ithaca 607-273-7494
127 West State Street, Ithaca, NY 14850

Tompkins County Mental Health Department 607-274-6200
201 East Green Street, Ithaca, NY 14850

Mental Health Association 607-273-9250
301 South Geneva Street #109, Ithaca, NY 14850

Emerge Counseling and Therapeutic Services 607-342-5423
903 Hanshaw Road, Ithaca, NY 14850

Avenues Counseling Center 607-793-4668
402 North Cayuga Street, Ithaca, NY 14850

Suicide Prevention & Crisis Services 607-272-1616
124 East Court Street, Ithaca, NY 14850

Harvest House Counseling 315-663-7060
208 North Meadow Street, Ithaca, NY 14850

Lakes Counseling & Wellness 607-229-2533
207 East Court Street Room 7, Ithaca, NY 14850

Insight Counseling Ithaca 607-220-8590
215 North Geneva Street, Ithaca, NY 14850

Cayuga Comprehensive Psychological Services 607-273-6946
118 North Tioga Street #302, Ithaca, NY 14850

Ithaca Psychological Testing 607-743-2577
179 Graham Road C, Ithaca, NY 14850

Clearview Psychotherapy Associates 607-273-1508
200 East Buffalo Street, #302, Ithaca, NY 14850

Alcohol and Drug Abuse/Addiction

Alcohol/drug abuse and addiction cause problems at work, school, home, and in relationships. Abuse and addiction can be treated with proper support and care. There are a multitude of resources available.

Ithaca Community Recovery 607-216-8754
518 West Seneca Street, Ithaca, NY 14850

Alcohol & Drug Council 607-274-6288
201 East Green Street, Ithaca, NY 14850

Cayuga Addiction Recovery Services (CARS) 607-273-5500
324 West State Street, Ithaca, NY 14850

CARS Inpatient 607-387-5535
6621 NY Route 227, Trumansburg, NY 14886

OASAS (Office of Alcoholism and Substance Abuse Services)
<http://www.oasas.ny.gov/providerdirectory>

Alcoholics Anonymous 607-216-8754
http://www.aa.org/pages/en_US/find-local-aa

Narcotics Anonymous 607-216-8754
<https://www.na.org/meetingsearch/>

Al-Anon/Alateen 607-387-5701
<https://al-anon.org/>

Family Support

The Advocacy Center	607-277-3203
Alternatives to Violence Program	315-607-7940
Multicultural Resource Center 615 Willow Avenue, Ithaca, NY 14850	607-272-2292
Youth Advocacy Program 102 Cherry Street, Ithaca, NY 14850	607-277-5254
Greater Ithaca Activities Center (GIAC) 301 West Court Street, Ithaca, NY 14850	607-272-3622
YMCA 50 Graham Road, Ithaca, NY 14850	607-257-0101
Catholic Charities 324 West Buffalo Street, Ithaca, NY 14850	607-272-5062
Bridges for Youth & Families 120 West State Street #3, Ithaca, NY 14850	607-275-0067
Cornell Cooperative Extension 615 Willow Avenue, Ithaca, NY 14850	607-272-2292
Ithaca Youth Bureau 1 James L Gibbs Drive, Ithaca, NY 14850	607-273-8364
Learning Web 515 West Seneca Street, Ithaca, NY 14850	607-275-0122
Women's Opportunity Center 315 North Tioga Street, Ithaca, NY 14850	607-272-1520
OAR of Tompkins County 910 West State Street, Ithaca, NY 14850	607-272-7885

Housing

Rescue Mission 618 West State Street, Ithaca, NY 14850	607-273-6684
Open Doors 127 West State Street, Ithaca, NY 14850	607-273-7484
Tompkins Community Action 701 Spencer Road, Ithaca, NY 14850	607-273-8816
Ithaca Housing Authority 798 South Plain Street, Ithaca, NY 14850	607-273-8629
Better Housing for Tompkins County 950 Danby Road, Ithaca, NY 14850	607-273-2187
Groton Housing Authority 200 West South Street, Groton, NY 13073	607-898-5887
HEAP Home Energy Assistance Program 320 West State Street, Ithaca, NY 14850	607-274-5680

Legal Assistance

Assigned Council 171 East State Street, Ithaca, NY 14850	607-272-7487
Cornell Legal Aid 477 Myron Taylor Hall, Ithaca, NY 14850	607-255-5560
LawNY 902 Taber Street, Suite 1, Ithaca, NY 14850	607-273-3667
Tompkins County District Attorney 320 North Tioga Street, Ithaca, NY 14850	607-274-5461

Food and Nutrition

Rescue Mission Friendship Center

618 W. State St., Ithaca

607-273-6684

Mon 2-4pm; Tues-Fri 9-11am, 2-4pm

Caroline Food Pantry

524 Valley Rd., Brooktondale

607-539-6810

1st & 3rd Monday/month 5-7pm

Dryden Kitchen Cupboard

6 North St., Dryden

607-844-8321

Monday & Friday 11-12; Wed 5-6pm

Enfield Food Distribution

182 Enfield Main Rd., Enfield

607-273-8256

2nd & 4th Monday/month 3-5pm

Groton Food Providers

101 McKinley Ave., Groton

607-898-5263 x615

1st Tuesday/month 11:30am-12:30pm

Ithaca Kitchen Cupboard

150 N. Albany St., Ithaca

607-273-2400

Mon-Thurs 1:30-3pm; Fri 1-2:30pm

Linderman Creek Apartments

201 Cypress Court, Ithaca

607-269-0409

3rd Saturday/month 12-12:30pm

Baptized Church of Jesus Christ

412 First St., Ithaca

607-272-1984

Wed 10-12pm; 3rd Saturday 10-12:30pm

Danby Food Pantry

1859 Danby Road, Danby

607-273-7850

4th Monday/month 12-1pm

Dryden United Methodist Church

West Main & North Sts., Dryden

607-844-9861

Wednesday 5:30-6:30pm

Freeville Pantry

37 Main St., Freeville

607-844-8760

2nd & 4th Monday/month 6-7pm

Immaculate Conception Church

113 N. Geneva St., Ithaca

607-273-6121

Tuesday 1-2pm

Lansing Food Pantry

1767 East Shore Dr., Lansing

607-592-4685

Call for hours

Loaves & Fishes

210 N. Cayuga St., Ithaca

607-272-5457

Mon, Wed, Fri 12pm; Tues-Thurs 5:30

Food and Nutrition

McLean Community Church

50 Church St., McLean

607-838-8234

4th Saturday/month 1:30-2:15pm

Overlook Apartments

1263 Trumansburg Rd., Ithaca

607-216-9522

Alternate Sundays 12-12:30pm

Salvation Army

150 N. Albany St. Ithaca

3rd Saturday/month 10-11am

Saturday meal 12pm; Sunday meal 3pm

Tompkins Community Action

701 Spencer Rd., Ithaca

607-273-8816 x137

Mon 2:30-4:30; Tues 10:30-1:30

West Village Apartments

Chestnut Street, Ithaca

607-216-9522

Alternate Sundays 12:30pm

WIC Women, Infants & Children

55 Brown Road, Ithaca, NY 14850

SNAP Supplemental Nutrition Assistance Program

320 West State Street, Ithaca, NY 14850

Newfield Kitchen Cupboard

227 Main St., Newfield

607-564-3555

1st & 3rd Wednesday 6-7pm

Reach Out to Christ Pantry

318 Johnson Rd., Freeville

607-844-3000

Call for hours

Southside Community Center

701 Spencer Rd., Ithaca

607-273-4190

1st & last Saturday/month 12-2pm

Trumansburg Food Pantry

80 East Main St., Trumansburg

607-387-8260

Alternate Mondays 1-2pm

Calvary Baptist Church Pantry

507 N. Albany St., Ithaca

607-273-7291

3rd Saturday/month 12-2pm

607-274-6630

607-274-5680

Employment

Tompkins Workforce NY 171 East State Street #241, Ithaca, NY 14850	607-272-7570
Challenge 950 Danby Road #179, Ithaca, NY 14850	607-272-8990
Express Employment Professionals 222 Elmira Road, Ithaca, NY 14850	607-256-2121
Ithaca ReUse 214 Elmira Road, Ithaca, NY 14850	607-257-9699
OAR 910 West State Street, Ithaca, NY 14850	607-272-7885
Staflings 224 South Fulton Street, Ithaca, NY 14850	607-273-5335
Women's Opportunity Center 315 North Tioga Street, Ithaca, NY 14850	607-272-1520
TST BOCES 555 Warren Road, Ithaca, NY 14850	607-257-1551

Transportation

FISH (Friends in Service Helping)	1-877-211-8667
Gadabout	607-273-1878
Medicaid Taxi	607-274-330
TCAT 737 Willow Avenue, Ithaca, NY 14850	607-277-7433

Cayuga Medical Center 101 Dates Drive, Ithaca, NY 14850	607-274-4011
Five Star Urgent Care 740 South Meadow Street, Ithaca, NY 14850	607-319-4563
CMC Convenient Care 10 Arrowwood Drive, Ithaca, NY 14850	607-274-4150
Ithaca Health Alliance 521 West Seneca Street, Ithaca, NY 14850	607-330-1253
Planned Parenthood 620 West Seneca Street, Ithaca, NY 14850	607-273-1513
Family Medicine Associates 8 Brentwood Drive, Ithaca, NY 14850 209 West State Street, Ithaca, NY 14850	607-277-4341 607-277-4341
Guthrie Medical Group 1780 Hanshaw Road, Ithaca, NY 14850	607-257-5858
Cayuga Medical Associates 16 Brentwood Drive, Ithaca, NY 14850	607-277-2170
VA Outpatient Clinic 1451 Dryden Road, Freeville, NY 14850	607-347-4101
Northeast Pediatrics & Adolescent Medicine 10 Graham Road, Ithaca, NY 14850 1290 Trumansburg Road, Ithaca, NY 14850	607-257-2188 607-319-5211
Buttermilk Falls Pediatrics 22 Arrowwood Drive, Ithaca, NY 14850 1301 Trumansburg Road #H, Ithaca, NY 14850	607-257-5500
Dryden Family Medicine 5 Evergreen Street, Dryden, NY 13053	607-844-8181

Child Health Plus

1-800-231-0744

Child Health Plus offers health insurance to children ages birth through 18 years within New York State who family income falls within certain limits. The purpose of Child Health Plus is to ensure that all eligible children receive the basic, routine, preventive health care that keeps children healthy and protects them from common childhood diseases and illnesses. Child Health Plus is made available by New York State law that provides funding for children's health insurance.

Family Health Plus

1-877-934-7587

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Medicaid and Children's Health Insurance Plan (CHIP)

Medicaid and the Children's Health Insurance Plan (CHIP) provide free or low-cost health coverage to millions of Americans, including some low-income people, families and children, pregnant women, the elderly, and people with disabilities. Visit their website to enroll or see if you qualify:

<https://www.healthcare.gov/Medicaid-chip/getting-Medicaid-chip>

Supplemental Security Income (SSI)

1-800-772-1213

A program based on financial need and disability. SSI provides supplemental income and medical insurance.

Hotlines and Crisis Centers

County Suicide Prevention Crisis Number	607-272-1616
National Suicide Prevention Crisis Number	1-800-273-8255
National Domestic Violence Hotline	1-800-799-7233
NYS Coalition against Domestic Violence	1-800-942-6906
National Runaways Switchboard	1-800-RUNAWAY
Abused/Neglected Children (NYS)	1-800-342-3720
Suicide Prevention Crisis Service of Tompkins County	607-272-1505
District Attorney Victim Advocate	607-274-5461
Domestic Violence Advocacy Center	607-277-5000
Alcohol and Drug Crisis	1-800-784-6776

Ulster County Community Resources



Mental health refers to a person's condition with regard to their psychological and emotional well-being. Taking care of one's mental health is of critical importance and should be prioritized. Mental Health problems can come in a multitude of forms, and help should be sought if you are experiencing an unusual amount of distress or having difficulty functioning.

Ulster County Mental Health

239 Golden Hill Drive, Kingston, NY 12401
560 NY-299, Highland, NY 12528

845-203-3068

Mental Health Association

300 Aaron Court, Kingston, NY 12401
221 Tuyten Bridge Road, Lake Katrine, NY 12449

845-339-9090

Behavioral Healthcare of NY

465 Broadway, Kingston, NY 12401

845-340-0244

Pine Grove Clinic

350 Washington Avenue, Kingston, NY 12401

845-339-4733

Skytop Mental Health Counseling

52 Main Street #2b, Kingston, NY 12401

845-863-4588

PEOPLE, Incorporated

112 North Front Street, Kingston, NY 12401

845-452-2728

New Paltz Family Health Center

279 Main Street #101, New Paltz, NY 12561

845-255-2930

Woodstock Therapy Center

15 Pine Grove Street, Woodstock, NY 12498

845-679-5511

Kingston Counseling Center

60 Maiden Lane, Kingston, NY 12401

845-331-2870

Catskill Family Institute

112 North Front Street, Kingston, NY 12401

845-338-5450

Hudson River Psychiatric Center

9 East Chestnut Street #11, Kingston, NY 12401

845-331-8602

Alcohol and Drug Abuse/Addiction

Alcohol/drug abuse and addiction cause problems at work, school, home, and in relationships. Abuse and addiction can be treated with proper support and care. There are a multitude of resources available.

The Bridge Back of Kingston Hospital 845-943-6091
10 Barbarossa Lane, Kingston, NY 12401

Never Alone, Inc. 845-339-4272
20 Crofts Road, Hurley, NY 12443

Step One 845-647-5400
83 North Main Street, Ellenville, NY 12428

Villa Veritas Foundation, Inc. 845-626-3555
5 Ridgeview Road, Kerhonkson, NY 12446

Catskill Mountain Counseling 845-657-9503
4080 NY-28, Boiceville, NY 12412

OASAS (Office of Alcoholism and Substance Abuse Services)
<http://www.oasas.ny.gov/providerdirectory>

Alcoholics Anonymous 845-331-6360
http://www.aa.org/pages/en_US/find-local-aa

Narcotics Anonymous 877-266-3660
<https://www.na.org/meetingsearch/>

Al-Anon/Alateen 845-339-5116
<https://al-anon.org/>

Family Support

Family of Woodstock, Inc. 39 John Street, Kingston, NY 12402	845-331-7080
Ulster County Healthy Families 15 Railroad Avenue #401, Kingston, NY 12401	845-339-8551
Ulster County Community Action 70 Lindsley Avenue, Kingston, NY 12401	845-338-8750
YMCA of Kingston and Ulster County 507 Broadway, Kingston, NY 12401	845-338-3810
YWCA 209 Clinton Avenue, Kingston, NY 12401	845-338-0714
Ulster County Youth Bureau 239 Golden Hill Drive, Kingston, NY 12401	845-334-5264
Ulster YouthBuild 2 Main Street, Kingston, NY 12401	845-331-2381
Youth Advocate Programs 380 Aaron Court, Kingston, NY 12401	845-338-1413
Neighborhood Youth Corps 100 Prince Street, Kingston, NY 12401	845-338-0343
Catholic Charities 6 Adams Street #3, Kingston, NY 12401	845-340-9170
Cornell Cooperative Extension 232 Plaza Road, Kingston, NY 12401	845-340-3990 x327
Always There 918 Ulster Avenue, Kingston, NY 12401	845-339-6683
Hudson Valley Foundation 355 Van Wagenen Lane, Kingston, NY 12401	845-339-0007

Food and Nutrition Programs

Holy Ascension Monastery Pantry

845-679-0600

521 Cold Brook Rd., Bearsville

Tues, Thurs, Sat 10am-12pm

Community Action

845-647-6061

85 Center St., Ellenville

Monday-Friday 9am-4pm

Ellenville United Methodist

845-647-7094

85 Canal St., Ellenville

Thursday 9:15-10:30am

Hosanna Assembly of God

845-647-4341

178 Canal St., Ellenville

2nd Friday/month 5-7pm

St Mary's & St' Andrews

845-647-6080 x304

137 S. Main St., Ellenville

Call for hours

Ascension Holy Trinity

845-384-6723

1585 Route 9W, West Park

Sunday 1-3pm

St. Charles Helping Hands

845-255-1374

2212 Route 44-55, Gardiner

Thursday 12-1:30pm

Reservoir Food Pantry

845-663-3353

4073 Route 28, Boiceville

Monday 2-4pm

Ellenville Seventh Day Adventist

845-647-5998

161 Center St., Ellenville

Last Mon & Tues/month 1-4pm

Family of Ellenville Food Pantry

845-647-2443

221 Canal St., Ellenville

Monday-Friday 9am-4pm

Shiloh Baptist Church- Soup Kitchen

845-647-8662

60 Berme Road, Ellenville

Wednesday 12-2pm

Ulster Heights Methodist Church

845-647-4327

1264 Ulster Heights Rd., Ellenville

2nd Wed 10-12pm; 4th Wed 5-7pm

Port Ewen Food Pantry

845-338-0356

151 W. Main St. at Green St., Port Ewen

Friday & Saturday 10am-12pm

Ascension Holy Trinity

845-384-6723

21 Grand St., Highland

Wed 10-12pm, 6-8pm; Sat 10-12pm

Food and Nutrition Programs

Calvary Chapel Highland

845-691-7030

64 Vineyard Ave., Highland

2nd & 4th Saturday/month 9-11am

Highland Community Action

845-691-8722

15 Church St., Highland

Monday-Friday 9am-4pm

Angel Food East

845-331-6538

207 Albany Ave., Kingston

Mondays & Thursdays 8am-12pm

Community Action

845-338-8750

70 Lindsley St., Kingston

Monday-Friday 9am-4pm

New Central Baptist Church

845-338-0589

229 East Strand, Kingston

Monday 11am-1pm

Pointe of Praise Family Life Center

845-338-4615

243 Hurley Ave., Kingston

Saturday 11am-12:30pm

Catholic Charities of Archdiocese

845-340-9170 x105

6 Adams St., Suite 2, Kingston

Tuesday & Friday 1-4pm

Family Outreach- Food Pantry

845-380-8799

157 Vineyard Ave., Highland

2nd & 4th Wednesday/month 2-6pm

St. Joseph's Mission Church

845-338-7121

Conifer Ln., Hurley

Mon & Tues 10-2:30pm; Wed 9:30-11am

Catholic Charities Food Pantry

845-340-9170

6 Adams St., Kingston

Tuesday & Friday 1-4pm

Heavenbound Food Pantry

845-616-3211

24 West Union St., Kingston

2nd & 4th Thursday 4:30-6:30pm

People's Place

845-338-4030

17 St. James St., Kingston

Monday-Friday 10am- 1pm

St. James Happy to Help

845-331-3030

35 Pearl St., Kingston

Sunday 1-3pm

Bread of Life Food Pantry

(844) KINGSFIRE, ext 3

865 Neighborhood Rd., Lake Katrine

1st & 3rd Friday/month 12-2pm

Sunday 12:30-2pm

Food and Nutrition Programs

Saint Mary's Church

845-236-4643

71 Grand St., Marlboro

Mon 1-4; Wed 11-2; Fri 10-1

Family of New Paltz

845-255-8801

51 N. Chestnut St., New Paltz

Monday-Thursday 10-5pm; Fri 10-4pm

Helping Hand Food Pantry

845-688-9825

58 NY 214, Phoenicia

Monday 4-7pm

Pine Bush Ecumenical

845-744-3390

52 at New Prospect Rd., Pine Bush

Wednesday 10-12; Thursday 5-6pm

Wallkill Reformed Church

845-895-2181

45 Bridge St., Wallkill

Thursday 6-7:30pm; Friday 11-1pm

St. John the Evangelist

845-246-9581

915 Rt. 212, Saugerties

Wednesday & Friday 10am-12pm

WIC Women, Infants & Children

244 Fair St., Kingston

845-340-3000

Modena United Methodist Church

845-883-7142

1928 Rt 44/55, Modena

Tuesday 11am-12pm

Saint Joseph's Catholic Church

845-255-5635

34 S Chestnut St., New Paltz

Mon, Tues, Fri 11am-12pm

Town of Shandaken Food Pantry

845-688-5670

25 Church St., Phoenicia

Thursday 10am-12pm

Rondout Valley Food Pantry

845-687-4013

3021 Rt. 213 E, Stone Ridge

Tuesday & Thursday 9-11am

Daily Bread Soup Kitchen

845-679-2336

26 Mill Hill Road, Woodstock

Mon, Wed, Fri, 4-6pm

Family of Woodstock

845-679-2485

16 Rock City Rd., Woodstock

Monday-Sunday 9:30am-9pm

SNAP Supplemental Nutrition Assistance Program

845-334-5200

1051 Development Court, Kingston

Housing

Kingston Housing Authority 132 Rondout Drive, Kingston, NY 12401	845-331-1955
RUPCO 289 Fair Street, Kingston, NY 12401	845-331-2140
Ellenville Housing Authority 10 Eastwood Avenue #1, Ellenville, NY 12428	845-647-8686
Family of Woodstock 39 John Street, Kingston, NY 12402 16 Rock City Road, Woodstock, NY 12498	845-331-7080 845-679-2485
Family of Ellenville 221 Canal Street, Ellenville, NY 12428	845-647-2443
HEAP Home Energy Assistance Program 1001 Development Court, Kingston, NY 12401	845-334-5175

Veteran's Services

Ulster County Veteran Services Agency 5 Development Court, Kingston, NY 12401	845-340-3190
VA Clinic 324 Plaza Road, Kingston, NY 12401	845-331-8322

Transportation

Ulster County Area Transit 1 Danny Drive Circle, Kingston, NY 12401	845-340-3333
Ulster County Medicaid Unit 1001 Development Court, Kingston, NY 12401	845-334-5175

HealthAlliance Hospital

396 Broadway, Kingston, NY 12401

845-331-3131

105 Marys Avenue, Kingston, NY 12401

845-338-2500

Ellenville Regional Hospital

845-647-6400

10 Healthy Way, Ellenville, NY 12428

Planned Parenthood

845-562-7800

21 Grand Street, Kingston, NY 12401

Emergency One

845-338-5600

40 Hurley Avenue, Kingston, NY 12401

First Care Walk-In Medical Center

845-691-3627

222 NY-299, Highland, NY 12528

Albany med EmUrgentCare

518-264-9000

2976 US-9W, Saugerties, NY 12477

Albany Medical Center

845-331-1235

1561 Ulster Avenue #301, Kingston, NY 12449

Immediate Medical Care

845-647-6700

112 Shoprite Boulevard, Ellenville, NY 12428

CareMount Medical

845-231-5600

1561 Ulster Avenue, Lake Katrine, NY 12449

Medical Associates of Hudson Valley

845-338-7140

360 Washington Avenue, Kingston, NY 12401

Ulster Family Medicine

845-338-3737

35 Barbarossa Lane, Kingston, NY 12401

The Children's Medical Group

845-452-1700

63 Hurley Avenue, Kingston, NY 12401

Child Health Plus

1-800-231-0744

Child Health Plus offers health insurance to children ages birth through 18 years within New York State who family income falls within certain limits. The purpose of Child Health Plus is to ensure that all eligible children receive the basic, routine, preventive health care that keeps children healthy and protects them from common childhood diseases and illnesses. Child Health Plus is made available by New York State law that provides funding for children's health insurance.

Family Health Plus

1-877-934-7587

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Medicaid and Children's Health Insurance Plan (CHIP)

Medicaid and the Children's Health Insurance Plan (CHIP) provide free or low-cost health coverage to millions of Americans, including some low-income people, families and children, pregnant women, the elderly, and people with disabilities. Visit their website to enroll or see if you qualify:

<https://www.healthcare.gov/Medicaid-chip/getting-Medicaid-chip>

Supplemental Security Income (SSI)

1-800-772-1213

A program based on financial need and disability. SSI provides supplemental income and medical insurance.

Employment

Ulster County Office of Employment & Training 651 Development Court, Kingston, NY 12401	845-340-3170
Normann Staffing 231 Clinton Avenue #1, Kingston, NY 12401	845-338-9111
Bryant Staffing Kingston 1151 Flatbush Road, Kingston, NY 12401	845-217-5333
Manpower 411 Washington Avenue Suite 102, Kingston, NY 12401	845-331-0686
Ethan Allen Workforce Solutions 660 Aaron Court #660, Kingston, NY 12401	845-943-2945
Ulster County Career-Tech Center 319 Broadway, Port Ewen, NY 12466	845-331-0902

Legal Assistance

Legal Services of the Hudson Valley 550 Aaron Court, Kingston, NY 12401	845-331-9373
Worker Justice Center of New York 9 Main Street, Kingston, NY 12401	845-331-6615
Ulster County District Attorney 275 Wall Street, Kingston, NY 12401	845-340-3280
Ulster County Public Defender 18 Lucas Avenue, Kingston, NY 12401	845-340-3232

Hotlines and Crisis Centers

National Suicide Prevention Hotline	1-800-273-8255
County Suicide Prevention Crisis Number	
Family of Woodstock	845-338-2370
Family of Kingston	845-338-2370
Family of New Paltz	845-225-8801
Family of Ellenville	845-647-2443
National Runaways Switchboard	1-800-RUNAWAY
Abused/Neglected Children (NYS)	1-800-342-3720
National Domestic Violence Hotline	1-800-799-7233
NYS Coalition against Domestic Violence	1-800-942-6906
Family DV Services	845-338-2370
Probation Department Victim Assistance	845-340-3442
Ulster County Sheriff's Department	845-338-3640
New York State Police	845-338-1702

Warren County Community Resources



Mental health refers to a person's condition with regard to their psychological and emotional well-being. Taking care of one's mental health is of critical importance and should be prioritized. Mental Health problems can come in a multitude of forms, and help should be sought if you are experiencing an unusual amount of distress or having difficulty functioning.

Warren County Mental Health 230 Maple Street #1, Glens Falls, NY 12801	518-792-7143
True North 499 Glen Street, Glens Falls, NY 12801	518-798-9187
Celtic Counseling Services 498 Glen Street, Glens Falls, NY 12801	518-743-9099
Roots & Wings Counseling 16 West Notre Dame, Street, Glens Falls, NY 12801	518-798-2000
Center for Children & Families 1 Lawrence Street #1, Glens Falls, NY 12801	518-926-7100
Osika & Scarano Psychology 5 Pine Street, Glens Falls, NY 12801	518-745-0079
Sanford Manor 260 Sanford Street, Glens Falls, NY 12801	518-792-0208
Adirondack Psychological Health 478 Glen Street, Glens Falls, NY 12801	518-792-1410
Psychological Associates 551 Bay Road #2, Queensbury, NY 12804	518-798-4056
Adirondack Family Psychology 453 Dixon Road #3, Queensbury, NY 12804	518-793-6453
Oakwise Counseling 333 Glen Street, Glens Falls, NY 12801	518-490-9473
Psychotherapy Center 597 Bay Road, Queensbury, NY 12804	518-793-1160

Alcohol and Drug Abuse/Addiction

Alcohol/drug abuse and addiction cause problems at work, school, home, and in relationships. Abuse and addiction can be treated with proper support and care. There are a multitude of resources available.

Center for Recovery 518-926-7200
101 Ridge Street, Glens Falls, NY 12801

Baywood Center 518-310-4119
551 Bay Road #2, Queensbury, NY 12804

OASAS (Office of Alcoholism and Substance Abuse Services)
<http://www.oasas.ny.gov/providerdirectory>

Alcoholics Anonymous 518-587-0407
http://www.aa.org/pages/en_US/find-local-aa

Narcotics Anonymous 888-399-5519
<https://www.na.org/meetingsearch/>

Al-Anon/Alateen 518-292-0577
<https://al-anon.org/>

Family Support

Family Service Association 150 Warren Street, Glens Falls, NY 12801	518-793-0797
Cornell Cooperative Extension 377 Schroon River Road, Warrensburg, NY 12885	518-668-4881
Glens Falls Youth Center 60 Montcalm Street, Glens Falls, NY 12801	518-793-5932
Catholic Charities 35 Broad Street, Glens Falls, NY 12801	518-793-6212
Warren County Veteran's Services 1340 State Route 9, Lake George, NY 12845	518-761-6342
Warren-Hamilton Community Action 190 Maple Street, Glens Falls, NY 12801	518-793-0636
Warren Washington CARE Center 24 Dix Avenue, Glens Falls, NY 12801	518-792-2731
Warren Washington ARC 436 Quaker Road, Queensbury, NY 12804	518-793-4204
Glens Falls Foundation 2 Progress Boulevard, Queensbury, NY 12804	518-926-8372
Caritas, Inc. 142 Bay Street, Glens Falls, NY 12801	518-798-6648
WAIT House 10-12 Wait Street, Glens Falls, NY 12801	518-798-2077
Glens Falls Housing Authority 23 Jay Street, Glens Falls, NY 12801	518-793-2583
The Open Door Mission 47 Lawrence Street, Glens Falls, NY 12801	518-792-5900

Food and Nutrition Programs

Salvation Army

518-792-1960

37 Broad St., Glens Falls

The Open Door Mission

518-792-5900

47 Lawrence St., Glens Falls

North Country Ministry

518-623-2829

3933 Main St., Warrensburg

Pine Knolls Alliance Church

518-793-7101

614 Gansevoort Rd., South Glens Falls

Moreau Community Center

518-792-6007

144 Main St., South Glens Falls

Calvary Assembly of God

518-798-0850

100 Sherman Ave., Glens Falls

North Country Ministry

518-251-4460

32 Circle Ave., North Creek

St. Mary's Episcopal Church

518-696-3030

220 Lake Ave., Lake Luzerne

WIC, Women, Infants & Children

518-761-6425

1340 US 9, Lake George

Family Service Association

518-793-0797

150 Warren St., Glens Falls

North Country Outreach Center

518-251-3481

2718 NY-28, North Creek

St. Mary's Church

518-792-0989

62 Warren St., Glens Falls

Rockwell Falls Presbyterian

518-696-3537

7 Bridge St., Lake Luzerne

Chester Town Food Pantry

518-494-2433

6307 US 9, Chestertown

Sacred Heart Church

518-668-2046

50 Mohican St., Lake George

Presbyterian Church

518-623-2723

2 Stewart Farrar Ave., Warrensburg

United Methodist Church

518-793-9728

460 Aviation Rd., Queensbury

SNAP Supplemental Nutrition Assistance Program

518-761-6300

468 1340 State Route 9, Lake George

Legal Assistance

Warren County Bar Association 107 Bay Street, Glens Falls, NY 12801	518-792-9239
Warren County Public Defender 1340 U.S. 9, Lake George, NY 12845	518-761-6207
Warren County Assigned Council Lake George, NY 12845	518-761-6460

Employment

Warren County Employment & Training Northway Plaza, Queensbury, NY 12804	518-743-0925
Integrated Staffing 22 Hudson Falls Road #11, South Glens Falls, NY 12803	518-792-7823
Technical Education Center 4 Glens Falls Tech Park, Glens Falls, NY 12801	518-761-6876
Heber Associates, Inc. 420 Quaker Road, Queensbury, NY 12804	518-793-2727
Keena Staffing, Inc. 2 Progress Boulevard, Queensbury, NY 12804	518-793-9825
Companies of JJ Young 820 U.S. 9, Queensbury, NY 12804	518-798-3024
Warren County One Stop Career Center 333 Glen Street Suite 300, Glens Falls, NY 12801	518-743-0828
South Street Adult Education Center 11 South Street Suite 105, Glens Falls, NY 12801	518-581-3560

Glen Falls Hospital 100 Park Street, Glens Falls, NY 12801	518-926-1000
North Creek Health Center 126 Ski Bowl Road, North Creek, NY 12853	518-251-2541
Glens Falls Hospital Medical 25 Willowbrook Road, Queensbury, NY 12804	518-409-8100
West Mountain Health Services 161 Carey Road, Building 1, Queensbury, NY 12804	518-824-8610
NYU Langone Medical Center 820 US 9, Queensbury, NY 12804	518-745-0951
Planned Parenthood 543 Bay Road, Queensbury, NY 12804	518-792-0994
Adirondack Urgent Care Center 959 US 9, Queensbury, NY 12804	518-223-0155
Warrensburg Health Center 3767 Main Street, Warrensburg, NY 12885	518-623-2844
Health Center on Broad Street 100 Broad Street, Glens Falls, NY 12801	518-792-2223
Warren County Public Health Department 1340 US 9, Lake George, NY 12845	518-761-6580
Convenient Medical Care 319 Bay Road, Queensbury, NY 12804	518-792-2181
Chester Horicon Health Center Chestertown, NY 12817	518-494-2761
Adirondack Pediatrics 84 Broad Street #3, Glens Falls, NY 12801	518-798-9538

Child Health Plus

1-800-231-0744

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<https://www.healthcare.gov/Medicaid-chip/getting-Medicaid-chip>

Supplemental Security Income (SSI)

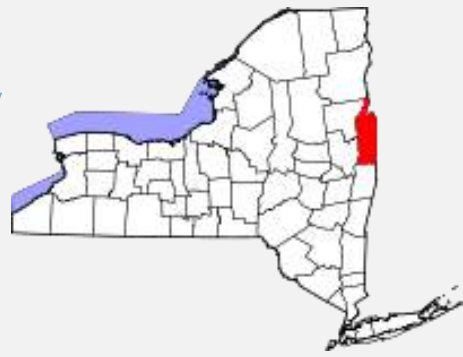
1-800-772-1213

A program based on financial need and disability. SSI provides supplemental income and medical insurance.

Hotlines and Crisis Centers

National Suicide Prevention Hotline	1-800-273-8255
County Suicide Prevention Crisis Number	518-926-3210
Liberty House Foundation, Inc.	518-798-1066
National Runaways Switchboard	1-800-RUNAWAY
Abused/Neglected Children (NYS)	1-800-342-3720
National Domestic Violence Hotline	1-800-799-7233
NYS Coalition against Domestic Violence	1-800-942-6906
Catholic Charities DV Project	518-793-9496
District Attorney Victim Assistance	518-761-6405
Warren County Sheriff's Office	518-743-2500
New York State Police	518-583-7000
Glens Falls State Police Department	518-745-7803

Washington County Community Resources



Mental health refers to a person's condition with regard to their psychological and emotional well-being. Taking care of one's mental health is of critical importance and should be prioritized. Mental Health problems can come in a multitude of forms, and help should be sought if you are experiencing an unusual amount of distress or having difficulty functioning.

Adirondack Samaritan Counseling Center
15 Boulevard, Hudson Falls, NY 12839

518-747-2994

Association for Mental Health
3043 State Route 4, Hudson Falls, NY 12839

518-747-2284

Behavioral Health Center
35 Gilbert Street, Cambridge, NY 12816

518-677-3441

Caleo Center
3043 State Route 4, Hudson Falls, NY 12839

518-747-8243

Sexual Trauma and Recovery Services
421 Lower Main Street, Hudson Falls, NY 12839

1-800-225-7114

Main Street Counseling
100 East Main Street, Cambridge, NY 12816

518-677-8346

Turning Point
1 Myrtle Avenue, Cambridge, NY 12816

518-677-8967

Alcohol and Drug Abuse/Addiction

Alcohol/drug abuse and addiction cause problems at work, school, home, and in relationships. Abuse and addiction can be treated with proper support and care. There are a multitude of resources available.

Washington County Alcohol and Substance Abuse Services 518-746-2333
383 Broadway, Fort Edward, NY 12828

Council for Prevention 518-746-1527
10 La Cross Street #1, Hudson Falls, NY 12839

820 River Street, Inc. 518-642-9341
9145 NY-22, Granville, NY 12832

Center for Recovery 518-747-8001
340 Main Street, Hudson Falls, NY 12839

GFH Behavioral Health Center 518-677-3441
35 Gilbert Street, Cambridge, NY 12816

Whitehall Health Center 518-499-2444
65 Poultney Street, Whitehall, NY 12887

OASAS (Office of Alcoholism and Substance Abuse Services)
<http://www.oasas.ny.gov/providerdirectory>

Alcoholics Anonymous 518-793-1113
http://www.aa.org/pages/en_US/find-local-aa

Narcotics Anonymous 888-399-5519
<https://www.na.org/meetingsearch/>

Al-Anon/Alateen 1-800-344-2666
<https://al-anon.org/>

Family Support

Washington County Youth Bureau 383 Broadway, Fort Edward, NY 12828	518-746-2330
Voices of the Hearth 3043 State Route 4, Hudson Falls, NY 12839	518-747-8404
Cornell Cooperative Extension 415 Lower Main Street, Hudson Falls, NY 12839	518-746-2560
Washington County Child Care Programs 18 River Street, Hudson Falls, NY 12839	518-746-2816
Economic Opportunity Council 383 Broadway B, Fort Edward, NY 12828	518-746-2390
Warren-Washington ARC 375 Bay Road, Queensbury, NY 12804	518-793-4204
Washington County Veteran's Services 383 Broadway #A118, Fort Edward, NY 12828	518-746-2470
Washington County Building Bridges Mentoring 383 Broadway, Fort Edward, NY 12828	518-746-2317
Housing Assistance Program 10 Lacrosse Street, Entrance A, Suite 3, Fort Edward, NY 12828	518-747-6481
WAIT House 10-12 Wait Street, Glens Falls, NY 12801	518-798-2077
Washington County Judges 383 Broadway, Fort Edward, NY 12828	518-746-2540
Warren Washington CARE Center 24 Dix Avenue, Glens Falls, NY 12801	518-792-2731
Warren & Washington County Association 230 Maple Street #3, Glens Falls, NY 12801	518-793-4799

Food and Nutrition Programs

United Presbyterian Church

518-638-8072

6269 Main St., Argyle

Wednesday 9-11:30am

Village Baptist Church

518-747-5939

131 Broadway, Fort Edward

Call for hours

Greenwich Town Hall

518-692-7611

2 Academy St., Greenwich

Call for hours

Presbyterian Church

518-854-4930

13 W. Broadway, Salem

Call for appointment

United Methodist Church

518-499-1826

56 Greenmount Cemetery Ln, Whitehall

Thursday 10am-3pm

Salvation Army

518-792-1960

13 Chester St., Glens Falls

Call for hours

Public Assistance/Food Stamps

518-746-2300

Washington County Department of Social Services

383 Broadway, Fort Edward, NY 12828

WIC, Women, Infants & Children

518-746-2460

411 Lower Main Street, Annex 3, Hudson Falls, NY 12839

Employment

Once Stop Center of Washington County 383 Broadway, Fort Edward, NY 12828	518-746-2391
Integrated Staffing 22 Hudson Falls Road #11, South Glens Falls, NY 12803	518-792-7823
Protran Services, Inc. 1 Eddy Street, Fort Edward, NY 12828	518-747-3174
Washington Saratoga BOCES 1153 Burgoyne Avenue #2, Fort Edward, NY 12828	518-746-3300
WSWHE BOCES (Occupational Education Services) 1051 Dix Avenue, Hudson Falls, NY 12839	518-746-3401
Welfare to Work Unit 383 Broadway, Fort Edward, NY 12828	518-746-2300

Greenwich Regional Medical Center
1134 NY-29, Greenwich, NY 12834

518-692-9861

Salem Family Health Center
213 South Main Street, Salem, NY 12865

518-854-3821

Cambridge Family Health Center
35 Gilbert Street, Cambridge, NY 12816

518-677-3961

Main Street Pediatrics
33 Gilbert Street #3, Cambridge, NY 12816

518-677-8575

Family Practice of Hudson Falls
340A Main Street, Hudson Falls, NY 12839

518-747-4117

Adirondack Medical
318 Broadway, Fort Edward, NY 12828

518-747-3104

Glens Falls Hospital
100 Park Street, Glens Falls, NY 12801

518-926-1000

Planned Parenthood
543 Bay Road, Queensbury, NY 12804

518-792-0994

Child Health Plus

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County Suicide Prevention Crisis Number	518-926-3210
National Runaways Switchboard	1-800-RUNAWAY
Abused/Neglected Children (NYS)	1-800-342-3720
National Domestic Violence Hotline	1-800-799-7233
NYS Coalition against Domestic Violence	1-800-942-6906
Catholic Charities DV Project	518-793-9496
District Attorney Victim Advocate	518-746-2525
Washington County Sheriff's Office	518-746-2475
Hudson Falls Police Department	518-747-4011
NYS Police Department	518-854-7443

Wayne County Community Resources



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Wayne Behavioral Health

315-946-5722

1519 Nye Road, Lyons, NY 14489

Victim Resource Center of the Finger Lakes

315-331-1171

132 Harrison Street, Newark, NY 14513

Family Counseling Services

315-331-8494

111 Mason Street, Newark, NY 14513

6600 Middle Road #2200, Sodus, NY 14551

Lalone Counseling Services

315-589-8438

3800 Railroad Avenue, Williamson, NY 14589

Therapeutic Counseling

315-502-4154

222 Fayette Street, Palmyra, NY 14522

Alcohol and Drug Abuse/Addiction

Alcohol/drug abuse and addiction cause problems at work, school, home, and in relationships. Abuse and addiction can be treated with proper support and care. There are a multitude of resources available.

Council on Alcoholism 315-331-5957
165 East Union Street #323, Neward, NY 14513

Wayne Behavioral Health 315-946-5722
1519 Nye Road, Lyons, NY 14489

Finger Lakes Addiction Counseling
310 West Union Street, Newark, NY 14513 315-331-3862
621 Church Street, Newark, NY 14513 315-331-7400

Hannick Hall 315-715-3318
198 South Clinton Street, Newark, NY 14513

Wayne County Action Program 315-665-0131
159 Montezuma Street, Lyons, NY 14489

OASAS (Office of Alcoholism and Substance Abuse Services)
<http://www.oasas.ny.gov/providerdirectory>

Alcoholics Anonymous 315-789-5955
http://www.aa.org/pages/en_US/find-local-aa

Narcotics Anonymous 877-266-3660
<https://www.na.org/meetingsearch/>

Al-Anon/Alateen 315-789-5955
<https://al-anon.org/>

Family Support

Wayne County Action Program

159 Montezuma Street, Lyons, NY 14489

315-665-0131

301 Stuart Avenue, Newark, NY 14513

315-331-8172

6 Clyde Road, Lyons, NY 14489

315-946-5388

11359 Ridge Road, Wolcott, NY 14590

315-594-6122

120 East Main Street, Palmyra, NY 14522

315-597-0279

Catholic Charities

315-331-4867

180 East Union Street, Newark, NY 14513

Cornell Cooperative Extension

315-331-8415

1581 NY-88, Newark, NY 14513

Youth Advocate Program

315-331-2763

165 East Union Street #408, Newark, NY 14513

Central Western NY Youth

315-332-8131

45 NY-88, Newark, NY 14513

Literacy Volunteers

315-946-5333

12 Canal Street, Lyons, NY 14489

Habitat for Humanity

315-986-9915

1160 Macedon Center Road, Macedon, NY 14502

Wayne ARC

315-331-7741

150 Van Buren Street, Newark, NY 14513

Caring Friends of Wayne County

315-923-9862

24 South Park Street, Clyde, NY 14433

Wayne County Veterans Services

315-946-5993

7376 NY-31, Lyons, NY 14489

Wayne Economic Development Program

315-946-5917

16 William Street #2, Lyons, NY 14489

Food and Nutrition Programs

Clyde United Methodist Church

315-923-7952

84 Sodus St., Clyde

3rd Tuesday/month 2-4pm

Fairville Presbyterian Church

315-331.3936

Rt. 88, Newark

Call for appointment

Lyons Community Food Pantry

315-946-4178

11 Queen St., Lyons

Call for hours

Second Reformed Church

315-926-4235

3757 Mill St., Marion

Thursday 6-7pm

Church of Christ

315-331-2454

42-44 Williams St., Lyons

Call for hours

North Rose United Methodist

315-587-9544

5050 Main St., North Rose

Call for appointment

Covenant Life Fellowship

315-589-9214

1574 Hennessey Rd., Ontario

1st & 3rd Thursday/month 5:30-7:30pm

St. John's Food Pantry

315-923-3261

43 W. DeZeng St., Clyde

Tuesday & Friday 12:30-1:30pm

Church of Christ of Newark

315-331-2454

44 William St., Lyons

Monday-Friday 10:30am-3pm

Macedon Food Pantry

315-597-4571

St. Patrick's Church

Wednesday, Friday & Saturday 12-1pm

Newark Food Closet

315-331-6705

100 East Miller St., Newark

Monday-Friday 10-11am

Cougar Cupboard

315-594-1751

11631 Salter Colvin Road, Wolcott

Call for hours

Ontario Food Pantry

315-524-7247

1932 Ridge Road, Ontario

Monday 6:30-7:30pm

Pal-Mac Food Pantry

315-597-2143

120 E. Main St., Palmyra

Monday & Wednesday 6:30-8pm

Food and Nutrition Programs

Red Creek Community Food Pantry

315-754-6377

7026 Main St., Red Creek

Call for appointment

Rose Grange

315-587-2766

4101 Main St., Rose

1st & 3rd Thursday/month 8-10am

Savannah Community Food Cupboard

315-365-3126

Grand Ave., Savannah

Call for appointment

Harvest Fellowship Assembly of God

315-483-0252

5790 Rte. 104, Sodus

2nd Wednesday/month 5-7pm

WEB Support Services

315-483-8080

7190 Ridge Road E., Sodus

Monday-Thursday 9am-3pm

Sodus Point United Methodist

315-483-4540

7490 South Ontario St., Sodus Point

Call for appointment

PathStone

315-483-9151

4075 Ridge Rd., Williamson

Monday-Friday 9am-5pm

Reedem Bethel Church of God

315-589-9129

PO Box 187, Williamson

Friday 4:15-6:15pm

Williamson United Methodist

315-589-8622

4146 E. Main St., Williamson

Call for appointment

Wolcott Presbyterian Church

315-594-8556

11988 W. Main St., Wolcott

Call for appointment

WIC Women, Infants & Children

585-394-9240

513 West Union Street, Newark, NY 14513

6600 Middle Road, Sodus, NY 14561

12223 Oswego Street, Wolcott, NY 14590

100 Glasgow Street, Clyde, NY 14433

SNAP Supplemental Nutrition Assistance Program

315-946-4881

77 Water Street, Lyons, NY 14489

Housing

Newark Housing Authority 200 Driving Park Circle, Newark, NY 14513	315-331-1574
Community Action in Self 48 Water Street #5, Lyons, NY 14489	315-946-6992
Success Center Transitional House 6264 Buerman Road, Sodus, NY 14551	315-553-2330
HEAP Home Energy Assistance Program 77 Water Street, Lyons, NY 14489	315-946-4881

Employment

Wayne County Employment & Training 30 Church Street, Lyons, NY 14489	315-946-7491
Adecco Staffing 120 East Union Street, Newark, NY 14513	315-331-8532
Workforce Development 1519 Nye Road #600, Lyons, NY 14489	315-946-7270
Remedy Intelligent Staffing 628 East Main Street, Palmyra, NY 14522	315-597-6939
Kelly Services 102 Main Street, Newark, NY 14513	315-331-8551
Career Resource Center 121 Drumlin Court, Newark, NY 14513	315-331-2318
Wayne County CAP Works 159 Montezuma Street, Lyons, NY 14489	315-665-0131 x230
Wayne-Finger Lakes BOCES 131 Drumlin Court, Newark, NY 14513	315-331-7400

Rochester General Medical Group

6254 Lawville Road, Wolcott, NY 14590

315-594-9444

1304 Driving Park Avenue, Newark, NY 14513

315-359-2130

4425 Old Ridge Road #100, Williamson, NY 14589

315-483-3220

Rochester General Hospital Group Lab

315-332-2211

6692 Middle Road, Sodus, NY 14551

Newark-Wayne Community Hospital

315-332-2022

1200 Driving Park Avenue, Newark, NY 14513

Clifton Springs Hospital & Clinic

585-986-0941

1241 NY-31, Macedon, NY 14502

Lyons Health Center

315-946-6075

12 Leach Road, Lyons, NY 14489

Pal-Mac Medical Center

315-986-1336

1900 Route 31, Macedon, NY 14502

Thompson Health Urgent Care

315-226-8900

800 West Miller Street #11, Newark, NY 14513

UR Medicine Primary Care

315-926-7733

3669 Countryside Lane, Marion, NY 14505

Newark Pediatrics

315-359-2660

1200-1208 Driving Park Avenue, Newark, NY 14513

Williamson Pediatrics

315-483-3220

4425 Old Ridge Road, Williamson, NY 14589

The Women's Health Center at Newark

315-332-2427

1250 Driving Park Avenue, Newark, NY 14513

Sodus Community Health

315-483-1199

6692 Middle Road #2100, Sodus, NY 14551⁴⁸⁹

Child Health Plus

1-800-231-0744

Child Health Plus offers health insurance to children ages birth through 18 years within New York State who family income falls within certain limits. The purpose of Child Health Plus is to ensure that all eligible children receive the basic, routine, preventive health care that keeps children healthy and protects them from common childhood diseases and illnesses. Child Health Plus is made available by New York State law that provides funding for children's health insurance.

Family Health Plus

1-877-934-7587

Family Health Plus offers health insurance to individuals ages 19-64 years within New York State who family income falls within certain limits. The purpose of Family Health Plus is to ensure that all eligible individuals receive basic, routine, prevention health care that keeps people healthy and protects them from common diseases and illnesses. Family Health Plus is made available by New York State law that provides funding for individuals health insurance.

Medicaid and Children's Health Insurance Plan (CHIP)

Medicaid and the Children's Health Insurance Plan (CHIP) provide free or low-cost health coverage to millions of Americans, including some low-income people, families and children, pregnant women, the elderly, and people with disabilities. Visit their website to enroll or see if you qualify:

<https://www.healthcare.gov/Medicaid-chip/getting-Medicaid-chip>

Supplemental Security Income (SSI)

1-800-772-1213

A program based on financial need and disability. SSI provides supplemental income and medical insurance.

Hotlines and Crisis Centers

National Suicide Prevention Hotline	1-800-273-8255
County Suicide Prevention Crisis Number	585-275-5151
National Runaways Switchboard	1-800-RUNAWAY
Abused/Neglected Children (NYS)	1-800-342-3720
National Domestic Violence Hotline	1-800-799-7233
NYS Coalition against Domestic Violence	1-800-942-6906
District Attorney Victim Services	315-946-5913
Victim Resource Center	800-456-1172
Newark Police Department	315-331-3701
New York State Police Department	315-986-4208